

## HS 30401 Universal Human Values

1. List the four dimensions of human beings.
2. How Natural Acceptance is different from acceptance?
3. Is there any difference between prosperity and accumulation of wealth? Explain with at least one example
4. What is the qualitative difference between the activities of the Self and those of the Body?
5. Define Self-expression as discussed in the course.
6. Distinguish between Happiness and Excitement.
7. What is the Basic Human Aspiration? Is it the same for everyone?
8. Mention the purpose of physical facilities for the Human Being.
9. Differentiate Acceptance and Natural Acceptance on the basis of any four characteristics.
10. What do you mean by Preconditioning? Give one example.
11. List down the activities of 'Imagination' in the Self.
12. Explain a difference between 'Preconditioning' and 'Sensation'?
13. Prepare a list of physical facility you have with you. From the physical facility which one are must necessary for you and which are not adequate.
14. Without which physical facility you will manage yourself
15. List out all your Desire. Identify which desire very important and short list them accordingly.
16. By self exploration classify your desire based on Natural acceptance, physical facility and sensation.
17. Identify your thought from which the desires are evolved.
18. Is there any possibility that some of your desire and expectation can be modify once you explore your natural acceptance?
19. Justify the statement "a proper relationship gives rise to mutual happiness".
20. How do you achieve mutual prosperity from the physical facilities?
21. Differentiate between body and self?
22. What is the role of a human being ?
23. Differentiate between value based education and skill based education.
24. Justify the statement, " Education helps you to develop yourself holistically".
25. What is the need for value education? What are the important implications of it?
26. What is the role of good health in order to achieve a self regulated Body?
27. Define the term, " SELF EXPLORATION".
28. How do external influences affect my perception of self and body harmony?
29. In what ways do I experience a sense of harmony between myself and my body?
30. What is my understanding of the 'self' and how is it different from the 'body'?

### Questions are based on Harmony in family (CO-3 and CO-4)

1. What do you understand by "trust"? What is its importance in human relationship?
2. Define affection or How dose affection lead to harmony in the family?
3. Explain the feeling of Care and feeling of Guidance
4. Explain the feeling of Glory and feeling of Gratitude
5. Define Love or How can you say that love is the complete value?
6. What is meaning of justice in human relationship? How does it follow from family to world family?
7. What are the issues on which differentiation in relationship in prevalent in the society?
8. Explain the problems faced due to differentiation in relationship.
9. How do we differentiate between intention and competence, when you have to judge the other? Why it is important?

10. What are the different values necessary in human-to-human relationship? How do they lay the foundation for an undivided human race?
11. "Family is a natural laboratory to understand human relationship" elaborate this statement.
12. In our behaviour, we generally observe our intention and others lack of competence. Does it lead to mutual happiness? What is the alternative? Explain with the help of an example.
13. What is the basis of respect for a human being? Do you see that the other human being is also similar to me? Explain.
14. What is the role of value system in family harmony? How can you maintain harmony in relationship?
15. What are the five dimension of human endeavour? How are they helpful in achieving the comprehensive human goal?
16. "Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society" give your comments.
17. Explain how production activities can be enriching to all the orders of nature. Give any two examples?

### Long Question

1. What do you understand by the values? What are the values of a human being?  
Explain the basic guidelines and Process for Value Education
2. Explain need and important implications of Value Education
3. What do you mean by 'Value Education'? How is it complementary to 'Technical Education'?
4. How Natural Acceptance is different from the acceptance? What are the characteristics of Natural Acceptance?
5. What are the important implications of the Self-Exploration?
6. What are the basic human aspirations? Explain the basic requirements to fulfill the Basic Human Aspirations.
7. What do you understand by holistic development? Explain the role of Education-Sanskar in holistic development.
8. Explain the role of right understanding for mutual happiness and prosperity.
9. What do you understand by Value Education? Explain the basic guidelines of Value Education.
10. What are the core values that guide your actions and decisions? How do you practice these values in your daily life?
11. Define happiness and critically examine the notions of happiness in the society. Recommend the Correct program for the continuity of the happiness.
12. Discriminate the response of the 'Self' from the response of the 'Body'? Elaborate with the example how response of the Self will be definite with knowing.
13. What do you understand by the term 'Holistic Development'? Critically analyze the role of Education-Sanskar in holistic development.
14. Explain the content and process of Self-exploration with the help of a diagram? Point out the importance of Self-Exploration in technical education.
15. What are the problems arising when we try to fulfil needs of the Self with needs of the Body (material things)?

16. "The wealthier you are, the happier you are"- disapprove the statement based on understanding prosperity.
17. Critically analyze the statement 'Our senses cannot be the source of continuous happiness' and propose the program for the continuity of happiness as discussed in the course.
18. Do you think that human beings are a sum total of sentiments and physical aspects of the 'Self' and the 'Body'? Explain your answer using examples. Write down the consequences when one tries to fulfill the needs of the Self with the help of the Body.
19. Self is the 'Seer', 'Doer' and 'Enjoyer' in this way it's central to Human Existence while the body is just an instrument for the 'Self'. Illustrate the statement with the help of an example.
20. Recognizing is taking place in self as well as in body. What are the difference between these two? Is the feeling in the self or body and how do I make it out?
21. "Right understanding + Relationship = Mutual fulfilment; and Right understanding + Physical facilities = Mutual prosperity." Illustrate the above with two examples for each.