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Biology/Statistics 2244

Statistics for Science

STUDY DESIGNS & CONSIDERATIONS

Objectives

By the end of this topic, you should be able to:

- apply vocabulary associated with study designs (e.g. observational, case-cohort, treatment, etc.);
- use methods to prevent confounding;
- design common study designs to address a research question.



Plan: Thinking about measurement

Question: *Can outdoor cycling improve well-being in seniors?*

Describe what you will use to characterize/
measure *well-being*.





Plan

Create a plan—including data collection and analysis—to address the research question(s)

- What are the sampling frame and sampling strategies?
- What will be measured for the response variable(s)?
- How will you deal with (potential) explanatory variables?
- What statistical procedures do you plan to use?

Confounding

presence of additional (“confounding”) variables whose effects on the response cannot be separated from that of the factor(s) of interest

Example: *Can outdoor cycling improve cognitive function in seniors?*

Group 1



Mean: +4

Group 2



Mean: +1

Group 3



Mean: +4

What is responsible for the observed group differences?

General classes of study design

Observational: measure both explanatory and response variables from units, as they naturally occur

sample

How often do you cycle outdoors each week?

0 times

1-2 times

>2 times

Use Stroop test to measure cognitive function (response)

Experimental: impose a condition (“treatment”) related to the explanatory variable(s) to effect change on the response variable(s)

sample

Assign each senior to a particular outdoor cycling amount:

0 times

1-2 times

>2 times

“treatments”

Use Stroop test to measure cognitive function (response)

①

Control

accounting for variation in potential explanatory variables, to isolate impact of factor(s) of interest

A. Limit variation in the variables

Hold other
variables constant

variable of concern:
Social structure of activity
hold constant to all seniors
performing activity alone
downfall: limits "ecological
validity" (i.e. realism)

Select a narrower
sampling frame

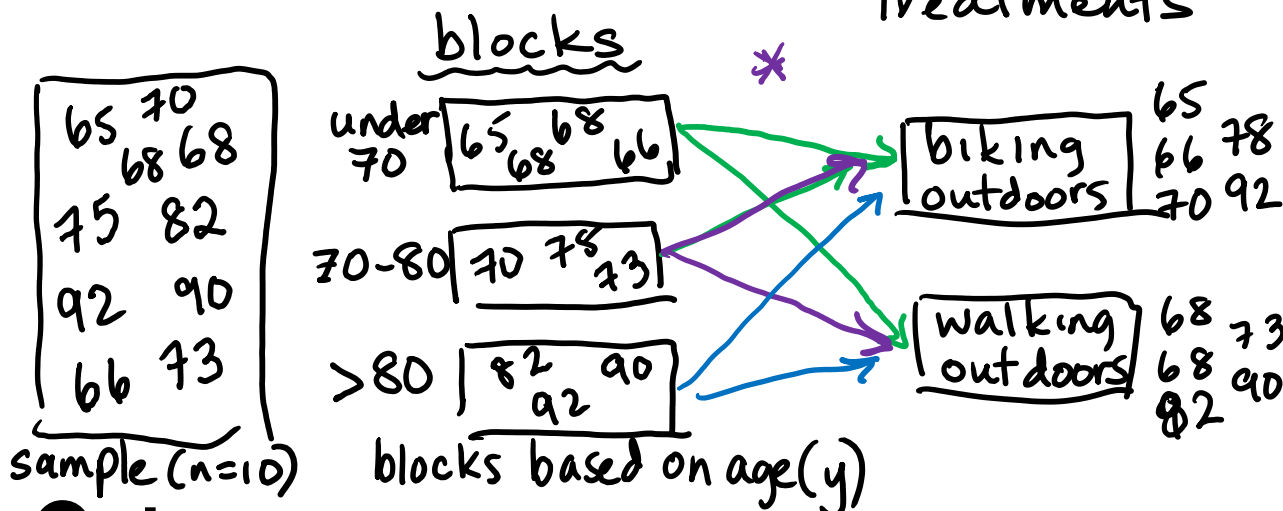
variable of concern: age
reduce/restrict sampling frame
to only seniors aged 70-75 y
downfall: reduces generalizability
to entire popⁿ. (i.e. undercoverage)

* don't confuse with
Stratified sampling
Control

implies experiment.

B. Distribute variation across treatments

Blocking: subdivide units into homogeneous groups based on variable of concern, prior to assigning treatments

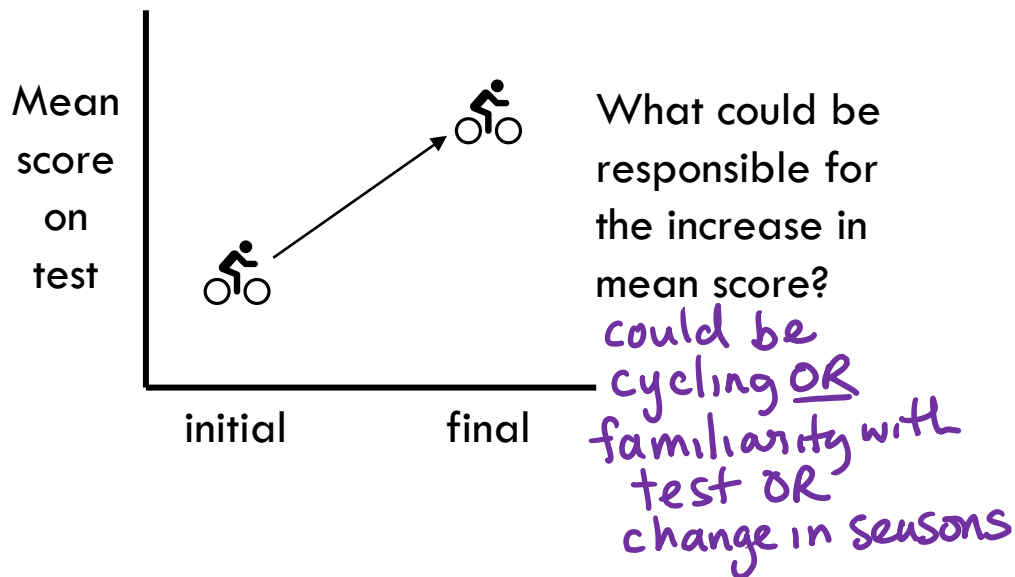


Outcome: ensures treatment groups are similarly composed with respect to variable of concern

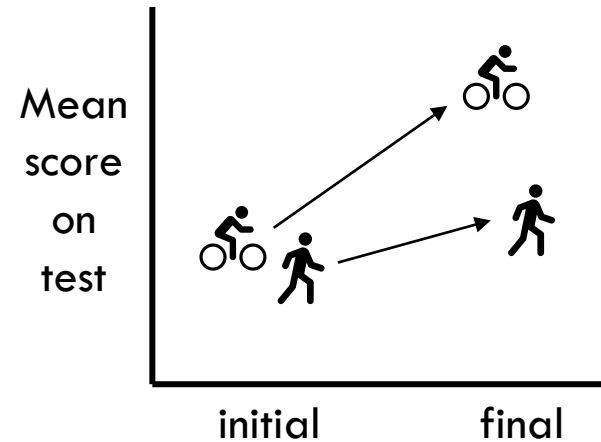
Control

C. Use comparison groups

Non-comparative design



Comparative design

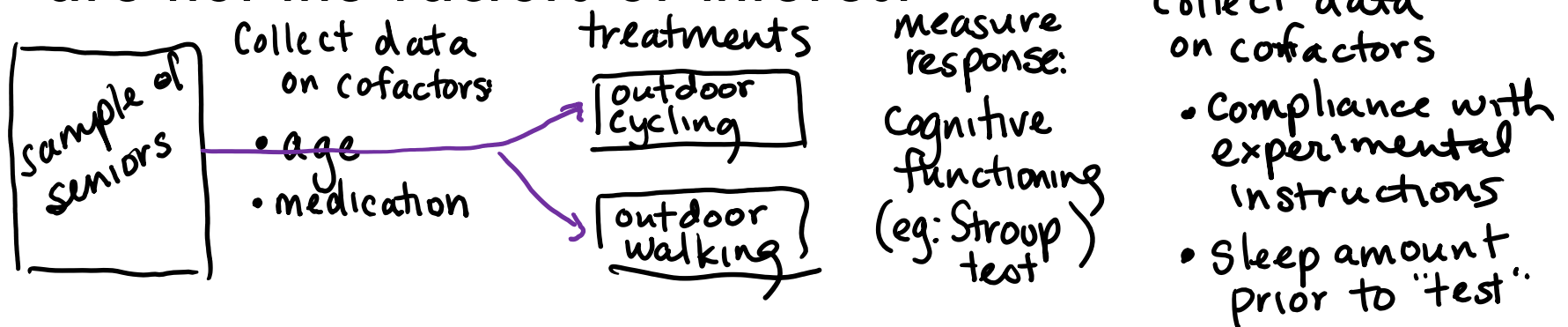


Why? Provides opportunity to attribute change to factor of interest, rather than 'natural' change

Control

D. Collect data on variables of concern

Cofactors: Additional variables for which data is collected for comparison/explanatory purposes, but are not the factors of interest

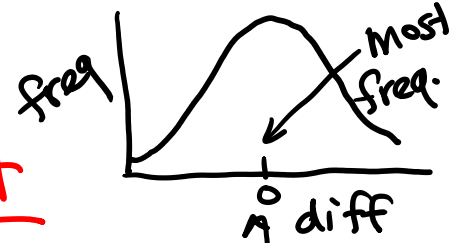


Note: doesn't really control ^(prevent) for confounding variables, but could help us account for them

2

Randomization

implies experiment



using chance to assign individuals/units from the sample to treatments, or, the treatment order

- variation still exists in the sample for potential confounding variables
- Similarly composed treatment groups are more frequent (i.e. probable) than dissimilar groups when randomizing
 - true for variables we didn't anticipate in advance
 - for our single randomization, we expect (trust) to get a similarly composed outcome.

Conclusion: randomization creates similarly composed treatment groups, reducing/eliminating confounding (when we can't block or otherwise explicitly control).

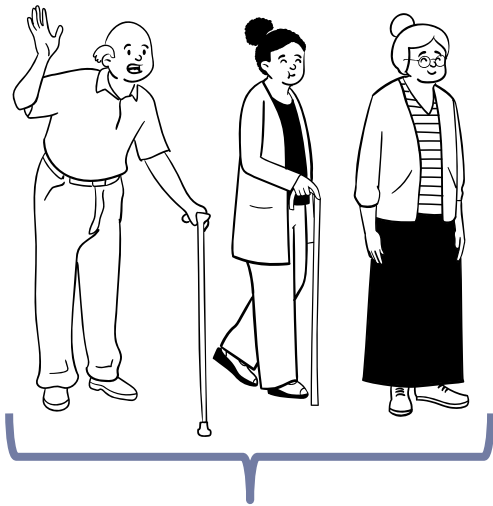
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Replication

* be careful not to confuse this with reproducing or repeating a study on ~~an~~ a new sample.

*inclusion of more than one **individual/unit** from the sample in a treatment or comparison group*

Treatment 1



3 replicates

Treatment 2



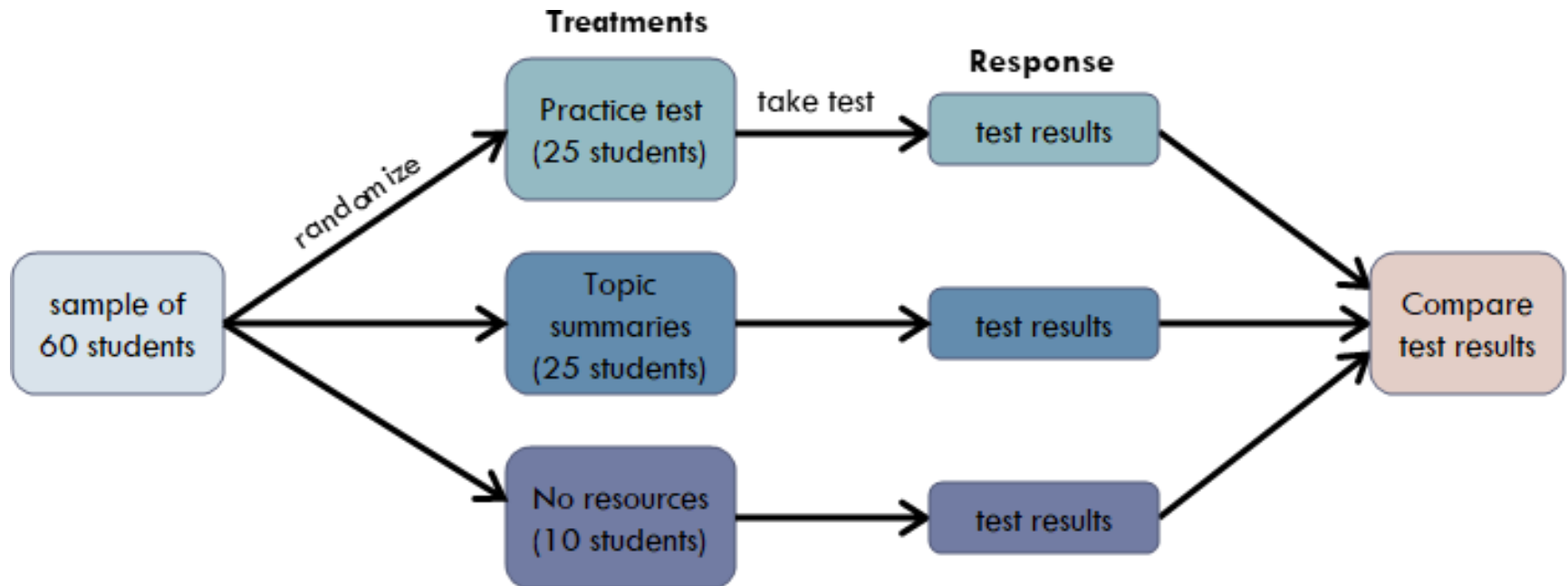
2 replicates

- accounts for variation in response among units
- can focus on typical or most frequent response

Completely randomized design

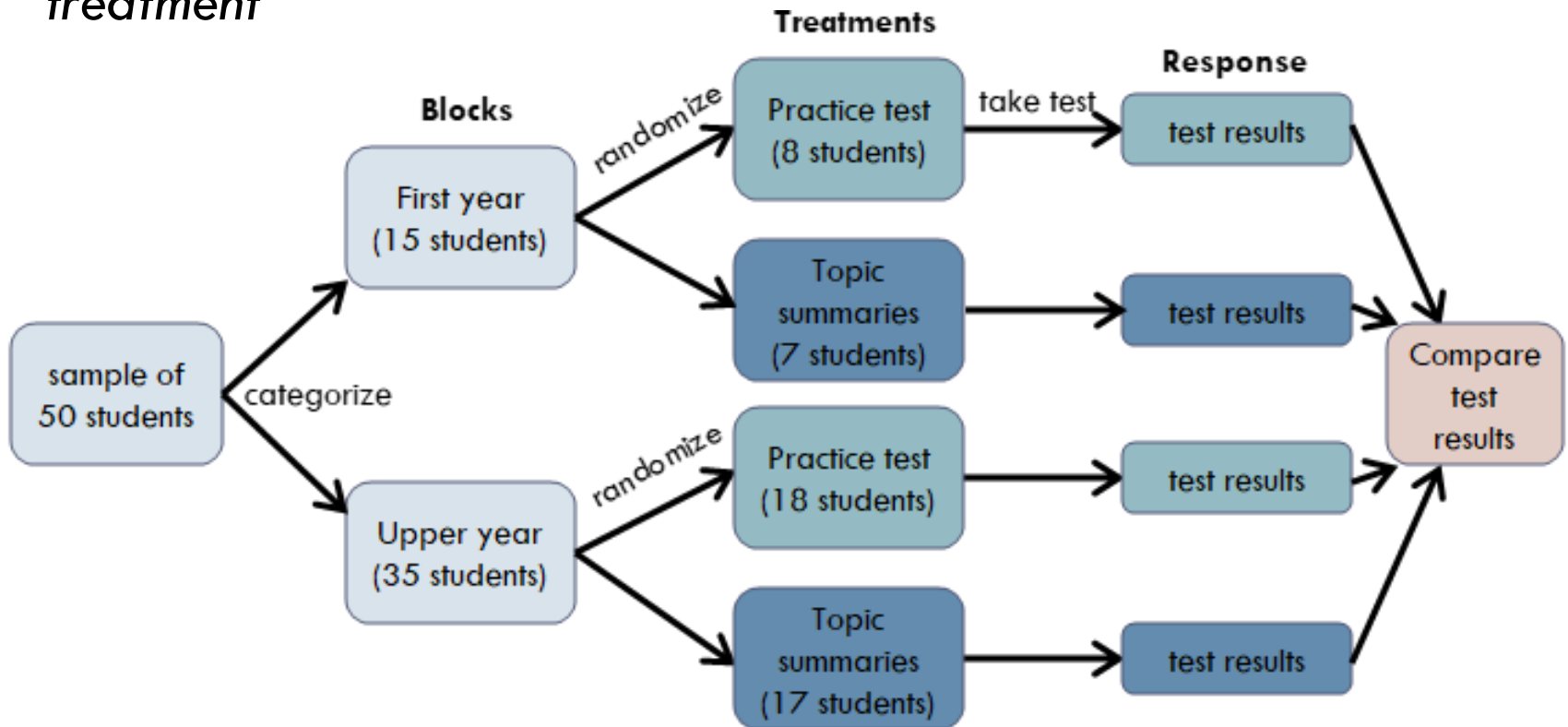
units from the sample are each randomly assigned ('randomized') to a treatment

Research Question: What impact do different studying resources have on academic performance in undergrads?



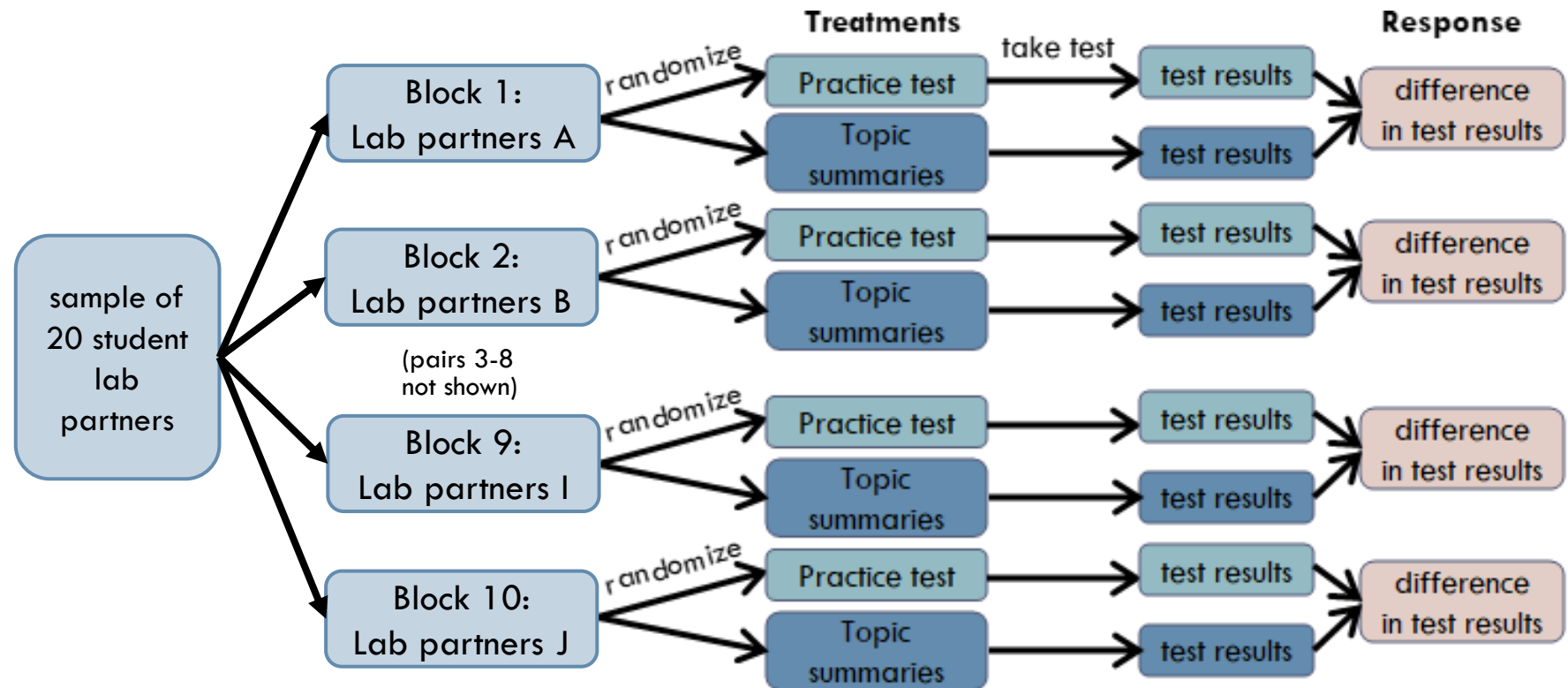
Randomized block design

units from the sample are subdivided into ‘blocks’ based on pre-existing characteristic(s), then randomly assigned from blocks to a treatment



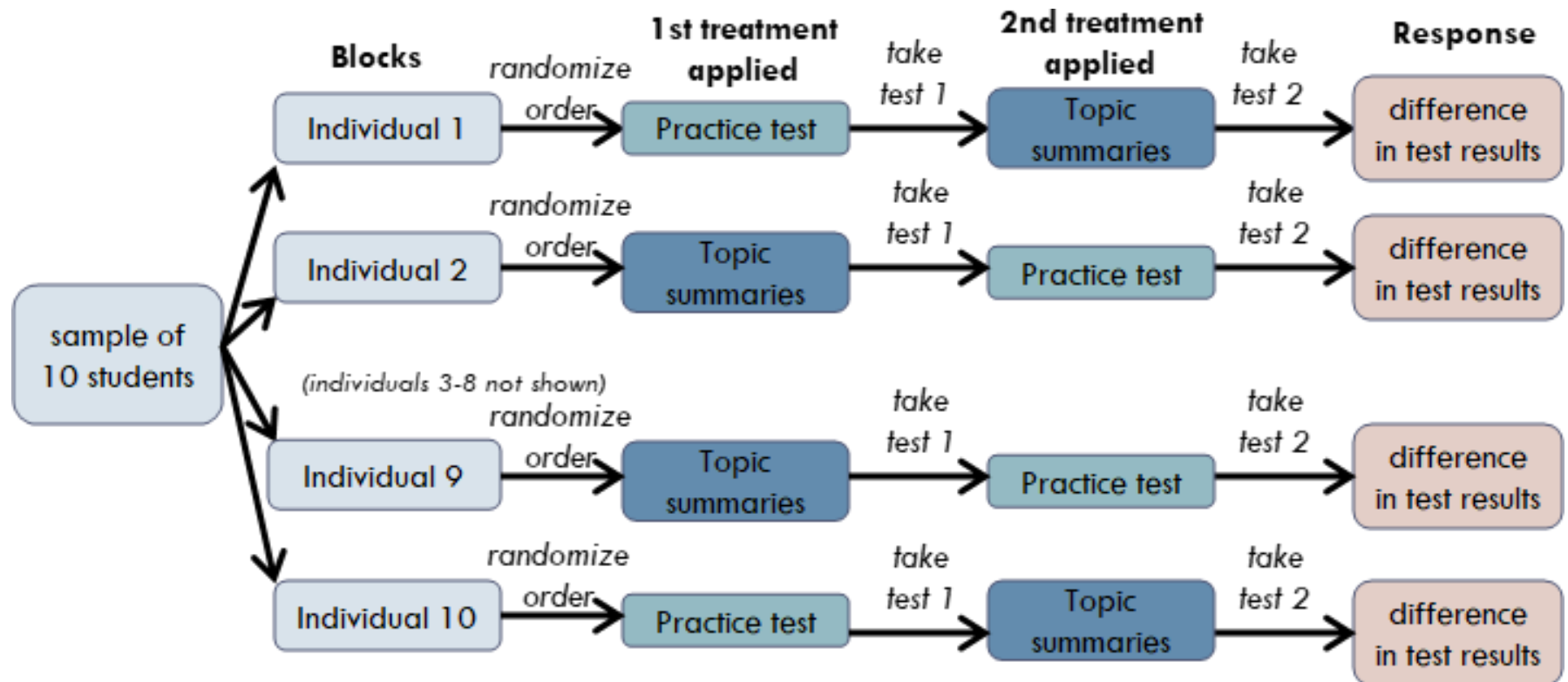
Matched pairs design

pairs of units from the sample are matched based on similarity across pre-existing characteristics, then randomly assigned from pairs to treatments.



Repeated measures design

each unit in the sample is assigned to both/all treatments, ideally with treatment order determined randomly



Survey

an observational study that collects information about variables of interest from a sample



Typically collect data on additional variables (e.g. demographics, environmental characteristics)

Cohort studies

examine the emergence of a specific condition over time in a homogeneous group of individuals

- typically prospective and longitudinal
- used to connect exposure factors to outcome
- may yield incidence rate of outcome



Case-Control study

a sample of ‘cases’ with the outcome of interest is selected, and compared against a sample of ‘controls’ known to not have the condition

- cases and controls can be ‘matched’
- useful for rare conditions

