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Posterior epidural lumbar disc fragment mimicking epidural mass

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This 65-year old man presented with one-year history of low back pain and a new-onset radicular right leg pain. Neurological examination revealed no abnormalities except a positive straight leg raise test at 45 degrees. Magnetic resonance imaging (MRI) revealed an hypointense mass lesion at the L3-L4 level indenting the thecal sac circumferentially from the right posterolateral side on T2-weighted images. (Figure 1) Gadolinium-enhanced T1-weighted images showed rim-like peripheral contrast enhancement. (Figure 2) The lesion was considered as an epidural mass and surgery was planned. Through a L4 total laminectomy the mass lesion was exposed and the surgical view indicated that the 2 cm mass lesion was a posteriorly migrated disc fragment. (Figure 3) The sequestered disc fragment was followed downwards and it was clearly seen that the disc fragment was laterally compressing the L5 nerve root on the axilla.

To our knowledge, there have only been 55 reported cases of posterior epidural migration of lumbar disc fragments.^{1,3} L3-L4 disc level is most commonly affected.³ The rim-like peripheral contrast enhancement, due to highly vascularized epidural fatty tissue and inflammatory-vasogenic features of the sequestered disc fragment makes difficulties in an accurate diagnosis.² A minimal hemilaminotomy was reported to be sufficient for the removal of the sequestered disc fragment.³ However, differential diagnosis may yield to larger exposures like in our case. Posteriorly migrated disc fragments should be kept in mind in the differential diagnosis of posteriorly located epidural lesions especially at L3-L4 level.

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Figure Legends:

Figure 1: T2-weighted sagittal MRI showed a low intensity lesion compressing filum terminale within the thecal sac.

Figure 2a and 2b: Gadolinium-enhanced T1-weighted axial and sagittal MRI images demonstrated rim-like peripheral contrast enhancement.

Figure 3: Intraoperative view of the epidural 2 cm sized mass embedded in fibrous epidural tissue, separated from the posterolateral aspect of the dural sac.

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