

SYDNOR AMOAH

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Nationality: Ghanaian

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EDUCATION

University of Health and Allied Sciences, Ho-Ghana

Bachelor of Science Public Health (Nurtition), November 2023.

Project Title: Prevalence and Correlates of Obesity and Overweight among School-Going Children in Hohoe - Municipality, Ghana.

Supervisor: Prince Appiah Kubi (PhD)

PROFESSIONAL EXPERIENCE

Research Assistant (2023 – date)

Penuel-Charis Research Consultancy

Responsibilities

Conceptualization, and design of research topics

Organize research development seminars

Drafting of grant proposal and application

WORK EXPERIENCE

Public Health Nutritionist (2023 to 2024)

St. Martin's Memorial Hospital - Dansoman

Responsibilities

I identified malnourished children during ward rounds, offered nutrition counselling and case managed.

I organised nutrition clinics for pregnant women, infants and children, diabetes and hypertension patients/clients.

I designed and planned meals for infants, new born mothers, pregnant women, diabetic and hypertensive patients and clients.

I provided nutrition counselling and education to patients and clients

I developed nutritional materials that depicts information on good nutrition.

I developed database for the facility that gathered Assist with data collection, preparation, and analysis of research data; maintaining a computer

ACHIEVEMENTS

Public Health Nutritionist (Student Intern) [June 2021 – August 2021]

Avernopeme Health Center

Community Case Management of Malnutrition among Children Under Five Years in Avernopeme.

I guided women and men to identify green leafy vegetables, snails rich in irons and other nutrients.

I thought and demonstrated to them how they can prepare four-star diet for their children using foods available in the community.

COMMUNICATION AND INTERPERSONAL SKILLS

Possess excellent communication and academic writing skills, along with strong time management abilities. I excel in community engagement and teamwork while also demonstrating exceptional presentation and teaching skills.

DIGITAL SKILLS

ATLAS.ti | STATA | Microsoft Office Suite |

LANGUAGE SKILLS

Mother tongue(s): Akan

Other language(s):

English Language

HOBBIES

Swimming

Cooking

REFEREES

Will be provided upon request.