Patient Report - ID: 28

Patient Report	(Age	52.0,	Gender:	Male)
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- High cholesterol level.
- Blood pressure is normal.
- Low maximum heart rate potential concern.

Al Model Prediction: No Heart Disease

Risk Level: LOW

You're healthy! Maintain a heart-safe lifestyle.

Lifestyle Tips:

- Balanced diet & hydration.
- 30 min light walk/yoga daily.
- 78 hrs sleep, low stress.
- Annual checkups after age 35.