Patient Report - ID: 150

 High cholesterol level. Blood pressure is normal. Healthy heart rate response. Shows signs of exercise-induced angina. Al Model Prediction: Heart Disease Detected Risk Level: HIGH Health Recommendations Diet Plan: Mediterranean/DASH diet, more greens & pulses. Less red meat, oil (max 4 tsp/day), sweets. Exercise Routine: 3045 mins walk, 56 days/week. Light cycling/swimming if tolerated.	Patient Report (Age 54.0, Gender: Male)
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Medication:	Medication:

- Aspirin 75150mg (if advised)
- Atorvastatin 2040mg if LDL > 100
- Amlodipine or Ramipril for BP
- Clopidogrel 75mg as antiplatelet

Lifestyle Tips:

- Avoid smoking/alcohol, manage stress.
- Sleep 78 hrs/day, do meditation.
- Regular heart, kidney, and liver checkups.