Patient Report - ID: 61

Patient Report (Age	49.0, Gender:	Male)
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- High cholesterol level.
- Blood pressure is normal.
- Healthy heart rate response.

Al Model Prediction: No Heart Disease

Risk Level: LOW

You're healthy! Maintain a heart-safe lifestyle.

Lifestyle Tips:

- Balanced diet & hydration.
- 30 min light walk/yoga daily.
- 78 hrs sleep, low stress.
- Annual checkups after age 35.