

Are you currently taking any prescription or OTC medications?

Taking 3 OTC medications.

What was the first thing you did after being prescribed medication?

Do some research.

How often do you take them?

Everyday

Are they short or long term?

Medication 1 – seasonal

Medication 2 – short - term

Medication 3 – everyday, long - time

How many do you take?

Medication 1 – 1 pill

Medication 2 – 2 pills

Medication 3 – 1 cup per day

If taking multiple medications:

Do you research the drug before taking it?

Yes, read warning labels to see boundaries

When do you do that research?

Prior to take a new medication

If yes, how do you conduct the research (online, doctor, friends)?

Read labels if available, search online and consult doctor

What are you looking for when researching (Doses, side effects, studies, alternatives, recalls)?

Dose – make sure not to exceed the intake

Side effect

What is the most important factor to you?

Recommended usage/side effects

What was your experience like researching the medication?

Will consult doctor

Family member helped

Hard to remember side effects

Do you research the compatibility/interactivity between medications?

Yes

If you research and find adverse effects / interactivity, will you still take the medication(s)?

Consult doctor/expertise. I cannot decide myself.

At what point do you determine the side effects too severe?

Causing more harm than usual

Do you talk about interactivity between the medications with your doctor?

Yes

Are you aware of or experience any side effects with the medications?

No

Besides doctors/family, where else do you look for advice on medications?

Look for common occurrences, people taking the same medicine

How do you remind yourself to take the drug(s)?

Weather / on needed basis

Does the drug manufacturer behind the medication matter to you?

Yes, I care about the price, name brand and if covered by insurance.

How do you record what drugs to take when?

I don't have for less important medicines, just set a timer on my phone to remind myself.

If you are on a prescription, and you have to take an OTC medication due to unforeseen circumstances, what do you do to check if it's safe?

Yes will definitely check online or ask doctor.

Have you helped a family member with their prescription or OTC medication?

Nope

What was your experience like?

N/A

Did you have pain points?

N/A