

Are you currently taking any prescription or OTC medications?

Taking both

What was the first thing you did after being prescribed medication?

Took to CVS, always will do research.

How often do you take them?

Every time I got sick I'll go check for short-term medication. For long time medication, it's a monthly medicine.

Are they short or long term?

Both.

How many do you take?

Follow doctors' suggested dosage and take everything on the label.

**If taking multiple medications:**

Do you research the drug before taking it?

Yes.

When do you do that research?

Sometimes after I have started the take them or I feel weird. I'll check. Not everytime.

If yes, how do you conduct the research (online, doctor, friends)?

WebMD, Google.

What are you looking for when researching (Doses, side effects, studies, alternatives, recalls)?

What other people's side effects are? Side effects/ reviews

What is the most important factor to you?

Reviews from people commenting what they feel

What was your experience like researching the medication?

Type in the name to Google and read the first item on the results list.

Do you research the compatibility/interactivity between medications?

Yes. I read labels. It's usually easy. I'm not too nervous about the interactivity.

If you research and find adverse effects / interactivity, will you still take the medication(s)?

Sometimes it says you cannot...but I talk to people. They will tell it's fine. Then I 'll probably take it. I'll also check with my doctors.

At what point do you determine the side effects too severe?

If I don't have anyone that I trusted says it's ok to take. I will judge myself to some point , depends on the side effects.

Do you talk about interactivity between the medications with your doctor?

Yes. I do. Usually call and ask my doctor.

Are you aware of or experience any side effects with the medications?

Yeah. I used to get one side effect.

Besides doctors/family, where else do you look for advice on medications?

People I trust. Not so much online. I'll check if the online information is the same everywhere.

How do you remind yourself to take the drug(s)?

Try to do it same time everyday. I set alarm on my phone.

Does the drug manufacturer behind the medication matter to you?

No. I don't know much about. Maybe I should.

How do you record what drugs to take when?

I don't record it myself.

If you are on a prescription, and you have to take an OTC medication due to unforeseen circumstances, what do you do to check if it's safe?

Lots of time I will go to CVS and ask pharmacist. Not asked about interactivities, maybe I should. If I can access that information easier, it'll be very useful.

Have you helped a family member with their prescription or OTC medication?

Yeah.

What was your experience like?

It's short-time thing. Whatever my family members asked me to bring to them, I just did it.

Did you have pain points?

Not at all.