





# SOPHIE WOODCOCK

## CONTACT

 07946560342

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 www.

 Sheffield, UK

## SKILLS

HTML, CSS

JavaScript

Problem Solving

Creativity

Attention to detail

## EDUCATION

**Rotherham College of Arts and Technology**

**Bachelor of Arts, Fashion**

2016 - 2019

**The Developer Academy**

**Web Development Bootcamp**

2023 - 2024

## ABOUT

I am a proud dog mum of a crazy boxer called Kylo. In my spare time I enjoy going swimming, gaming and occasionally doing yoga.

## PROFILE

My journey has taken quite an exciting shift from hands-on caregiving to diving headfirst into coding. I've always been the go-to person in my family for anything tech-related, fuelled by a genuine enthusiasm for all things digital. I'm constantly looking for fresh challenges to learn and adapt to. My venture into the world of coding started with a self-taught plunge into HTML and CSS - an experience that sparked my passion for coding.

## WORK EXPERIENCE

### Home Care Assistant

Cera Home Care 06/2023 - 09/2023

- Assisted with personal care needs such as washing and dressing, promoting dignity and respect throughout. Administered medication.
- Performed household tasks, such as cleaning, hoovering and cooking.
- Monitored daily information including mood changes, food and fluid input, mobility etc.

### Phlebotomist

Rotherham NHS Foundation Trust 05/2023 - 06/2023

- Taking blood samples from patients and adequately labeling them with correct information.
- Building relationships with patients and families and easing any worries during taking samples.

01/23 - 05/23 Bereavement Leave

### Care Assistant

Midhurst Residential Home 11/2022 - 01/2023

- Assisted clients with personal care needs (washing and dressing)
- Mealtime support and cleaning duties
- Input daily information to online device including mobility, mood changes, food and fluid input etc.

### Care Assistant

The Whitehouse Residential Home 08/2018 - 11/2022

- Assisted in all aspects of personal care, including washing and dressing.
- Ensured the environment was maintained to the highest safety standards.
- Charted daily information such as mood change, mobility, eating percentages and daily inputs and outputs.
- Senior duties including care plans and medication administration.