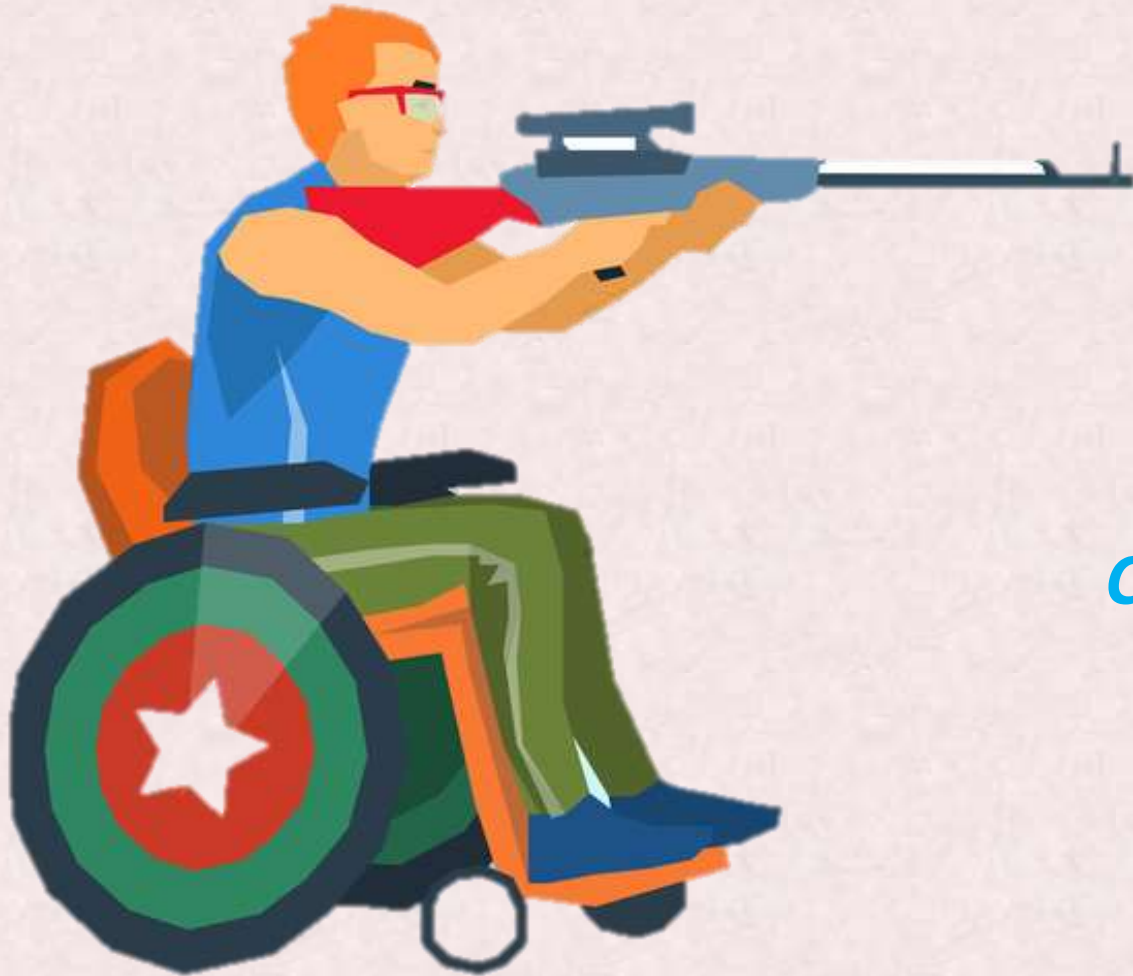


# Introduction to Para Shooting



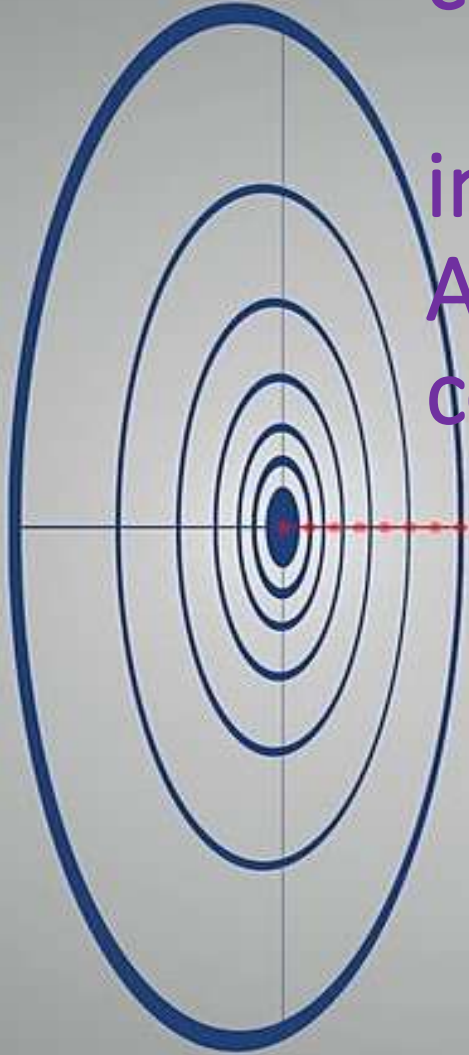
**J. P. NAUTIYAL**

*Chairperson, STC Shooting, PCI*

*Dronacharya Awardee*

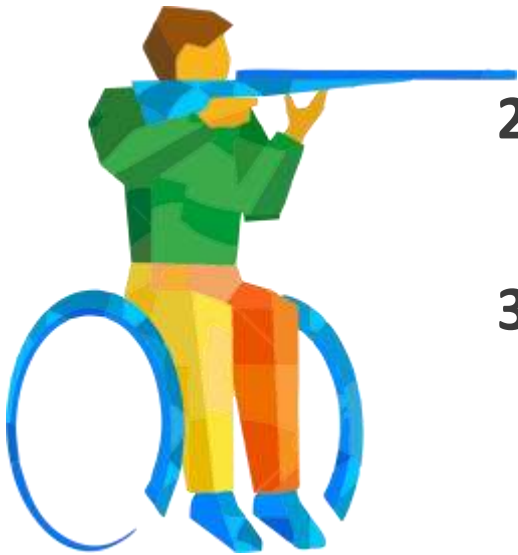
Shooting is the ultimate test of accuracy & control

in Shooting Para Sport Events,  
Athletes with physical impairments  
compete in rifle, pistol, trap & VI events.



## SHOOTING CLASSIFICATION

In Shooting, there are seven different **sport classes** for athletes with physical impairments:, the details are covered under **WSPS Classification Rules and Regulations**.



1. **Sport Class SH1 (Pistol):**This sport class is designated for athletes with upper and/or lower limb impairment for competition in Pistol events.
2. **Sport Class SH1 (Rifle):**This sport class is designated to athletes with lower limb impairment for competition in Rifle events.
3. **Sport Class SH2 (Rifle):**This sport class is for rifle events only, and is designated to athletes with upper limb impairment (which necessitates them to use a shooting stand to support the rifle), all or not in combination with lower limb impairment.

## SHOOTING CLASSIFICATION ...

- 4. Sport Class SG-S (Trap):** Athletes with poor balance and/or trunk stability, competing from a wheelchair in a standard seated position. Athletes have an impairment in the lower limb(s), but no functional limitation in the upper limbs.
- 5. Sport Class SG-L (Trap):** Athletes with good balance and trunk function, competing from a standing position. Athletes have an impairment in the lower limb(s), but no functional limitation in the upper limbs.
- 6. Sport Class SG-U (Trap):** Athletes with good balance and trunk function, competing from a standing position. Athletes have an impairment in the non-shooting arm.
- 7. Sport Class SH-VI (Rifle):** This sport class is designated to athletes with a vision impairment for competition in Rifle events.

# Challenges for a Para Shooter

- Guidance at the grass root level
- Financial viability – Whether he/she can be supported.
- Accessibility to
  - Venue of the range
  - Equipments– Prosthetic to shooting equipments.
  - Arms with adapted trigger or butt plate system.
  - Coach and Psychological support
- Sustainability – always a dilemma for his/her future and support for the family
- Administrative and Management Difficulty - Journey with Heavy luggage, Management of escort throughout the year, Fear of injury without supporting staff.

# Events in Para Shooting Paralympic and Asian Para Games

Event	Description	SEX	CLASS
R1	10 Mtr Air Rifle standing	Men	SH1
R2	10 Mtr Air Rifle standing	Women	SH1
R3	10 Mtr Air Rifle Prone	Mixed	SH1
R4	10 Mtr Air Rifle standing	Mixed	SH2
R5	10 Mtr Air Rifle Prone	Mixed	SH2
R6	50 Mtr Rifle Prone	Mixed	SH1
R7	50 Mtr Rifle 3 positions	Men	SH1
R8	50 Mtr Rifle 3 positions	Women	SH1
R9	50 Mtr Rifle Prone	Mixed	SH2
P1	10 Mtr Air Pistol	Men	SH1
P2	10 Mtr Air Pistol	Women	SH1
P3	25 Mtr Pistol	Mixed	SH1
P4	50 Mtr Pistol	Mixed	SH1

# Events in Para Shooting at Grand Prix, World Cup and World Championship

Event	Description	SEX	CLASS
R1	10 Mtr Air Rifle standing	Men	SH1
R2	10 Mtr Air Rifle standing	Women	SH1
R3	10 Mtr Air Rifle Prone	Mixed	SH1
R4	10 Mtr Air Rifle standing	Mixed	SH2
R5	10 Mtr Air Rifle Prone	Mixed	SH2
R6	50 Mtr Rifle Prone	Mixed	SH1
R7	50 Mtr Rifle 3 positions	Men	SH1
R8	50 Mtr Rifle 3 positions	Women	SH1
R9	50 Mtr Rifle Prone	Mixed	SH2
R10	Mixed Team 10 Mtr Air Rifle standing	-	SH1
R11	Mixed Team 10 Mtr Air Rifle standing	-	SH2
P1	10 Mtr Air Pistol	Men	SH1
P2	10 Mtr Air Pistol	Women	SH1
P3	25 Mtr Pistol	Mixed	SH1
P4	50 Mtr Pistol	Mixed	SH1
P5	10 Mtr Air Pistol Standard	Mixed	SH1
P6	Mixed Team 10 Mtr Air Pistol	-	SH1
PT1	Para Trap Seated	Mixed	SG-S
PT2	Para Trap Standing (Lower Limb)	Mixed	SG-L
PT3	Para Trap Standing (Upper Limb)	Mixed	SG-U
VIS	10 Mtr Air Rifle standing	Mixed	SH-VI
VIP	10 Mtr Air Rifle Prone	Mixed	SH-VI

# Important Documents/References for Para Shooting

- There are two main documents which regulate World Shooting Para Sport:
  - World Shooting Para Sport-**Classification Rules and Regulations**,  
[https://www.paralympic.org/sites/default/files/document/190207132510726\\_World+Shooting+Para+Sport+Classification+Rules+and+Regulations.pdf](https://www.paralympic.org/sites/default/files/document/190207132510726_World+Shooting+Para+Sport+Classification+Rules+and+Regulations.pdf)



# Important Documents/References for Para Shooting

World Shooting Para Sport- **Technical Rules and Regulations**

[https://www.paralympic.org/sites/default/files/document/190619121649827\\_World+Shooting+Para+Sport+Technical+Rules+-+Regulations\\_2019\\_v2.pdf](https://www.paralympic.org/sites/default/files/document/190619121649827_World+Shooting+Para+Sport+Technical+Rules+-+Regulations_2019_v2.pdf)

# Important Documents/References for Para Shooting

- Match Book for the National and Zonal Competitions
- Selection policy
- Selection Criteria for the Paralympic Games

# Govt. and other Support system

- **NCOE** – inclusion of 25 Para shooters
- **Khelo India** – 23 Para shooters are supported
- **TOPS** – 07 Para Shooters are included
- **OGQ** – 20 shooters are sponsored
- **Hero Honda** – 05 shooters are sponsored
- **Carin India** – 04 shooters are sponsored
- **SBI Foundation** – 10 shooters are sponsored
- **India Shelter** – 02 shooters are sponsored
- **CAPAPIE** is our apparel partner

## National Level:-

- There is PSAI (Para Shooting Association of India) as National Federation. The sport is directly governed by the PCI and co-ordinated by the **Sports Technical Committee (STC) Para Shooting.**



- STC Shooting had started functioning under PCI since 2016.

- Para Shooting is also follows the rules and regulation of ISSF and WSPS. In Para shooting, medical classification determine the different degree of impairment.

- Zonal and National Para Shooting Championship started from 2020 and being conducted every year.



**PARA SHOOTING**  
**INDIA**



- STC Shooting is conducting Zonal and National Para Shooting Championship since 2021.
- Rules and Regulation, Match book etc and tentative program has already been circulated and uploaded to PCI Website <https://www.paralympicindia.org.in/shooting/>
- STC Shooting have selection policy to participate at International competitions and Paralympic.
- STC Shooting have only 19 internationally qualified Medical Classifier.
- STC Shooting have 36 WSPS international Judges license holder.
- Sports Ministry have ensured Import of Arms and Ammn



## Para Shooting in India

- Shooting clubs with ranges are almost available in every district.
- Shooting Clubs have Arms, Ammunition, Equipment's and coaches.



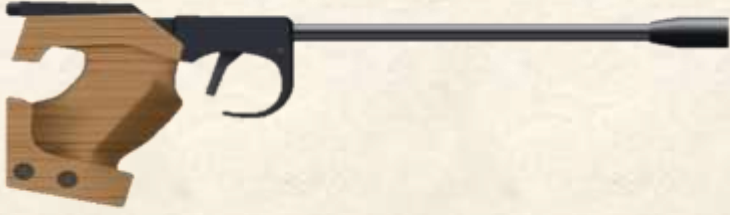
**A para shooter first, starts with Medical classification.**

**We have medically classified 3800 Para shooters since 2018 and found 1002 as eligible.**

**350 Para Shooters are practicing and participating at the National Level.**



- Medical Classifier classify the shooter as per impairment and also suggest the type of equipment's could be used.
- Para shooter starts the practice under any shooting coaches at his nearby clubs, who are generally ISSF ruled trained. In case of any doubt, STC Para Shooting/PSAI could be contacted.
- Notification of competitions are given on the Parashooting.in / PCI website and social media platforms.
- Para shooters who shoot Minimum Qualifying Scores (MQS) as per Match book (available on websites) are qualify to shoot at higher level i.e. from Zonal to National.
- International Team is selected as per STC Para Shooting, PCI Selection Policy . Selection Policy is updated time to time as per the requirement.
- Separate Selection criteria for participation at Paralympics is formulated before the Quota Competition starts and is uploaded.



## What is Shooting for athletes with Vision Impairment?

- We have got 03 International VI Shooters.
- VI Shooters shoots with help of VIASS Pro Equipment's.
- VI shooters can participate at the Grand Prix, World Cup and World Championships.



## Participation of para shooter National Level

In 2021, 100 Para Shooters had participated at 1st Para National Shooting Championships conducted by the PCI.

383 Para Shooters participated at the 5<sup>th</sup> National Para Shooting Championship 2024 .

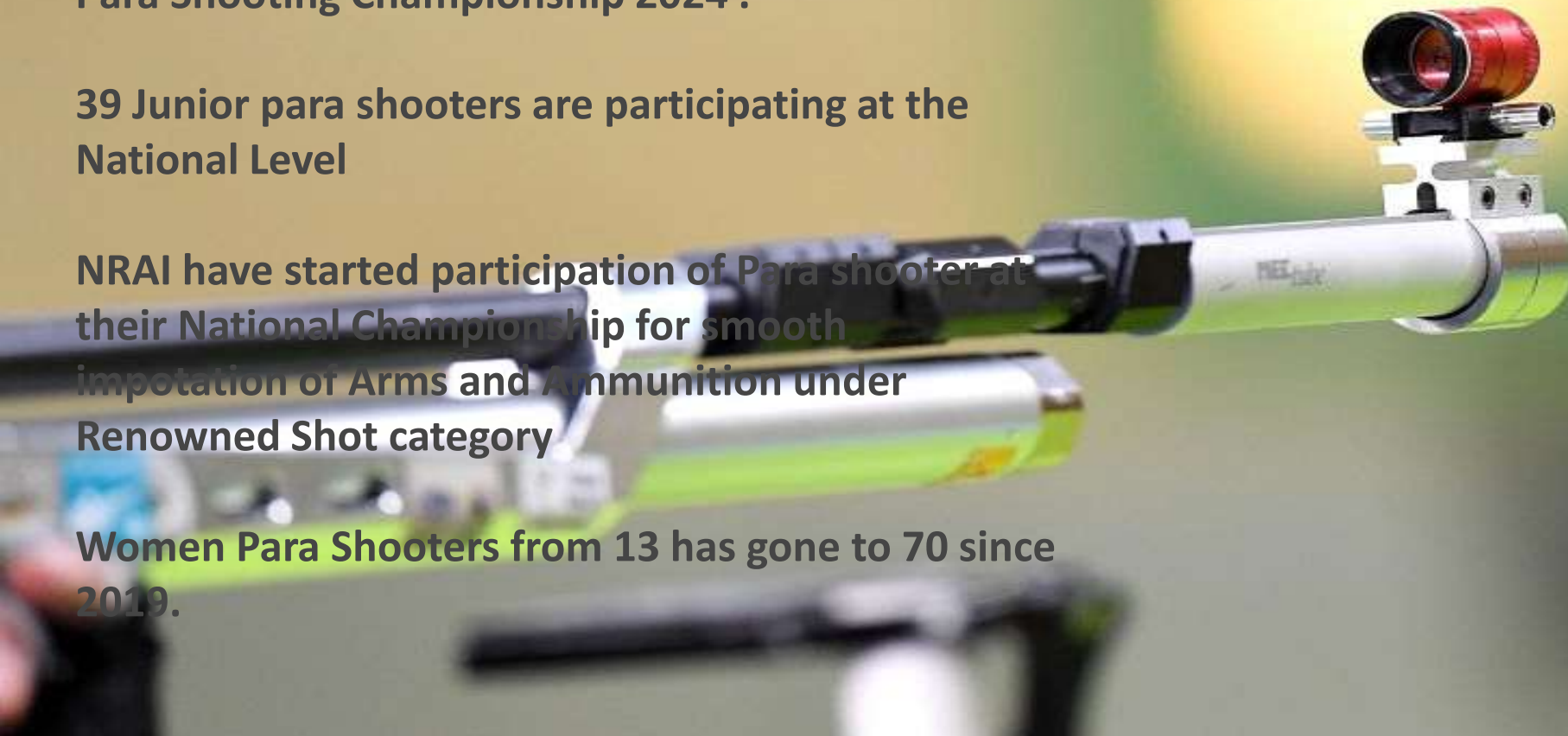
39 Junior para shooters are participating at the National Level

NRAI have started participation of Para shooter at their National Championship for smooth impotation of Arms and Ammunition under Renowned Shot category

Women Para Shooters from 13 has gone to 70 since 2019.

## Competition at the National Level

1. Zonal Para Shooting Championship
2. National Para Shooting Championship
3. National Selection Trials





## Performance at the International level

- Won 1- Gold, 1- Silver and 2- Bronze at 2024 Paris Paralympics.
- Won 2- Gold, 1- Silver and 2- Bronze at 2020 Tokyo Paralympic
- Since 2017 Para Shooters have won more than 200 medals at Grand Prix, IWAS, World Cups, World Championships Para Asian Games and Paralympic.
- Para shooters have created 34 World Records and 17 Asian Records since 2017.
- Secured 01 Position in Medal tally at various WSPS World Cup.

# National Awards



- Padma Shri – 01
- Maj Dhyan Chand Khel Ratna – 02
- Arjuna Award – 05
- Dronacharya Award - 03





## OUR TRAINING INITIATIVE

1. National Coaching Camp with Sports Authority of India is organised Junior Para Shooters from time to time.
2. National Coaching Camp with Sports Authority of India have organised for National Squad throughout the year.
3. Para Shooting coaches modules are being organised along with National Coaching Camps.
4. Physiotherapist are being groomed to help National classifier.
5. A pool of technical officials are being trained during the National Selection Trials and Zonal Competitions.
6. Various Camps are being organised in association with state para sports and para shooting academies to trained para shooters from daily lives



# Questions & Answers



**J. P. NAUTIYAL**

***Chairperson, STC Shooting, PCI***

***Dronacharya Awardee***

***Former National Champion & Record  
Holder in Air & Centre Fire Pistol  
ISSF & WSPS Judges and Jury license  
holder***