## Lunch Menus

Freshly prepared rolls, baguettes, sandwiches, ciabattas, salad, and fruit boxes, plus lots more delivered to your door.

‘Mix and munch’ deal — pick two or more items from any section and get 10% discount. Hot fayre. Fresh homemade soup available daily £0.90 Homemade corned beef stovies £1.30

Sandwiches, rolls, and baguette fillings prices from £1.10–£1.70   
Chicken caesar   
Ham and port salut  
Chicken and sweetcorn  
Brie and cranberry  
Egg and cress   
Tuna and sweetcorn   
Greek salad   
BLT   
Roast beef with horseradish  
Turkey and coleslaw   
Cheese savoury Club sandwich   
The list is endless…just ask

Salad boxes from £2.50–£3.50 depending on fillings.  
Chargrilled chicken, greenleaf and red onion salad, spicey coleslaw, cherry tomatoes with pesto drizzle.   
Ploughmans lunch with honey ham, chunks of mature cheddar, pickle, crisp celery, and cherry tomatoes.   
King Prawn and avocado salad with a tangy mayo dressing.   
Traditional greek salad, (optional chargrilled chicken).   
Baby beetroot, buffalo mozzarella, grated carrot, sliced shallots, and a low fat mint yoghurt

## Dressing.

Homemade vegetarian quiche with mixed salad.   
  
Delivered in a sealed compartment box with plastic cutlery and napkin.   
  
Fruit salad boxes £1.80   
Freshly sliced pineapple, melon, strawberries, kiwi, oranges, and grapes.   
Tray bakes etc £0.60. Please ask for varieties Cold drinks Coke, Diet Coke, Irn Bru, Fanta £0.60 Still and sparkling water (500ml) £0.70 Flavoured water £1.30 Fruit smoothie £1.30 Bottle fresh orange £0.80