

CMTH 642 Data Analytics: Advanced Methods

Assignment 1 (10%)

Tusaif Azmat

CMTH642-DJ0 500660278

```
library(rmarkdown)
render("C:/Users/Zanara/Documents/Ryerson/Winter2022/CMTH642/CMTH642_winter
2022/A1/A1/CMTH 642 Assignment 1.Rmd", output_format = "word_document") #### 1.
Read the csv files in the folder. (4 points)
```

```
df_usda_macro <- read.csv("USDA_Macronutrients.csv")
df_usda_micro <- read.csv("USDA_Micronutrients.csv")
```

2. Merge the data frames using the variable "ID". Name the Merged Data Frame "USDA". (4 points)

```
USDA <- merge(df_usda_macro, df_usda_micro, by='ID')
summary(USDA)
```

```
##          ID          Description          Calories          Protein
TotalFat
## Min.      : 1001  Length:7057      Min.      : 0.0  Min.      : 0.00  Min.
: 0.00
## 1st Qu.: 8387  Class :character  1st Qu.: 85.0  1st Qu.: 2.29  1st
Qu.: 0.72
## Median :13293  Mode  :character  Median :181.0  Median : 8.20  Median
: 4.37
## Mean    :14258          Mean    :219.7  Mean    :11.71  Mean
: 10.32
## 3rd Qu.:18336          3rd Qu.:331.0  3rd Qu.:20.43  3rd
Qu.: 12.70
## Max.    :93600          Max.     :902.0  Max.     :88.32  Max.
:100.00
##
##      Carbohydrate      Sodium      Cholesterol      Sugar
## Min.      : 0.00  Length:7057  Min.      : 0.00  Min.      : 0.000
## 1st Qu.: 0.00  Class :character  1st Qu.: 0.00  1st Qu.: 0.000
## Median : 7.13  Mode  :character  Median : 3.00  Median : 1.395
## Mean    : 20.70          Mean    : 41.55  Mean    : 8.257
## 3rd Qu.: 28.17          3rd Qu.: 69.00  3rd Qu.: 7.875
## Max.    :100.00          Max.     :3100.00  Max.     :99.800
##                      NA's      :287      NA's      :1909
##      Calcium      Iron      Potassium      VitaminC
## Min.      : 0.00  Min.      : 0.000  Length:7057  Min.      : 0.000
```

```
## 1st Qu.: 9.00 1st Qu.: 0.520 Class :character 1st Qu.: 0.000
## Median : 19.00 Median : 1.330 Mode :character Median : 0.000
## Mean : 73.53 Mean : 2.828 Mean : 9.436
## 3rd Qu.: 56.00 3rd Qu.: 2.620 3rd Qu.: 3.100
## Max. :7364.00 Max. :123.600 Max. :2400.000
## NA's :135 NA's :122 NA's :331
## VitaminE VitaminD
## Min. : 0.000 Min. : 0.0000
## 1st Qu.: 0.120 1st Qu.: 0.0000
## Median : 0.270 Median : 0.0000
## Mean : 1.488 Mean : 0.5769
## 3rd Qu.: 0.710 3rd Qu.: 0.1000
## Max. :149.400 Max. :250.0000
## NA's :2719 NA's :2833
```

3. Check the datatypes of the attributes. Delete the commas in the Sodium and Potassium records. Assign Sodium and Potassium as numeric data types. (4 points)

```
sapply(USDA, class)

##          ID Description      Calories      Protein      TotalFat
Carbohydrate
## "integer" "character" "integer" "numeric" "numeric"
"numeric"
##          Sodium Cholesterol      Sugar      Calcium      Iron
Potassium
## "character" "integer" "numeric" "integer" "numeric"
"character"
##          VitaminC VitaminE VitaminD
## "numeric" "numeric" "numeric"

USDA$Sodium <- gsub(',', '', USDA$Sodium)
USDA$Potassium <- gsub(',', '', USDA$Potassium)

USDA$Sodium = as.numeric(USDA$Sodium)
USDA$Potassium = as.numeric(USDA$Potassium)
```

4. Remove records (rows) with missing values in more than 4 attributes (columns). How many records remain in the data frame? (4 points)

```
USDA.nacount <- apply(USDA, 1, function(x) sum(is.na(x)))

USDATrim <- USDA[USDA.nacount <= 4,]
nrow(USDATrim)

## [1] 6887
```

5. For records with missing values for Sugar, Vitamin E and Vitamin D, replace missing values with mean value for the respective variable. (4 points)

```
USDA$Sugar[is.na(USDA$Sugar)] = mean(USDA$Sugar[!is.na(USDA$Sugar)])

USDA$VitaminE[is.na(USDA$VitaminE)] =
```

```
mean(USDA$VitaminE[!is.na(USDA$VitaminE)])
```

```
USDA$VitaminD[is.na(USDA$VitaminD)] =  
mean(USDA$VitaminD[!is.na(USDA$VitaminD)])
```

6. With a single line of code, remove all remaining records with missing values. Name the new Data Frame "USDAclean". How many records remain in the data frame? (5 points)

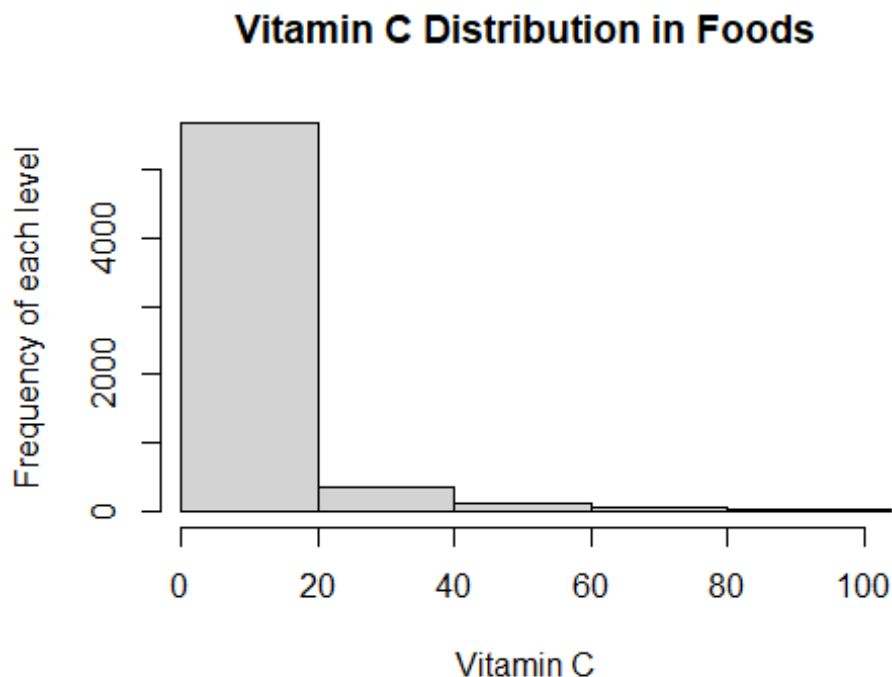
```
USDAclean = USDA[complete.cases(USDA),]  
# 6310 records remain  
cat(nrow(USDAclean), " records remain in a the data frame.")  
  
## 6310 records remain in a the data frame.
```

7. Which food has the highest sodium level? (5 points)

```
USDAclean$Description[which.max(USDAclean$Sodium)]  
  
## [1] "SALT, TABLE"  
  
# Table Salt with ID 2047 has the highest Sodium of 38758
```

8. Create a histogram of Vitamin C distribution in foods. (5 points)

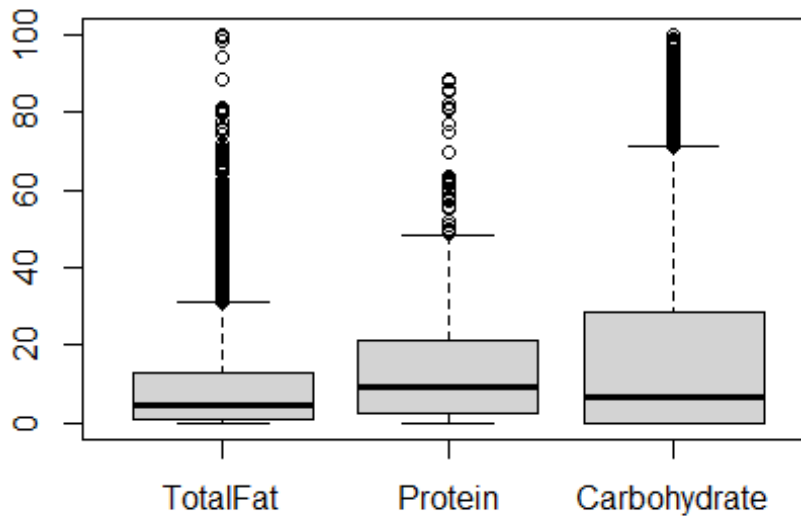
```
hist(USDAclean$VitaminC, xlim = c(1, 100), breaks = 100, xlab = "Vitamin C",  
ylab= "Frequency of each level", main="Vitamin C Distribution in Foods")
```



9. Create one boxplot to illustrate the distribution of values for TotalFat, Protein and Carbohydrate. (5 points)

```
TPC <- list(USDAclean$TotalFat, USDAclean$Protein, USDAclean$Carbohydrate)
names(TPC) <- c("TotalFat", "Protein", "Carbohydrate")
boxplot(TPC, main="Distribution of Values for TotalFat, Protein and Carbohydrate")
```

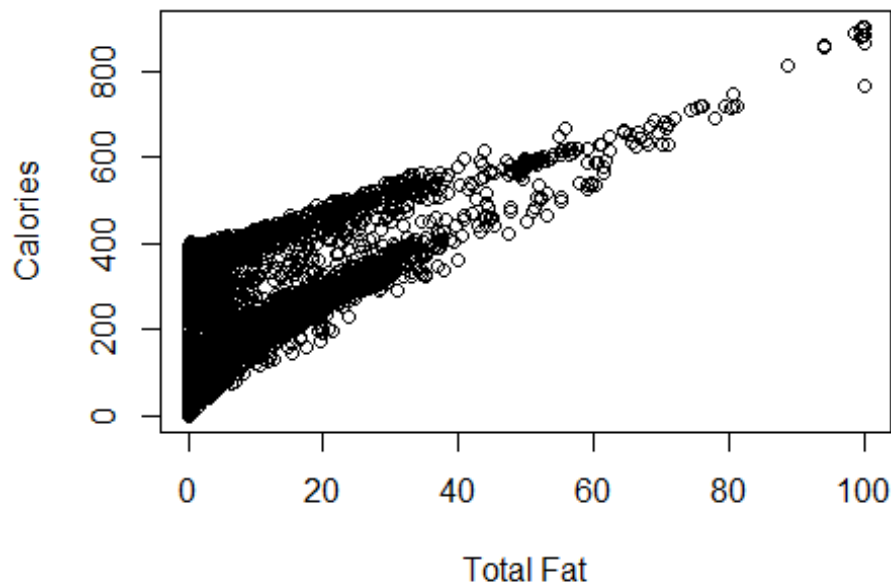
istribution of Values for TotalFat, Protein and Carboh



10. Create a scatterplot to illustrate the relationship between a food's TotalFat content and its Calorie content. (5 points)

```
plot(USDAclean$Calories~USDAclean$TotalFat, main="Relationship between Food's TotalFat and Calorie content", ylab="Calories", xlab="Total Fat")
```

Relationship between Food's TotalFat and Calorie co



11. Add a variable to the data frame that takes value 1 if the food has higher sodium than average, 0 otherwise. Call this variable *HighSodium*. Do the same for *High Calories*, *High Protein*, *High Sugar*, and *High Fat*. How many foods have both high sodium and high fat? (5 points)

```
USDAclean$HighSodium = 0
USDAclean$HighSodium[USDAclean$Sodium > mean(USDAclean$Sodium)] = 1

USDAclean$HighCalories = 0
USDAclean$HighCalories[USDAclean$Calories > mean(USDAclean$Calories)] = 1

USDAclean$HighProtein = 0
USDAclean$HighProtein[USDAclean$Protein > mean(USDAclean$Protein)] = 1

USDAclean$HighSugar = 0
USDAclean$HighSugar[USDAclean$Sugar > mean(USDAclean$Sugar)] = 1

USDAclean$HighFat = 0
USDAclean$HighFat[USDAclean$TotalFat > mean(USDAclean$TotalFat)] = 1

cat(sum(apply(USDAclean[c("HighSodium", "HighFat")], 1, function(x) sum(x) == 2)), "foods have both high sodium and high fat.")

## 644 foods have both high sodium and high fat.

# 644 foods high sodium and high fat.
```

12. Calculate the average amount of iron, for high and low protein foods. (5 points)

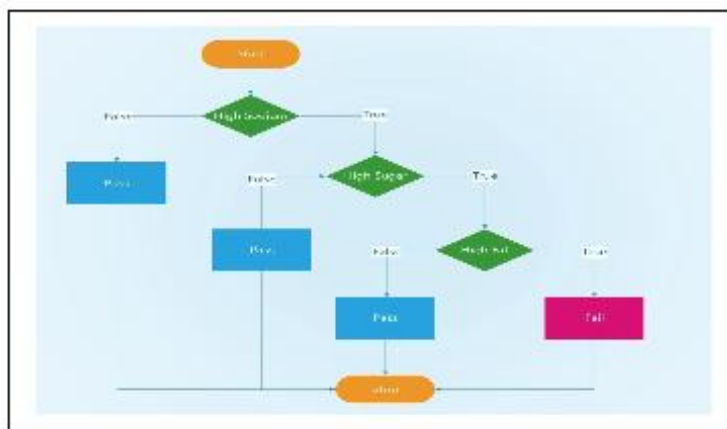
```
MeanProteinIron <- aggregate(USDAclean$Iron,list(USDAclean$HighProtein),FUN =
mean)
colnames(MeanProteinIron) <- c("low(0)/high(1) protein","AVG amount")
head(MeanProteinIron)

## low(0)/high(1) protein AVG amount
## 1 0 2.696634
## 2 1 3.069541

# 3.069541 Iron for High Protein
# 2.696634 Iron for Low Protein
```

13. Create a function for a "HealthCheck" program to detect unhealthy foods. Use the algorithm flowchart below as a basis. (5 points)

```
require(jpeg)
img<-readJPEG("HealthCheck.jpg")
plot(1:4, ty = 'n', ann = F, xaxt = 'n', yaxt = 'n')
rasterImage(img,1,1,4,4)
```



```
HealthCheck <- function (sodium,sugar,fat) {
  ifelse (sodium==0, "Pass", ifelse (sugar==0, "Pass", ifelse (fat==0,
"Pass", "Fail")))
}
```

14. Add a new variable called HealthCheck to the data frame using the output of the function. (5 points)

```
USDAclean$HealthCheck = HealthCheck(USDAclean$HighSodium,  
USDAclean$HighSugar, USDAclean$HighFat)
```

15. How many foods in the USDAclean data frame fail the HealthCheck? (5 points)

```
sum(USDAclean$HealthCheck == "Fail", na.rm = TRUE)
```

```
## [1] 237
```

```
# 237 food fail Health check
```

16. Visualize the correlation among Calories, Protein, Total Fat, Carbohydrate, Sodium and Cholesterol. (5 points)

```
cor(USDAclean[3:8])
```

```
##           Calories      Protein      TotalFat Carbohydrate  
Sodium  
## Calories      1.00000000  0.122122537  0.804495022  0.42460618  
0.032321026  
## Protein      0.12212254  1.000000000  0.057035611 -0.30471117 -  
0.003489485  
## TotalFat     0.80449502  0.057035611  1.000000000 -0.12434291  
0.002916089  
## Carbohydrate 0.42460618 -0.304711167 -0.124342914  1.00000000  
0.046838692  
## Sodium      0.03232103 -0.003489485  0.002916089  0.04683869  
1.000000000  
## Cholesterol  0.02391933  0.269854840  0.093289601 -0.21937986 -  
0.017774863  
##           Cholesterol  
## Calories      0.02391933  
## Protein      0.26985484  
## TotalFat     0.09328960  
## Carbohydrate -0.21937986  
## Sodium      -0.01777486  
## Cholesterol  1.00000000
```

17. Is the correlation between Calories and Total Fat statistically significant? Why? (5 points)

```
cor.test(USDAclean$Calories,USDAclean$TotalFat)
```

```
##  
## Pearson's product-moment correlation  
##  
## data:  USDAclean$Calories and USDAclean$TotalFat  
## t = 107.58, df = 6308, p-value < 2.2e-16  
## alternative hypothesis: true correlation is not equal to 0  
## 95 percent confidence interval:  
##  0.7956139 0.8130305  
## sample estimates:
```

```
##      cor
## 0.804495
```

#Yes, The correlation between Calories and Total Fat is statistically significant. As described below, the p-value, 2.2e-16, is less than the confidence level of 0.05. The relationship would be described as a high positive relationship.

18. Create a Linear Regression Model, using Calories as the dependent variable Protein, Total Fat, Carbohydrate, Sodium and Cholesterol as the independent variables. (4 points)

```
lm_USDA <- lm(USDAclean$Calories ~ USDAclean$Protein + USDAclean$TotalFat +
              USDAclean$Carbohydrate + USDAclean$Sodium +
              USDAclean$Cholesterol)
summary(lm_USDA)
```

```
##
## Call:
## lm(formula = USDAclean$Calories ~ USDAclean$Protein + USDAclean$TotalFat +
##     USDAclean$Carbohydrate + USDAclean$Sodium + USDAclean$Cholesterol)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -191.087   -3.832    0.426    5.147   291.011
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    3.9882753   0.4832629   8.253  < 2e-16 ***
## USDAclean$Protein    3.9891994   0.0233550  170.807  < 2e-16 ***
## USDAclean$TotalFat    8.7716980   0.0143291  612.158  < 2e-16 ***
## USDAclean$Carbohydrate 3.7432001   0.0091404  409.522  < 2e-16 ***
## USDAclean$Sodium     0.0003383   0.0002189    1.545   0.122
## USDAclean$Cholesterol 0.0110138   0.0019861    5.545 3.05e-08 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 18.92 on 6304 degrees of freedom
## Multiple R-squared:  0.9877, Adjusted R-squared:  0.9877
## F-statistic: 1.009e+05 on 5 and 6304 DF, p-value: < 2.2e-16
```

y = 3.9882753 + 3.9891994(Protein) + 8.7716980(TotalFat) + 3.7432001(Carbohydrate) + 0.0003383(Sodium) + 0.0110138(Cholesterol)

19. Which independent variable is the least significant? Why? (4 points)

```
lm_Anova_USDA <- anova(lm_USDA)

lm_Anova_USDA
```

```
## Analysis of Variance Table
##
## Response: USDAclean$Calories
##              Df      Sum Sq   Mean Sq    F value    Pr(>F)
```



```
## USDAclean$Protein      1    2728899    2728899 7.6197e+03 < 2.2e-16 ***
## USDAclean$TotalFat     1 116762840 116762840 3.2603e+05 < 2.2e-16 ***
## USDAclean$Carbohydrate 1  61215495  61215495 1.7093e+05 < 2.2e-16 ***
## USDAclean$Sodium       1      789      789 2.2031e+00    0.1378
## USDAclean$Cholesterol  1     11014     11014 3.0753e+01    3.05e-08 ***
## Residuals             6304    2257685      358
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

Sodium is the least significant variable. We can interpret this from the analysis of Variance Table. The p-value for sodium is 0.1378, which is not very significant, especially compared to the p-values of the other variables, which are all much smaller, less than 2e-16.

20. Create a new model by using only the significant independent variables. (4 points)

```
lm_USDA_new <- lm(USDAclean$Calories ~ USDAclean$Protein +
USDAclean$TotalFat+
                USDAclean$Carbohydrate + USDAclean$Cholesterol)
summary(lm_USDA_new)

##
## Call:
## lm(formula = USDAclean$Calories ~ USDAclean$Protein + USDAclean$TotalFat +
##      USDAclean$Carbohydrate + USDAclean$Cholesterol)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -191.220   -3.787    0.464    5.104   290.922
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    4.077907   0.479822   8.499 < 2e-16 ***
## USDAclean$Protein    3.989679   0.023355 170.824 < 2e-16 ***
## USDAclean$TotalFat    8.771904   0.014330 612.131 < 2e-16 ***
## USDAclean$Carbohydrate 3.743859   0.009131 409.996 < 2e-16 ***
## USDAclean$Cholesterol 0.010980   0.001986   5.528 3.36e-08 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 18.93 on 6305 degrees of freedom
## Multiple R-squared:  0.9877, Adjusted R-squared:  0.9876
## F-statistic: 1.261e+05 on 4 and 6305 DF, p-value: < 2.2e-16

lm_Anova_USDA_new <- anova(lm_USDA_new)

lm_Anova_USDA_new

## Analysis of Variance Table
##
## Response: USDAclean$Calories
##              Df      Sum Sq   Mean Sq    F value    Pr(>F)
```

```
## USDAclean$Protein      1    2728899    2728899    7618.067 < 2.2e-16 ***
## USDAclean$TotalFat     1  116762840  116762840  325958.246 < 2.2e-16 ***
## USDAclean$Carbohydrate 1   61215495   61215495  170890.802 < 2.2e-16 ***
## USDAclean$Cholesterol  1     10947     10947     30.561 3.365e-08 ***
## Residuals             6305    2258540         358
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

21. A new product is just produced with the following data: Protein=0.1, TotalFat=37, Carbohydrate=400, Cholesterol=75, Sugar=NA, Calcium=35, Iron=NA, Potassium=35, VitaminC=10, VitaminE=NA, VitaminD=NA. Based on the new model you created, what is the predicted value for Calories? (4 points)

```
New_Product <- data.frame(Protein=0.1, TotalFat=37, Carbohydrate=400,
Sodium=440, Cholesterol=75, Sugar=NA, Calcium=35, Iron=NA, Potassium=35,
VitaminC=10, VitaminE=NA, VitaminD=NA)
```

```
Predicted_Calories_value <- 3.9882753 + 3.9891994*New_Product$Protein +
8.7716980*New_Product$TotalFat + 3.7432001*New_Product$Carbohydrate +
0.0003383*New_Product$Sodium + 0.0110138*New_Product$Cholesterol
```

```
Predicted_Calories_value
```

```
## [1] 1827.195
```

#The predicted value would be 1827.195

22. If the Carbohydrate amount increases from 400 to 40000 (10000% increase), how much change will occur on Calories in percent? Explain why? (4 points)

```
Predicted_Calories_Increased <- 3.9882753 + 3.9891994*New_Product$Protein +
8.7716980*New_Product$TotalFat + 3.7432001*New_Product$Carbohydrate +
0.0003383*44440 + 0.0110138*New_Product$Cholesterol
```

```
Predicted_Calories_Increased
```

```
## [1] 1842.08
```

```
Change_in_Calories <- (44440-440)*0.0003383
```

```
Percentage_of_Change <- (Change_in_Calories/Predicted_Calories_value)* 100
Percentage_of_Change
```

```
## [1] 0.8146476
```

If the value of Sodium increased from 440 to 44440, the value of Calories would change by 14.8852.

This represents a 0.81% change in the value of Calories from when Sodium was equal to 440.

To get this result we multiply the difference in the Sodium value from before to after (44440-440 = 44000) by the coefficient for Sodium from the model, which is 0.0003383.

We use this value in our regression calculation. The coefficient describes the change in the dependent variable for each unit of change in the Sodium variable.

This is the end of Assignment 1

Ceni Babaoglu, PhD