# The Challenge of Class Imbalance in Diabetes Prediction: A Performance-Driven Analysis of Feature and Model Selection

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#### **Abstract**

Diabetes has become a major health concern, especially in developing countries where the number of patients is increasing rapidly. If it is not detected early, it can lead to various complications. Therefore, building an effective prediction system is very important. In this study, we applied different machine learning algorithms to predict diabetes. The dataset used was Pima Indian Diabetes Dataset, which contains 768 samples and 9 attributes. During data preprocessing, we used the Median Method to remove missing and zero values from the dataset and used SMOTE to balance the dataset. Used Filter Method and Wrapper Method, to select the most relevant features. Five most relevant features were found from the dataset using filter method and they are: Pregnancies, Glucose, BMI, DiabetesPedigreeFunction and Age. Similarly, five most relevant features were found using the wrapper method, These are Glucose, BloodPressure, BMI, DiabetesPedigreeFunction, Age.

For splitting the data, we used Hold-Out Method, K-Fold Cross-Validation, Stratified K-Fold Cross Validation, Leave-One-Out Cross-Validation so that the generalization capability of the models could be properly tested. Several machine learning algorithms were applied, including Logistic Regression, Random Forest, XGBoost Classifier. To improve performance, we also applied hyperparameter tuning using Grid Search for each model.

The models were evaluated based on Accuracy, Precision, Recall, F1-score, and ROC-AUC. The experimental results showed that Performed best using Filter Method and Leave-One-Out Cross Validation method with XGboost Model and achieved the highest accuracy 87%, In this combination, we have balanced the class through SMOTE, which previously dropped the result down to 84%. Overall, this research indicates that a machine learning-based prediction system can be highly effective for early diabetes detection and can serve as a useful decision-support tool for healthcare professionals.

**Keywords:** Diabetes Prediction, Machine Learning, Data Preprocessing, Feature Engineering, Data Partitioning, Hyperparameter Tuning, Classification, Performance Evaluation

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#### **Dedication**

We dedicate this humble work to the Almighty, the Most Gracious and the Most Merciful,who has been our ultimate source of strength, patience, and guidance throughout this journey. His infinite blessings have enabled us to overcome challenges, stay determined, and achieve this milestone. We extend our heartfelt gratitude to our beloved parents and family,whose endless love, sacrifices, and constant encouragement have been our greatest inspiration. Their prayers and support have carried us through every step of this endeavor.

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#### **Glossary of Terms**

Terms Full Form

ML : Machine LearningBMI : Body Mass Index

DPF : Diabetes Pedigree FunctionPIDD : Pima Indian Diabetes Dataset

**CV** : Cross Validation

**LOOCV**: Leave-One-Out Cross Validation

LR : Logistic Regression RF : Random Forest

CNN : Convolutional Neural NetworkRNN : Recurrent Neural Network

TP : True Positive
TN : True Negative
FN : False Negative
FP : False Positive
AUC : Accuracy

**ROC** : Receiver-operating characteristic curve

**WHO**: World Health Organization

**SMOTE** : Synthetic Minority Over-sampling Technique