The Significance of Maha Shivaratri

Maha Shivaratri is one of the most sacred nights dedicated to Lord Shiva. It symbolizes the union of Shiva and Shakti, representing balance between consciousness and energy. Devotees observe fasting, night-long vigils, and chant 'Om Namah Shivaya' to purify the mind and soul. Spiritually, Shivaratri signifies overcoming darkness, ignorance, and ego through devotion and discipline.