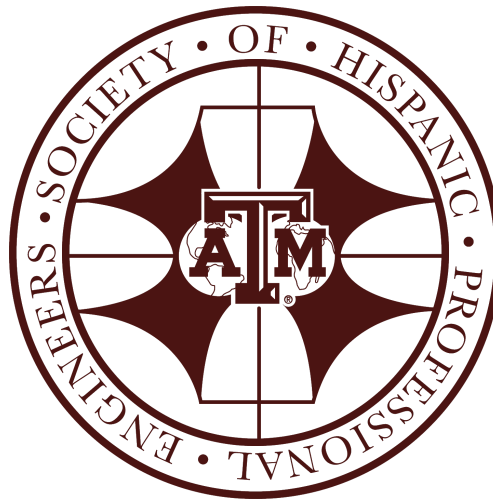


TAMU SHPE

MentorSHPE Summary

2018 - 2019



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MentorSHPE Representative: Sofia Loya

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*“A mentor is someone who sees more talent and ability within you,
than you see in yourself, and helps bring it out of you”*

– Bob Proctor

UNDERGRADUATE MENTORSHPE PROGRAM OVERVIEW

The MentorSHPE Program is designed to foster academic, social, and professional development in all participants. The program utilizes mentoring to build lasting relationships which provide valuable learning experiences, support, and information about programs and services that supplement in-class learning. At its core, MentorSHPE helps strengthen the bonds that make SHPE great all while encouraging a strong academic presence.

ROLES

Mentor

- Help underclassmen in their transition to college or a major
- Provide guidance in ETAM, career fairs, scholarship and job applications
- Foster a positive, trustworthy environment with a sense of confidentiality
- Attend 11 MentorSHPE events (6 Fall, 5 Spring)

Mentee

- Ask questions and be willing to learn
- Be open to making new friends
- Have a serious level of commitment to the program
- Attend 11 MentorSHPE events (6 Fall, 5 Spring)



REQUIREMENTS

Mentor

- Meet with mentee once a month outside of SHPE events
- Initiate conversation with mentee throughout the week
- Junior or senior level student. Qualified sophomore's with permission from MentorSHPE Representative, aka. Sofia Loya

Mentee

- Meet with mentor once a month outside of SHPE events
- Communicating with mentor throughout the week
- Freshman, sophomore, or junior level student

MENTORSHPE MID-SEMESTER CHECK UP

- Attend the check up on October 22, 2018 and March 4, 2019 during study hours
- Further information regarding the activities will be disclosed 2 weeks prior to the dates

POINTS

The MentorSHPE Mentor/Mentee pairs will have the opportunity to earn MentorSHPE Points based off their attendance to SHPE events. Members will be able to view their current MentorSHPE Points along with their SHPE Points on the tamushpe.org website. All of the events will be split up into the following point categories:

Professional: The purpose of these events is to help you grow in your professional career. Mentor and mentees will learn networking, resume building, communication and many other professional skills.

Example of events: General Meetings, Resume Review, Preparing for interviews, etc.

Point worth: 2

Academic: There will be several academic workshops throughout the year to help you plan an academic career path, create a balanced schedule, study for finals, and more. Mentors will be able to share experiences and tools with their mentee, and the pair will also be able to learn new tips and tricks from workshops.

Example of events: Academic Workshops, Study Hours, Undergraduate planning, Mid-semester Checkpoint

Point worth: 2

Social / Volunteering: The purpose of these events is to build strong Mentor/Mentee bonds by taking a break from college work and simply having fun or positively impacting the community.

Example of events: Playing/Attending SHPE Sports, Loteria Night, SHPE-related Volunteering

Point worth: 2

#MentorMeetUp: Each week there will be PowerPoints with topics to spark conversation and share advice for personal and academic development. Meet up at any time during the week to talk about the topic and **post a photo on TAMU SHPE Facebook page** with #MentorMeetUp

Point worth: 1

NOTICE: THERE WILL BE A \$500 AWARD TO THE MENTORSHPE PAIR WITH THE MOST COLLECTIVE MENTORSHPE POINTS AT THE END OF THE ACADEMIC YEAR.



Thanks and Gig 'em!

PROFESSIONAL MENTORSHPE PROGRAM OVERVIEW

Professional mentors are appointed to students of similar fields of study and/or industry interests. Consistent communication is encouraged: pairs are expected to make contact at least once a month.

ROLES

Professional Mentors

Professional mentors volunteer to provide guidance and support to mentees, helping them meet goals and grow professionally. Each mentor facilitates experiences that are beneficial for their mentee's professional skills, opportunities, and networks.

Using a low pressure, self-discovery approach, mentors support mentees in their transition into industry, inspiring them to serve the world as a proud member of the SHPE Familia.

Professional Mentees

The mentee is a student who needs to absorb the mentor's knowledge, and apply the information to their careers as they see fit. A mentee is the "gauge" that measures the level of interaction the pair has throughout the year, and ultimately determines the capacity of the mentoring connection.

REQUIREMENTS for MENTEES

Professional Mentors are volunteers, and it is of utmost importance that their time and efforts be respected and appreciated. Therefore, it is the responsibility of the mentee to initiate communications with their professional mentor at **least once a month**. Meetings and discussions can take place via email, Google Hangouts, etc.. Failure to adequately participate not only hurts you, but also upcoming SHPEsters who could potentially benefit from this incredible resource.

NOTE: If you are having issues with your mentor, contact the Director of Academic Development or the MentorSHPE Representative to speak about resolving the situation.

UNDERGRADUATE SCHEDULE OF TOPICS

FALL

Week 1 | Sept. 10

- Expectations & Goals; Preparing for Career Fair

Week 2 | Sept. 17

- TAMU Engineering Paths: What options do we have, and what do they do?

Week 3 | Sept. 24

- Scavenger Hunt: *More information will be provided the week of the event.*

Week 4 | Oct. 1

- Internships: How & When to Apply

Week 5 | Oct. 8

- Research & Study Abroad: How & When to Apply

Week 6 | Oct. 15

- Time Management

Week 7 | Oct. 22

- Mid-Semester Check Up: Review and & Reflect your Goals. Have they been met? What can we do to improve?

Week 8 | Oct. 29

- Preparing for National Conference: Resume, applying, interviews, and more.

Week 9 | Nov. 5

- How to: *Ask for Letters of Recommendation*

Week 10 | Nov. 12

- How to: *cook with a microwave*

Week 11 | Nov. 19

- Being Thankful: *Happy Thanksgiving!*

Week 12 | Nov. 26

- Preparing for Finals and Ending the Semester Right

Week 13 | Dec. 3

- *Good luck on Finals!*

SPRING

Week 14 | Jan. 28

- Expectations & Goals; Preparing for Career Fair

Week 15 | Feb. 4

- Interview tips and tricks

Week 16 | Feb. 11

- Establishing a personal schedule

Week 17 | Feb. 18

- How to: *eat healthy in a dorm*

Week 18 | Feb. 25

- How to: *office hours*

Week 19 | Mar. 4

- Mid-Semester Check Up: Review and & Reflect your Goals. Have they been met? What can we do to improve?

Week 20 | Mar. 18

- Deals at nearby restaurants

Week 21 | Mar. 25

- How to: *ask for letters of recommendation*

Week 22 | Apr. 1

- What is an FE exam?

Week 23 | Apr. 8

- What is a PE exam?

Week 24 | Apr. 15

- How to: *stay motivated during an internship*

Week 25 | Apr. 22

- Preparing for Finals

Week 26 | Apr. 29

- *Good luck on Finals!*