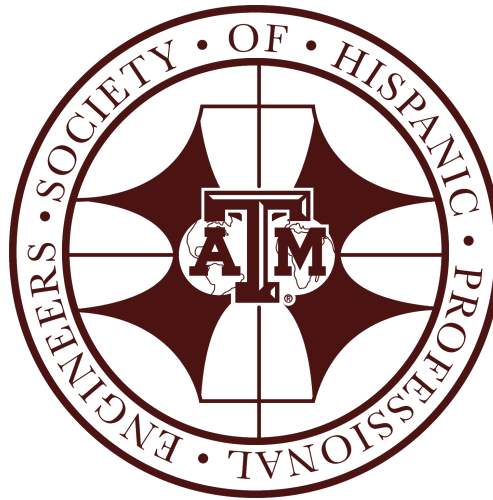


# TAMU SHPE

## Professional MentorSHPE Summary

### 2018 - 2019



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*“A mentor is someone who sees more talent and ability within you,  
than you see in yourself, and helps bring it out of you”*

– Bob Proctor

## PROFESSIONAL MENTORSHPE PROGRAM OVERVIEW

Professional mentors are appointed to students of similar fields of study and/or industry interests. Consistent communication is encouraged: pairs are expected to make contact at least once a month.

### ROLES

#### Professional Mentors

Professional mentors volunteer to provide guidance and support to mentees, helping them meet goals and grow professionally. Each mentor facilitates experiences that are beneficial for their mentee's professional skills, opportunities, and networks.

Using a low pressure, self-discovery approach, mentors support mentees in their transition into industry, inspiring them to serve the world as a proud member of the SHPE Familia.

#### Professional Mentees

The mentee is a student who needs to absorb the mentor's knowledge, and apply the information to their careers as they see fit. A mentee is the "gauge" that measures the level of interaction the pair has throughout the year, and ultimately determines the capacity of the mentoring connection.

### REQUIREMENTS for MENTEES

Professional Mentors are volunteers, and it is of utmost importance that their time and efforts be respected and appreciated. Therefore, it is the responsibility of the mentee to initiate communications with their professional mentor at **least once a month**. Meetings and discussions can take place via email, Google Hangouts, etc.. Failure to adequately participate not only hurts you, but also upcoming SHPEsters who could potentially benefit from this incredible resource.

*NOTE: If you are having issues with your mentor, contact the Director of Academic Development or the MentorSHPE Chair to speak about resolving the situation.*

## UNDERGRADUATE TOPIC IDEAS

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### FALL

Week 1 | Sept. 10

- Expectations & Goals; Preparing for Career Fair

Week 2 | Sept. 17

- TAMU Engineering Paths: What options do we have, and what do they do?

Week 3 | Sept. 24

- Scavenger Hunt: *More information will be provided the week of the event.*

Week 4 | Oct. 1

- Internships: How & When to Apply

Week 5 | Oct. 8

- Research & Study Abroad: How & When to Apply

Week 6 | Oct. 15

- Time Management

Week 7 | Oct. 22

- Mid-Semester Check Up: Review and & Reflect your Goals. Have they been met? What can we do to improve?

Week 8 | Oct. 29

- Preparing for National Conference: Resume, applying, interviews, and more.

Week 9 | Nov. 5

- How to: *Ask for Letters of Recommendation*

Week 10 | Nov. 12

- How to: *cook with a microwave*

Week 11 | Nov. 19

- Being Thankful: *Happy Thanksgiving!*

Week 12 | Nov. 26

- Preparing for Finals and Ending the Semester Right

Week 13 | Dec. 3

- *Good luck on Finals!*

## SPRING

Week 14 | Jan. 28

- Expectations & Goals; Preparing for Career Fair

Week 15 | Feb. 4

- Interview tips and tricks

Week 16 | Feb. 11

- Establishing a personal schedule

Week 17 | Feb. 18

- How to: *eat healthy in a dorm*

Week 18 | Feb. 25

- How to: *office hours*

Week 19 | Mar. 4

- Mid-Semester Check Up: Review and & Reflect your Goals. Have they been met? What can we do to improve?

Week 20 | Mar. 18

- Deals at nearby restaurants

Week 21 | Mar. 25

- How to: *ask for letters of recommendation*

Week 22 | Apr. 1

- What is an FE exam?

Week 23 | Apr. 8

- What is a PE exam?

Week 24 | Apr. 15

- How to: *stay motivated during an internship*

Week 25 | Apr. 22

- Preparing for Finals

Week 26 | Apr. 29

- *Good luck on Finals!*