(19) **United States**

(12) **Patent Application Publication** (10) Pub. No.: **US 2005/0234008 A1**

Koulu et al. (43) Pub. Date: **Oct. 20, 2005**

(54) **DIAGNOSIS OF A PERSON'S RISK OF DEVELOPING ATHEROSCLEROSIS OR DIABETIC RETINOPATHY BASED ON LEUCINE 7 TO PROLINE 7 POLYMORPHISM IN THE PREPRO-NEUROPEPTIDE Y GENE**

(75) Inventors: **Markku Koulu**, Turku (FI); **Matti Karvonen**, Turku (FI); **Ullamari Pesonen**, Turku (FI); **Matti Uusitupa**, Kuopio (FI)

Correspondence Address:
ROTHWELL, FIGG, ERNST & MANBECK, P.C.
1425 K STREET, N.W.
SUITE 800
WASHINGTON, DC 20005 (US)

(73) Assignee: **Hormos Medical Oy**, Turku (FI)

(21) Appl. No.: **11/151,453**

(22) Filed: **Jun. 14, 2005**

(57) **ABSTRACT**

The invention relates to methods for diagnosing a person's susceptibility for having an increased risk for the development of atherosclerosis and a diabetic person's susceptibility for having an increased risk for the development of diabetic retinopathy. The invention relates further to methods for treating persons diagnosed for having increased risk for the development of said diseases, in order to prevent the development of said diseases. The invention also concerns methods to investigate or screen pharmaceuticals or genetic aims useful in the treatment of said diseases, by using an animal model including a transgenic animal.
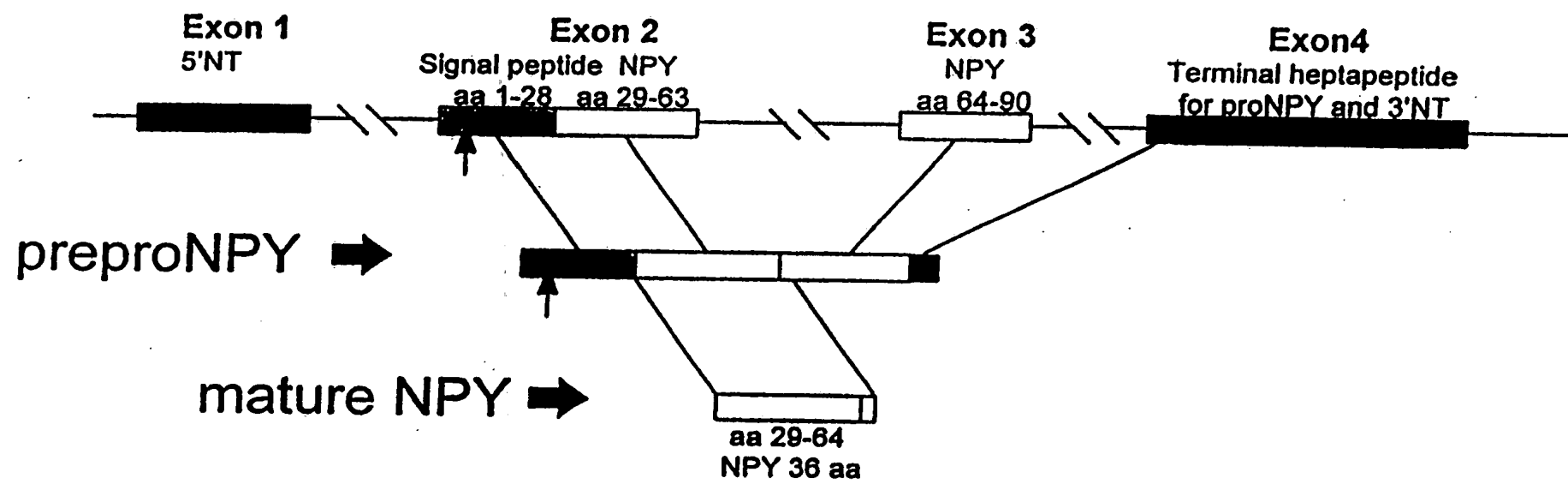
FIG. 1a

HUMAN NEUROPEPTIDE Y (NPY) GENE

EXON 1 (M14295)

```
1   ccgcttcttc aggcagtgcc tggggcggga gggttggggt gtgggtggct ccctaagtcg
61  acactcgtgc ggctgcggtt ccagccccct cccccgcca ctcaggggcg ggaagtggcg
121 ggtgggagtc acccaagcgt gactgcccga ggcccctcct gccgcggcga ggaagctcca
181 taaaagccct gtcgcgaccc gctctctgcA CCCCATCCGC TGGCTCTCAC CCCTCGGAGA
241 CGCTCGCCCG ACAGCATAGT ACTTGCCGCC CAGCCACGCC CGCGCGCCAG CCACCGTGAG
301 tgctacgacc cgtctgtcta ggggt
```

EXON 2 (M14296)

$$\overset{C}{\downarrow}$$

```
1   cccgtccgtt gagccttctg tgcctgcagA TGCTAGGTAA CAAGCGACTG GGGCTGTCCG
61  GACTGACCCT CGCCCTGTCC CTGCTCGTGT GCCTGGGTGC GCTGGCCGAG GCGTACCCCT
121 CCAAGCCGGA CAACCCGGGC GAGGACGCAC CAGCGGAGGA CATGGCCAGA TACTACTCAG
181 CGCTGCGACA CTACATCAAC CTCATCACCA GGCAGAGgtg ggtgggaccg cgggaccgat
241 tccggga
```


EXON 3 (M14297)

```
1   acttgcttta aaagactttt tttttccag ATATGGAAAA CGATCTAGCC CAGAGACACT
61  GATTTCAGAC CTCTTGATGA GAGAAAGCAC AGAAAATGTT CCCAGAACTC Ggtatgacaa
121 ggcttgtgat ggggacattg tt
```


EXON 4 (M14298)

```
1   CCTTACATGC TTTGCTTCTT ATGTTTTACA Ggcttgaaga ccctgcaatg tggtgatggg
61  aaatgagact tgctctctgg ccttttccta ttttcagccc atatttcatc gtgtaaaacg
121 agaatccacc catcctacca atgcatgcag ccactgtgct gaattctgca atgtttcct
181 ttgtcatcat tgtatatatg tgtgtttaaa taaagtatca tgcattcaaa agtgtatcct
241 cctcaatgaa aaatctatta caatagtgag gattattttc gttaaactta ttattaacaa
```


FIG. 1b

HUMAN NEUROPEPTIDE Y (NPY) mRNA

K01911

```
                                                     c
                                                     |
                                                     ↓
1    accccatccg ctggctctca cccctcggag acgctcgccc gacagcatag tacttgccgc
61   ccagccacgc ccgcgcgcca gccaccatgc taggtaacaa gcgacggggg ctgtccggac
121  tgaccctcgc cctgtccctg ctcgtgtgcc tgggtgcgct ggccgaggcg tacccctcca
181  agccggacaa cccgggcgag gacgcaccag cggaggacat ggccagatac tactcggcgc
241  tgcgacacta catcaacctc atcaccaggc agagatatgg aaaacgatcc agcccagaga
301  cactgatttc agacctcttg atgagagaaa gcacagaaaa tgttcccaga actcggcttg
361  aagaccctgc aatgtggtga tgggaaatga gacttgctct ctggcctttt cctattttca
421  gcccatattt catcgtgtaa aacgagaatc cacccatcct accaatgcat gcagccactg
481  tgctgaattc tgcaatgttt tcctttgtca tcattgtata tatgtgtgtt taaataaagt
541  atcatgcatt c
```
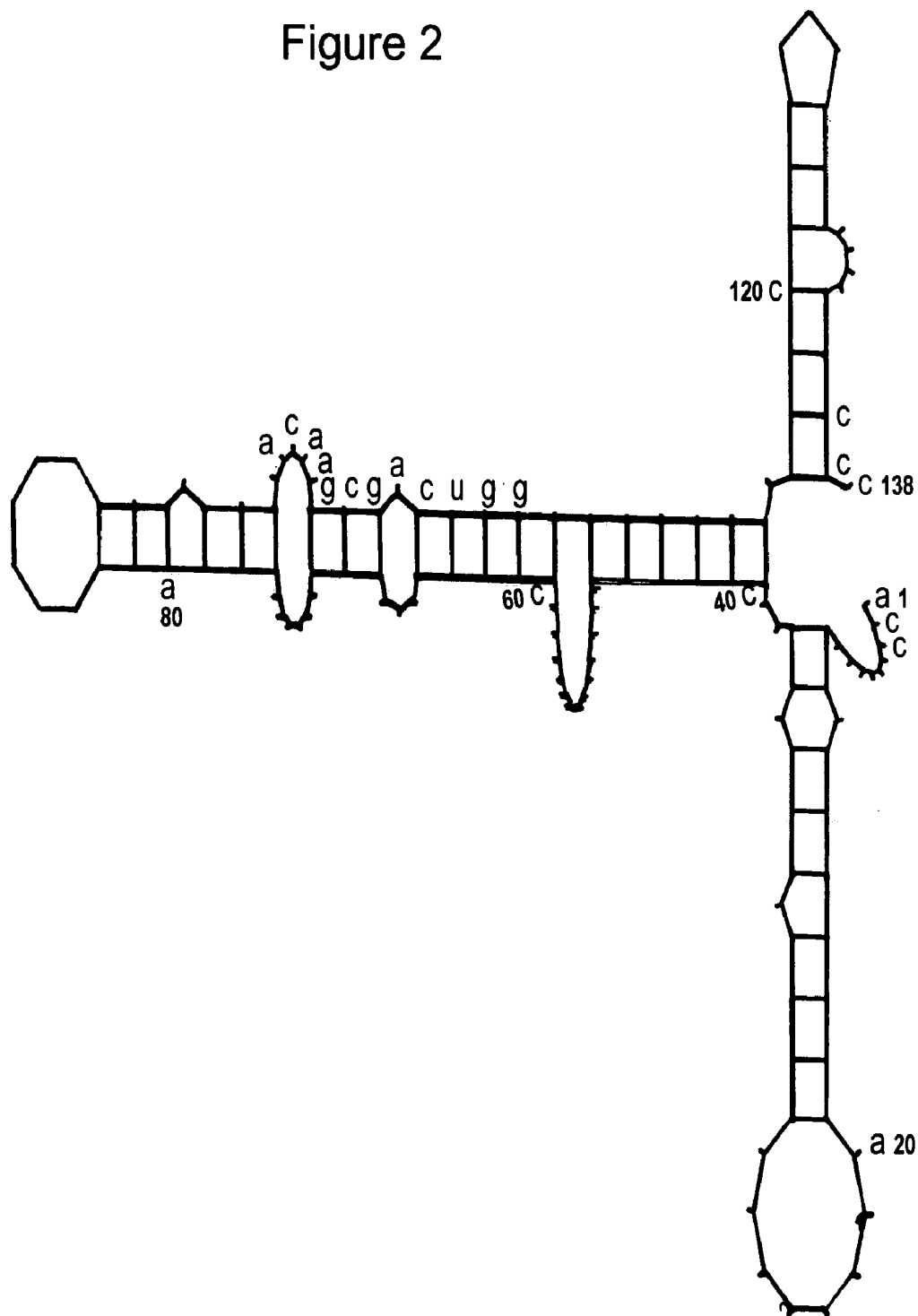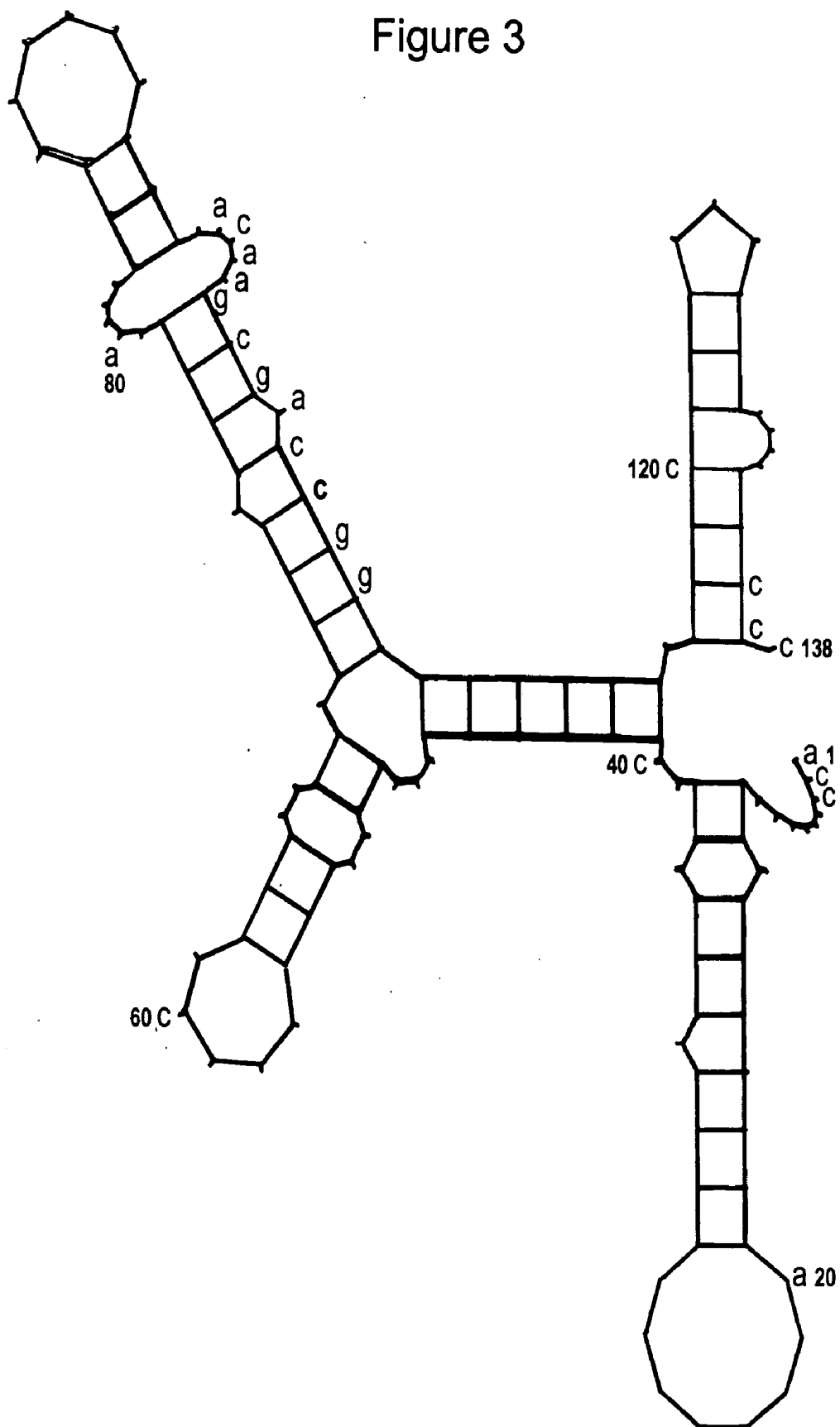
FIG. 1c

Figure 2

Figure 3

DIAGNOSIS OF A PERSON'S RISK OF DEVELOPING ATHEROSCLEROSIS OR DIABETIC RETINOPATHY BASED ON LEUCINE 7 TO PROLINE 7 POLYMORPHISM IN THE PREPRO-NEUROPEPTIDE Y GENE

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] The present application is a continuation of U.S. patent application Ser. No. 09/937,899 filed 28 Sep. 2001, which in turn is a national stage filing under 35 U.S.C. §371 of international application No. PCT/FI00/00260, filed 29 Mar. 2000, which in turn is a continuation of U.S. patent application Ser. No. 09/291,994, filed 15 Apr. 1999, now U.S. Pat. No. 6,312,898.

FIELD OF THE INVENTION

[0002] This invention relates to methods for diagnosing a person's susceptibility for having an increased risk for the development of atherosclerosis and a diabetic person's susceptibility for having an increased risk for the development of diabetic retinopathy. The invention relates further to methods for treating persons diagnosed for having increased risk for the development of said diseases, in order to prevent the development of said diseases. The invention also concerns methods to investigate or screen pharmaceuticals or genetic aims useful in the treatment of said diseases, by using an animal model including a transgenic animal.

BACKGROUND OF THE INVENTION

[0003] The publications and other materials used herein to illuminate the background of the invention, and in particular, cases to provide additional details respecting the practice, are incorporated by reference.

[0004] Neuropeptide Y (NPY) is a member of the pancreatic polypeptide family and neuromodulator that is secreted widely by neurons of the central and peripheral nervous systems and it is the most abundant peptide in the brain and in the heart (1-4). NPY is the most potent orexigenic neuropeptide and may have tonic inhibitory action on leptin mediated satiety signal (2-3,5). NPY stimulates insulin secretion (6) and insulin-induced glucose uptake in normal rats (7). In contrast, insulin and insulin-like growth factor II suppress hypothalamic NPY release (8). In animal models of obesity and Type 2 diabetes, enhanced activity of NPY neurons due to hypothalamic resistance of insulin inhibition may contribute to hyperphagia, reduced energy expenditure and obesity (9). Further, NPY participates in the control on hypothalamic-pituitary-adrenal axis (10). In the cardiovascular system NPY is a vasoconstrictor, it inhibits the release of norepinephrine and potentiates the norepinephrine response (11). Interestingly, in experimental diabetes cardiorespiratory responses to NPY have been shown to be altered (12-13). Further, NPY may have angiogenic properties (4) that could enhance the development of atherosclerosis. The widespread effects of NPY are mediated by several different subtypes of NPY receptors (14). We identified a rather common leucine7 to proline7 polymorphism (Leu7/Pro) very recently (15). This polymorphism was found to be associated with significantly higher serum total- and LDL cholesterol levels particularly in obese subjects in two independent Finnish and one Dutch study population.

Further, apolipoprotein B levels were elevated in non-diabetic subjects with Leu7/Pro-polymorphism in one of these populations (15). Although the biochemical and physiological link between cholesterol metabolism and NPY is currently not known, the Leu7/Pro-polymorphism of NPY gene should be considered as a new genetic marker for high cholesterol levels in obese subjects.

SUMMARY OF THE INVENTION

[0005] According to one aspect, this invention concerns a method for diagnosing a person's susceptibility for having an increased risk for the development of atherosclerosis, said method comprising determining whether said subject has a polymorphism in the signal peptide part of the human preproNPY, said polymorphism comprising the subsitution of the position 7 leucine for proline in the signal peptide part of said preproNPY, said polymorphism being indicative of an increased risk for the development of atherosclerosis.

[0006] According to another aspect, the invention concerns a method for diagnosing a diabetic person's susceptibility for having an increased risk for the development of diabetic retinopathy, said method comprising determining whether said subject has a polymorphism in the signal peptide part of the human preproNPY, said polymorphism comprising the subsitution of the position 7 leucine for proline in the signal peptide part of said preproNPY, said polymorphism being indicative of an increased risk for the development of diabetic retinopathy.

[0007] According to a third aspect, the invention concerns a method for treating a person, diagnosed for having an increased risk for the development of atherosclerosis, or for treating a diabetic person, diagnosed for having an increased risk for the development of diabetic retinopathy, for the prevention of developing any of said diseases, comprising administering to said person an effective amount of an agent counteracting the influence of the mutated NPY gene.

[0008] According to a fourth aspect, the invention concerns a method for treating a person, diagnosed for having an increased risk for the development of atherosclerosis, or for treating a diabetic person, diagnosed for having an increased risk for the development of diabetic retinopathy, for the prevention of developing any of said diseases, comprising subjecting the person to specific gene therapy aimed to repair the mutated NPY signal peptide sequence.

[0009] According to a fifth aspect, the invention concerns a method to investigate or screen pharmaceuticals or genetic aims useful in the treatment of atherosclerosis or diabetic retinopathy, by using an animal model including a transgenic animal which carries a human DNA sequence comprising a nucleotide sequence encoding a prepro-neuropeptide Y (preproNPY) or part thereof encoding mature human NPY peptide, where the leucine amino acid in position 7 of the signal peptide part of said preproNPY i) is unchanged or ii) has been replaced by proline.

[0010] According to a sixth aspect, the invention concerns a method to investigate or screen pharmaceuticals or genetic aims useful in the treatment of atherosclerosis or diabetic retinopathy, by using an animal model including a transgenic animal, which carries a DNA sequence comprising a nucleotide sequence encoding otherwise normal mouse NPY sequence or part thereof encoding mature mouse NPY

peptide, but in which the nucleotide sequence encoding the mouse signal peptide is replaced by human signal peptide sequence encoding either normal or mutated human signal peptide.

BRIEF DESCRIPTION OF THE DRAWINGS

[0011] FIG. 1a illustrates schematically the molecular structure of the human NPY gene, the preproNPY peptide and the mature NPY peptide,

[0012] FIG. 1b shows the nucleotide sequence of the human NPY gene. Upper case indicates exonic sequences and lower case intronic sequences. Genbank accession numbers are given in parenthesis. The arrow shows the position in which thymidine (T) of the normal gene is replaced by cytosine (C) to give the mutant gene. The underlined sequence in Exon 2 is the sequence encoding the signal peptide of 28 amino acids (Exon 1 is SEQ ID NO:1, exon 2 is SEQ ID NO:2, exon 3 is SEQ ID NO:3 and exon 4 is SEQ ID NO:4), and

[0013] FIG. 1c shows the nucleotide sequence of the human preproNPY mRNA (SEQ ID NO:5, with the protein sequence set forth in SEQ ID NO:6). The arrow shows the position in which thymidine (t) of the normal mRNA is replaced by cytosine (c) to give the mutant mRNA.

[0014] FIG. 2 shows the predicted secondary structure of preproNPY mRNA and the predicted structure of the 5' end (1 to 138 bases) of the full preproNPY mRNA sequence published in GenBank Accession No. K01911. The secondary structure was predicted by using the MFOLD program of the Genetics Computer Group of the University of Wisconsin. Squiggle plot of: osa1.mfold February 7, 19100 12:46. (Linear) MFOLD of: osa1.seqT: 37.0 Check: 5173 from: 1 to: 138 February 7, 19100 12:43. Length 138 Energy −28.4. The nucleotide sequence "acaagcgacugg" is the wildtype sequence of SEQ ID NO:7.

[0015] FIG. 3 shows the predicted secondary structure of mutated preproNPY mRNA and the predicted structure of the 5' end (1 to 138 bases) of the full mutated preproNPY mRNA sequence published in GenBank Accession No. K01911. The secondary structure was predicted by using the MFOLD program of the Genetics Computer Group of the University of Wisconsin. The mutated base T to C is base number 106. Squiggle plot of: osa2.mfold February 7, 19100 14:11. (Linear) MFOLD of: osa2.seqT: 37.0 Check: 4340 from: 1 to: 138 February 7, 19100 14:07. Length 138 Energy −26.4 −28.4. The nucleotide sequence "acaagcgaccgg" is the mutant sequence of SEQ ID NO:7.

DETAILED DESCRIPTION OF THE INVENTION

[0016] Neuropeptide Y (NPY) is a 36-amino-acid neurotransmitter widely present in the central and peripheral nervous systems. NPY has multiple actions, which control body energy balance and cardiovascular function. We have recently demonstrated that the subjects having Pro7 in the signal peptide of NPY have higher serum cholesterol and apolipoprotein B levels when compared to individuals having wildtype (Leu7/Leu7) signal peptide sequence. The present invention is based on a study of the association of Leu7 to Pro polymorphism of the NPY gene with common carotid intima-media-thickness (IMT) assessed by ultra-

sonography cross-sectionally from the 10-year follow-up study of newly diagnosed patients with Type 2 diabetes (81 patients, 41 males, mean age 67.1 years) and in non-diabetic subjects (105 subjects, 48 males, mean age 65.5 years) who were genotyped for Leu7Pro polymorphism in preproNPY gene. The carrier frequency of the Pro7 substitution was 9.9% in diabetic patients and 14.3% in control subjects (p=0.360). The mean common carotid IMT was in non-diabetic subjects without Leu7Pro polymorphism 1.04±0.02 and with it 1.14±0.04 mm (p=0.156) and in diabetic patients 1.18±0.03 and 1.58±0.21 mm (p=0.004), respectively. In the analysis of covariance of the entire group the mean common carotid IMT was independently associated with the Leu7Pro-polymorphism (F=5.165, p=0.024). The model included age, gender, diabetes, clinical macrovascular disease, smoking, systolic blood pressure and LDL-cholesterol. Furthermore, diabetic patients having the Pro7 in pre-proNPY had significantly more often diabetic retinopathy (p=0.04) when compared to patients with the Leu7/Leu7 genotype. The present study indicates that the presence of Pro7 substitution in the preproNPY is strongly associated with increased carotid atherosclerosis in diabetic and non-diabetic subjects, even after adjustment for known risk factors. Furthermore, this is the first evidence that Pro7 in the preproNPY increases the risk of type 2 diabetic patients to develop diabetic retinopathy.

[0017] The DNA sequence or the mutant signal peptide or said peptide associated with any other cleavage product of preproNPY can be used for screening a subject to determine if said subject is a carrier of a mutant NPY gene.

[0018] The determination can be carried out either as a DNA analyse according to well known methods, which include direct DNA sequencing of the normal and mutated NPY gene, allele specific amplification using the polymerase chain reaction (PCR) enabling detection of either normal or mutated NPY sequence, or by indirect detection of the normal or mutated NPY gene by various molecular biology methods including e.g. PCR-single stranded conformation polymorphism (SSCP)-method or denaturing gradient gel electrophoresis (DGGE). Determination of the normal or mutated NPY gene can also be done by using restriction fragment length polymorphism (RFLP)-method, which is particularly suitable for genotyping large number of samples.

[0019] The determination can also be carried out at the level of RNA by analysing RNA expressed at tissue level using various methods. Allele spesific probes can be designed for hybridization. Hybridization can be done e.g. using Northern blot, RNase protection assay or in situ hybridization methods. RNA derived from the normal or mutated NPY gene can also be analysed by converting tissue RNA first to cDNA and thereafter amplifying cDNA by an allele spefic PCR-method and carrying out the analysis as for genomic DNA as mentioned above.

[0020] Alternatively, the determination can be carried out as an immunoassay where a sample is contacted with an antibody capable of binding the signal peptide or said peptide associated with any other cleavage product of pre-proNPY.

[0021] Antibodies can be raised against normal or mutated preproNPY or more specifically against normal or mutated signal peptide part of the NPY. The production of antibodies

can be done in experimental animals in vivo to obtain polyclonal antibodies or in vitro using cell lines to obtain monoclonal antibodies.

[0022] A person diagnosed for having an increased risk for the development of atherosclerosis, or a diabetic person, diagnosed for having an increased risk for the development of diabetic retinopathy, can be treated for the prevention of developing any of said diseases administering to said subject an effective amount of an agent counteracting the influence of the mutated NPY gene. This can be done by specific gene therapy aimed to repair the mutated NPY sequence, or by administering pharmacotherapies, which are aimed to modulate synthesis, release or metabolism of the endogenous NPY, or to interact in a specific manner at NPY target sites by modulating effects of NPY with specific NPY receptor proteins. Currently, five different subtypes of NPY receptors have been cloned and characterized (Y1-Y5 receptors) and drug molecules specifically interacting with these NPY receptors have been synthesized. The pharmacotherapy described is not limited to only these named receptors or mechanisms, but also covers other NPY receptors and related mechanisms to be discovered including the secretion of NPY.

[0023] Counteracting the influence of the mutated NPY gene in a patient by using an antisense therapy or gene switching or replacement, which includes targeted correction of disease-related mutation or site-directed inactivation of the mutant allele by homologous recombination.

[0024] The antisense therapy refers to methods designed to impair translation through direct interactions with target messenger RNA (mRNA). This can be accomplished by applying a targeted oligonucleotide, which forms Watson-Crick base pairs with the messenger RNA whose function is to be disrupted. The inhibition of gene expression by antisense oligonucleotide depends on the ability of an antisense oligonucleotide to bind a complementary mRNA sequence and prevent the translation of the mRNA. It is possible to correct a single mutant base in a gene by using an oligonucleotide based strategy (Giles et al., 1995; Schwab et al., 1994; Yoon et al., 1996). A short, 7 or 8 bases, oligonucleotide is enough to posses an antisense activity and specificity, which depends greatly on the flanking sequences of the target RNA. Binding should be enough to promote stable binding and RNase H-mediated cleavage.

[0025] We are counteracting the influence of the mutated NPY gene by using a short, allele specific oligonucleotide, which includes the sequence of mutated part: . . . cga ct/cg ggg . . . (mutated base marked on bold) (SEQ ID NO:8). This can be accomplished by using oligonucleotides of various lengths, but all recognizing the mutated base sequence. According to the predicted secondary structure of the pre-proNPY mRNAs (FIGS. 2 and 3), the best target sequence is between −9 and +2 bases around the mutation i.e., a sequence targeting to 5'-ac aag cga ccg g-3' (SEQ ID NO:9). This sequence contains 'bulbs' which are known to enhance the binding of oligonucleotide to the target mRNA.

[0026] It is possible to use unmodified oligonucleotides, but to increase their stability, nuclease resistance, and penetration to the nucleus, several modifications of oligonucleotide can be used. A relatively large number of modified pyrimidines have been synthesized, mainly C-2, C-4, C-5, and C-6 sites, and incorporated into nucleotides. Also purine

analogs can be synthesized and incorporated into oligonucleotides. The 2' position of the sugar moiety, pentofuranose ring, is substituted with methoxy, propoxy, O-alkoxy or methoxyethoxy groups. A new backbone for oligonucleotides that replace the phosphate or the sugar-phosphate unit has been made, like C-5 propynylpyrimidine-modified phosphothioate oligonucleotides. Also chimeric oligonucleotides with 5'- and 3'-ends are modified with internucleotide linkages, like methylphosphorothioate, phosphodiester, or methylphosphonate can be used. A relatively new technique is conformationally restricted LNA (locked nucleic acid) oligonucleotides and peptide nucleic acids. Bioengineered ribozymes are structurally different, but their specificity also relay on the recognition of the targeted mRNA sequence.

[0027] Gene replacement or gene switching techniques inactivate the mutated gene sequence and introduce a corrected one. This can be accomplished by transfecting exogenous gene with normal coding sequence and blocking mutant coding sequence with antisense oligonucleotide. Also a technique with only introducing a corrected normal sequence without disrupting the mutated sequence could be use. This could be used in heterozygous cells i.e. cell carrying one normal allele and one mutated allele resulting in an overexpression of normal alleles. Also homozygous mutant cells could be treated resulting in a dominant positive-effect i.e. the normal allele is expressed in higher degree than the mutant allele.

[0028] Influence of the mutated NPY sequence on the function of NPY gene can be investigated in transgenic animals. A transgenic animal can be generated using targeted homologous recombination methodology. Both normal and mutated sequence of human NPY signal peptide (or any DNA sequence comprising a nucleotide sequence encoding a prepro-neuropeptide Y (preproNPY) or part thereof encoding the amino acid sequence of the mature mouse or human mature NPY peptide, where either i) the leucine amino acid in position 7 of the signal peptide part of said preproNPY has been replaced by proline or ii) the leucine amino acid in position 7 of the signal peptide part of said preproNPY is unchanged) will be introduced into the sequence of NPY gene to replace the endogenous signal peptide sequence. Under these conditions, the endogenous NPY gene functions otherwise normally, but the synthesis of the preproNPY is regulated by either normal or mutated human NPY signal peptide sequence. This transgenic model can be used to investigate in a very specific manner the physiological importance of the mutated NPY gene. It also will provide an ideal preclinical model to investigate and screen new drug molecules, which are designed to modify the influence of the mutated NPY gene.

[0029] The invention is described more in detail in the following experiments.

EXPERIMENTAL

[0030] Study Design

[0031] This study was a cross-sectional analysis from the 10-year examination of a cohort of patients with Type 2 diabetes and nondiabetic control subjects followed up from the time of diagnosis, as described earlier in detail (16-22). In brief, the original study comprised 133 patients with newly diagnosed Type 2 diabetes, aged 45 to 64 years, and 144 nondiabetic control subjects randomly selected from the

population register. The baseline study was carried out during the years 1979-81 and all subjects were collected from a defined area in Eastern Finland (16). All the subjects were invited for the 5- and 10-year follow-up examinations during the years 1985-86 (17) and 1991-92 (18-19), respectively. During the 10-year follow-up 36 (27%) diabetic patients and eight (6%) nondiabetic subjects died, mainly due to cardiovascular diseases (18). At the 10-year examination, carotid ultrasonographic examinations (20-21) were performed for 84 (63%) of the original diabetic and 119 (83%) of the nondiabetic populations and genotype analysis was made for all these except for three diabetic and one non-diabetic subject. The study was approved by the Ethics Committee of the University of Kuopio.

[0032] Subjects and Methods

[0033] The assessment of medical history and cardiovascular diseases, the use of medication, smoking, blood pressure, body-mass index (BMI) and waist-to-hip circumference ratio have been described in detail previously (18-22). The group "macrovascular disease" refers to subjects with any previously defined evidence of myocardial infarction, stroke or intermittent claudication. An oral glucose tolerance test was performed by using a glucose dose of 75 g. The impaired glucose tolerance in control subjects was classified according to the WHO criteria (23). The collection of blood specimens and the measurement of serum lipid and lipoproteins by ultracentrifugation and precipitation methods, apolipoprotein B, plasma glucose and plasma insulin have been likewise presented previously (19-22).

[0034] Genotype Analysis

[0035] PreproNPY genotype was determined by restriction fragment length polymorphism (RFLP) analysis from DNA extracted from the subjects peripheral blood by an investigator unaware of phenotype. Briefly, the polymorphism appears as a thymidine(1128) to cytosine(1128) substitution generating a Bsi EI restriction site, which was used to genotype the subjects for the Leu7Pro polymorphism, as described previously (15). The PCR products were digested by Bsi EI (New England Biolabs, Inc. Beverly, Mass., USA) and digestions were analyzed by electrophoresis on 2% agarose gel.

[0036] Assessment of Carotid Atherosclerosis

[0037] The high-resolution B-mode ultrasonographic imaging protocol was designed to ensure the valid and reliable identification of arterial carotid references and the definition of near-wall and far-wall interfaces, as described previously in more detail (20-21,24). Briefly, the carotid artery was divided into two segments on the basis of arterial anatomy and geometry. The key anatomic features defining these segments were the proximal origin of the bulb (carotid bifurcation) and the tip of the flow divider, which separates internal from external carotid arteries. In longitudinal arterial images, the adventitia-media and the intima-lumen interfaces on the far wall were the specific anatomic bondaries defining the IMT. Two certified sonographers performed the carotid ultrasound examinations. A Biosound Phase Two ultrasound device equipped with a 10-MHz annular array probe was used. Video-recorded examinations were quantitatively analyzed at a central laboratory using a computer-assisted reading procedure (24-25). The mean maximum of the far wall bilaterally was used as the measurement of the common carotid IMT.

[0038] Statistical Methods

[0039] Our a priori hypothesis was that the subjects having Pro7 substitution in preproNPY have higher mean IMT compared to the subjects having wild type preproNPY (Leu7/Leu7). Associations of Leu7Pro polymorphism with continuous variables were calculated using Student's t-test and for categorized variables by Chi square test. The association of common carotid IMT with Leu7Pro polymorphism was further analyzed by analysis of covariance (ANCOVA) controlling for the effects of selected covariates. Variables with skewed distribution (eg. carotid IMT, insulin) were analyzed after logarithmic transformation. P-value equal or less than 0.05 was considered statistically significant. All statistical analyses were conducted with procedures from SPSS-Unix.

[0040] Results

[0041] The frequency of C1128 allele frequencies was not significantly different between non-diabetic (14.3%) and diabetic (9.9%, p=0.36) groups. The characteristics of non-diabetic and diabetic subjects for Leu7/Leu7 and Pro7/-groups are presented in Tables 1a-b. No differences in age, gender, body mass index, waist-to-hip-ratios, blood pressure levels and the frequencies of macrovascular disease were found between the genotype groups within the non-diabetic and diabetic groups. LDL-cholesterol was higher in non-diabetic subjects with Leu7/Pro-polymorphism than in those without (p=0.05), as we have reported previously (15). Although apolipoprotein B levels tended to be higher in Pro7/-group than in Leu7/Leu7-group, the differences were not statistically significant. Our previous study included only lean subjects without any medication known to affect cholesterol metabolism (like beta-blockers or diuretics) of the present non-diabetic group (15). In other lipoproteins no evident differences were found, and interestingly, in diabetic patients there was no association with serum cholesterol, even when subjects were analyzed according to median body mass index (data not shown).

[0042] The mean common carotid IMT was about 25% higher in diabetic patients with Pro7 allele than in those without it (p=0.004) and the respective increase in IMT was 9% in non-diabetic subjects (p=0.156). In the analysis of covariance both groups combined (Table 2) the independent predictors of common carotid IMT were age, Pro7 allele, diabetes, systolic blood pressure, and macrovascular disease. Furthermore, those diabetic patients having the Pro7 substituion in the preproNPY had significantly accelerated rate of diabetic retinopathy (p=0.04), when compared to diabetics with the Leu7/Leu7-genotype.

[0043] Discussion

[0044] Our findings based on elderly Finnish non-diabetic and diabetic subjects indicates that the Pro7 allele of pre-proNPY is strongly associated with increased carotid atherosclerosis, and even more markedly in diabetic patients. This finding is of importance, because an increase in the thickness of IMT of carotid arteries increases the risk for cardiovascular events in a linear fashion even before clinical manifestations of cardiovascular diseases (26). In addition, the presence of Pro7 polymorphism in the preproNPY was significantly associarted with the rate of diabetic retinopathy. The Pro7 allele was also associated with high serum LDL cholesterol levels and apolipoprotein B-levels in lean

non-diabetic subjects (15), but this was not found in diabetic patients regardless of their body weight.

[0045] Type 2 diabetes is a state characterized by markedly increased risk of atherosclerosis and although known risk factors contribute largely to the occurrence of diabetic macrovascular diseases (27), a large proportion of this vascular burden remains unexplained and search for other potential environmental, metabolic and genetic contributors are warranted. In this study we show for the first time that diabetic patients with Pro7 allele have higher carotid IMT than those with Leu7/Leu7-genotype. Although this finding was based on a limited number of subjects, the lack of association of Pro7 allele with other risk factors measured in diabetic patients makes the finding more intriguing. As non-diabetic control group included subjects with impaired glucose tolerance as any population-based study does and therefore, glucose tolerance is in a way continuum in this study population, we combined the groups in order to increase the statistical power of the study for the analysis of covariance. In this analysis age, diabetes, systolic blood pressure and clinical macrovascular disease were, as previously reported (21), powerful explanatory variables of carotid IMT. Interestingly, the effect of NPY genotype remained statistically significant in this analysis. Other cardiovascular risk factors except fasting insulin in non-diabetic subjects were not associated with NPY genotype in either group. The selective mortality may cause bias in the interpretation, as in any cross-sectional analysis. However, as LDL-cholesterol-levels were constantly higher during the whole 10-year follow-up in lean non-diabetic control subjects with Pro7 allele and, on the other hand, the genotype effect on carotid IMT was more marked in diabetic patients who had high cardiovascular mortality from the time of diagnosis (18), it is likely that this study under-estimates this association.

[0046] Why could then NPY enhance the development of atherosclerosis? First, this effect may be mediated by the effects of the PreproNPY genotype on LDL-cholesterol metabolism (15). However, this effect is modulated by body weight (15) and as judged from the present study, no effect was seen in Type 2 diabetic patients in this regard (more detailed arialysis of lipoproteins assessed either cross-sectionally or longitudinally gave no further insights in this regard). Second, NPY may have angiogenic properties that could be implicated in the development of atherosclerosis. NPY has been shown to act as a smooth muscle mitogen (28), to stimulate attachment, migration, DNA synthesis (29), and the formation of capillary tubes by human endothelial cells (4). Minor proportion of circulating NPY level is derived from endothelial cells and this endothelially derived NPY may act as an autocrine angiogenic factor even at very low concentrations (4). Subjects with Pro7 substitution in preproNPY may therefore be predisposed to increased arterial wall thickening seen as increased intima-media thickening of carotid arteries, because of impaired function of endothelial NPY. Third, NPY is an important modulator of autonomic nervous system. Majority of circulating NPY is derived from the perivascular sympathetic nerve endings, and the level of NPY is correlated to those of norepinephrine (30). Autonomic nervous dysfunction is an independent predictor of cardiovascular mortality in patients with Type 2 diabetes, as demonstrated from this study population (22). The mechanisms behind cardiovascular diseases and autonomic nervous dysfunction are speculative, but our unpub-

lished observations suggest that cardiac autonomic regulation is altered in subjects with those with Pro7 substitution in the preproNPY. Therefore, we suggest that atherosclerosis may be associated with gene(s) involved in vascular development, lipid metabolism and autonomic nervous function and the recently found gene variant (15) in NPY is the first one in this respect shown to be related to accelerated atherosclerosis.

[0047] In conclusion, these results indicate that the presence of Pro7 substitution in the preproNPY is associated with ultrasonographically assessed carotid atherosclerosis in Finnish diabetic and non-diabetic subjects. Furthermore, this study provides first evidence that the Pro7 in the preproNPY is also associated with increased rate of diabetic retinopathy in NIDDM (Type 2 diabetes) patients, which could be potential target for drug development.

[0048] It will be appreciated that the methods of the present invention can be incorporated in the form of a variety of embodiments, only a few of which are disclosed herein. It will be apparent for the specialist in the field that other embodiments exist and do not depart from the spirit of the invention. Thus, the described embodiments are illustrative and should not be construed as restrictive.

TABLE 1a

The clinical characteristics of the study population according to Leu7/Pro-genotype in nondiabetic subjects.

Characteristic	Leu7/Leu7 n = 90	Pro7/- N = 15	p-value
Age (years)	65.5 ± 0.6	65.5 ± 1.1	0.982
Male gender (n, %)	43 (48)	5 (33)	0.298
Body mass index (kg/m²)	27.8 ± 0.5	28.4 ± 1.2	0.611
Macrovascular disease (n, %)	11 (12)	4 (27)	0.139
Smoking history (n, %)	23 (26)	5 (33)	0.528
Treatment for hypertension (n, percentage)	26 (29)	6 (40)	0.387
Systolic blood pressure (mmHg)	149 ± 2	148 ± 3	0.863
Diastolic blood pressure (mmHg)	85 ± 1.1	85 ± 3	0.847
Fasting serum insulin (mU/L)	11.0 ± 0.6	14.8 ± 2.2	0.056
Impaired glucose tolerance (n, %)	11 (12)	1 (7)	0.531
Mean of common carotid IMT (mm)	1.04 ± 0.2	1.14 ± 0.4	0.156
Serum apolipoprotein B (mg/L)	1.04 ± 0.03	1.12 ± 0.08	0.285
Serum HDL cholesterol (mmol/L)	1.34 ± 0.03	1.27 ± 0.08	0.403
Serum LDL cholesterol (mmol/L)	4.11 ± 0.09	4.61 ± 0.30	0.05
Serum total cholesterol (mmol/L)	6.29 ± 0.11	6.72 ± 0.37	0.153
Serum triglycerides (mmol/L)	1.81 ± 0.12	1.65 ± 0.18	0.811
Waste-to-hip ratio	0.91 ± 0.01	0.91 ± 0.03	0.926

[0049]

TABLE 1B

The clinical characteristics of the study population according to Leu7/Pro-genotype in diabetic subjects.

Characteristic	Leu7/Leu7 n = 73	Pro7/- n = 8	p-value
Age (years)	67.1 ± 0.7	66.5 ± 1.2	0.765
Male gender (n, %)	36 (49)	5 (63)	0.479
Body mass index (kg/m²)	29.4 ± 0.6	27.6 ± 4.1	0.344
Macrovascular disease (n, %)	28 (38)	5 (63)	0.187
Smoking history (n, %)	25 (34)	2 (25)	0.598
Treatment for hypertension (n, percentage)	40 (55)	5 (63)	0.677

TABLE 1B-continued

The clinical characteristics of the study population according to
Leu7/Pro-genotype in diabetic subjects.

Characteristic	Leu7/Leu7 n = 73	Pro7/- n = 8	p-value
Systolic blood-pressure (mmHg)	154 ± 2.8	150 ± 10.3	0.637
Diastolic blood pressure (mmHg)	84 ± 2	87 ± 4	0.482
Fasting serum insulin (mU/L)	15.0 ± 0.9	15.7 ± 3.7	0.823
Mean of common carotid IMT (mm)	1.18 ± 0.03	1.58 ± 0.21	0.004
Serum apolipoprotein B (mg/L)	1.17 ± 0.03	1.00 ± 0.09	0.10
Serum HDL cholesterol (mmol/L)	1.11 ± 0.03	1.27 ± 0.12	0.142
Serum LDL cholesterol (mmol/L)	4.09 ± 0.10	3.66 ± 0.27	0.204
Serum total cholesterol (mmol/L)	6.44 ± 0.16	5.95 ± 0.36	0.325
Serum triglycerides (mmol/L)	2.62 ± 0.22	2.09 ± 0.34	0.455
Waste-to-hip ratio	0.94 ± 0.01	0.98 ± 0.03	0.222

[0050]

TABLE 2

Analysis of covariance for mean carotid intima-media-thickness
adjusting for the effectes of Leu7/Pro polymorphism and covariates
in the combined cohort.

Risk Factor	F-value	Significance
Age	7.744	0.006
Gender	2.866	0.092
Diabetes	3.960	0.048
NPY Leu7/Pro	5.165	0.024
Macrovascular disease	4.278	0.040
Smoking history	2.225	0.138
Systolic blood pressure	5.754	0.018
LDL-cholesterol	0.142	0.707

2-way interaction: diabetes X NPY Leu7/Pro F = 0.174, p = 0.677

REFERENCES

[0051]   1. Benarroch E E: Neuropeptides in the sympathetic system: presence, plasticity, modulation, and implications. Ann Neurol 36: 6-13, 1994

[0052]   2. Tomaszuk A, Simpson C, Williams G: Neuropeptide Y, the hypothalamus and the regulation of energy homeostasis. Horm Res 46: 53-8, 1996

[0053]   3. Palmiter R D, Erickson J C, Hollopeter G, Baraban S C, Schwatrz M W: Life without neuropeptide Y. Recent Prog Horm Res 53: 163-99, 1998

[0054]   4. Zukowska-Grojec Z, Karwatowska-Prokopczuk E, Rose W, Rone J, Movafagh S, Ji H, Yeh Y, Chen W T, Kleinman H K, Grouzmann E, Grant D S: Neuropeptide Y: a novel angiogenic factor from the sympathetic nerves and endothelium. Circ Res 83: 187-95, 1998

[0055]   5. Sahu A, Kalra S P: Neuropeptide regulation of feeding behaviour Neuropeptide Y: TEM 4: 217-224, 1993

[0056]   6. Moltz J H, McDonald J K: Neuropeptide Y: direct and indirect action on insulin secretion in the rat. Peptides 6: 1155-1159, 1985

[0057]   7. Vettor R, Pagano C, Granzotto M, Englaro P, Angeli P, Blum W F, Federspil G, Rohner-Jeanrenaud F, Jeanrenaud B: Effects of intravenous neuropeptide Y on insulin secretion and insulin sensitivity on skeletal muscle in normal rats. Diabetologia 41: 1361-7, 1998

[0058]   8. Sahu A, Dube M G, Phelps C P, Sninsky C A, Kalra P S, Kalra S P: Insulin and insulin-like growth factor II suppress neuropeptide Y release from the nerve terminals in the paraventricular nucleus: a putative hypothalamic site for energy homeostasis. Endocrinology 136: 5718-24, 1995

[0059]   9. Frankish H M, Dryden S, Hopkins D, Wang Q, Williams G: Neuropeptide Y, the hypothalamus, and diabetes: insights into the central control of metabolism. Peptides 16: 757-71, 1995

[0060]   10. Wahlestedt C, Skagerberg G, Ekman R, Heilig M, Sundler F, Hakanson R: Neuropeptide Y (NPY) in the area of the hypothalamic paraventricular nucleus activates the pituitary-adrenocortical axis in the rat. Brain Res 417: 33-38, 1987

[0061]   11. Shine J, Potter E K, Biden T, Selbie L A, Herzog H: Neuropeptide Y and regulation of the cardiovascular system. J Hypertens (Suppl) 12:S41-S45, 1994

[0062]   12. Dunbar J C, Ergene E, Anderson G F, Barraco R A: Decreased cardiorespiratory effects of neuropeptide Y in the nucleus tractus solitarius in diabetes. Am J Physiol 262: R865-71, 1992

[0063]   13. Lind H, Erlinge D, Brunkwall J, Edvinsson L: Selective attenuation of neuropeptide-Y-mediated contractile responses in blood vessels from patients with diabetes mellitus. Clin Auton Res 5: 191-7, 1995

[0064]   14. Larhammar D, Söderberg C, Lundell I: Evolution of the neuropeptide Y family and its receptors. Ann NY Acad Sci 839: 35-40, 1998

[0065]   15. Karvonen M K, Pesonen U, Koulu M, Niskanen L, Laakso M, Rissanen A, Dekker J M, Hart L M, Valve R, Uusitupa M I J: Association of a leucine(7)-to-proline(7) polymorphism in the signal peptide of neuropeptide Y with high serum cholesterol and LDL cholesterol levels. Nat Med 4: 1434-1437, 1998

[0066]   16. Uusitupa M, Siitonen O, Aro A, Pyörälä K: Prevalence of coronary heart disease, left ventricular failure and hypertension in middle-aged, newly diagnosed type 2 (non-insulin-dependent) diabetic subjects. Diabetologia 28: 22-27, 1985

[0067]   17. Niskanen L K, Uusitupa M I, Sarlund H, Siitonen O, Pyörälä K: Five-year follow-up study on plasma insulin levels in newly diagnosed NIDDM patients and nondiabetic subjects. Diabetes Care 13: 41-48, 1990

[0068]   18. Uusitupa M I J, Niskanen L K, Siitonen O, Voutilainen E, Pyörälä K: Ten-year cardiovascular mortality in relation to risk factors and abnormalities in lipoprotein composition in type 2 (non-insulin-dependent) diabetic and non-diabetic subjects. Diabetologia 36: 1175-1184, 1993

[0069]   19. Niskanen L, Uusitupa M, Karjalainen J, Siitonen O: Metabolic evolution of Type2 diabetes—10-year follow-up study. J Intern Med 236: 263-270, 1994

[0070] 20. Uusitupa M, Niskanen L, Luoma J, Mercouri M, Rauramaa R, Ylä-Herttuala S: Autoantibodies against oxidized LDL as predictors of atherosclerotic vascular disease in non-insulin-dependent diabetes mellitus. Arterioscl & Thromb & Vasc Biol 16: 1236-1242, 1996

[0071] 21. Niskanen L, Rauramaa R, Miettinen H, Haffner S M, Mercuri M, Uusitupa M: Carotid artery intima-media thickness in elderly patients with NIDDM and in nondiabetic subjects. Stroke 27: 1986-1992, 1996

[0072] 22. Töyry J, Niskanen L, Mäntysaari M, Länsimies E, Uusitupa M: Occurrence, predictors, and clinical significance of autonomic neuropathy in NIDDM: 10-year follow-up from the diagnosis. Diabetes 45: 308-315, 1996

[0073] 23. World Healths Organization. Diabetes mellitus: report of a WHO Study Group. Geneva: World Health Org., Tech Rep Ser, no 727, 1985

[0074] 24. Mercuri M, Bond M G, Nichols F T, Carr A A, Flack J M, Byington R, Raines J, for the MIDAS Group. Baseline reproducibility of B-mode ultrasound imaging measurements of carotid intimal media thickness: the Multicenter Isradipine Diuretic Atherosclerosis Study (MIDAS). J Cardiovasc Diagnosis Procedures 11: 241-252, 1993

[0075] 25. Rauramaa R, Väisänen S, Mercuri M, Rankinen T, Penttilä I, Bond M G: Association of risk factors and body iron status to carotid atherosclerosis in middle-aged Eastern Finnish men. Eur Heart J 15: 1020-1027, 1994

[0076] 26. O'Leary D H, Polak J F, Kronmal R A, Manolio T A, Burke G L, Wolfon S K J. Carotid-artery intima and media thickness as a risk factor for myocardial infarction and stroke in older adults. Cardiovascular Health Study Collaborative Research Group. N Engl J Med 1999; 340: 14-22.

[0077] 27. Stamler J, Vaccaro O, Neaton J D, Wentworth D for the Multiple Risk Factor Intervention Trial Research Group: Diabetes, other risk factors and 12-years cardiovascular mortality for men screened in the Multiple Risk Factor Intervention Trial. Diabetes Care 16: 434-444, 1993

[0078] 28. Zukowska-Grojec Z, Pruszczyk P, Colton C, Yao J, Shen G H, Myers A K, Wahlestedt C: Mitogenic effect of neuropeptide Y in rat vascular smooth muscle cells. Peptides 1993; 14: 263-268.

[0079] 29. Shigeri Y, Fujimoto M: Neuropeptide Y stimulates DNA synthesis in vascular smooth muscle cells. Neurosci Lett 1993; 149: 19-22.

[0080] 30. Lundberg J M, Franco-Cereceda A, Hemsen A, Lacroix J S, Pernow J: Pharmacology of noradrenaline and neuropeptide tyrosine (NPY)-mediated sympathetic cotransmission. Fundam Clin Pharmacol 4: 373-391, 1990

```
                            SEQUENCE LISTING


<160> NUMBER OF SEQ ID NOS: 9

<210> SEQ ID NO 1
<211> LENGTH: 325
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 1

ccgcttcttc aggcagtgcc tggggcggga gggttggggt gtgggtggct ccctaagtcg      60

acactcgtgc ggctgcggtt ccagccccct cccccgcca ctcaggggcg ggaagtggcg     120

ggtgggagtc acccaagcgt gactgcccga ggcccctcct gccgcggcga ggaagctcca     180

taaaagccct gtcgcgaccc gctctctgca ccccatccgc tggctctcac ccctcggaga     240

cgctcgcccg acagcatagt acttgccgcc cagccacgcc cgcgcgccag ccaccgtgag     300

tgctacgacc cgtctgtcta ggggt                                          325


<210> SEQ ID NO 2
<211> LENGTH: 247
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 2

cccgtccgtt gagccttctg tgcctgcaga tgctaggtaa caagcgactg gggctgtccg      60

gactgaccct cgccctgtcc ctgctcgtgt gcctgggtgc gctggccgag gcgtaccct     120

ccaagccgga caacccgggc gaggacgcac cagcggagga catggccaga tactactcag     180
```

-continued

```
cgctgcgaca ctacatcaac ctcatcacca ggcagaggtg ggtgggaccg cgggaccgat      240

tccggga                                                               247


<210> SEQ ID NO 3
<211> LENGTH: 142
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 3

acttgcttta aaagactttt tttttttccag atatggaaaa cgatctagcc cagagacact       60

gatttcagac ctcttgatga gagaaagcac agaaaatgtt cccagaactc ggtatgacaa      120

ggcttgtgat ggggacattg tt                                              142


<210> SEQ ID NO 4
<211> LENGTH: 300
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 4

ccttacatgc tttgcttctt atgttttaca ggcttgaaga ccctgcaatg tggtgatggg       60

aaatgagact tgctctctgg ccttttccta ttttcagccc atatttcatc gtgtaaaacg      120

agaatccacc catcctacca atgcatgcag ccactgtgct gaattctgca atgttttcct      180

ttgtcatcat tgtatatatg tgtgtttaaa taaagtatca tgcattcaaa agtgtatcct      240

cctcaatgaa aaatctatta caatagtgag gattattttc gttaaactta ttattaacaa      300


<210> SEQ ID NO 5
<211> LENGTH: 551
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens
<220> FEATURE:
<221> NAME/KEY: CDS
<222> LOCATION: (87)..(377)
<220> FEATURE:
<221> NAME/KEY: sig_peptide
<222> LOCATION: (87)..(170)

<400> SEQUENCE: 5

accccatccg ctggctctca cccctcggag acgctcgccc gacagcatag tacttgccgc       60

ccagccacgc ccgcgcgcca gccacc atg cta ggt aac aag cga ctg ggg ctg      113
               Met Leu Gly Asn Lys Arg Leu Gly Leu
                 1               5

tcc gga ctg acc ctc gcc ctg tcc ctg ctc gtg tgc ctg ggt gcg ctg      161
Ser Gly Leu Thr Leu Ala Leu Ser Leu Leu Val Cys Leu Gly Ala Leu
 10               15                   20                   25

gcc gag gcg tac ccc tcc aag ccg gac aac ccg ggc gag gac gca cca      209
Ala Glu Ala Tyr Pro Ser Lys Pro Asp Asn Pro Gly Glu Asp Ala Pro
               30               35                   40

gcg gag gac atg gcc aga tac tac tcg gcg ctg cga cac tac atc aac      257
Ala Glu Asp Met Ala Arg Tyr Tyr Ser Ala Leu Arg His Tyr Ile Asn
             45               50                   55

ctc atc acc agg cag aga tat gga aaa cga tcc agc cca gag aca ctg      305
Leu Ile Thr Arg Gln Arg Tyr Gly Lys Arg Ser Ser Pro Glu Thr Leu
           60               65                   70

att tca gac ctc ttg atg aga gaa agc aca gaa aat gtt ccc aga act      353
Ile Ser Asp Leu Leu Met Arg Glu Ser Thr Glu Asn Val Pro Arg Thr
         75               80                   85
```

-continued

```
cgg ctt gaa gac cct gca atg tgg tgatgggaaa tgagacttgc tctctggcct        407
Arg Leu Glu Asp Pro Ala Met Trp
 90                  95

tttcctattt tcagcccata tttcatcgtg taaaacgaga atccacccat cctaccaatg        467

catgcagcca ctgtgctgaa ttctgcaatg tttttcctttg tcatcattgt atatatgtgt        527

gtttaaataa agtatcatgc attc                                             551
```

<210> SEQ ID NO 6
<211> LENGTH: 97
<212> TYPE: PRT
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 6

```
Met Leu Gly Asn Lys Arg Leu Gly Leu Ser Gly Leu Thr Leu Ala Leu
 1               5                  10                  15

Ser Leu Leu Val Cys Leu Gly Ala Leu Ala Glu Ala Tyr Pro Ser Lys
            20                  25                  30

Pro Asp Asn Pro Gly Glu Asp Ala Pro Ala Glu Asp Met Ala Arg Tyr
        35                  40                  45

Tyr Ser Ala Leu Arg His Tyr Ile Asn Leu Ile Thr Arg Gln Arg Tyr
    50                  55                  60

Gly Lys Arg Ser Ser Pro Glu Thr Leu Ile Ser Asp Leu Leu Met Arg
 65                  70                  75                  80

Glu Ser Thr Glu Asn Val Pro Arg Thr Arg Leu Glu Asp Pro Ala Met
                85                  90                  95

Trp
```

<210> SEQ ID NO 7
<211> LENGTH: 12
<212> TYPE: RNA
<213> ORGANISM: Homo sapiens
<220> FEATURE:
<221> NAME/KEY: misc_feature
<222> LOCATION: (10)
<223> OTHER INFORMATION: n is a u in the wildtype and c in the mutant

<400> SEQUENCE: 7

```
acaagcgacn gg                                                           12
```

<210> SEQ ID NO 8
<211> LENGTH: 9
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens
<220> FEATURE:
<221> NAME/KEY: misc_feature
<222> LOCATION: (5)
<223> OTHER INFORMATION: n is a t in the wildtype and c in the mutant

<400> SEQUENCE: 8

```
cgacngggg                                                                9
```

<210> SEQ ID NO 9
<211> LENGTH: 12

-continued

```
<212> TYPE: DNA
<213> ORGANISM: Homo sapiens

<400> SEQUENCE: 9

acaagcgacc gg                                                    12
```

1. A method for treating a person, diagnosed for having an increased risk for the development of atherosclerosis on the basis of a polymorphism in the signal peptide part of the human preproNPY, said polymorphism comprising the substitution of proline for the position 7 leucine in the signal peptide part of said preproNPY, for the prevention of developing atherosclerosis, comprising administering to said person an effective amount of an agent counteracting the influence of the mutated NPY gene.

2 The method according to claim 1, wherein said agent is a pharmaceutical aimed to modulate gene expression of normal or mutated NPY gene.

3. A method for treating a diabetic person, diagnosed for having an increased risk for the development of diabetic retinopathy on the basis of a polymorphism in the signal peptide part of the human preproNPY, said polymorphism comprising the substitution of proline for the position 7 leucine in the signal peptide part of said preproNPY, for the prevention of developing diabetic retinopathy, comprising administering to said person an effective amount of an agent that modulates gene expression of the NPY gene comprising said polymorphism, wherein said agent is an antisense oligonucleotide that is complementary to the sequence 5'-acaagcgaccgg-3' (SEQ ID NO:9) and includes a nucleotide complementary to the nucleotide c at position 10 of SEQ ID NO:9.

4. The method of claim 2, wherein said oligonucleotide is said antisense oligonucleotide comprises 7 or 8 nucleotides.

* * * * *