INFORMATION SECURITY

- 22BCM056 TARSHINI S ASSIGNMENT-I

About social Media Awareness:

* Over 50.1. humans spend 2.5 hours of their lives daily on social media platforms. It's all about human interaction. Brands can use this to drive auareners and increase sales. Social media Platforms are ubiquitous nowadays, and have connected us in ten years ago, we would never have imagined. We share Information and updates instantaneously with the networks of connection we've built, and are subsequently flooded with updates from those same networks. While storing Information in this manner is advantageous for my suarons, it brings many suisks along with it. Overshaving information is auguably the biggest suik of using social media, and the ways of which it can be harmful are numerous. Potential burglars are natching for people on vacation, hackers are looking for

ux to break into your auounts, scamme are looking for Vilnerable people to Tips to be seuve using Social media: * Change the privary of your posts and profiles. It makes take a bit of suxant, but there will be some level of sonfriquation. * Be careful about what you make Visible to your network, but especially what you make public. * Turn off location services when you Post to social media. You are announcing your location in seeal time. * Read Privary policy and terms of services for the social media site. You may be surprised at what the site is allowed to do with your information.

* Feducative yourself about each platform's capabilitàs for dealing with absive, offensive, or illegal materials.

* Don't lie, harass, abuse, intimidate on threaten people on social media. It may seem like common sense but you can open yourself up to legal visuus.

Positive 8ide 06 Social Media:

Social media gives its usus the pour to build nommunities around a lause and encourage supporters to take action and encourage supporters to take action. This is done by sharing images, stories and videos. The pour of social media and videos. The pour of social media for maining amaness was seen during for maining amaness was seen during black lives matter become powerfull tool.

Mental Health Awarners:

* Social media has also in surent years become a platform for promoting mental health awareness. We all know that the impact of social media ean sometimes be negative; estudies have shown that teenagers who apend more than three hours on the social media.

Body Positivity: * Over recent years, we've witnessed the sein of the body positivity move ment on social media. Our feeds used to be full of heavily edited Photos that weated unrealistic body Standards, especially for womens. But how we're inspuing them.

Idvantages of Social Media

) Build your brand:

* Social media helps your build brand by interacting with others and sharing Enteresting facts about yourself. Sharing content on social media can help you gain followers.

2) Reach a large audience:

* Social media allows users to easily connect and share information with their friends or followers. Million of people use social media every day, making it easier for businesses like yours to find potential.

3) Get connected to new people:

* When you use social media, you connect to people who share your interest and value. This can help build relationship which may lead to business opportunities later on down.

Disadvantages: -

1) Decrease in communication exkills:-

* Social media makes us more self-centered and less empathetic towards others. It also make us more naccissistic than ever because we can show off our achievement.

2) Fear of missing out (FOMO)

* People constantly checking their Phone for new message or updates may knowne anxious if they do not see anything Promptly

Conclusion:

+ There are a lot of social media advantages and disadvantages. Some people find them helpful in touch with friends . Social media can be addictive and can lead to feeling of boneliness or isolation if used excessively