# **Summary Report**

Patient Name: MEGHAN JUDGE Report Date: 2/15/2017

DOB: 5/10/1995 Report Range: 2/01/17-2/14/17



## Symptoms

### Vomiting

Average number of times patient vomited per day 4

Patient weight at beginning of period 130

Patient weight at end of period 125

#### Cramping

#### Swelling



Sore, swollen ankle. Tried ice and did not work.

2/7/2017

#### Head pain

#### Vaginal and Urinary

"Light vaginal spotting" 2/5/2017



## Medications

#### **Personal Medications**

Percent of days took personal medication A 100%

Percent of days took personal medication B 100%

**Vitamins** 

Percent of days took prenatal vitamins 100%



### Diet

#### Diet composition

Protein 36%

Carbohydrates 40%

Fats 24%

Water

Average water consumption per day 5 cups

Average caffeine consumption 790 mg

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## Body

#### Heart rate

Average resting heart rate	92 bpm

Time heart rate exceeded 140 bpm 4:05:20

### Physical activity

Average time per day sedentary	6:05:20
Average time per day lightly active	2:28:45
Average time per day fairly active	1:01:21
Average time per day very active	0:29:05

Sleep

Average sleep per night	5:21:46
Average amount of restless sleep	2:04:12
Average sleep efficiency	65%



#### Summary

Number of times logged:	10
Percent of time reported anger:	25%
Percent of time reported sadness:	40%
Percent of time reported hapiness:	30%
Percent of time reported anxiety:	80%

#### Edinburgh Postpartum Depression Questions

1. Patient has been able to laugh:	Yes
2. Patient has looked forward with enjoyment to things:	No
3. Patient has been anxious or worried:	Yes
4. Patient has felt scared or panicky:	Yes
5. Patient felt overwhelmed:	Yes

6. Patient has had difficulty sleeping: Yes

7. Patient has felt sad or miserable: Yes

8. Patient has reported crying: No