



# RESOURCES

scan the QR codes to access the resources online



## PLANNED PARENTHOOD - LA CALL 1-800-576-5544

Services: Annual health exams, STD testing, PrEP and PEP, birth control, cancer screenings, sex ed, and many more.

many locations in LA—call or use barcode

### What are PrEP and PEP?

**PrEP:** A pill that lowers the chance of getting HIV.

Consider PrEP if you:

- Have unprotected sex with multiple partners
- Share needles
- Work / live in a high-risk environment for contracting HIV

**PEP:** Reduces HIV levels when HIV+



## USC RESOURCES FOR STUDENTS

CALL 213-740-9355 (WELL)

Available for USC students through mySHR:

- RSVP - Relationship and Sexual Violence Support
- Gender-affirming care
- STD testing
- Reproductive and sexual healthcare consultations
- Psychiatry, immunizations, referrals

### Where?

Appointments can be through Zoom, at Engemann Health Center (UPC), or Eric Cohen Student Health Center (HSC)



## AFFORDABILITY AND ACCESS

**LA County Healthcare Resources Info**

Including resources for pregnant individuals and sexual and reproductive health

**CalFresh**

Resource for low-income individuals to receive additional funds for food



## GETTING SUPPORT QUICKLY

- **National Suicide Hotline:** Call 988 (Eng + Esp)
- **Abuse or sexual assault hotline:** 213-626-3393 or 310-854-4621, 24-hours
- **Trevor Project (LGBTQ+ crisis / suicide service):** Text 'START' to 678-678 or Call 1-866-488-7386
- **LA County STD Hotline:** (800) 758-0880 for STD info

There's no shame in seeking help!