

[LASSO] Multivariate Linear Model of the Stably–selected Features against LTL

Group	Variable	Level	Coefficient (95% CI)	P–value
Baseline Characteristics	Body mass index BMI		−0.031 [−0.041 , −0.022]	9.61x10 ^{−11}
	Age at recruitment		−0.101 [−0.104 , −0.098]	0.00x10 ⁺⁰⁰
	Sex	Female	0.021 [0.019 , 0.022]	7.92x10 ^{−146}
Education	Age completed full time education	[15, 20)	−0.005 [−0.007 , −0.004]	5.10x10 ^{−12}
	Qualifications	A levels/AS levels or equivalent	0.004 [0.002 , 0.006]	3.90x10 ^{−04}
Lifestyle	Time spent watching television TV		−0.021 [−0.032 , −0.01]	2.27x10 ^{−04}
	Pub or social club	Yes	−0.002 [−0.004 , 0]	2.31x10 ^{−02}
	Religious group	Yes	0.003 [0.001 , 0.005]	2.53x10 ^{−03}
	Walk excluding work	Yes	0.001 [−0.001 , 0.002]	2.34x10 ^{−01}
Ethnicity	Ethnic background	African	0.051 [0.042 , 0.06]	1.44x10 ^{−28}
		Any other white background	0.015 [0.012 , 0.019]	5.19x10 ^{−15}
		Caribbean	0.05 [0.043 , 0.058]	4.28x10 ^{−38}
		Chinese	0.051 [0.038 , 0.063]	2.34x10 ^{−15}
		Irish	0.004 [0 , 0.009]	4.73x10 ^{−02}
		Other ethnic group	0.022 [0.015 , 0.03]	6.42x10 ^{−09}
Mental Health	Serious illness injury or assault to yourself	Yes	−0.001 [−0.004 , 0.001]	2.47x10 ^{−01}
Physical Activity	Usual walking pace	Brisk pace	0.003 [0.001 , 0.004]	8.66x10 ^{−05}
	Duration walking for pleasure	Unknown	−0.001 [−0.007 , 0.004]	6.09x10 ^{−01}
	Duration of light DIY	Between 15 and 30 minutes	0.002 [0 , 0.004]	4.00x10 ^{−02}
	Heavy DIY eg weeding lawn mowing carpentry digging	Yes	0.003 [0.001 , 0.004]	5.69x10 ^{−04}
Smoking	Current tobacco smoking	Yes, on most or all days	−0.01 [−0.012 , −0.007]	1.95x10 ^{−13}
Diet	Fresh fruit intake		0.045 [0.023 , 0.067]	6.31x10 ^{−05}
	Cheese intake	5–6 times a week	0.003 [0.001 , 0.006]	3.93x10 ^{−03}
	Bread intake	[10, 15)	−0.001 [−0.003 , 0]	5.70x10 ^{−02}
	Bread type	White	−0.002 [−0.004 , −0.001]	6.10x10 ^{−03}
	Cereal type	Muesli	0.002 [0 , 0.004]	7.57x10 ^{−02}
	Salt added to food	Usually	−0.002 [−0.004 , 0]	9.13x10 ^{−02}
	Coffee type	Ground coffee (include espresso, filter etc)	0.003 [0.001 , 0.005]	2.81x10 ^{−03}
	Major dietary changes in the last 5 years	Yes, because of illness	−0.004 [−0.006 , −0.001]	1.26x10 ^{−03}
Alcohol	Average weekly beer plus cider intake		−0.062 [−0.097 , −0.028]	4.18x10 ^{−04}
	Average weekly spirits intake		−0.088 [−0.125 , −0.05]	4.42x10 ^{−06}
	Alcohol usually taken with meals	Yes	0.002 [0.001 , 0.004]	8.11x10 ^{−03}
Sun Exposure	Ease of skin tanning	Get very tanned	−0.002 [−0.004 , 0]	3.37x10 ^{−02}
	Facial ageing	Younger than you are	0.003 [0.001 , 0.004]	1.12x10 ^{−04}
	Use of sun uv protection	Sometimes	0.002 [0 , 0.003]	1.36x10 ^{−02}
Early life	Country of birth UK elsewhere	Scotland	0.006 [0.003 , 0.008]	1.31x10 ^{−05}
		Wales	−0.004 [−0.007 , −0.001]	1.77x10 ^{−02}
	Hair colour natural before greying	Black	0.005 [0.002 , 0.007]	1.04x10 ^{−03}
	Maternal smoking around birth	Yes	−0.004 [−0.006 , −0.003]	2.55x10 ^{−08}

