



JAYPEE INSTITUTE OF INFORMATION TECHNOLOGY SEC - 128,

NOIDA

YOUTH MARATHON

DESCRIPTION:

Staying fit should be seen as a responsibility rather than burden. Studies prove that a fit person tends to achieve way more goals than an average person who just procrastinates regarding his/her fitness.

Fit India Movement tools for people who want to lead a healthy life and reach their fitness goals. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organizations can undertake various efforts for their own health and well-being as well as for fellow Indians. All Indians must make a promise to make their nation a fit nation.

Being fit helps us improve our learning skill and it also fights back from all the negative impacts on Students' mental health such as anxiety, depression, panic attack etc. Once the habit of regular exercise is collaborated with daily education it can be a boon for the future of nation. Keeping this idea in mind government has also launched Educate India which is a programme for achievement of Universalization of Elementary Education (UEE) in a time bound manner. It aims to provide quality elementary education including soft skills such as life skills. Also, it seeks to provide computer education to bridge the digital divide.

With all such positive ambitions in mind the future of India can be laid into secure hands.

RULES AND REGULATIONS:

- Your entry and running number bib is not transferable to any other person under any circumstance.
- No result or certificate will be given to runners of 5km Run, who do not start their run at the respective start times of the race categories they have been confirmed in. Such runners will be disqualified from the event.
- Participation certificate will be given to those who will complete the run.
- Reporting / Assembly Time for the race – 8:20 am.
- No wheeled vehicles are allowed on the course. Anyone bringing wheeled vehicles will be disqualified from the race; you will be asked to leave the course.
- Only those confirmed participants wearing the current 2020 running number bibs will be allowed on the route. Any person found wearing the incorrect bib or no bib will be disqualified and removed by the course security.
- Organizers reserve the right to stop any participant from participating who is found medically unfit to continue in the opinion of the medical personnel.
- For security reasons, participants are requested to come without any baggage.
- Participants are requested to cooperate with the police and security personnel deputed at the event venue and on route. Participants/supporters are liable to random checking on race day – this is for your own security.
- Provide us correct mobile number, email address that you can access regularly, as this will be our primary resources of contacting you during the run up to the event.
- By registering you agree that running is an extreme sport and can be injurious to body and health. – You take full responsibility for participating in the Run and do not hold the organizers or organizing person or entities responsible of any injury or accident.