

Patient Social History & Appointment Records

Patient Information:

- **Name:** Michael Thompson
- **Patient ID:** 789012
- **Date of Birth:** August 10, 1965
- **Gender:** Male
- **Address:** 789 Oak Street, Springfield, IL, 62706
- **Phone Number:** (555) 345-6789
- **Email:** michael.thompson@example.com
- **Emergency Contact:** Linda Thompson (Wife), (555) 654-3210

Social History:

Michael Thompson is a 59-year-old male who works as a high school teacher and maintains a moderately active lifestyle, including weekend gardening and occasional cycling. He is a non-smoker and drinks alcohol socially, typically 1-2 times per week. Michael lives with his wife and has one adult child living independently. He reports a generally low level of stress and enjoys spending time with his family and participating in community events.

Appointment Records:

- Appointment Date:** January 8, 2024
Clinic: Springfield Neurology Center
Healthcare Provider: Dr. Karen Davis, MD
ICD Code: G20
CPT Code: 99214
Disease: Parkinson's Disease
Medication: Carbidopa-Levodopa 25/100 mg three times daily
Visit Summary:
Michael visited the neurology center with symptoms of tremors and stiffness. After a neurological examination, he was diagnosed with Parkinson's Disease. He was prescribed Carbidopa-Levodopa 25/100 mg three times daily and advised on supportive therapies, including physical therapy and occupational therapy. A follow-up appointment was scheduled in three months to monitor his response to medication.
- Appointment Date:** February 12, 2024
Clinic: Springfield Urology Clinic
Healthcare Provider: Dr. David Wilson, MD
ICD Code: N40.1
CPT Code: 52000
Disease: Benign Prostatic Hyperplasia (BPH)
Medication: Tamsulosin 0.4 mg daily
Visit Summary:
During this visit, Michael reported urinary symptoms, including frequent urination and difficulty starting urination. He was diagnosed with Benign Prostatic Hyperplasia (BPH) and

prescribed Tamsulosin 0.4 mg daily. He was educated on lifestyle modifications and advised to return for a follow-up visit in two months to assess the effectiveness of the medication.

3. **Appointment Date:** March 15, 2024

Clinic: Springfield Rheumatology

Healthcare Provider: Dr. Laura Green, MD

ICD Code: M06.9

CPT Code: 99213

Disease: Rheumatoid Arthritis

Medication: Methotrexate 7.5 mg weekly

Visit Summary:

Michael visited for joint pain and morning stiffness, which were evaluated by Dr. Green. He was diagnosed with Rheumatoid Arthritis and prescribed Methotrexate 7.5 mg weekly. He was advised on potential side effects and instructed to have regular blood tests to monitor for any adverse reactions. A follow-up appointment was scheduled in six weeks.

4. **Appointment Date:** April 10, 2024

Clinic: Springfield Cardiology Clinic

Healthcare Provider: Dr. Robert Adams, MD

ICD Code: I63.9

CPT Code: 93000

Disease: Stroke (Cerebrovascular Accident)

Medication: Aspirin 81 mg daily

Visit Summary:

Michael had a follow-up appointment for stroke management. He was previously diagnosed with a stroke, and his current treatment includes Aspirin 81 mg daily to prevent further clot formation. His blood pressure and cholesterol levels were monitored, and he was advised to continue with lifestyle changes, including a heart-healthy diet and regular exercise. A follow-up visit was scheduled in three months.

5. **Appointment Date:** May 5, 2024

Clinic: Springfield Dermatology

Healthcare Provider: Dr. Emily Harris, MD

ICD Code: L29.9

CPT Code: 11100

Disease: Chronic Pruritus

Medication: Hydrocortisone Cream 1%

Visit Summary:

Michael reported persistent itching and skin irritation. After a dermatological evaluation, he was diagnosed with Chronic Pruritus and prescribed Hydrocortisone Cream 1% for topical application. He was instructed on proper use of the cream and advised to avoid potential irritants. A follow-up appointment was scheduled in two months to monitor his condition.

Summary:

Michael Thompson's health records reveal a range of chronic conditions, including Parkinson's Disease, Benign Prostatic Hyperplasia (BPH), Rheumatoid Arthritis, stroke management, and Chronic Pruritus. His treatment plans include medications tailored to each condition, alongside lifestyle modifications and supportive therapies. Regular follow-ups and adherence to his treatment regimen are crucial for effectively managing his health conditions. Michael's proactive involvement in his

healthcare and adherence to treatment recommendations will be key to maintaining his overall well-being.

Next Steps:

- Continue with prescribed medications and adhere to follow-up appointments.
- Implement recommended lifestyle changes and dietary modifications.
- Monitor symptoms and report any changes or concerns to healthcare providers.
- Engage in recommended physical therapy and other supportive treatments.

Provider Notes:

Michael is an engaged patient who actively participates in his healthcare management. His adherence to treatment plans and proactive approach in addressing his symptoms are essential for managing his chronic conditions and improving his quality of life.