

## Patient Social History & Appointment Records

### Patient Information:

- **Name:** Emily Johnson
- **Patient ID:** 654321
- **Date of Birth:** June 25, 1975
- **Gender:** Female
- **Address:** 456 Maple Avenue, Springfield, IL, 62705
- **Phone Number:** (555) 234-5678
- **Email:** emily.johnson@example.com
- **Emergency Contact:** Mark Johnson (Husband), (555) 876-5432

### Social History:

Emily Johnson is a 49-year-old female who works as a marketing manager and leads a moderately active lifestyle, including regular walks and weekend yoga classes. She is a non-smoker and consumes alcohol socially. Emily has a balanced diet but is currently focusing on reducing her caffeine intake. She lives with her husband and has two adult children who are away at college. Emily experiences occasional stress related to work but manages it well through exercise and hobbies.

- **Smoking Status:** Non-smoker
- **Alcohol Consumption:** Social drinker, approximately 2-3 drinks per week
- **Drug Use:** No history of recreational drug use
- **Exercise:** Regularly walks and practices yoga
- **Diet:** Balanced diet, reducing caffeine intake
- **Living Situation:** Lives with husband
- **Occupation:** Marketing Manager
- **Marital Status:** Married
- **Children:** Two (both in college)

### Appointment Records:

1. **Appointment Date:** January 12, 2024  
**Clinic:** Springfield Cardiology Clinic  
**Healthcare Provider:** Dr. Robert Lee, MD  
**ICD Code:** I25.10  
**CPT Code:** 99214  
**Disease:** Coronary Artery Disease  
**Medication:** Atorvastatin 20 mg daily  
**Visit Summary:**  
Emily visited the cardiology clinic with symptoms of chest discomfort and shortness of breath. An ECG and stress test were performed, revealing evidence of coronary artery

disease. She was prescribed Atorvastatin 20 mg daily to manage her cholesterol levels and advised on dietary changes to support heart health. A follow-up appointment was set for three months.

2. **Appointment Date:** February 18, 2024

**Clinic:** Springfield Gastroenterology

**Healthcare Provider:** Dr. Laura Mitchell, MD

**ICD Code:** K58.0

**CPT Code:** 45378

**Disease:** Irritable Bowel Syndrome (IBS)

**Medication:** Dicyclomine 10 mg daily

**Visit Summary:**

Emily presented with complaints of abdominal pain and irregular bowel movements. After a thorough examination and diagnostic tests, she was diagnosed with Irritable Bowel Syndrome (IBS). The treatment plan includes Dicyclomine 10 mg daily and recommendations for dietary modifications to manage symptoms. She was scheduled for a follow-up visit in two months.

3. **Appointment Date:** March 25, 2024

**Clinic:** Springfield Rheumatology

**Healthcare Provider:** Dr. James Carter, MD

**ICD Code:** M15.9

**CPT Code:** 99213

**Disease:** Osteoarthritis

**Medication:** Naproxen 500 mg twice daily

**Visit Summary:**

During this visit, Emily reported persistent joint pain in her knees and hands. After physical examination and X-rays, a diagnosis of osteoarthritis was confirmed. She was prescribed Naproxen 500 mg twice daily for pain relief and inflammation control. Physical therapy was recommended to improve joint function and mobility.

4. **Appointment Date:** April 20, 2024

**Clinic:** Springfield Pulmonology

**Healthcare Provider:** Dr. Susan Gray, MD

**ICD Code:** J44.9

**CPT Code:** 94640

**Disease:** Chronic Obstructive Pulmonary Disease (COPD)

**Medication:** Tiotropium Inhaler daily

**Visit Summary:**

Emily reported increased shortness of breath and chronic cough. Pulmonary function tests confirmed a diagnosis of Chronic Obstructive Pulmonary Disease (COPD). She was prescribed a Tiotropium Inhaler for daily use and advised to avoid environmental irritants. A follow-up appointment was scheduled for three months.

5. **Appointment Date:** May 15, 2024

**Clinic:** Springfield Dermatology

**Healthcare Provider:** Dr. Ellen Adams, MD

**ICD Code:** L40.0

**CPT Code:** 11102

**Disease:** Psoriasis

**Medication:** Clobetasol Propionate Cream 0.05%

**Visit Summary:**

Emily presented with complaints of red, scaly patches on her skin. A diagnosis of psoriasis was made based on clinical examination. Clobetasol Propionate Cream 0.05% was prescribed for topical application to manage symptoms. She was instructed on proper application techniques and advised to return for a follow-up visit in six weeks.

**Summary:**

Emily Johnson's health records reflect a range of chronic conditions, including coronary artery disease, irritable bowel syndrome, osteoarthritis, chronic obstructive pulmonary disease (COPD), and psoriasis. Her treatment plans involve medications tailored to each condition, alongside lifestyle and dietary recommendations. Regular follow-ups with healthcare providers are crucial to managing her conditions effectively and ensuring her overall well-being. Emily's proactive engagement in her health management and adherence to treatment plans are vital for her continued health improvement.

**Next Steps:**

- Continue with prescribed medications and adhere to follow-up appointments.
- Implement recommended lifestyle changes and dietary modifications.
- Monitor symptoms and report any changes or concerns to healthcare providers.
- Engage in recommended physical therapy and stress management techniques.

**Provider Notes:**

Emily is a diligent patient who actively participates in her healthcare management. Her adherence to treatment plans and proactive approach to addressing her symptoms will contribute significantly to managing her chronic conditions and enhancing her quality of life.