



# MAKATI MEDICAL CENTER

## Home Instruction Form

SANTYRENE CARBITOLINOL 60 SPRAY 20ML*** LINOLEIC ACID/LINOLENIC ACID/TOCOPHEROL/ANISEED	2 SPRAYS	EVERY DIAPER CHANGE	EVERY DIAPER CHANGE	MAR. 24, 2025 1200H		APPLY TOPICALLY ON AFFECTED AREA	HELPS PREVENT PRESSURE INJURIES	
ELIQUIS TABLET 25MG APOXABAN	1 TABLET	ONCE A DAY	8AM	MAR. 24, 2025 0800H		TAKE WITH FOOD	HELPS IMPROVE BLOOD FLOW AND PREVENT HARMFUL BLOOD CLOT FORMATION  ***WATCH OUT FOR ANY SIGNS OF BLEEDING SUCH AS BLEEDING GUMS/NOSE, BLOOD IN THE URINE/STOOL, SEVERE ABDOMINAL PAIN AND EASY BRUISING. CONTACT YOUR PHYSICIAN IMMEDIATELY IF ANY OF THESE OCCURS ***	DORION-DIAZ LOURDES BUENAVENTURA
FORXIGA TABLET 10MG*** DAPAGLIFLOZIN PROPANEDIOL	1 TABLET	ONCE A DAY	8AM	TO START	MAY CAUSE DIZZINESS		HELPS REGULATE BLOOD SUGAR LEVELS MONITOR CBG REGULARLY	DORION-DIAZ LOURDES BUENAVENTURA
GLIBITOR OD TABLET 30MG GLICLAZIDE	1 TABLET	ONCE A DAY	8AM	TO START	MAY CAUSE DIZZINESS		HELPS REGULATE BLOOD SUGAR LEVELS MONITOR CBG REGULARLY	DORION-DIAZ LOURDES BUENAVENTURA
HARNAL ODAS TABLET 400MCG TAMSULOSIN HCL	1 TABLET	ONCE A DAY	8PM	MAR. 25, 2025 2000H	MAY CAUSE DROWSINESS		HELPS EASE DIFFICULTY IN URINATING	DORION-DIAZ LOURDES BUENAVENTURA
IMDUR DURULE TABLET 30MG ISOSORBIDE-5-MONONITRATE	1/2 (ONE-HALF) TABLET	ONCE A DAY DO NOT TAKE IF SYSTOLIC BLOOD PRESSURE IS BELOW 90mmHg	8AM	MAR. 24, 2025 0800H	MAY CAUSE DIZZINESS		HELPS MANAGE AND PREVENT CHEST PAIN	DORION-DIAZ LOURDES BUENAVENTURA
NEBILET TABLET 5MG NEBIVOLOL	1/4 (ONE-FOURTH) TABLET	ONCE A DAY	8AM	MAR. 24, 2025 0800H	MAY CAUSE DIZZINESS		HELPS REGULATE BLOOD PRESSURE LEVELS AND HEART RATE. MONITOR BLOOD PRESSURE AND HEART RATE REGULARLY	DORION-DIAZ LOURDES BUENAVENTURA
NORVASC TABLET 5MG AMLODIPINE BESILATE	1 TABLET	ONCE A DAY	8AM	MAR. 24, 2025 0800H	MAY CAUSE DIZZINESS		HELPS REGULATE BLOOD PRESSURE LEVELS. MONITOR BLOOD PRESSURE REGULARLY	DORION-DIAZ LOURDES BUENAVENTURA
TRAJENTA TABLET 5MG LINAGLIPTIN	1 TABLET	ONCE A DAY	8AM	MAR. 24, 2025 0800H	MAY CAUSE DIZZINESS		HELPS REGULATE BLOOD SUGAR LEVELS MONITOR CBG REGULARLY	DORION-DIAZ LOURDES BUENAVENTURA
ZOCOR TABLET 20MG SIMVASTATIN	1 TABLET	ONCE A DAY	8PM	MAR. 25, 2025 2000H	MAY CAUSE MUSCLE WEAKNESS/PAIN		HELPS REGULATE BLOOD CHOLESTEROL LEVELS	DORION-DIAZ LOURDES BUENAVENTURA