

Medicine

Frequency

Breakfast

Lunch

3PM

Supper

Bedtime

1. ECGSOLIC forte cap

2x

1

1

2. HepGMP 10

1x

1

3. Corazin 7.5

3x

1/2

1/2

4. Lasix 40, 1M

3x1m

1/2 (MWF)

5. Inspri 25

4x1m

1

(MWF)

6. Coveryl 5

1x

1

7. Inderal 25, 1M

6x

1/2

8. Primog 200,

1x

1

9. Cardiomax 1gm

2x

1

1

10. Nefelot 5

1x

1

1

11. Cardizyn 60,

3x

1

1

1

12. Progol 10

1x

1

1

13. Alosatin 10

3x1m

(MWF)

1

14. Deltor 1000,

1x

1

Diagnosis:

- patient Doble and asymptomatic
- Alzheimer's Disease
- Retic osteoarthritis
- hypertension 2 on AS

Recommendation:

- patient is fit to be placed in a home care facility.



EDGAR BONTO-SANTOS II, MD FPCP
Fellow, Internal Medicine
E. Bonto-Santos II, M.D.
License # 98992
PTR # 664752

Next follow up: _____

RX

Dynatussin — #30 tabs

Sig: 1 tablet 3x a day

Co - Amoxiclav 625 mg — 14 tabs

Sig: 1 tablet 2x daily for 7 days

—
Azithromycin 500 mg — #3 tabs

Sig: 1 tablet once a day for 3 days

RX Olanzapine 10 mg — # 3 D
Sig: 1 tablet 2x daily

Centrum — # 30
Sig: 1 tab once a day

Haloperidol 5 mg — # 3 D
Sig: 1 tablet 2x daily

Valsartan + Sacubitril — # 15
Sig:

RX

TRIAMCINOLONE Acetonide #4

Sig Apply lotion to the affected areas
2-3x daily

PERMETHRIN (Lindell) 50 mg/ml 5% lotion
Sig. Apply lotion evenly from neck to toes. I
leave on for 8-12 hours then wash thorough
w/soap & water.

1. Empagliflozin 10mg/5mg - 30 tabs
+ Linagliptin

Sig 1 tab once a day

2. Apixaban 2.5 mg/tab - 30 tabs

Sig 1 tab 2x daily

3. ARI PIPRAZOLE 10mg/tab - 30 tabs
1tab once daily

4. Memantine 10mg - 40 tabs
Sig 1 tab 2x daily

5. Hydrochlorothiazide 25mg - 8 tabs

Sig 1 tablet 2x a week - after breakfast

6. Spiolto Respimat #1

Sig: 2 puffs once a day

7. CITALIZINE 10mg $\frac{1}{2}$ tab

Sig 1 tab at bed time (1-2x daily)

George M. Espia, M.D.
GEORGE M. ESPIA, M.D.

Lic. No. 0112563

S2 No. _____

PTR No. _____

FriendlyCare Clinic

Clinic Hours: Monday to Saturday
9:00 AM - 6:00 PM

Antipolo
168 Sumulong Highway
Barangay Mayamot, Antipolo City
Tel No.: 8682-3015

Cubao
2nd Flr. Metrolane Complex
P. Tuazon cor. 20th Ave., Cubao
Quezon City, Tel No.: 8421-1660

Pasig
No. 27 Shaw Boulevard
Brgy. San Antonio, Pasig City
Tel No.: 8722-2980

Lagro
Ground Floor Bonanza
Quirino Highway, Lagro
Tel No.: 8935-6920

Davao
GF SPCRD Bldg. Pichon St. cor.
Ilustre Ext., Davao City
Tel No.: (082) 222-7970

Patient's Name: AGUSTIN G. ESPIA
Age: 78 Sex: M Date: 6/8/24 Contact No.: _____

Rx

Espironolactone 25mg — # 8
Sig: 1 tab 2x a week (Tuesday + Saturday)
after breakfast

Tamsulosin 400 mcg — # 30
Sig: 1 tablet once a day

Sodium Bicarbonate 650mg — # 60
Sig: 1 tablet 2x a day

Citicoline 500 mcg — # 30
Sig: 1 tablet once a day

Memantine 10mg — # 60
Sig: 1 tablet 2x a day

Tiotropium Iododaterol (Spirolto Respiimat)
Sig: 2 puffs once a day

Rosuvastatin 10mg — # 30
Sig: 1 tablet a bedtime

Quetiapine 100mcg — # 30
Sig: 1/2 tab 2x daily

Bacitracin 10mg — # 30
Sig: 1 tablet once a day
at bedtime

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Lic. No. 0112563
S2 No. _____
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- ~~NYC. 10 Jun. 11~~
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- Citicoline 500 mcg — # 30
Sig, 1 tablet once a day
- Memantine 10mg — # 60
Sig, 1 tablet 2x a day
- Tiotropium Iododaterol (Spirolto Respimat)
Sig 2 puffs once a day
- Rosuvastatin 10mg — # 30
Sig, 1 tablet a bedtime
- Quetiapine 100mcg — # 30
Sig 1/2 tab 2x daily
- Boscitalopram 10mg — # 30
Sig, 1 tablet once a day
at bedtime

George M. Espia
GEORGE M. ESPIA, M.D.
Lic. No. 0112563
S2 No. _____
PTR No. _____

22/3/25

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Tel No.: (082) 222-7970

Patient's Name: AGUSTIN G. ESPIA

Age: 78 Sex: M Date: _____ Contact No.: _____

RX

Co-Amoxiclov 625 mg - 21 tabs
Sig: tablet 3x daily for 7 days

Clindamycin 300 mg/cap - 28
Sig: 1 cap every 6 hours for 7 days
(GAM - 12 PM - 6 PM - 12 AM)
- This is skin infection

GEORGE M. ESPIA, M.D.
Lic. No. 0112563
S2 No. _____
PTR No. _____

RX

Co-Amoxiclov 625 mg - 21 tabs
big, tablet 3x daily for 7 days

Clindamycin 300 mg/cap - 28
big: 1 cap every 6 hours for 7 days
(GAM - 12 PM - 6 PM 12 AM)

- This is skin infection

Rx

Date: 9/17/2014

Clindamycin 75mg/5ml

Sr: Take 20mL via #4
mouth three times a day
with strict aspirabi precautions
for 7 days

Date: 9/17/21

Rx

①

Biotene Spray

3

Sq: Spray in oral muosa

3x a day

②

Carbocisteine 100mg/5mL

(Lansol) (120mL) # 3

Sq: Give 5mL three times a day

③

Omeprazole 40mg # 14

Sq: take 1 tablet once a
day at breakfast

Ma. Flynda Margarita P. Liwag-Atienza, M.D., DPCP, FPCGM

Internist-Geriatrician

Specialist in the care of the older adult

ST. LUKE'S MEDICAL CENTER, Q.C.

Rm. 111, Medical Arts Building

E. Rodriguez, Quezon City

Tuesdays & Thursdays: 1:00-4:00pm

Tel. No.: 723-01-01 loc. 6111

OUR LADY OF LOURDES HOSPITAL

Rm. 429, Medical Arts Building

Sta. Mesa, Manila

MWF: 1:00 - 3:00 pm

Tel. No.: 716-8001 loc. 6376

Patient: Marcalan Mana Age: 67

Address: _____ Sex: F

Date: 9/7/24

Rx

Paracetamol 250ML /
5mL
(Calpol)

#3

Qy. Take 10mL evng

4 hours for fever

> 37.3 °C

S. Atienza, M.D.
Lic. No.: 86309
PTR No.: 8964170
S2 No.: _____

to find them to the left of the main

lagoon entrance.

It is a long distance from the

lagoon entrance to the

lagoon entrance - 1 mile

R

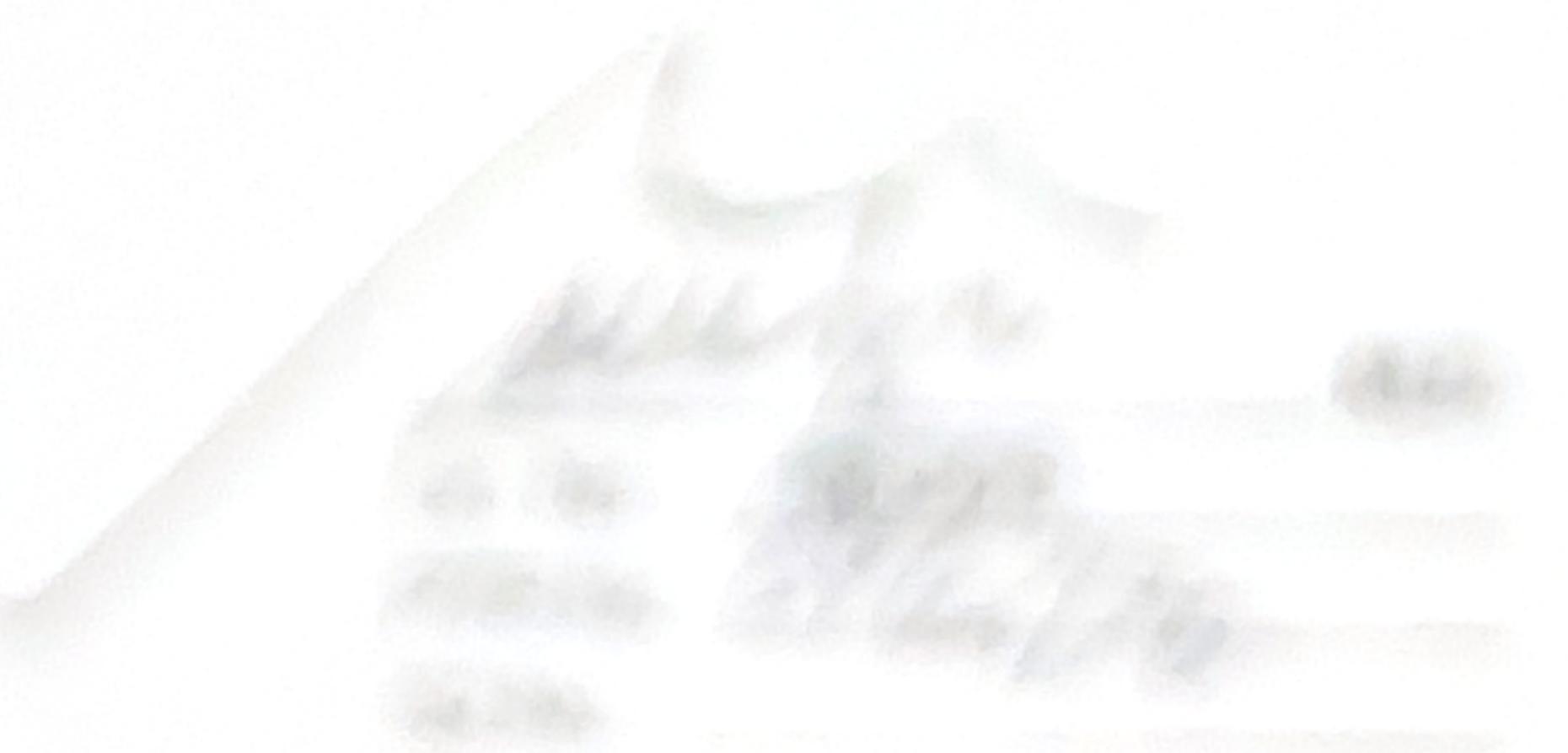
lagoon entrance

(Can)

Can you tell us

about the fish

> 3000



~~Rx~~

Date:

9/7/24

Paracetamol 250mL /
5mL
(Calpol)

#3

Qn. Take 10mL evg

4 hours for fever

> 37.8 °C

Ma. Flynda Margarita P. Liwag-Atienza, M.D., DPCP, FPCGM

Internist-Geriatrician

Date:

Name: Marealar Matis

Age/Sex:

67/4

MEDICATION SCHEDULE

Other Instructions:

Rx

- 7 Essentiale Jits cap + 200
van Anan
- > Hepsann 300 SD + 100
Driek!
- > Corvalan 7-5g + 200
Twee
- > Larix 40g ± 100
Espresso
- > Drenpa 20g ~ 100
Onder
- > Coenzyl 5g + 100
Ergof 500
- > Nardianc 20g + 100
Janne
- > Primaf 20g + 100
prijs
- > Cardiomax 20g ~ 200
abt.
- > Mellet 5g + 100
Sedans
- > Cardiogyr 20g + 300
- > Plogut 70g ~ 100
Celydyl
Pudd.
- > Roswini 16 ~ 100
- > Dafilon 1000g ~ 100
Roswilt Hopaide

88 AD

2