

## Word Search for Martial Arts

C	O	N	T	R	O	L
N	O	H	A	R	M	B
N	L	F	O	C	U	S
D	E	F	E	N	C	E
F	S	E	L	F	E	R
R	E	S	P	E	C	T

Control  
Defence

No harm  
Focus

Respect  
Self