

We'll take derivative from a $\theta_{c,k}$ which pertains to a c
 this will make the derivative easier to see.

$$L(P(X, y)) = \sum_{i=1}^m \{ \log(P(y=c)) + \sum_{k=1}^n \log \theta_{c,k}^{x_{ck}^i} \} + \lambda \left(\sum_{k=1}^n \theta_{c,k} - 1 \right)$$

$$\frac{\partial(P(X, y))}{\partial \theta_{c,k}} = \sum_{i=1}^m \left\{ 0 + \frac{1}{\theta_{c,k}} 1^{x_{ck}^i} \right\} + \lambda = 0$$

Because we are differentiating for a particular $\theta_{c,k}$ hence
 only one term from $\lambda \sum_{k=1}^n \theta_{c,k}$ can be differentiated to 1.
 the rest are constants.

$1^{x_{ck}^i}$: indicates the presence of word k in group c in sentence i
 so if the word k exist in sentence i group c the
 value is 1 otherwise it is 0.

$$\frac{\partial(P(X, y))}{\partial \theta_{c,k}} = \frac{1}{\theta_{c,k}} \sum_{i=1}^m 1^{x_{ck}^i} + \lambda = 0 \Rightarrow \theta_{c,k} = \frac{-\sum_{i=1}^m 1^{x_{ck}^i}}{\lambda} \quad (*)$$

$$\text{since } \sum_{k=1}^n \theta_{c,k} = 1 \Rightarrow \sum_{k=1}^n \theta_{c,k} = \frac{-\sum_{k=1}^n \sum_{i=1}^m 1^{x_{ck}^i}}{\lambda} = 1$$

$$\Rightarrow \lambda = - \sum_{k=1}^n \sum_{i=1}^m 1^{x_{ck}^i}$$

\Rightarrow replace λ in $(*)$