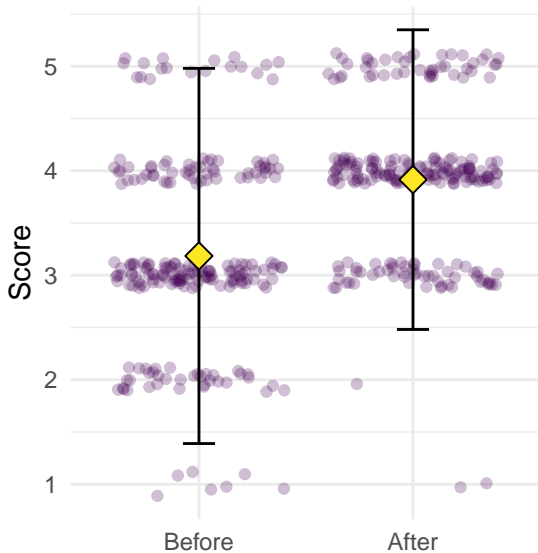
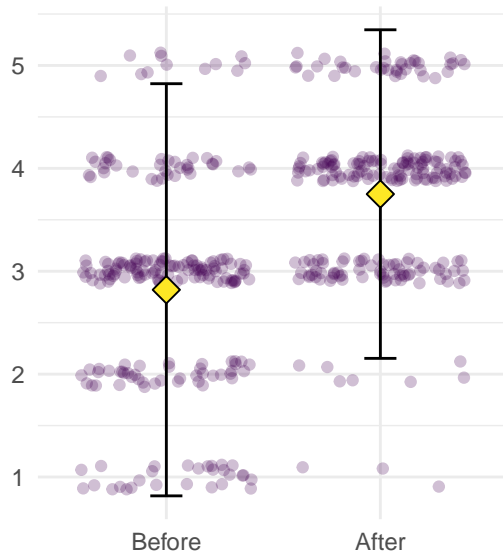


Self Reported Sleep Knowledge

Sleep's Effects on Body



Sleep Hygiene



Raw data and mean and 95% error bars