UNDERSTANDING JUNGIAN TYPE – A PRACTIAL GUIDE

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JTI profil systemet er udviklet af den Schweizisk psykolog Carl Gustav Jung. JTI inddeler mennesker i 16 kasser.

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| --- | --- | --- | --- | --- | --- |
|  | S | S | N | N |  |
| I | ISTJ | ISFJ | INFJ | INTJ | J |
| I | ISTP | ISFP | INFP | INTP | P |
| E | ESTP | ESFP | ENFP | ENTP | P |
| E | ESTJ | ESFJ | ENFJ | ENTJ | J |
|  | T | F | F | T |  |

Steder hvor JTI kan anvendes meningsfuldt:

* Selverkendelse og udvikling
* Valg af uddannelse, profession og karriere
* Individuel vejledning
* (Marriage guidance)
* udvikling kommunikation og fælles forståelse mellem mennesker
* Problem løsning og konflikt håndtering
* Udbygge samarbejde og psyko-social klima på arbejdspladsen
* Undervisning og læring
* Udbygge lederskab og ledelse
* Team building

De fire dimensioner i en personlighed:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Ekstrovert | E |  | I | Introvert |
| Sansende | S |  | N | iNtuition |
| Tænkende | T |  | F | Følende |
| Judging | J |  | P | Perceiving |

De fire områder følger et mønster:

ENERGI: (hvad det primært er rettet mod)

Ekstrovert

Prefer letting the energy flow towards the outer world of people, objects and events. Feel energised by activity interacting with the outer world. Get involved in what is going on, typical sequence of act-think-act.

Introvert:

Prefer letting energy flow towards the inner world of ideas, feelings and sensations. Feel energised by immersion in the inner world of experience. Comtemplate things, typical sequence of think-act-thnik.

Perception (Hvad er det primære fokus):

Sansning

Prefer attending to facts of the situation here and now, as percived by the five senses. Realistic, astute observers with an eye for detail; practical and down-to-earth.

iNtuition

Prefer scanning situations for patterns, connections and future possibilities. Search for new inspiration; use abstract imagination to try and grasp ”the big picture”

Judgement (Hvordan tages beslutninger typisk)

Thinking:

Prefer making judgements by applying objective reason to relevant information. Concerned whether decitions make sense in terms of impartial logic.

Feeling

Prefer making judgements by a value-based weighing of the issues. Concerned whether decitions make sense of principles of right or wrong.

Lifestyle (Hvordan man typisk omgås den ydre verden)

Judging

Prefer a structured, organised and planful way of life. Seek closure, controle and conclusions.

Perceiving

Prefer an ope, flexible and spontanious way of life. Seek freedom to keep options open ad explore more.