

TMSMultiLab protocol sheet

P _____ E _____ S _____ ID _____ V _____

Date: ____/____/202__ Time: ____:____ to ____:____ Height: _____ cm Weight: _____ kg Arm length: _____ cm

Researcher(s): ____/____/____/____ Consent ☐ Safety ☐ Data backup ☐**EQUIPMENT AND RECORDINGS****TMS:** BiStim / BiStim_Mode (---) / Magstim Rapid^2 / Other _____**Coil(s):** Large fig-8 flat / Small fig-8 flat / Small fig-8 branding / Double cone**Muscle1:** FDI / The / ADM / FDS / EDC / Brac / Tri / Del / Pec / BB / Other _____ L | R**Muscle2:** FDI / The / ADM / FDS / EDC / Brac / Tri / Del / Pec / BB / Other _____ L | R**Muscle3:** FDI / The / ADM / FDS / EDC / Brac / Tri / Del / Pec / BB / Other _____ L | R**Muscle4:** FDI / The / ADM / FDS / EDC / Brac / Tri / Del / Pec / BB / Other _____ L | R**TMS THRESHOLDS****Method:** MEPs>0.05mV / PEST / Visible twitch / Approximate / Other _____**Muscle:** FDI / The / ADM / FDS / EDC / Brac / Tri / Del / Pec / Bic / Other _____ L | R**Head:** _____ cm nas-in _____ cm L-R ear _____ cm N-E-I **Ethnicity:** _____***Reference:** Vertex _____ Inion _____ Other _____**Location:** L / mid / R _____; _____ cm RIGHT*, _____ cm FORWARD* of **Reference**

Thresholds measured	Intensity	Criterion (e.g., 5/10)	Orientation
Rest / Iso _____ % / Mov 0.05 / 0.20 / 1mV	_____ % MSO	____/____; mean of _____;	○
Rest / Iso _____ % / Mov 0.05 / 0.20 / 1mV	_____ % MSO	____/____; mean of _____;	○
Rest / Iso _____ % / Mov 0.05 / 0.20 / 1mV	_____ % MSO	____/____; mean of _____;	○
Other _____ 0.05 / 0.20 / 1mV	_____ % MSO	____/____; mean of _____;	○

NERVE THRESHOLDS**Nerve:** Median/Ulnar/Radial/Other _____ L | R; Sensory: _____ mA; M-WAVE: _____ mA; Twitch _____ mA**Nerve:** Median/Ulnar/Radial/Other _____ L | R; Sensory: _____ mA; M-WAVE: _____ mA; Twitch _____ mA**Nerve:** Median/Ulnar/Radial/Other _____ L | R; Sensory: _____ mA; M-WAVE: _____ mA; Twitch _____ mA**Nerve:** Median/Ulnar/Radial/Other _____ L | R; Sensory: _____ mA; M-WAVE: _____ mA; Twitch _____ mA**NOTES, OBSERVATIONS**

EXPERIMENT**TMS PULSES****TMS Type:** Single pulse / Paired pulse / rTMS: _____ Hz, _____ s Single coil / Dual coil**TMS intensity1:** _____ % MSO _____ % of RMT / AMT _____ dB ____/10 annoy**TMS intensity2:** _____ % MSO _____ % of RMT / AMT _____ dB ____/10 annoy**TMS intensity3:** _____ % MSO _____ % of RMT / AMT _____ dB ____/10 annoy**TMS intensity4:** _____ % MSO _____ % of RMT / AMT _____ dB ____/10 annoy**TMS location1:** L / Mid / R Site: _____, _____ cm RIGHT _____ cm FORWARD* ☐**TMS location2:** L / Mid / R Site: _____, _____ cm RIGHT _____ cm FORWARD* ☐**TMS location3:** L / Mid / R Site: _____, _____ cm RIGHT _____ cm FORWARD* ☐**TMS location4:** L / Mid / R Site: _____, _____ cm RIGHT _____ cm FORWARD* ☐**N blocks:** _____ **N trials per block:** _____ **N pulses per trial:** _____ **Total pulses:** _____**NERVE PULSES****Nerve location1:** Median/Ulnar/Radial/Other _____ L | R, **Nerve intensity1:** _____ mA**Nerve location2:** Median/Ulnar/Radial/Other _____ L | R, **Nerve intensity2:** _____ mA**Nerve location3:** Median/Ulnar/Radial/Other _____ L | R, **Nerve intensity3:** _____ mA**Nerve location4:** Median/Ulnar/Radial/Other _____ L | R, **Nerve intensity4:** _____ mA**N blocks:** _____ **N trials per block:** _____ **N pulses per trial:** _____ **Total pulses:** _____**NOTES, OBSERVATIONS**
