

The eyes are the
window to

the soul
brain excitability

Phivos Phylactou, Ph.D.



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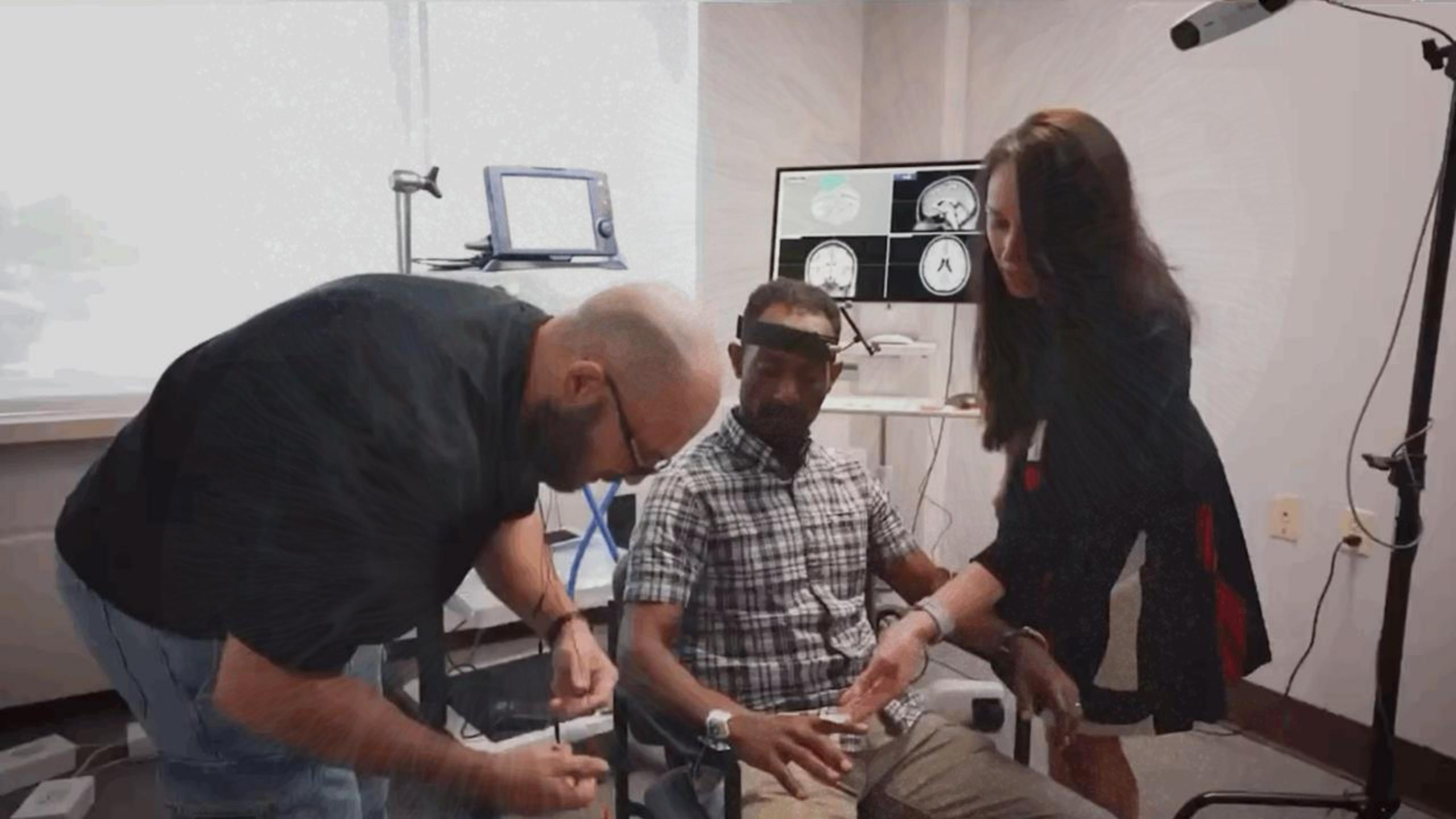
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Measuring TMS responses



TMS: Transcranial Magnetic Stimulation

Measuring TMS responses



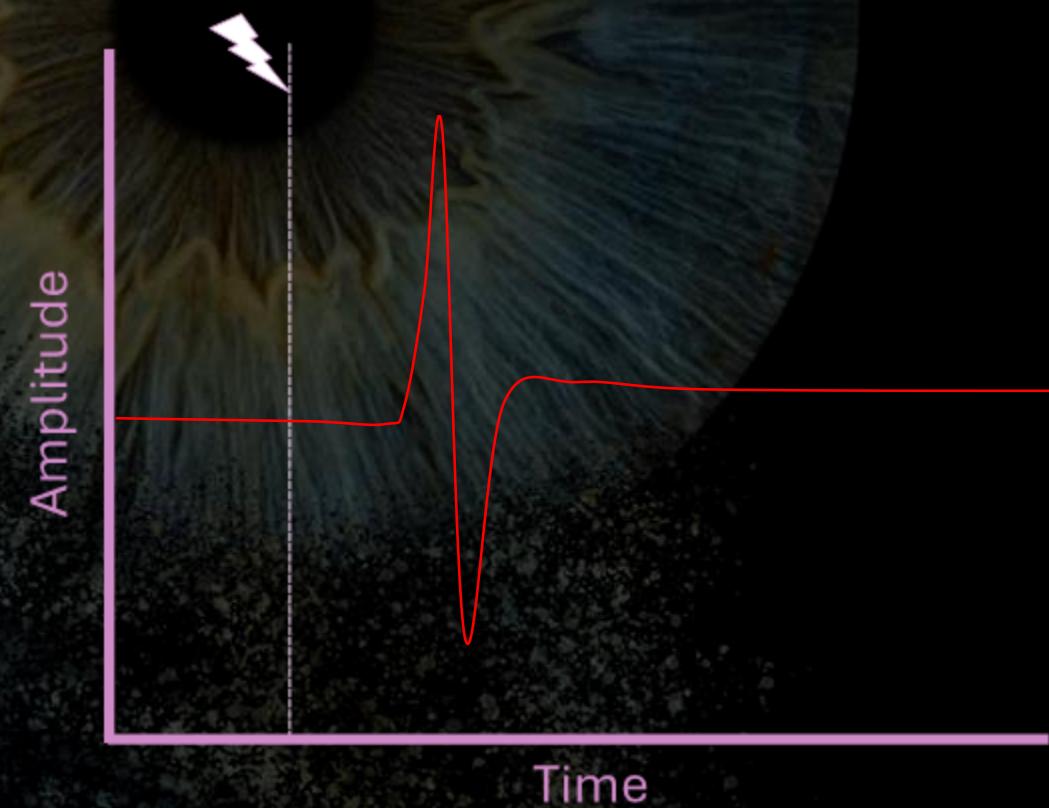
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Measuring TMS responses



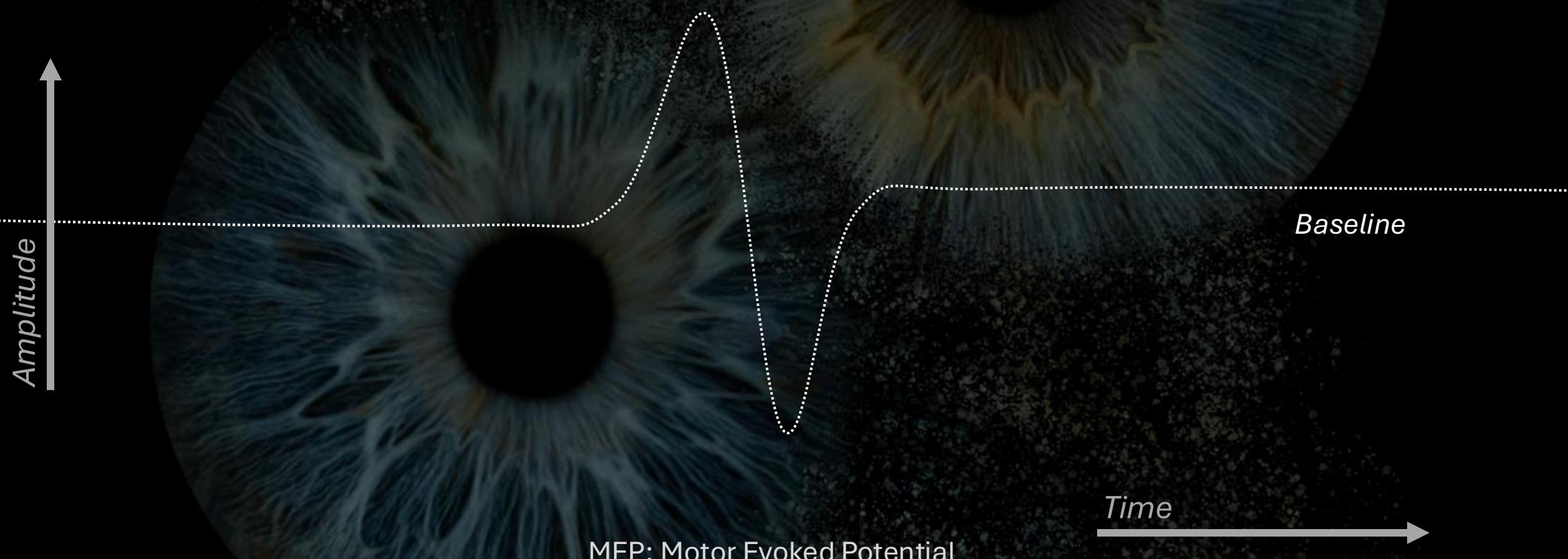
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Measuring TMS responses

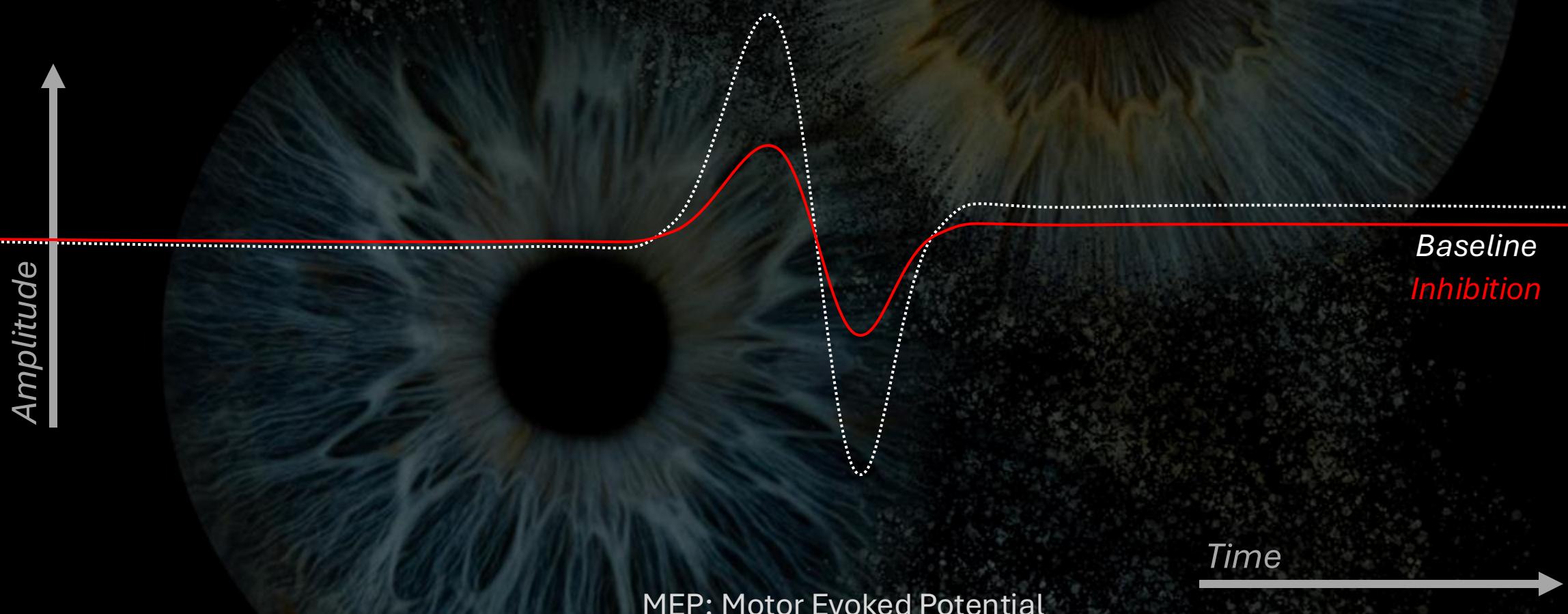


TMS: Transcranial Magnetic Stimulation

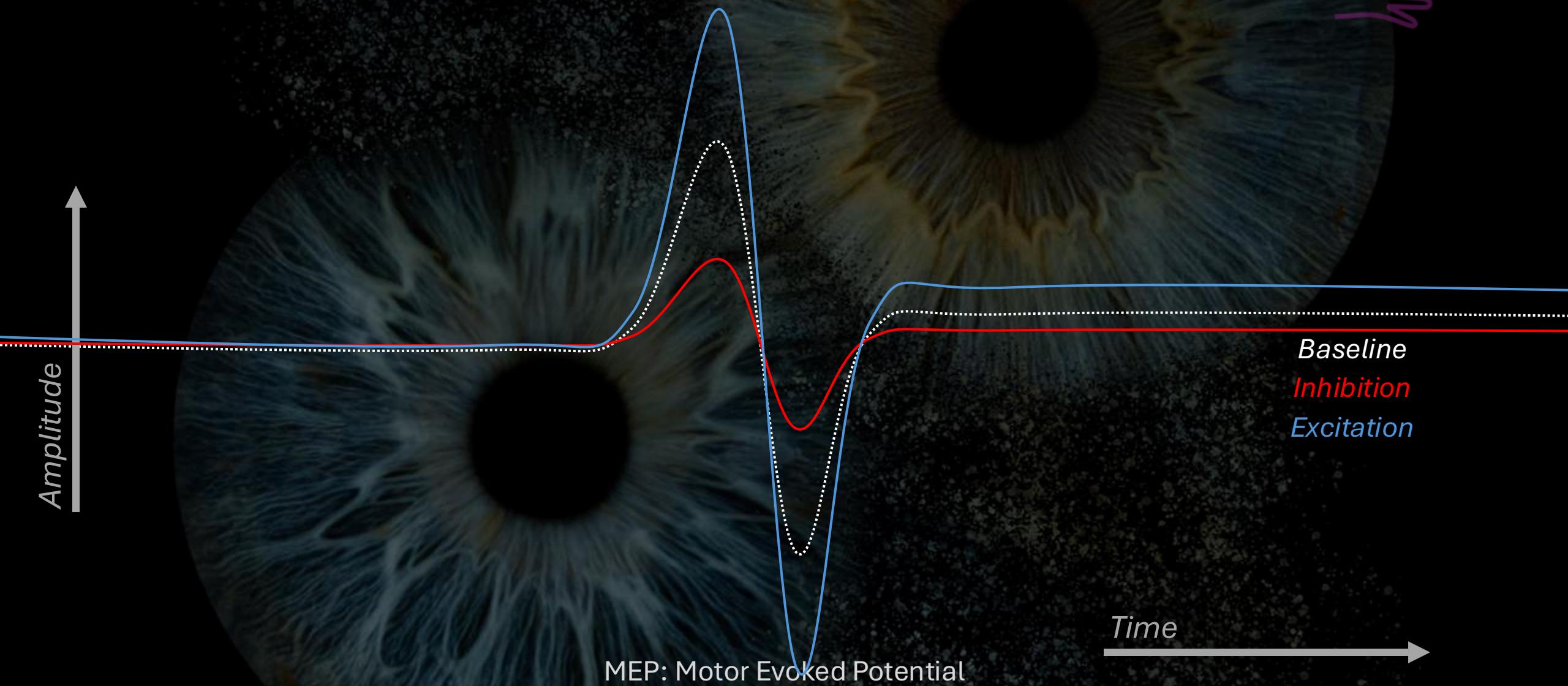
MEPs as a proxy of brain excitability



MEPs as a proxy of brain excitability



MEPs as a proxy of brain excitability

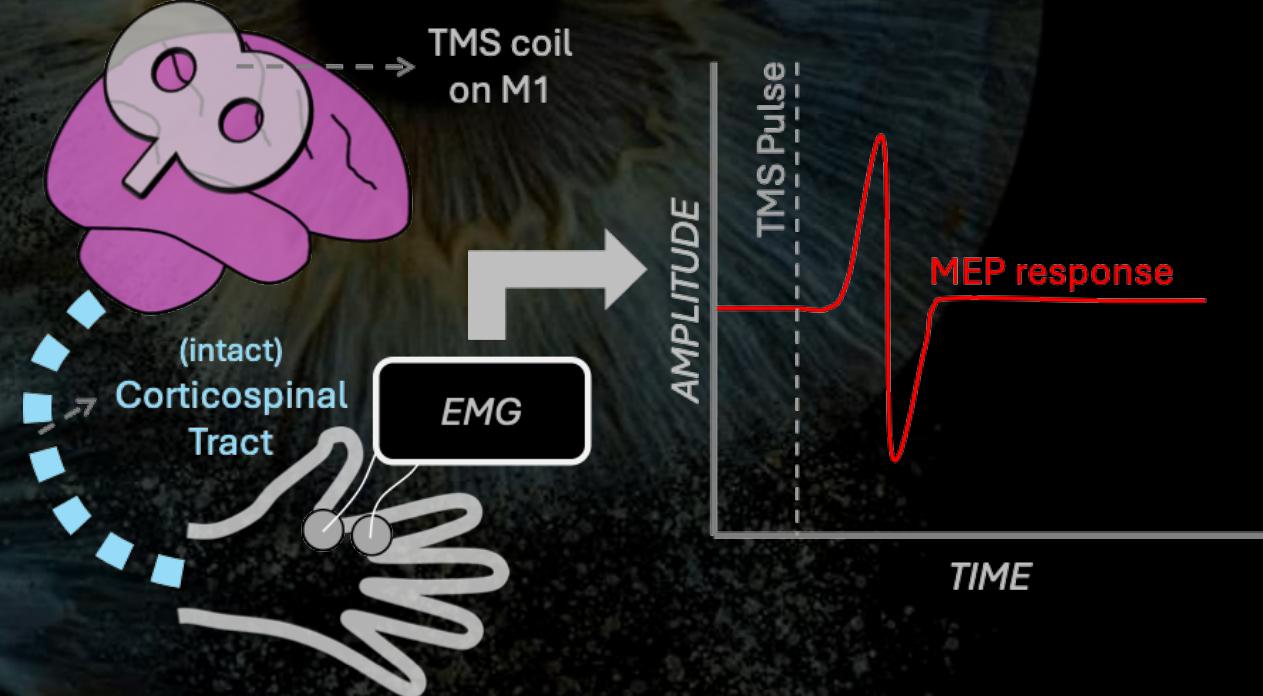


But there's a problem...



Limitations

- Excludes individuals with damage along the pathway
- Restricted within M1



Alternatively...

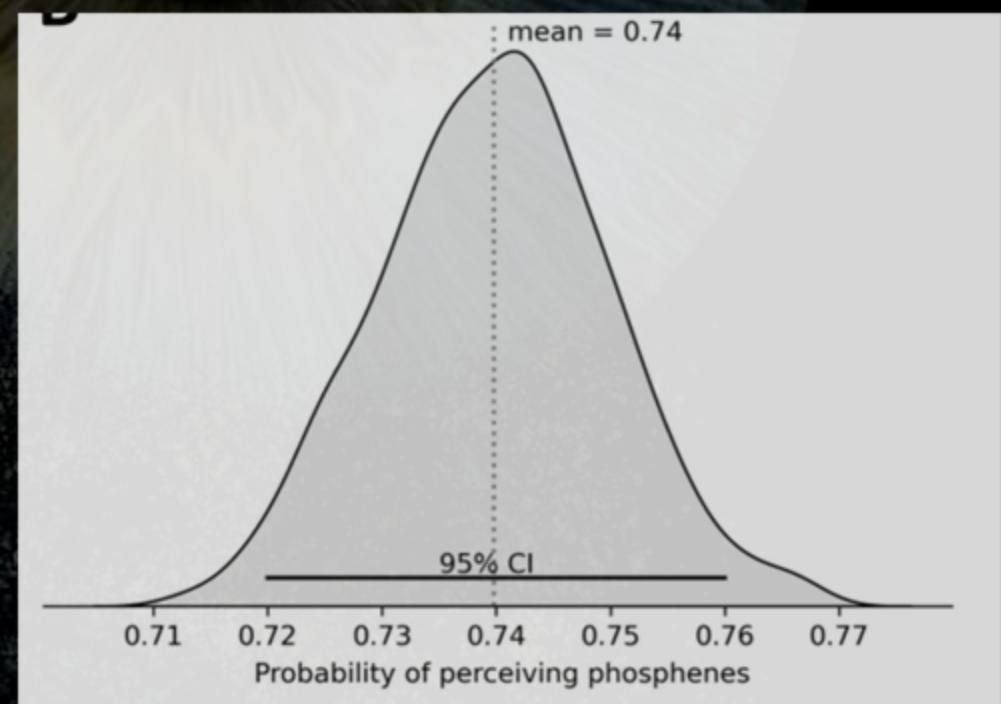
CORRESPONDENCE · Volume 16, Issue 1, P23-24, January–February, 2023

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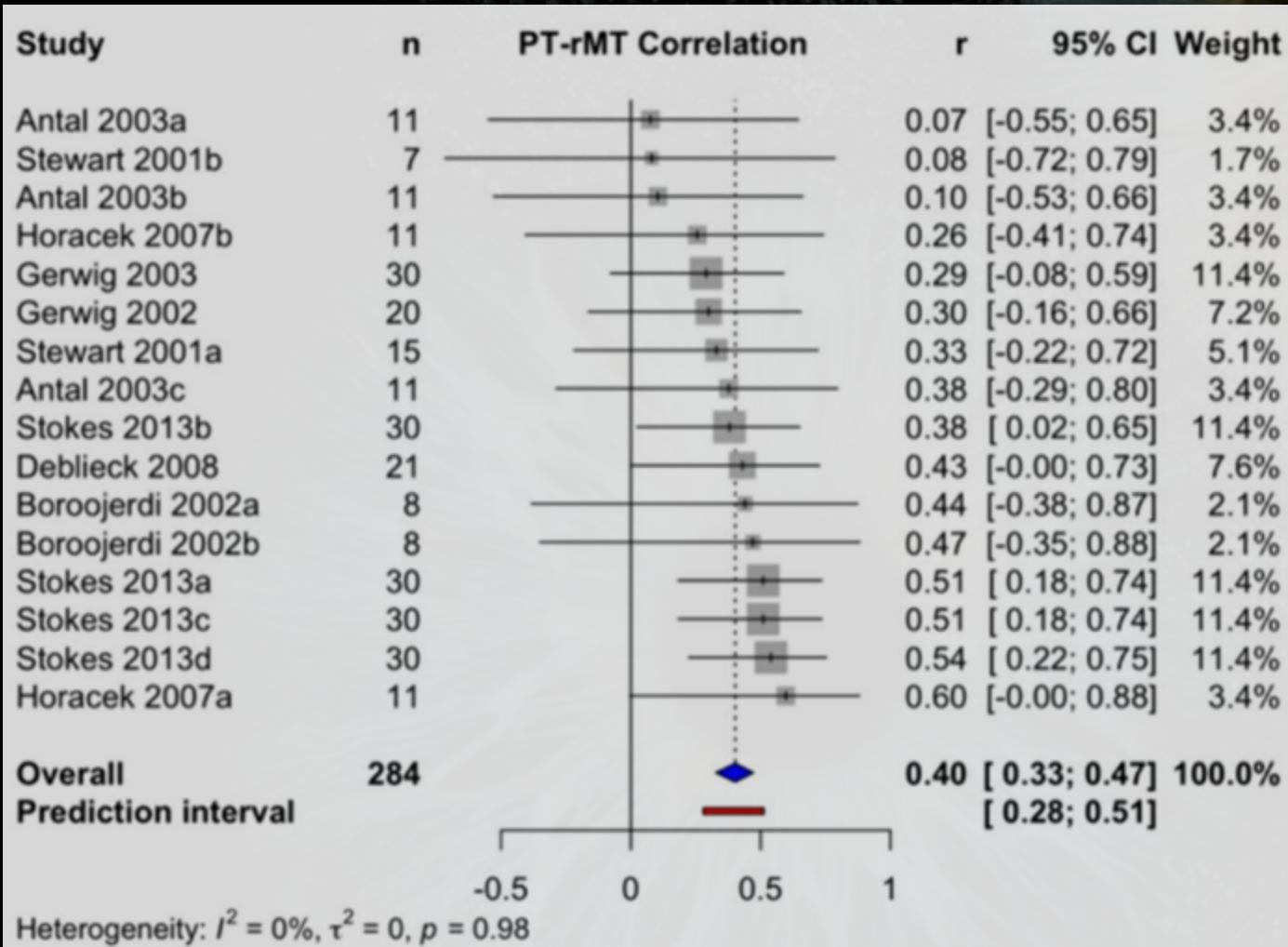
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BRAIN
STIMULATION





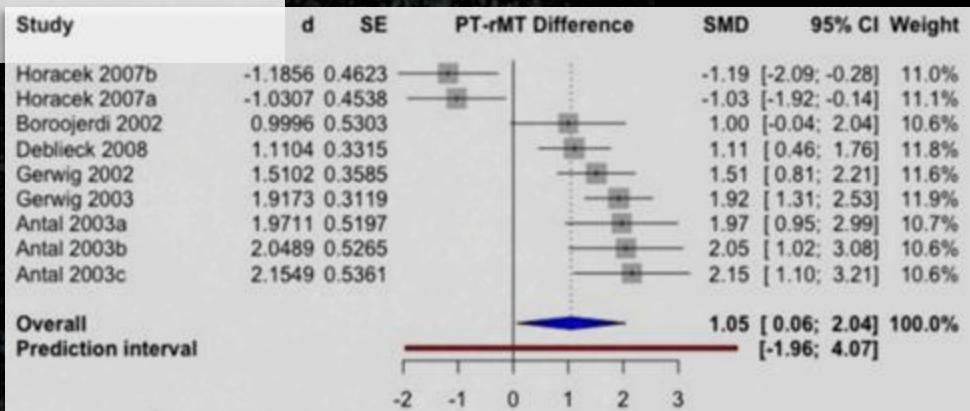
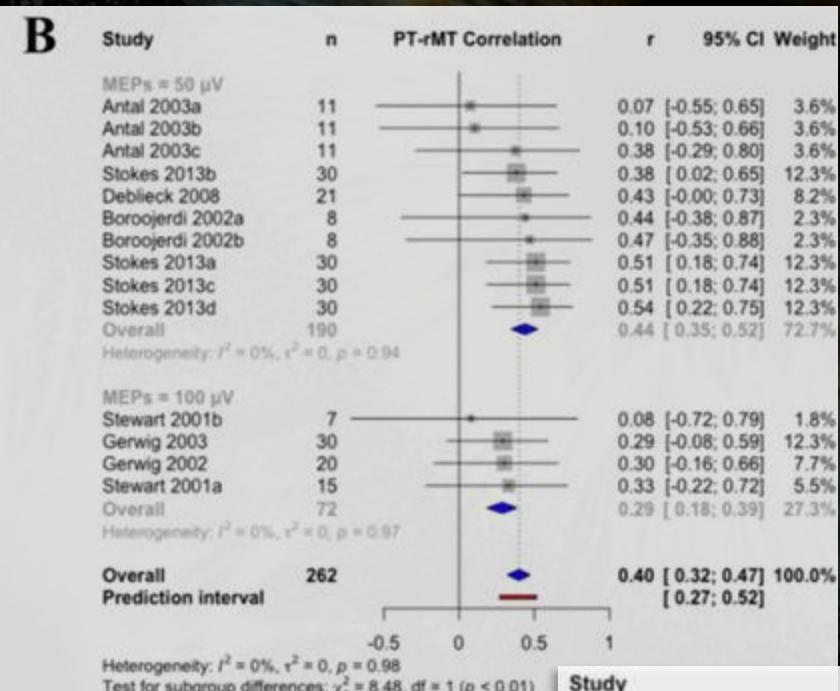
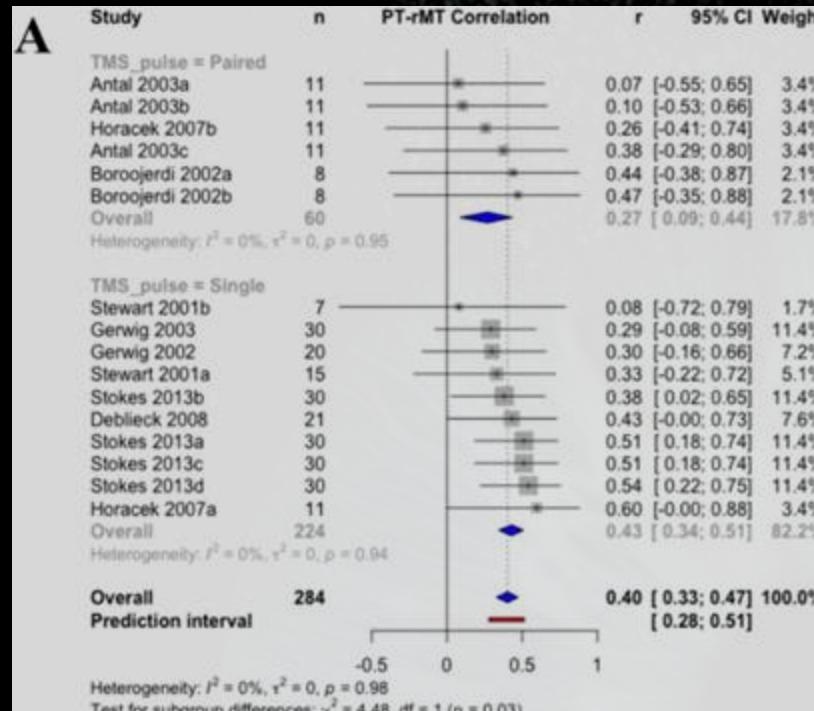
Brain excitability proxies...



Phosphene and motor transcranial magnetic stimulation thresholds are correlated: A meta-analytic investigation

P. Phylactou ^{a b}, T.N.M. Pham ^b, N. Narskhani ^b, N. Diya ^b, D.A. Seminowicz ^c, S.M. Schabrun ^{a b}

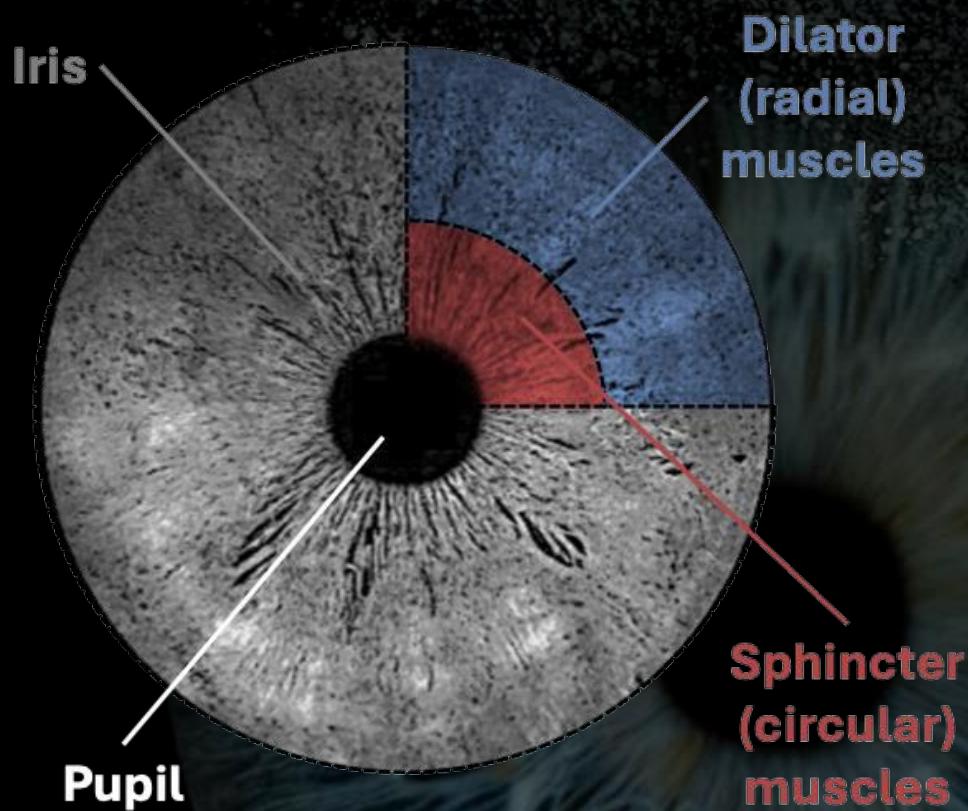
Brain excitability proxies...





A new measure?

Pupil response and cortical plasticity



Cognitive Neurodynamics (2025) 19:29
<https://doi.org/10.1007/s11571-024-10208-8>

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Unraveling the functional complexity of the locus coeruleus-norepinephrine system: insights from molecular anatomy to neurodynamic modeling

Chun-Wang Su^{1,2} • Fan Yang^{1,2} • Runchen Lai^{1,2} • Yanhai Li¹ • Hadia Naeem^{1,2} • Nan Yao³ • Si-Ping Zhang^{1,2} • Haiqing Zhang⁴ • Youjun Li^{1,2} • Zi-Gang Huang^{1,2}

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Pupil diameter covaries with BOLD activity in human locus coeruleus

Peter A. Murphy Redmond G. O'Cendall, Michael O'Sullivan, Ian M. Robertson, Joshua H. Balsters

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Siddhartha Joshi² • EF • Yun Li³ • Rishi M. Kalwani² • Joshua I. Gold¹

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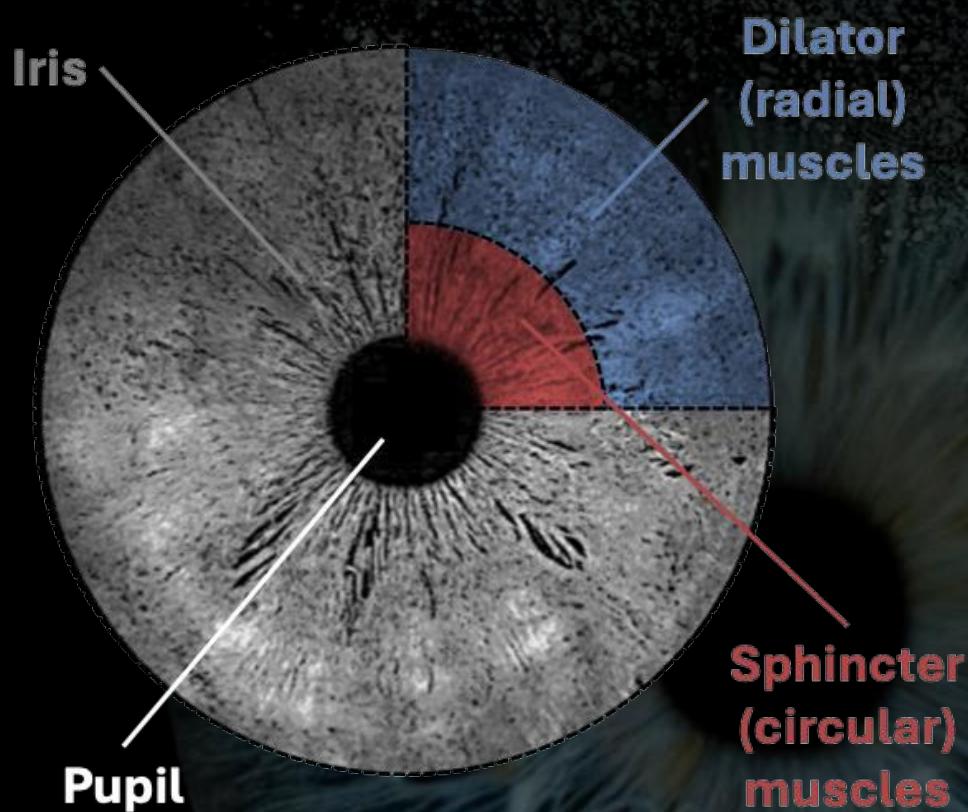
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From pupil to the brain: New insights for studying cortical plasticity through pupillometry

Alessia Viglione^{1*}, Raffaella Mazzitelli¹ and Tommaso Pizzorusso²

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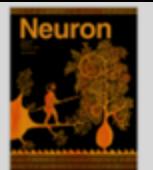
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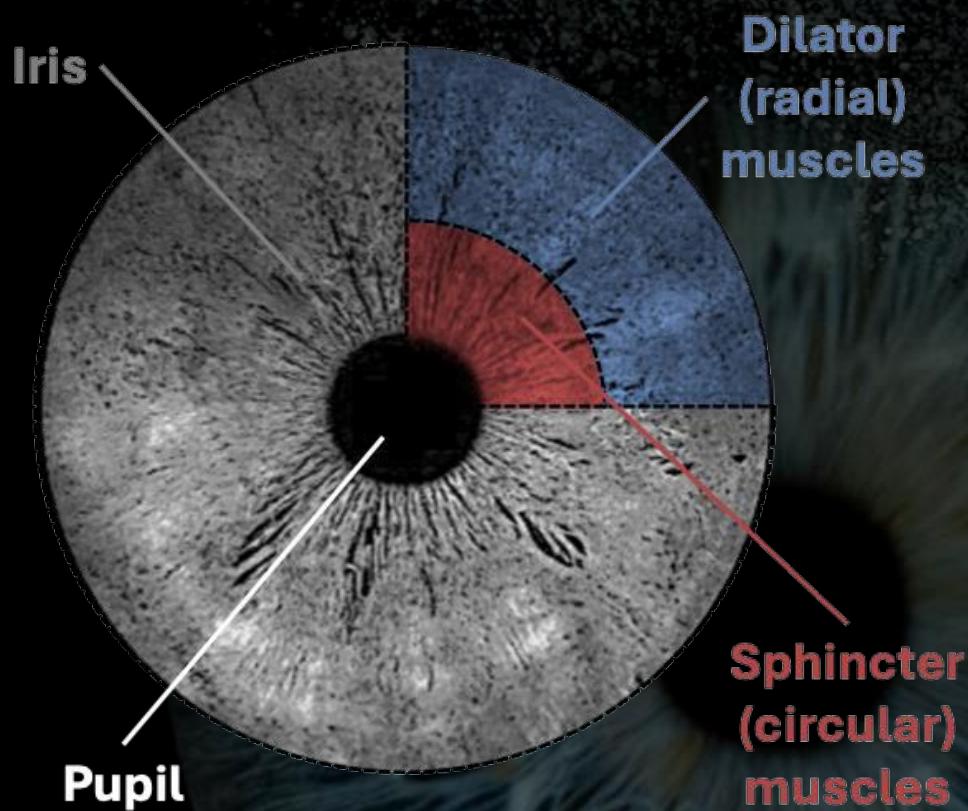


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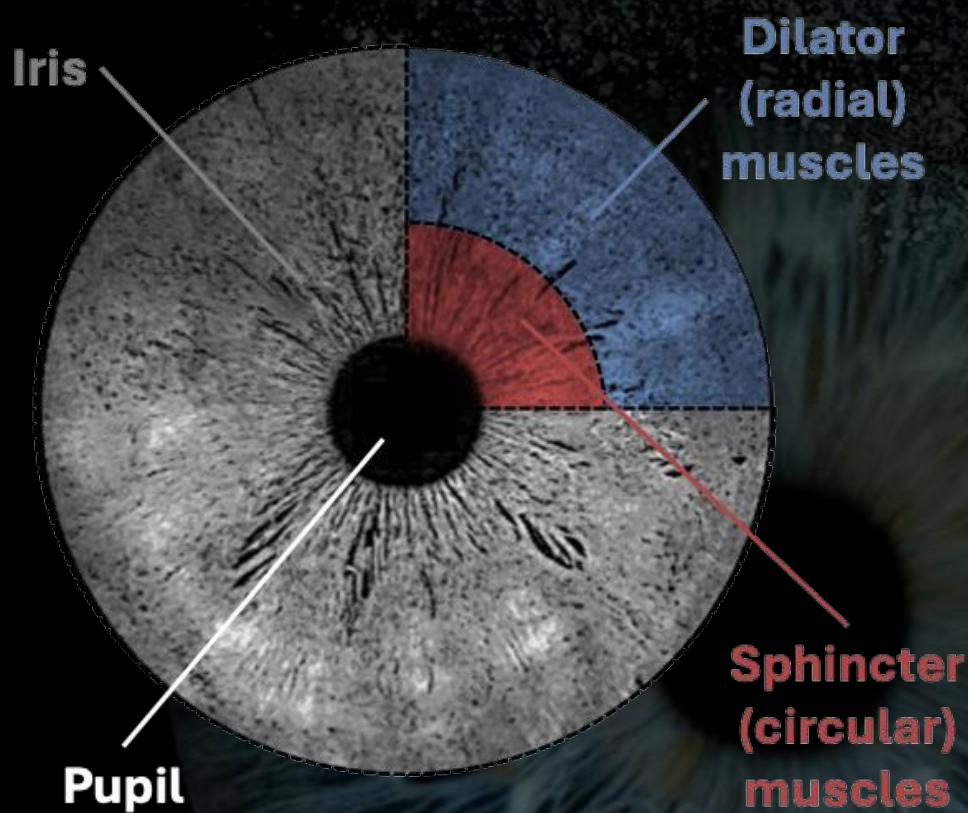
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Locus Coeruleus & TMS

Pupil & TMS

Clinical Neurophysiology
Volume 114, Issue 10, October 2003, Pages 1834-1840

The α_2 -adrenergic agonist guanfacine reduces excitability of human motor cortex through disinhibition and increase of inhibition

Alexei Korchounov, Tihomir V Ilic, Ulf Ziemann

Acute and Chronic Noradrenergic Effects on Cortical Excitability in Healthy Humans

Hsiao-I Kuo, PhD, Walter Paulus, MD, Giorgi Batsikadze, PhD, Asif Jamil, PhD, Min-Fang Kuo, PhD, Michael A Nitsche, MD Author Notes

International Journal of Neuropsychopharmacology, Volume 20, Issue 8, August 2017, Pages 634–643, <https://doi.org/10.1093/ijnp/pyx026>

Published: 19 April 2017 Article history

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Influence of transcranial magnetic stimulation on pupil size

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Modulating cortical excitability and cortical arousal by pupil self-regulation

Marielena Liebsch Weiss^{1,2,4}, Silvia Missura^{3,4}, Weronika Potok-Szybilska^{1,2,4}, Marc Buchinger¹, Blanca J. Jusid¹, Marisol Corro-Domínguez^{1,2}, Klodian Weindl^{1,2,3} & Sarah Nadine Müssner^{1,2}

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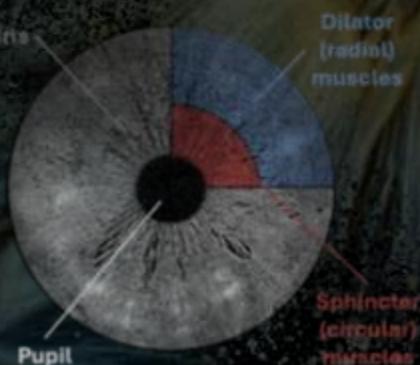
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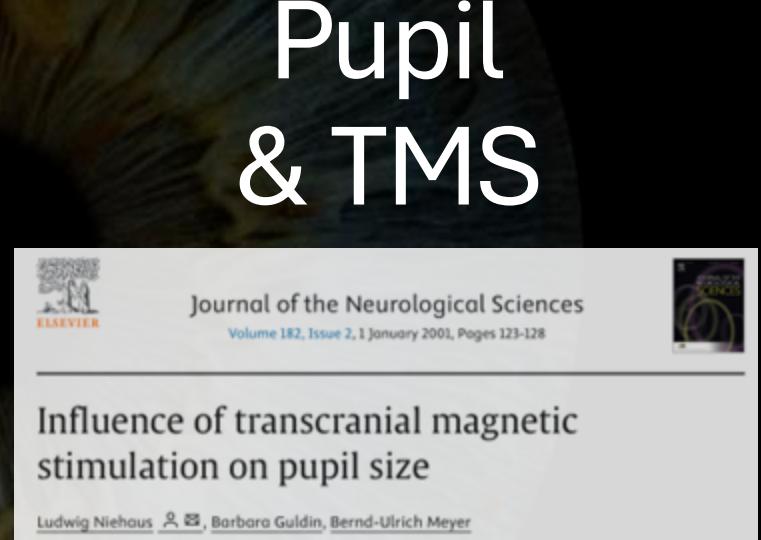
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<https://doi.org/10.1038/s41467-025-59837-6>

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Received: 29 October 2024 Accepted: 5 May 2025

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Locus Coeruleus & TMS

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International Journal of Neuropsychopharmacology, Volume 20, Issue 5, Pages 634–643, <https://doi.org/10.1093/ijnp/pyx026>
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ON DILATATION OF THE PUPIL FROM STIMULATION OF THE CORTEX CEREBRI. By J. HERBERT PARSONS, B.Sc., F.R.C.S., *Research Scholar of the British Medical Association.* (Two Figures in Text.)

(From the Physiological Laboratory, University College, London.)

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- IV. Effect of Section of the Cervical Sympathetic.
- V. Effect of Section of the III. nerve.
- VI. Effect of Section of the Corpus Callosum.
- VII. Effect of Stimulation of the Corona Radiata and Internal Capsule.
- VIII. Criticism and Conclusions.
- IX. Summary.
- Bibliography.
- Appendix.

I. HISTORY.

SEVERAL previous observers have noticed dilatation of the pupil following excitation of various parts of the cerebral cortex.

Bochefontaine⁽¹⁾ (1875) was the first to record the fact as the result of experiments upon dogs. He showed that it might occur when the animals were curarised.

Luciani and Tamburini⁽²⁾ observed both dilatation and constriction in some of their experiments.

Ferrier⁽³⁾ confirmed these results, and added further details; thus, indicating the spots stimulated by numbers, he makes the following statements:—In monkeys, “(12) Including the posterior half or two-thirds of the superior and middle frontal convolutions, the eyes widely open, the pupils dilate, and head and eyes turn to the opposite side.” “(13) and (13a) On the anterior and posterior limb of the angular gyrus respectively the eyes move to the opposite side.....usually also the pupils become contracted.” “(14) On the superior temporo-

Pupil & TMS

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October 2024 | 2025
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Elisabetta Weindl^{1,2,3}, & Sarah Nadine Missura^{1,2}

Overarching aim

Can the pupil serve as an objective measure of brain excitability?



StimuEYE

Proof-of-concept

11
8F, 3M
age 26.73 ± 3.35



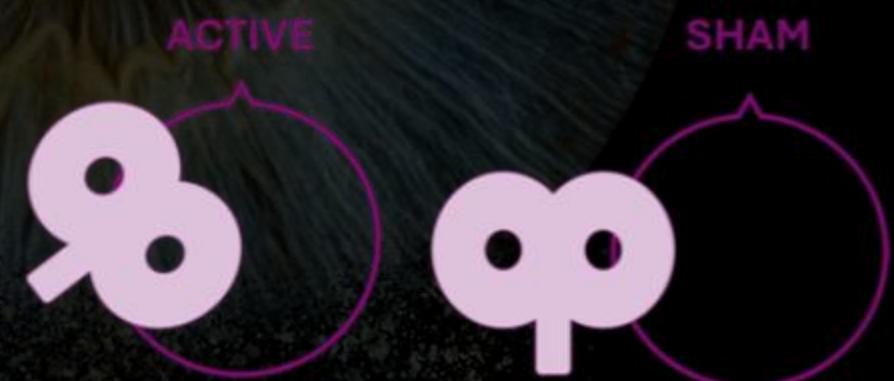
counterbalanced

100 TMS active pulses & 100 sham pulses

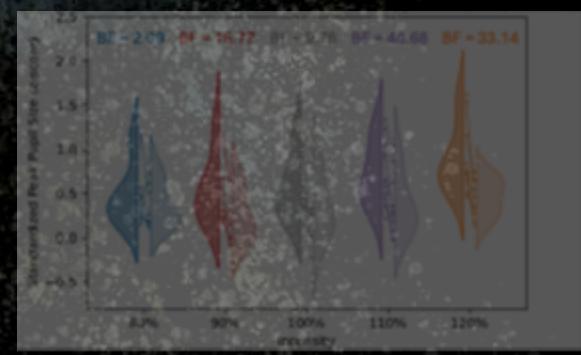
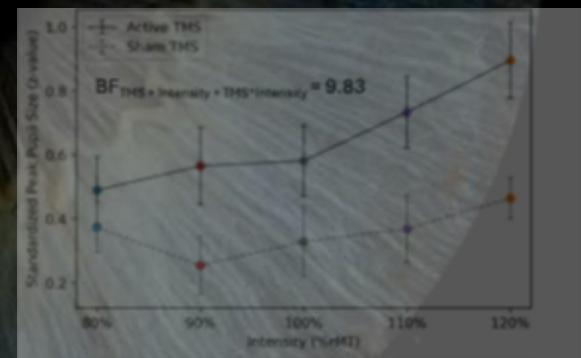
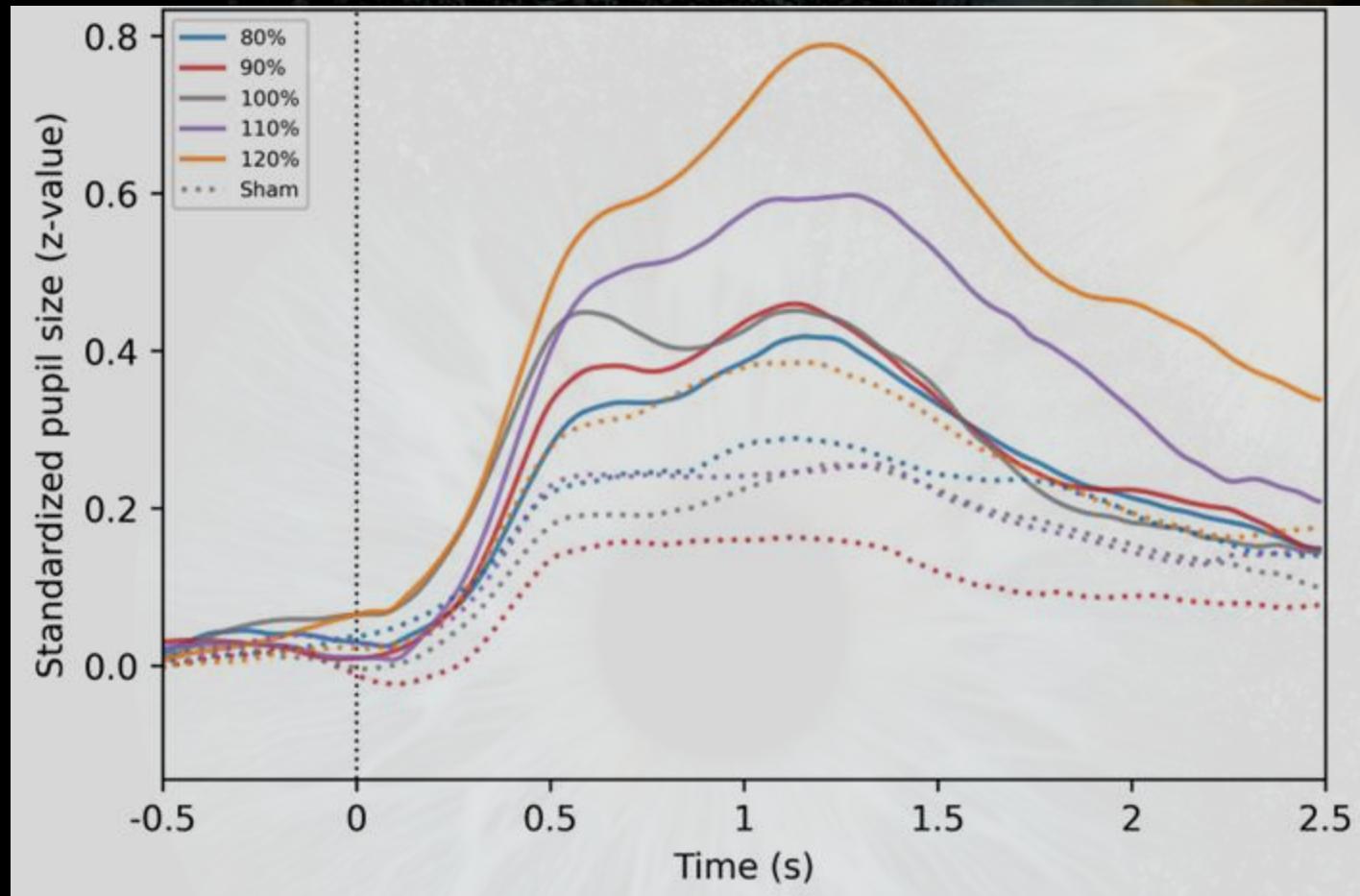
80% or rMT
90% of rMT
100% of rMT
110% of rMT
120% of rMT

random order

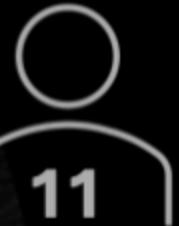
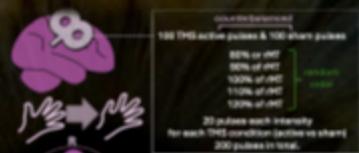
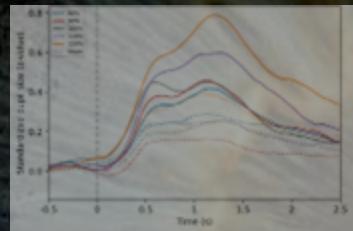
20 pulses each intensity
for each TMS condition (active vs sham)
200 pulses in total.



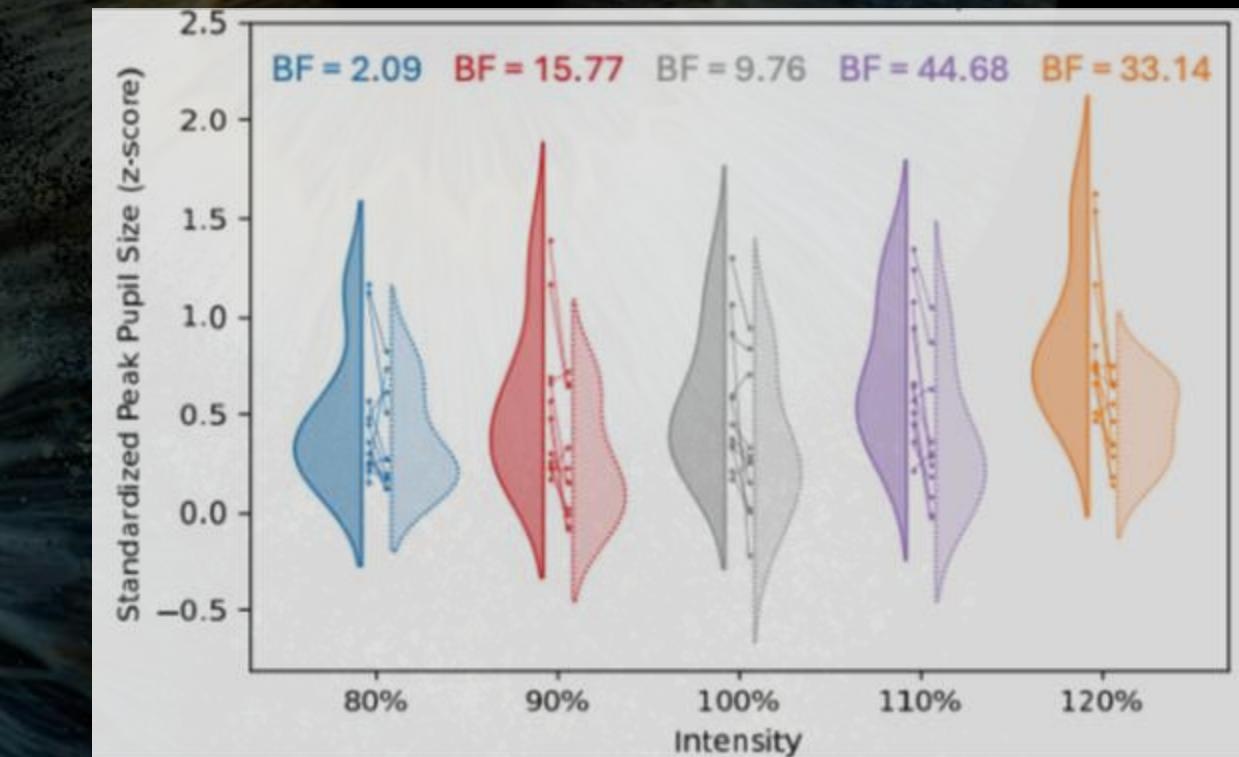
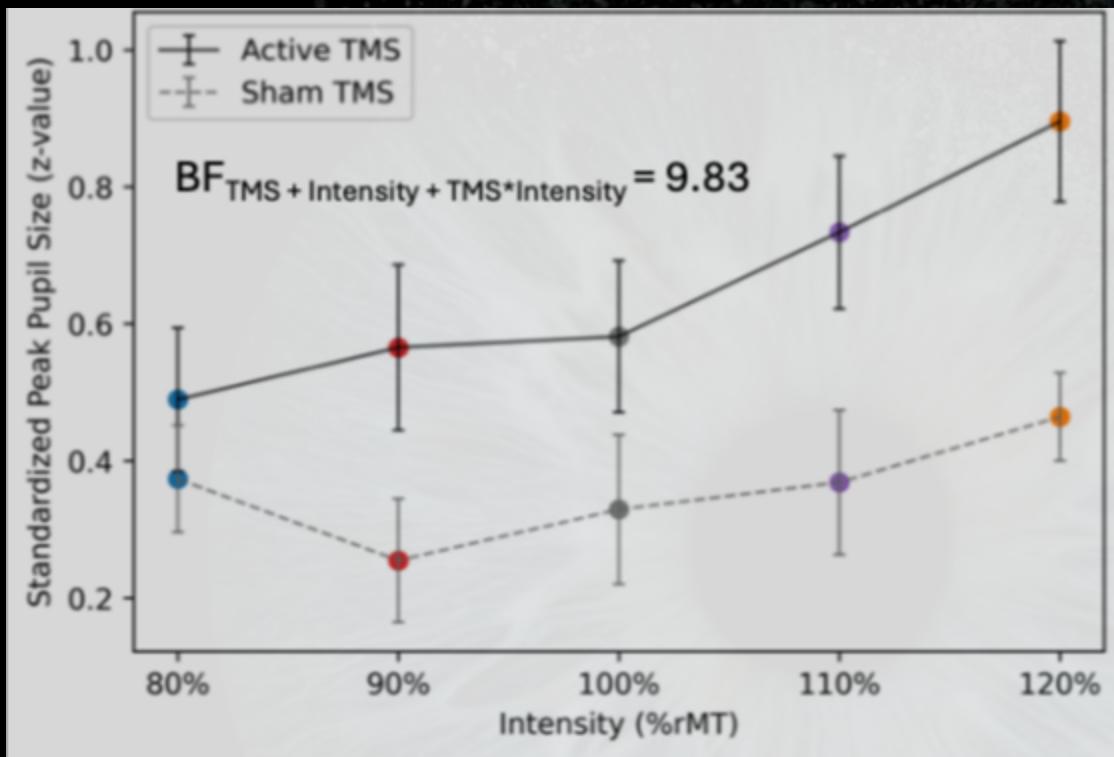
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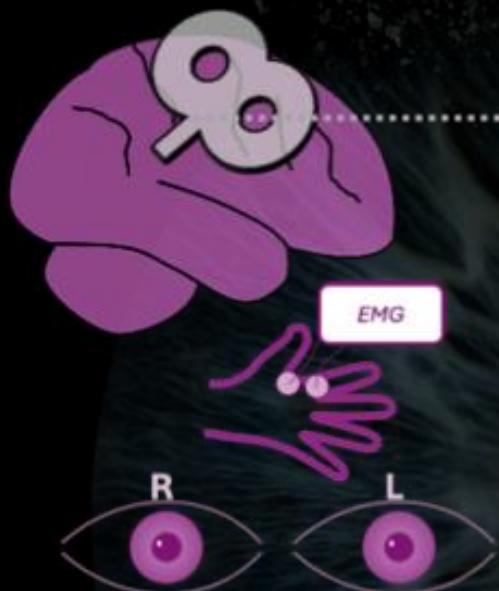


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age 26.73 ± 3.35 

Replication

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11F, 9M
age 24.65 ± 5.39



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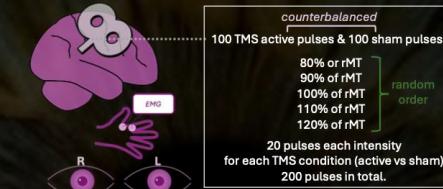
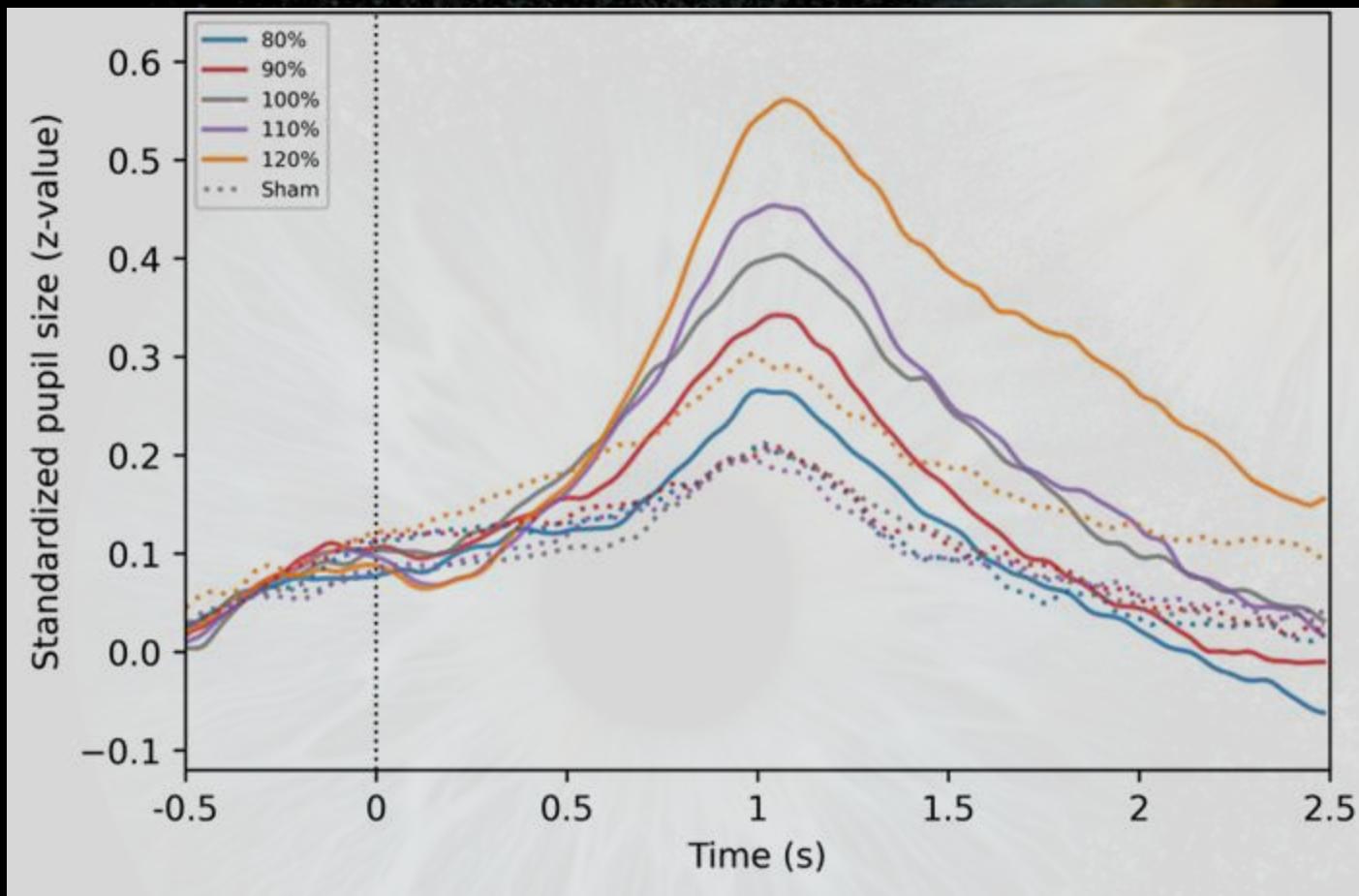
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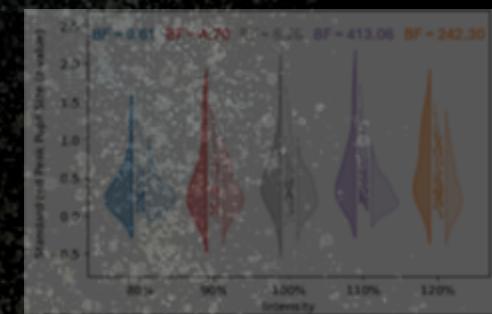
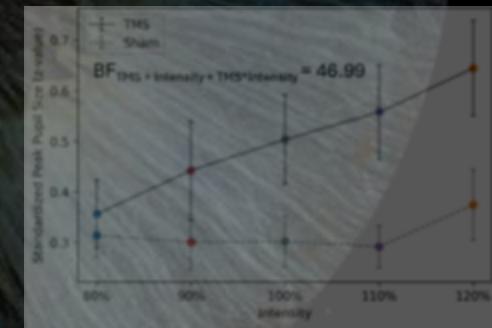
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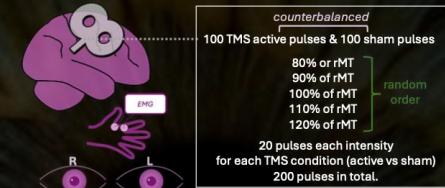
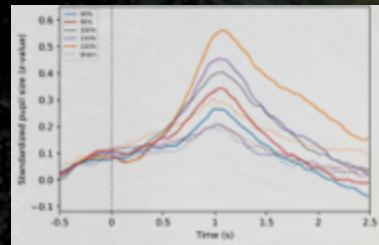
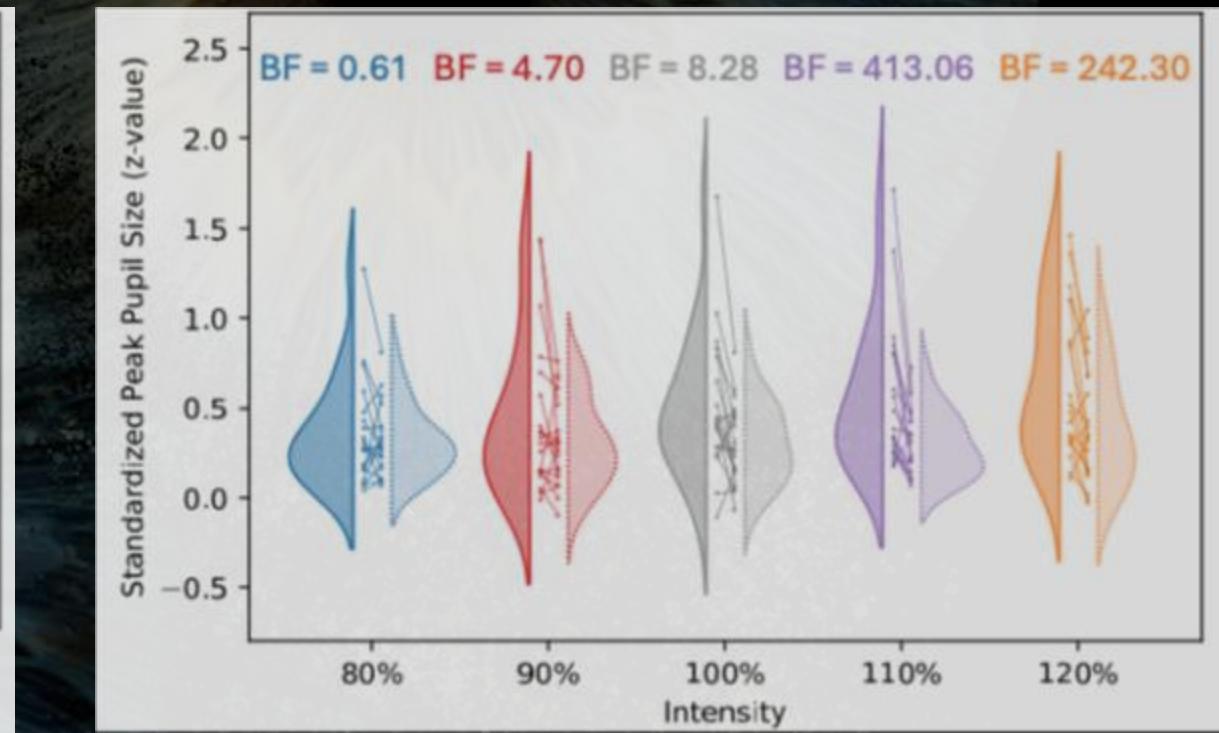
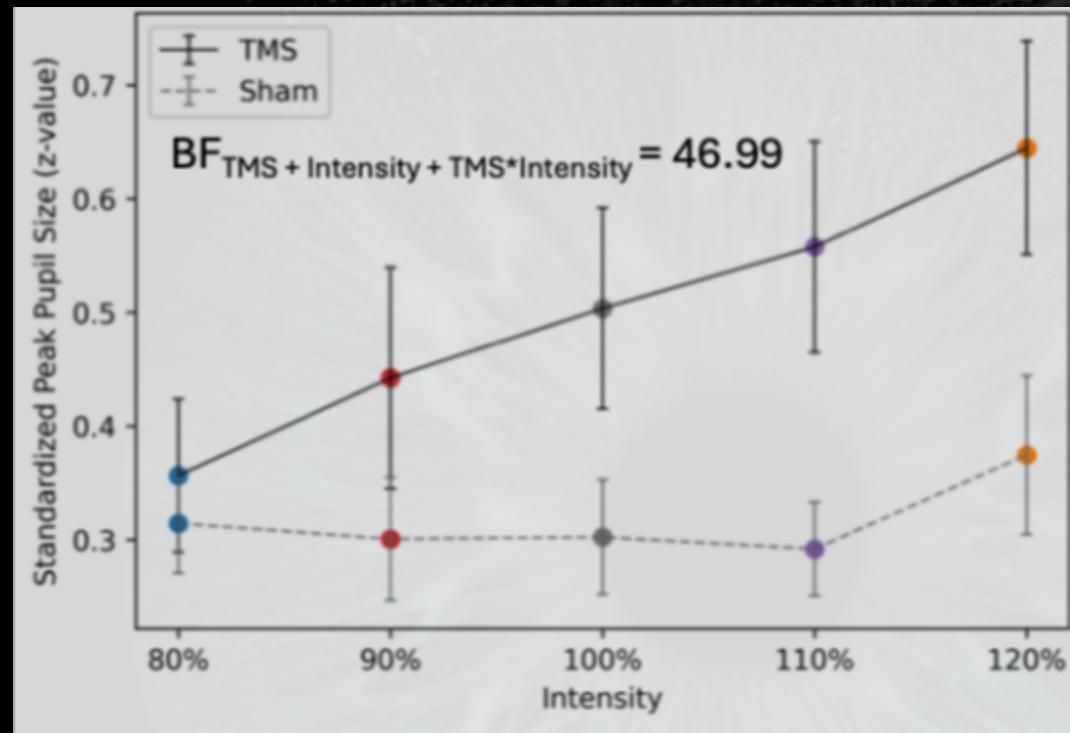
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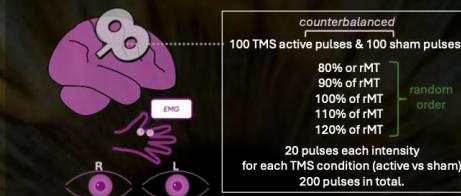


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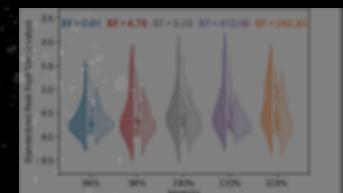
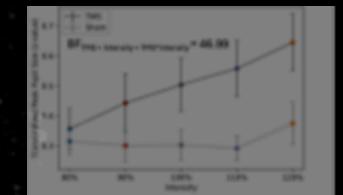
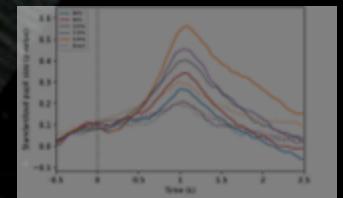
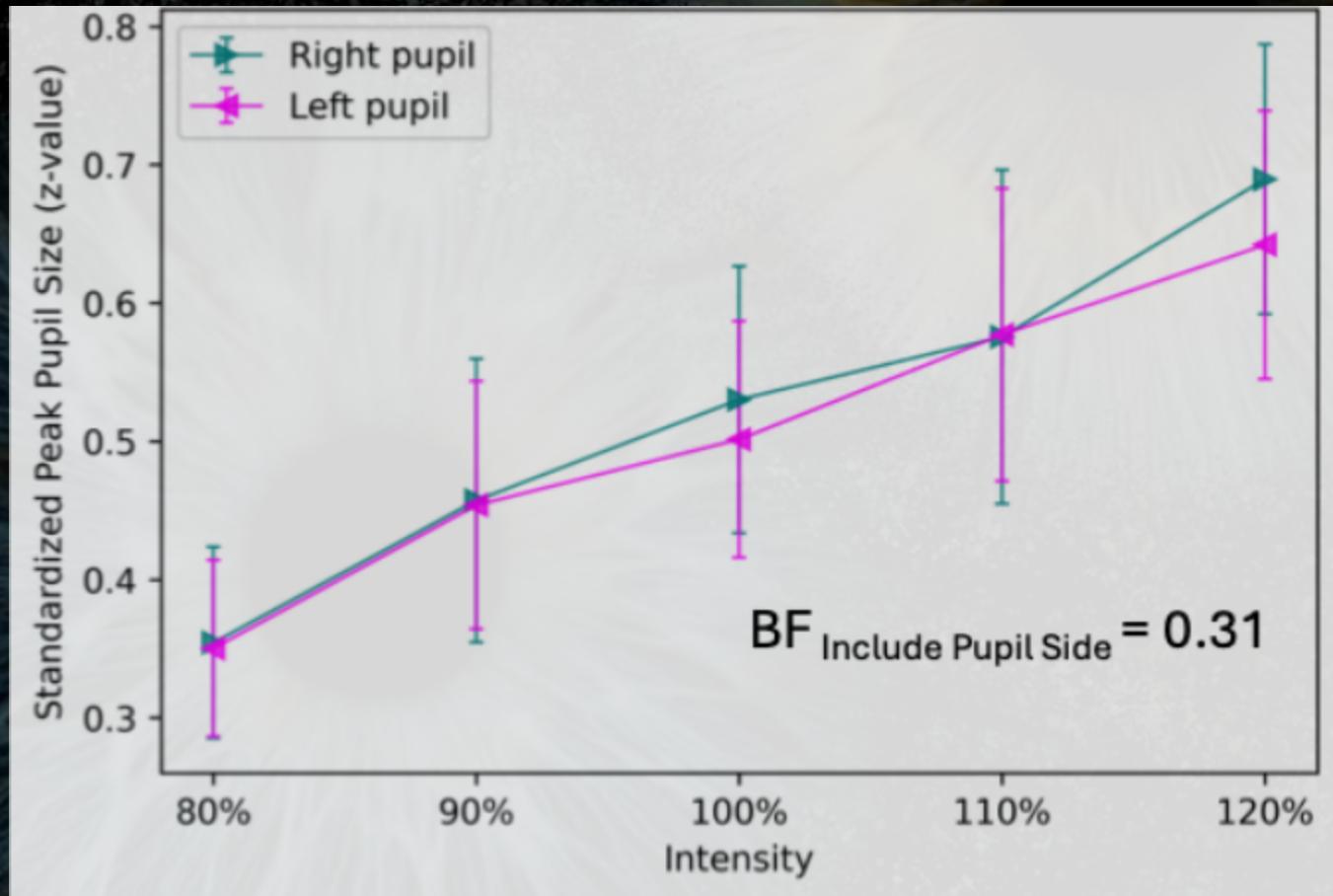


20
11F, 9M
age 24.65 ± 5.39

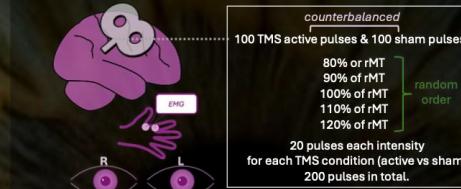
What if it's due to eye-muscle stimulation?



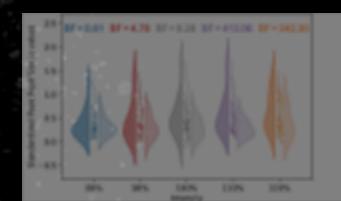
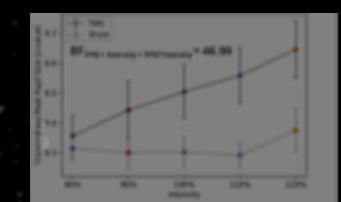
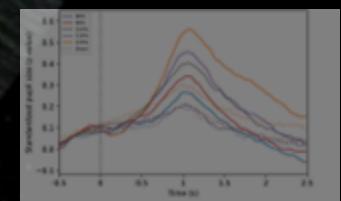
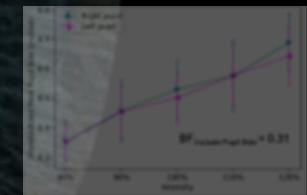
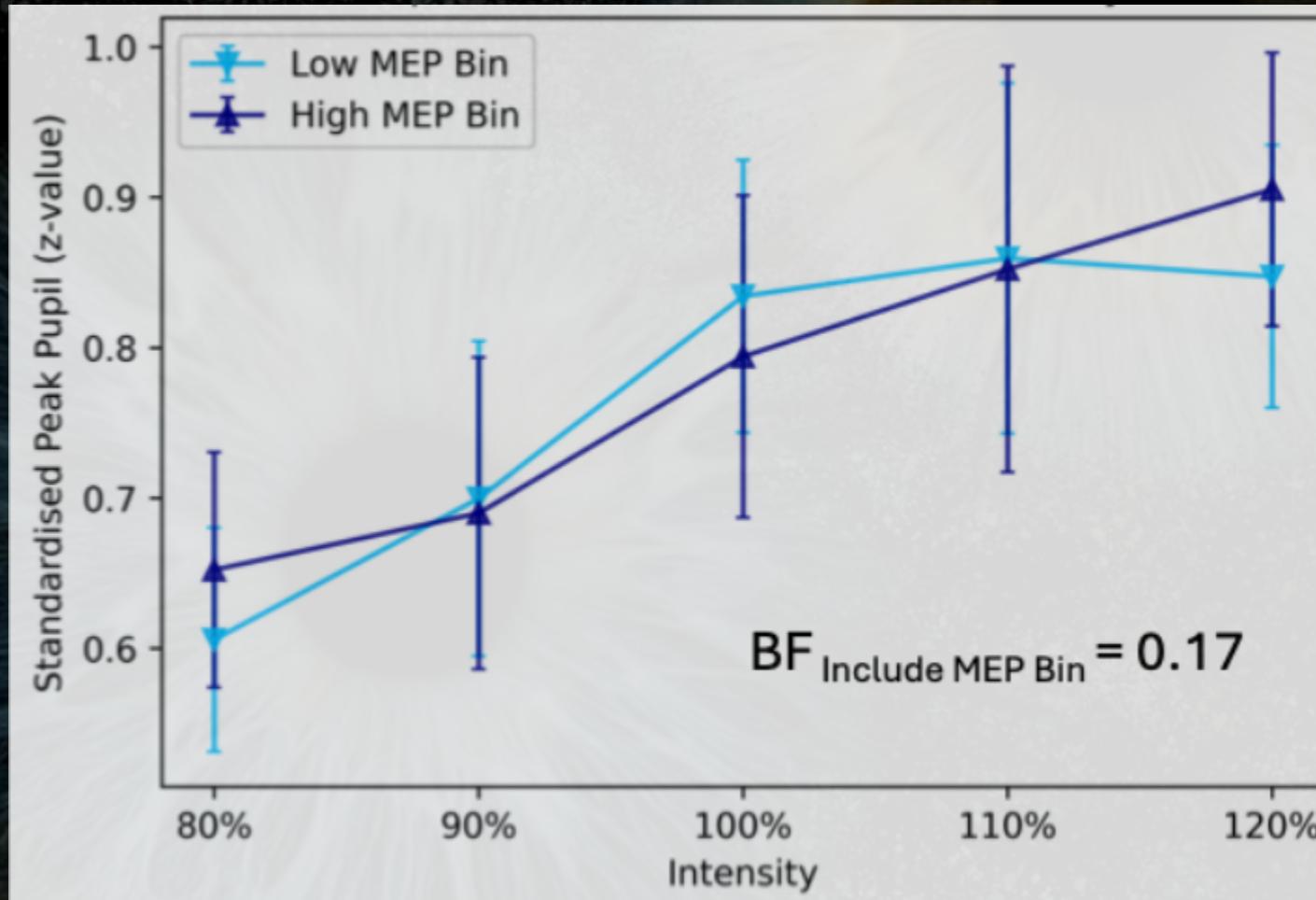
20
11F, 9M
age 24.65 ± 5.39



What if it's due to hand-muscle artifacts?

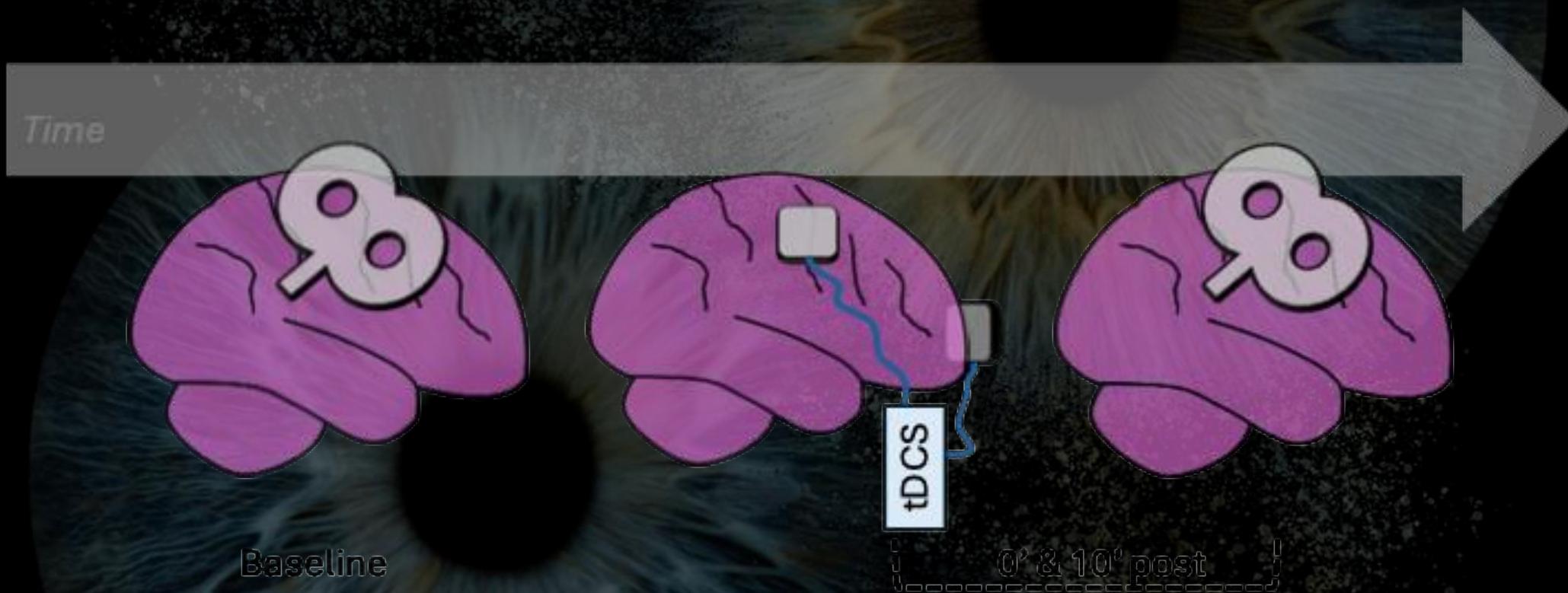


20
11F, 9M
age 24.65 ± 5.39



28
12F, 16M
age 26.11±6.85

But is it *brain excitability*?

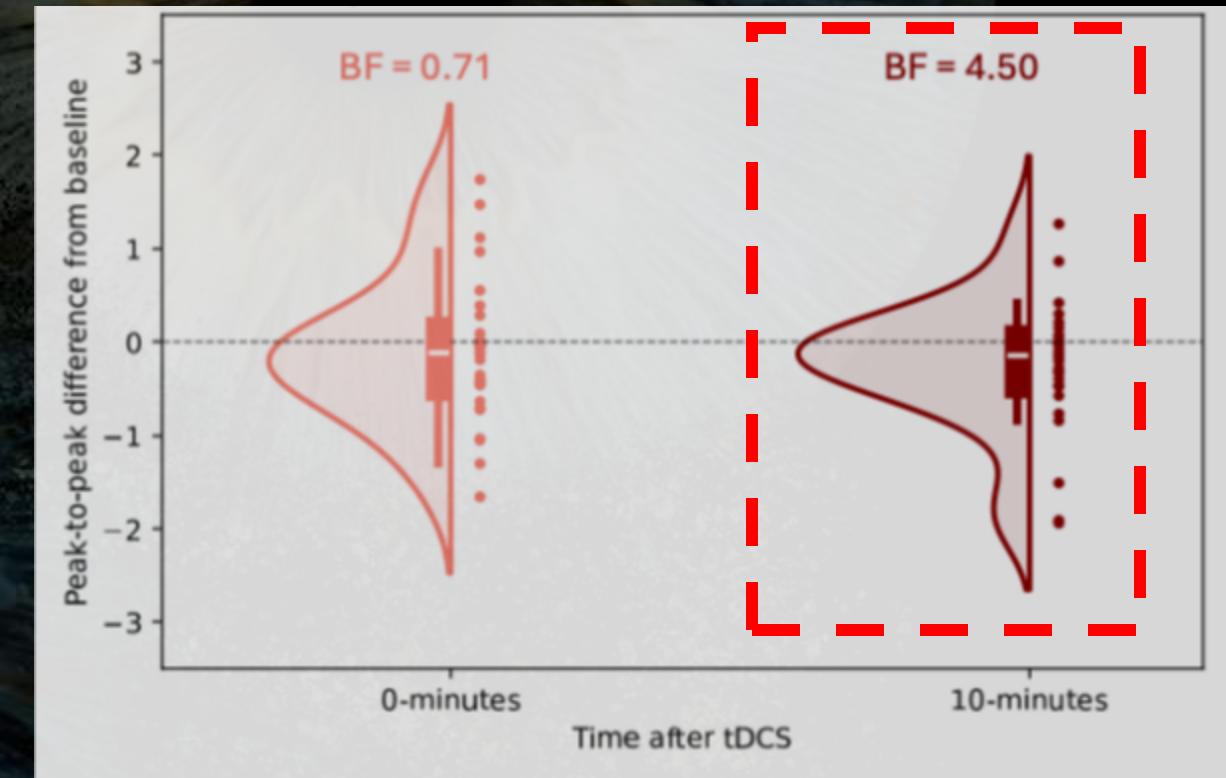
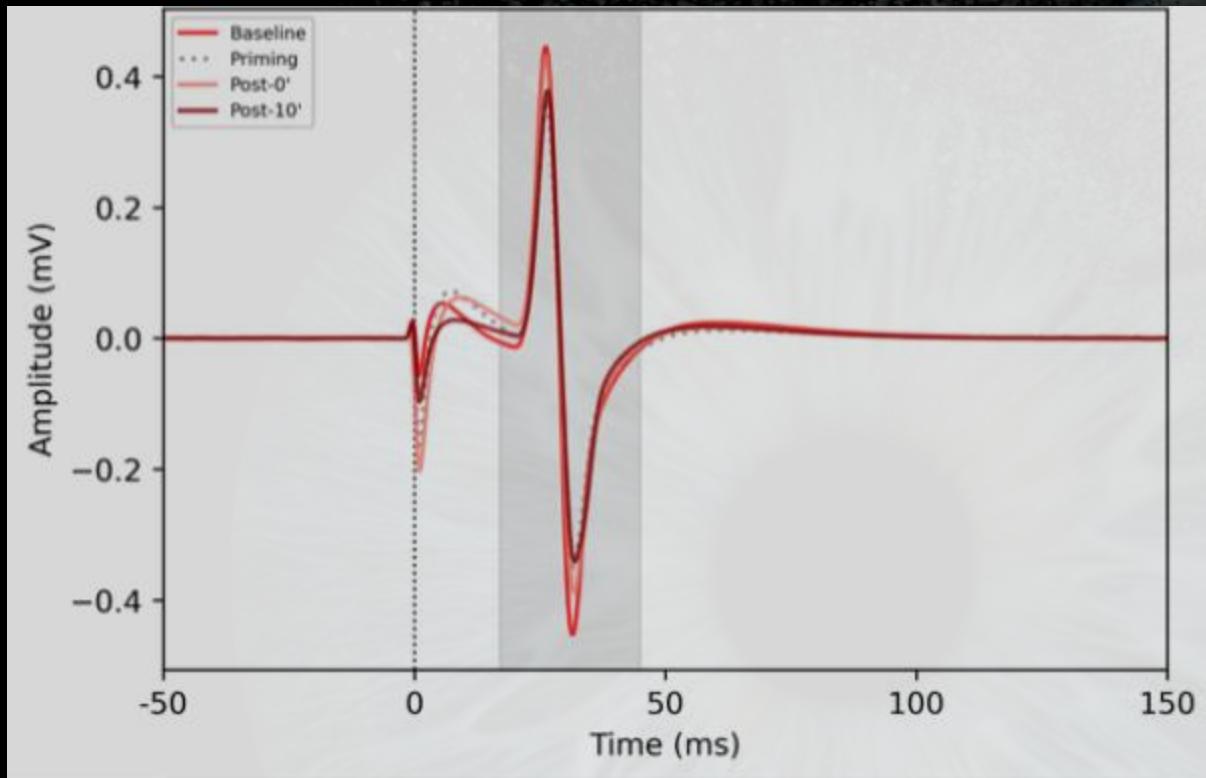


tDCS: Transcranial Direct Current Stimulation

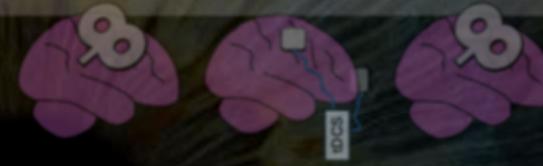
But is it *brain excitability*?



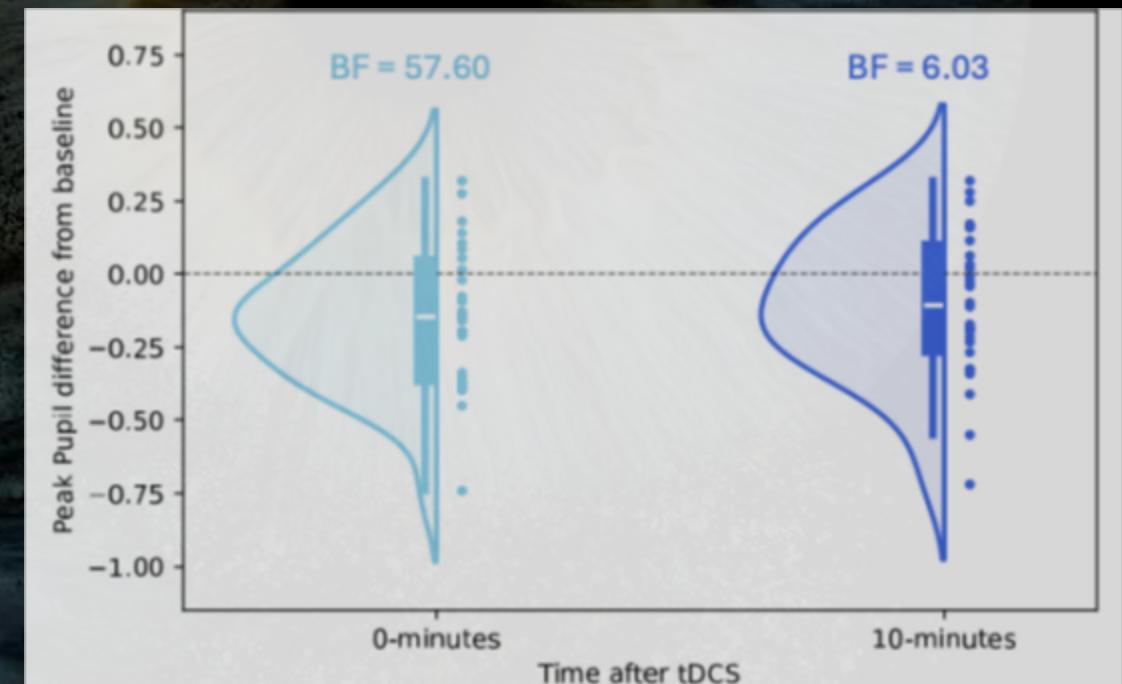
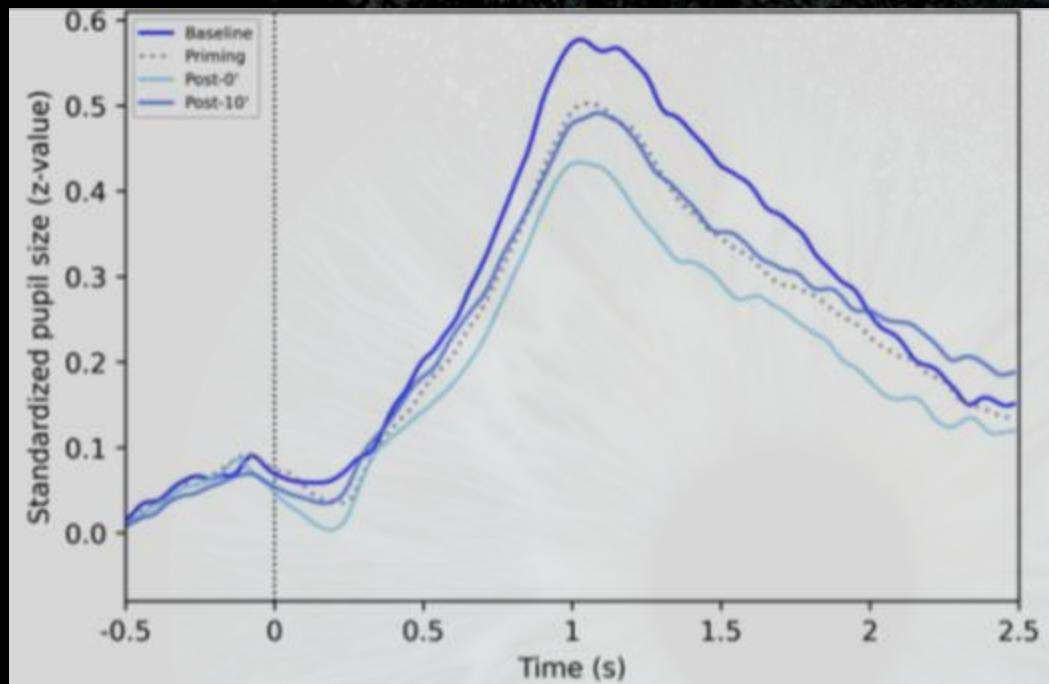
28
12F, 16M
age 26.11 ± 6.85



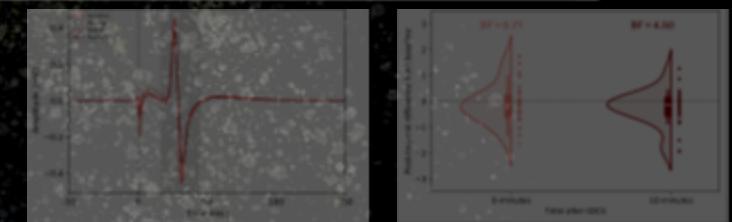
But is it *brain excitability*?



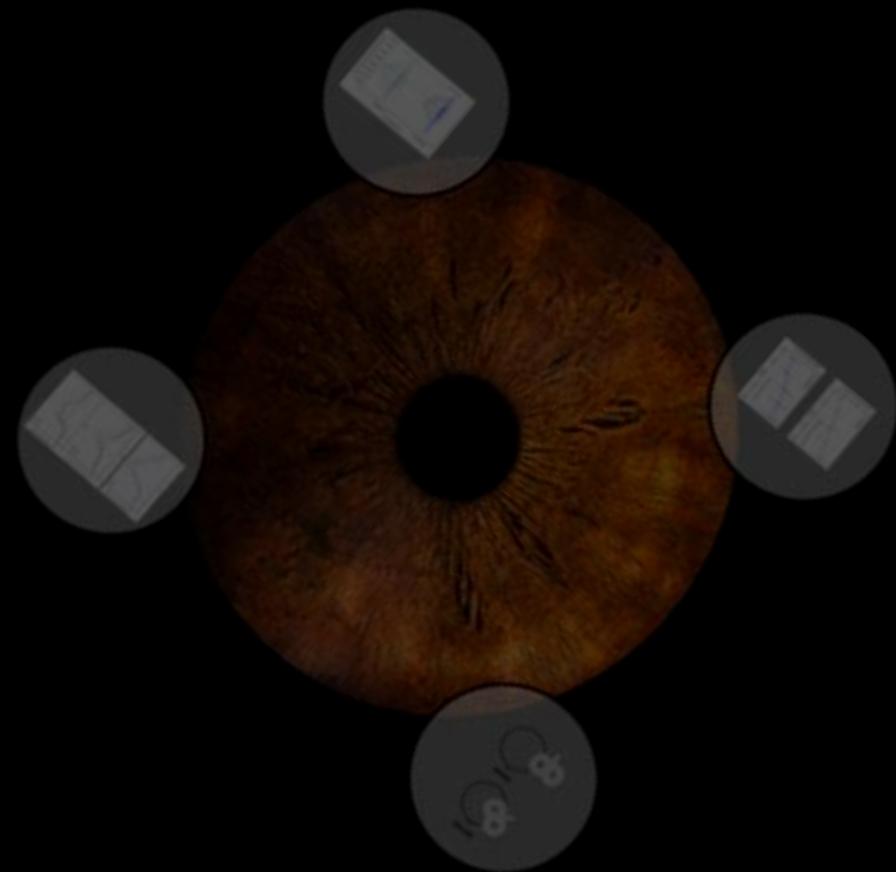
28
12F, 16M
age 26.11 ± 6.85



tDCS: Transcranial Direct Current Stimulation



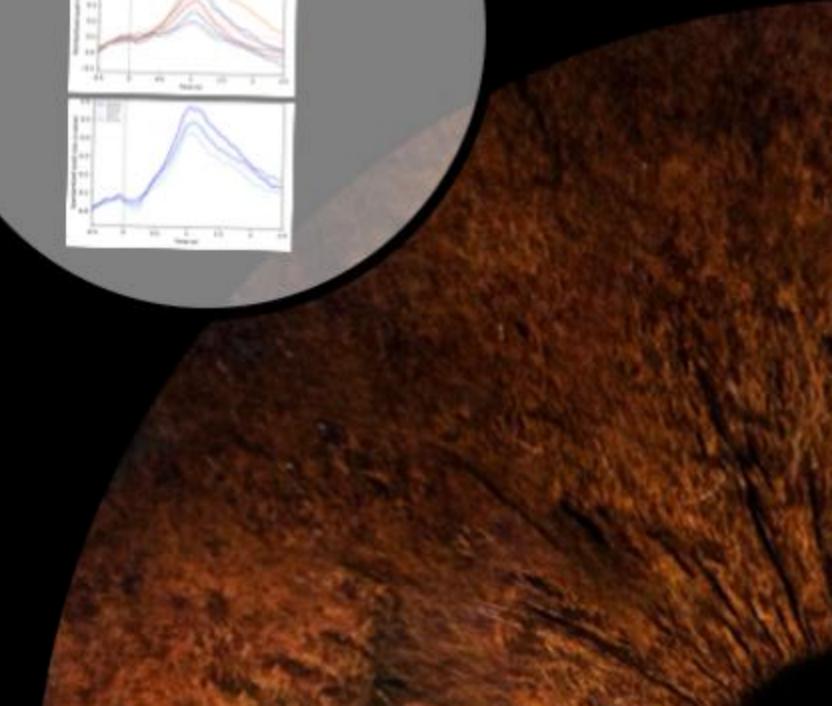
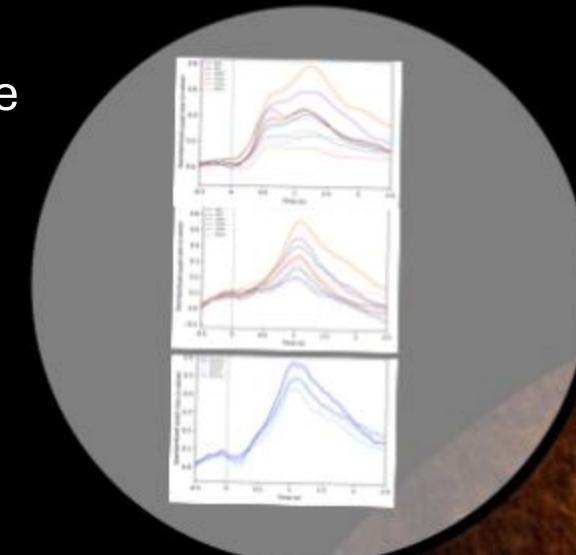
The pupil can serve as a brain excitability measure



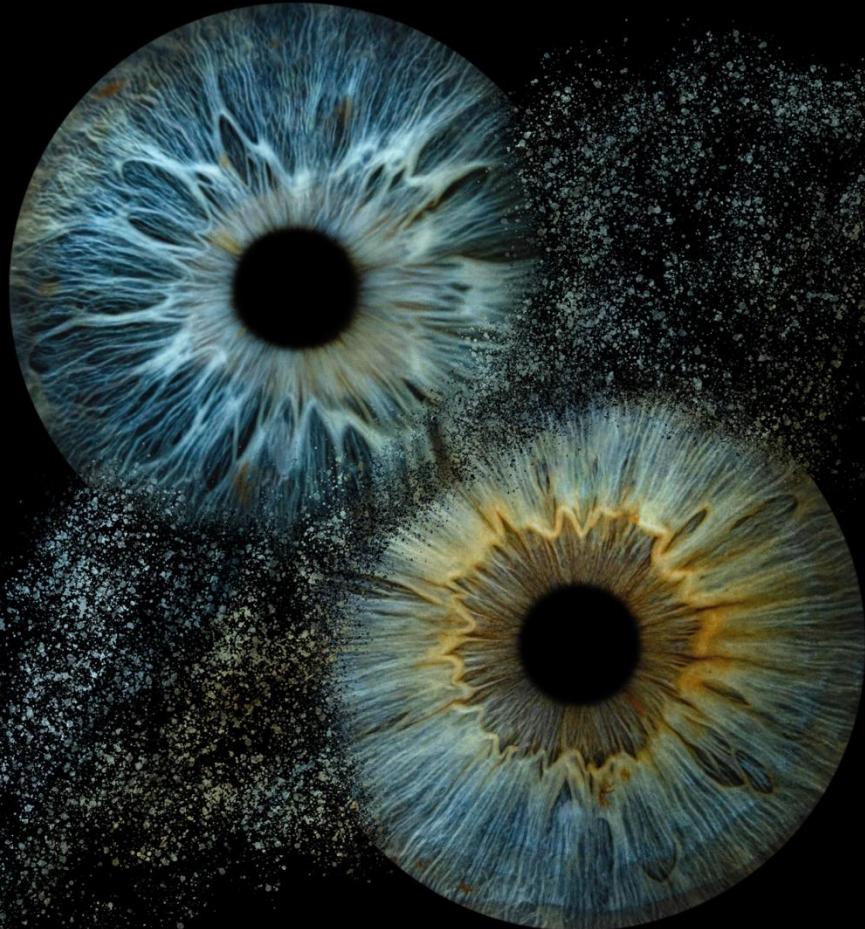
The pupil can serve as a brain excitability measure



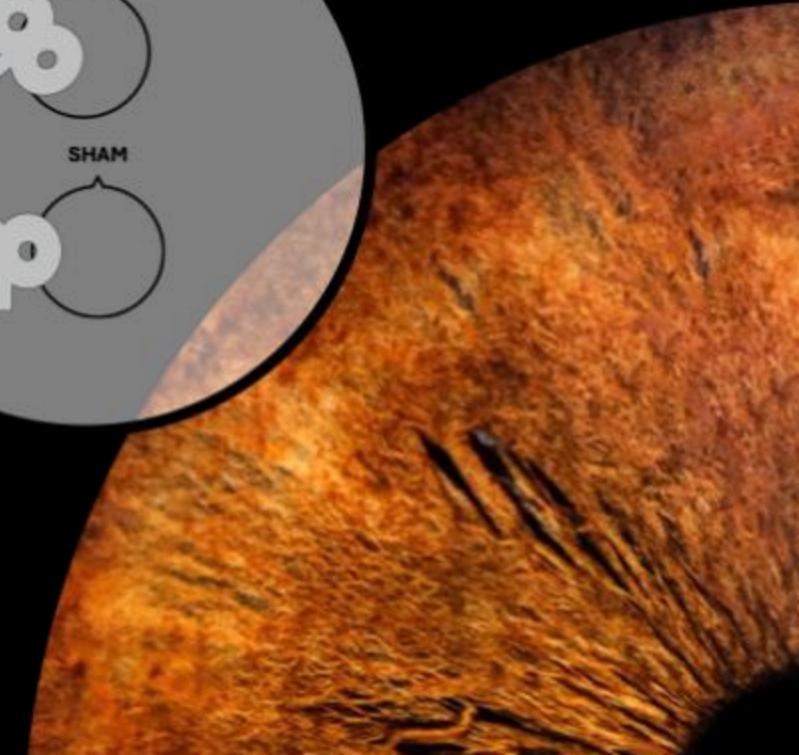
Consistent &
dissociable
pupil response



The pupil can serve as a brain excitability measure



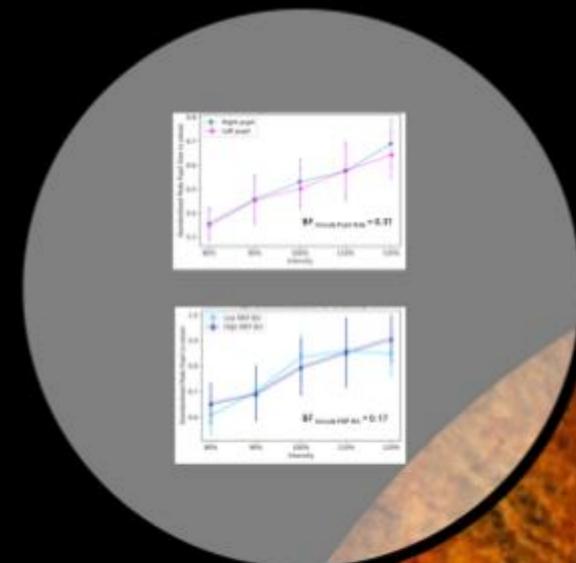
Not due to
auditory
artifacts



The pupil can serve as a brain excitability measure



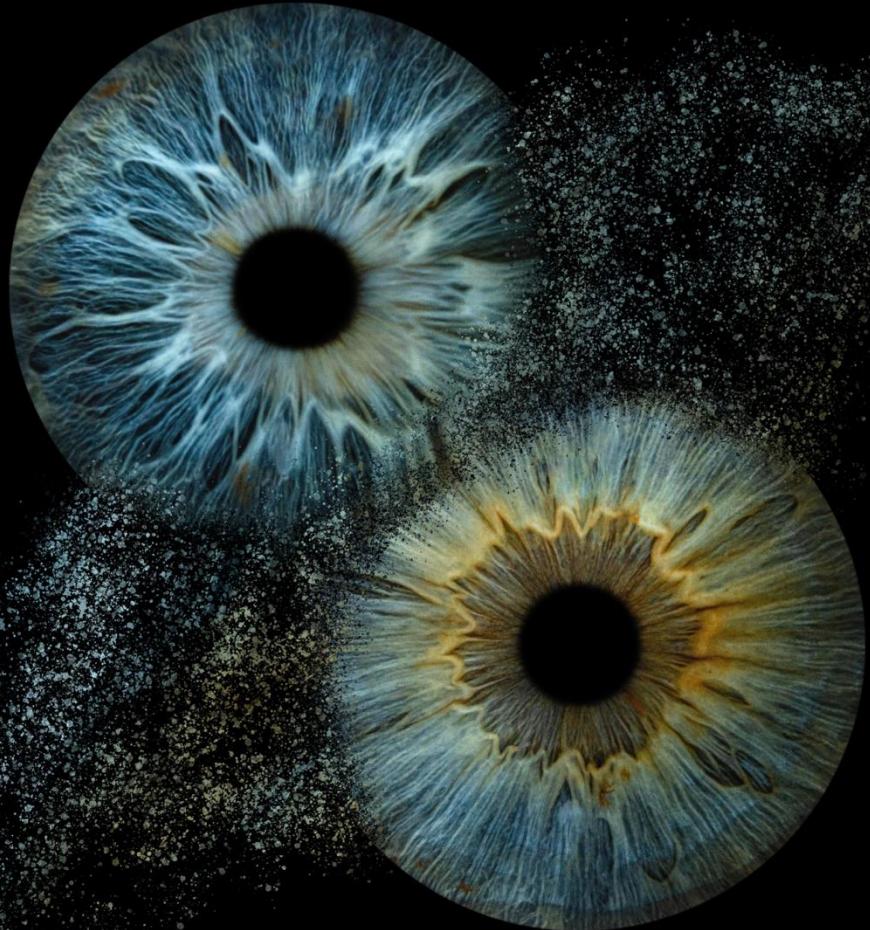
Not due to
muscle
artifacts



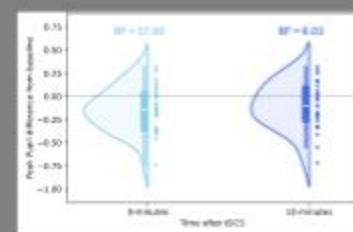
$r = 0.31$

$r = 0.17$

The pupil can serve as a brain excitability measure



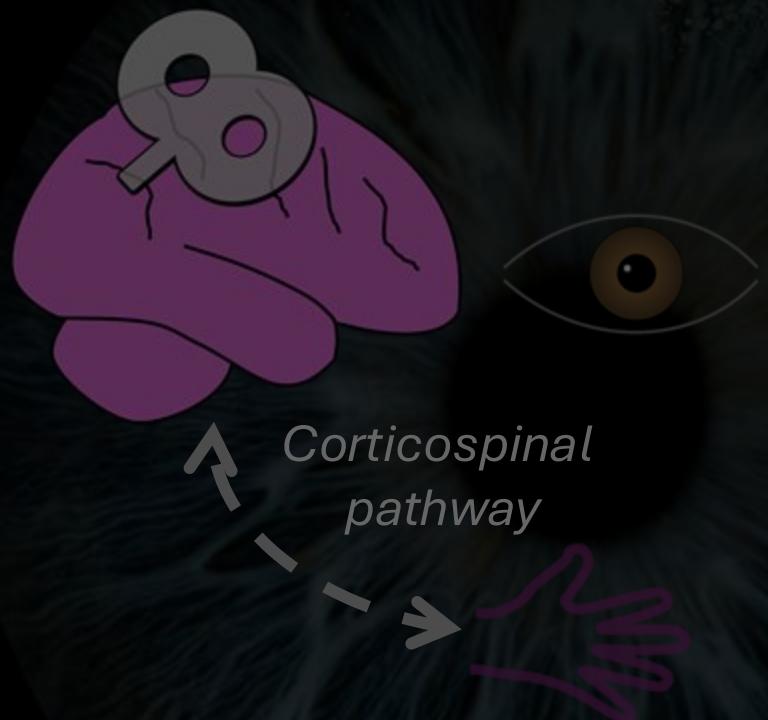
Reflects brain
excitability
changes



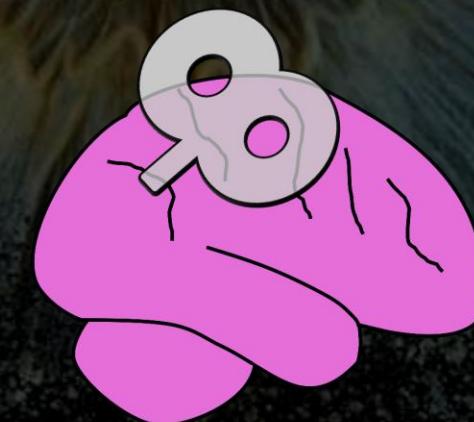
Alright, so what?

TMS can be become more:

Inclusive

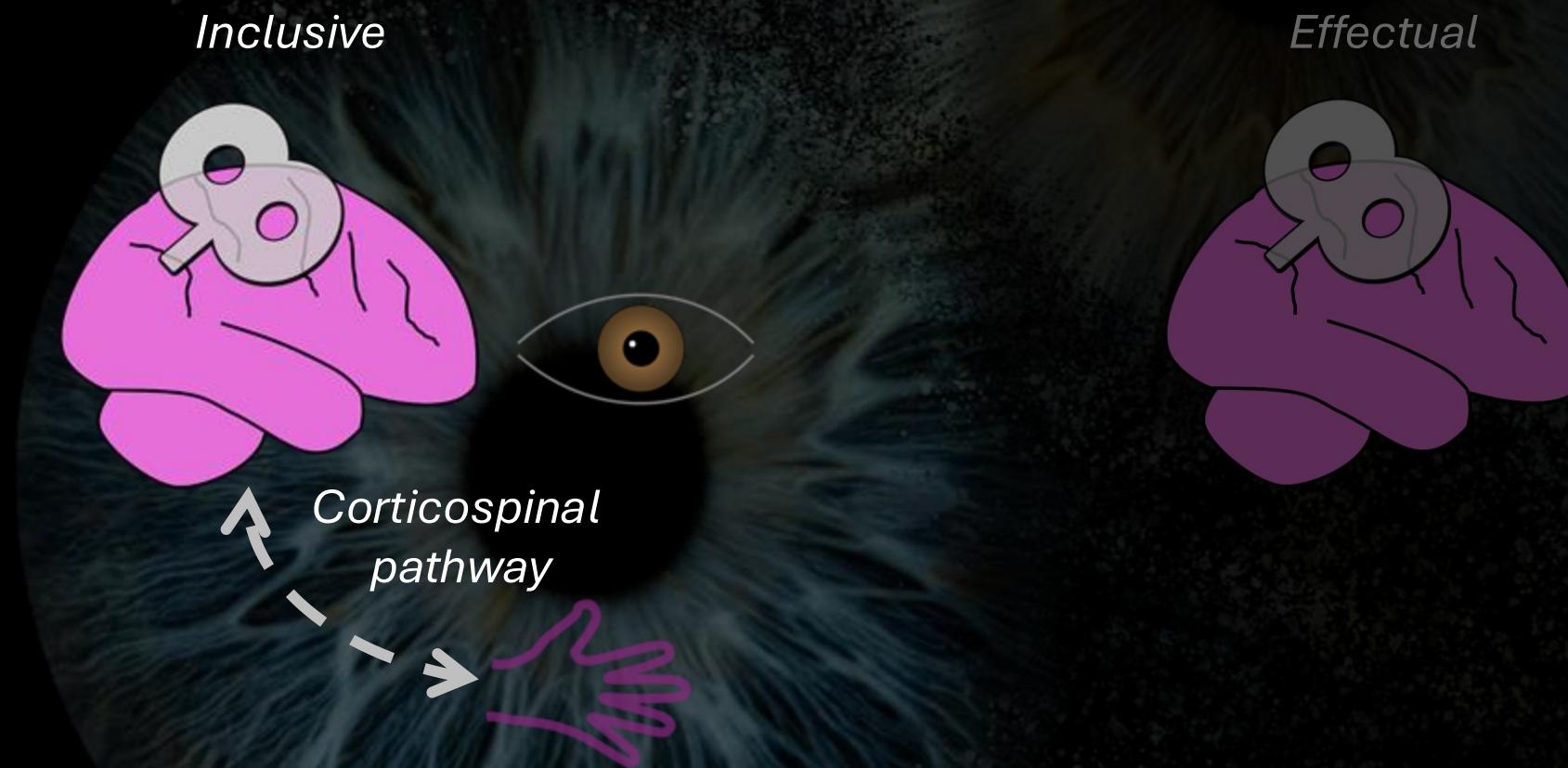


Effectual



Alright, so what?

TMS can be become more:



For example...



Fraser MacRae



Sue Peters, Ph.D.
www.suepeters.ca



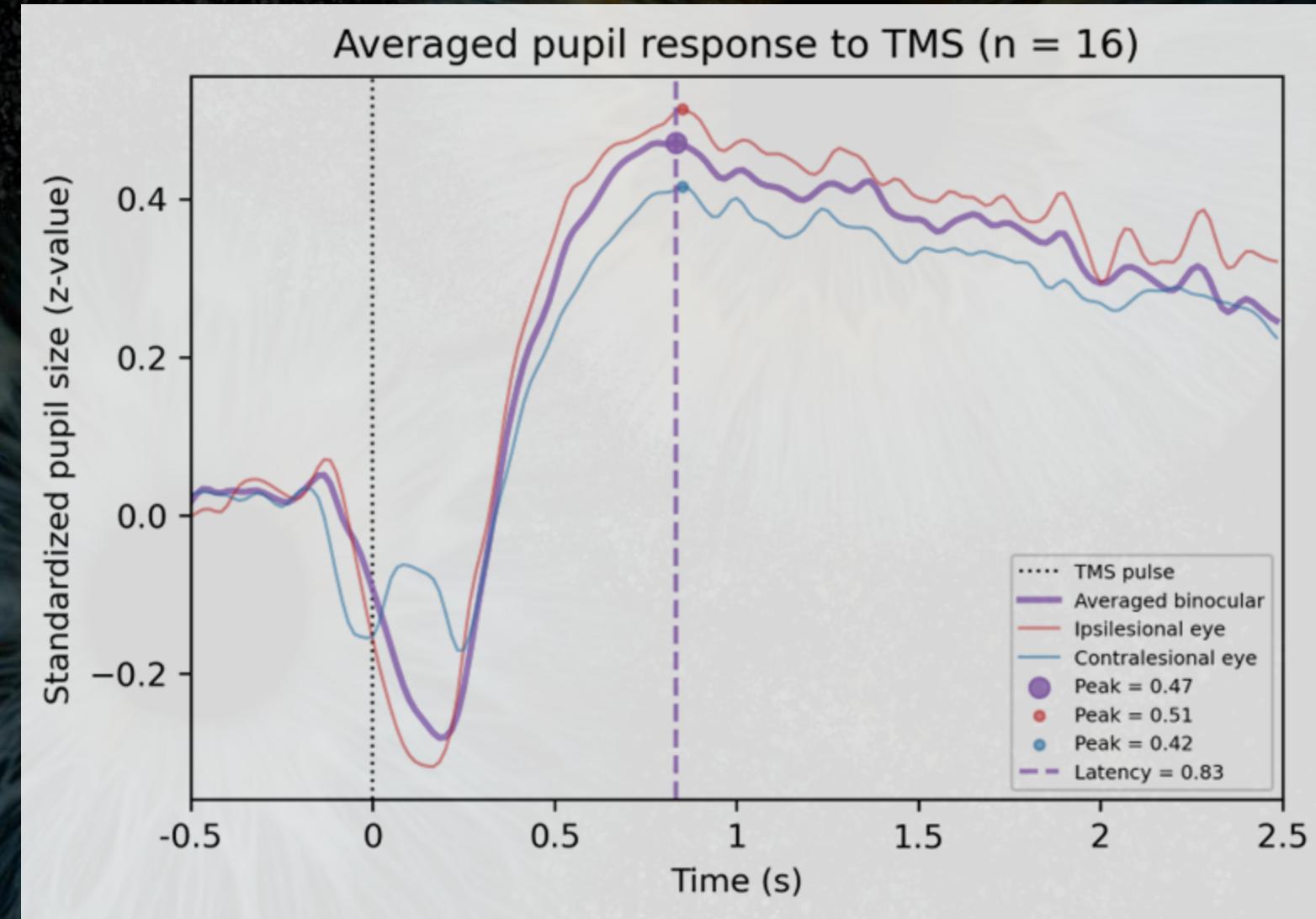
Lexie Delisle



Western
HealthSciences

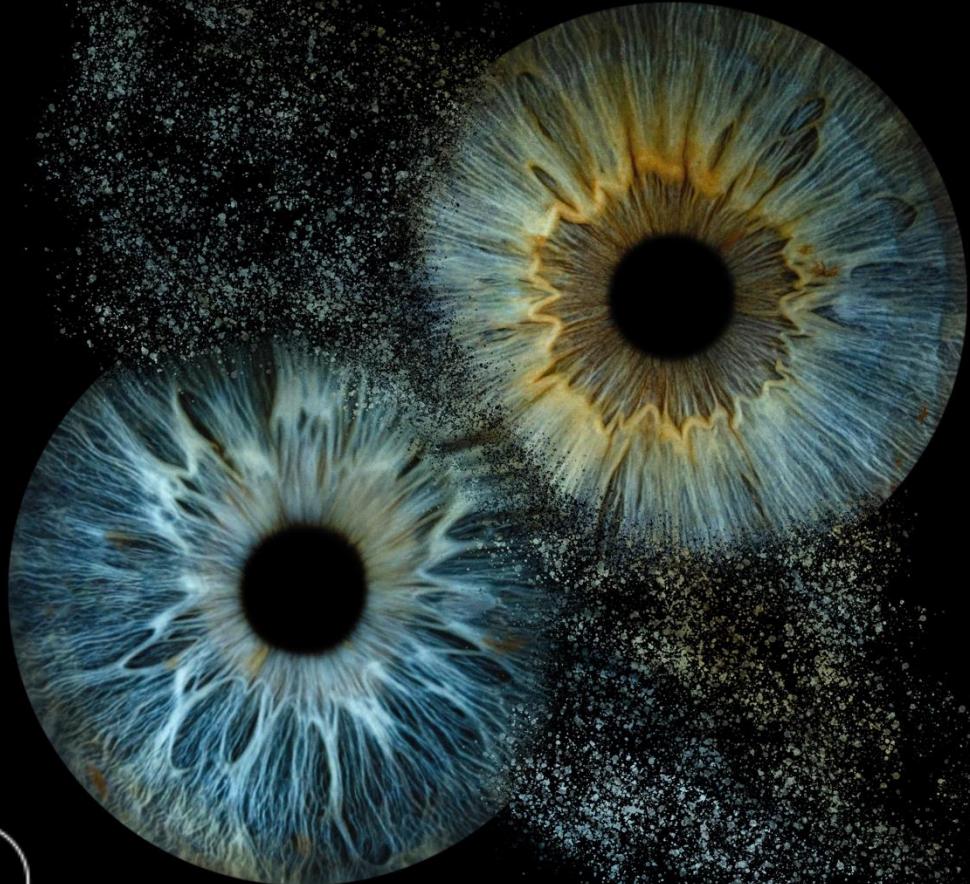


LAWSON
Research Institute
ST. JOSEPH'S HEALTH CARE LONDON



Thank you!

Phivos Phylactou, Ph.D.



 www.phivph.com

 pphylactou@unr.edu

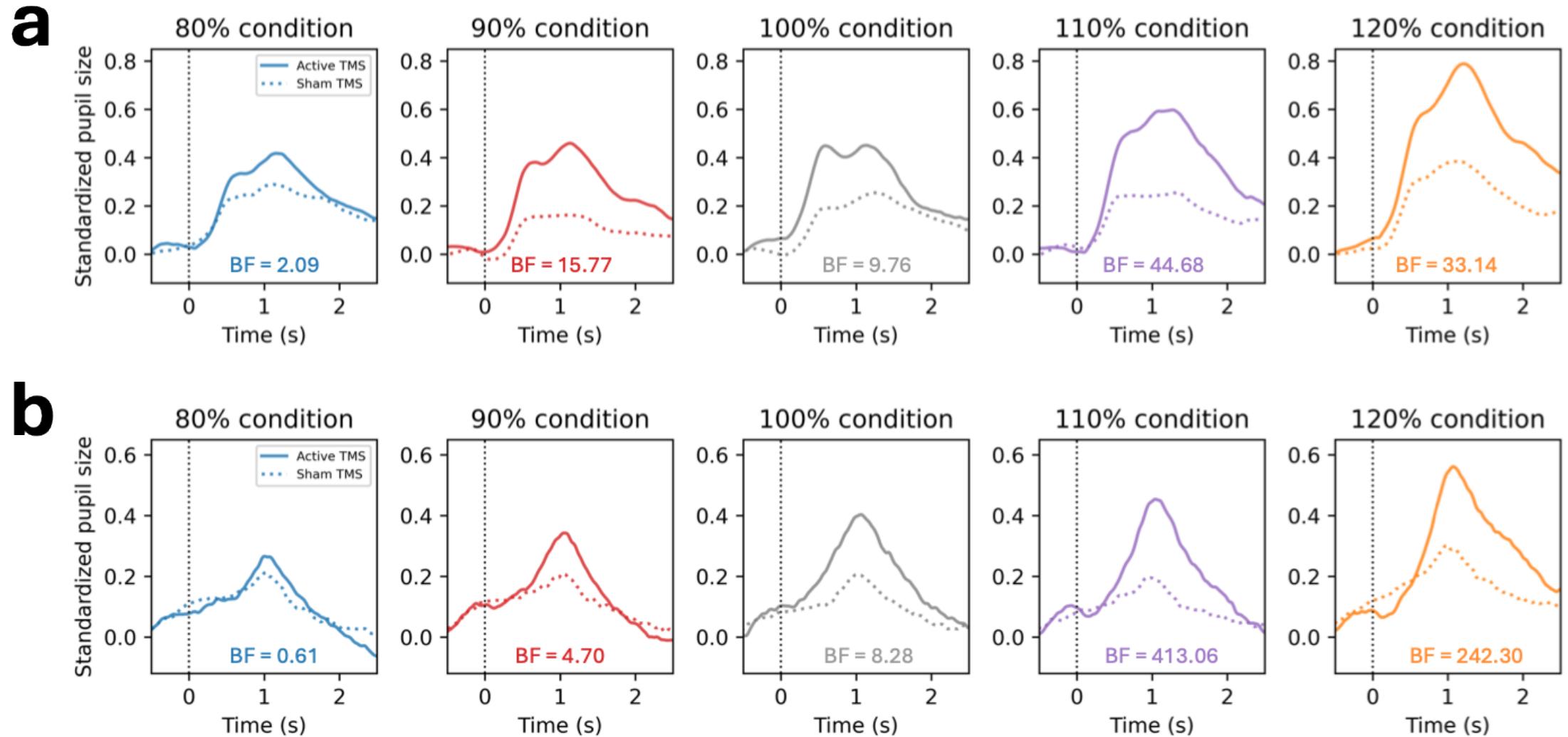
 [@phivph.com](https://twitter.com/phivph)

StimuleYE

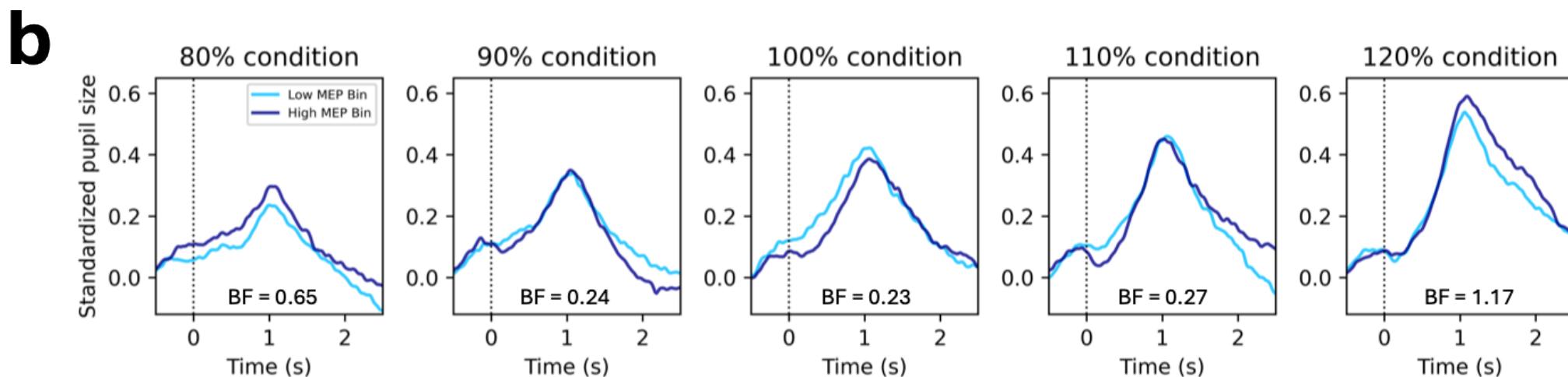
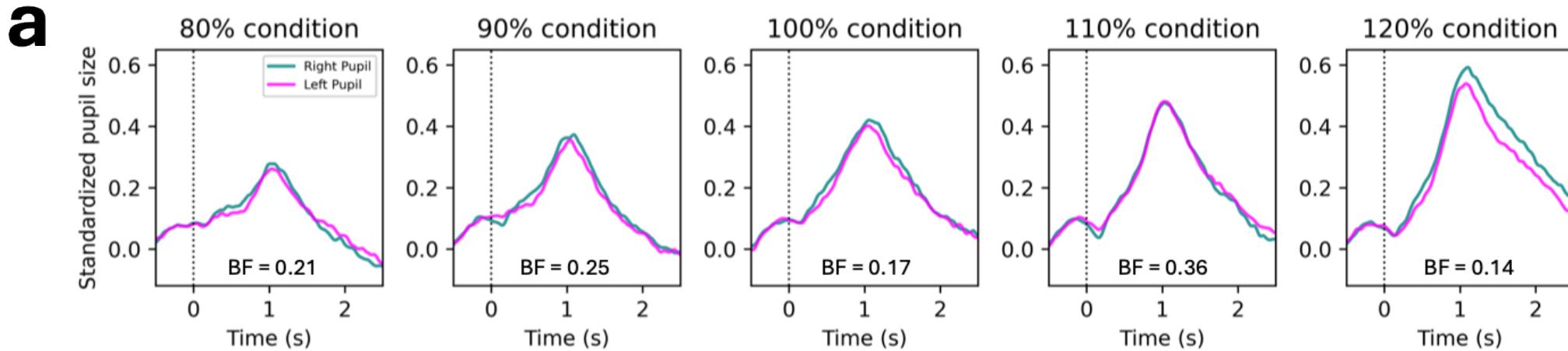
Project **StimuleYE** was made possible through the *Mary Elizabeth Horney Fellowship in Rehabilitation* provided by St. Joseph's Health Care Foundation.

Supplementary

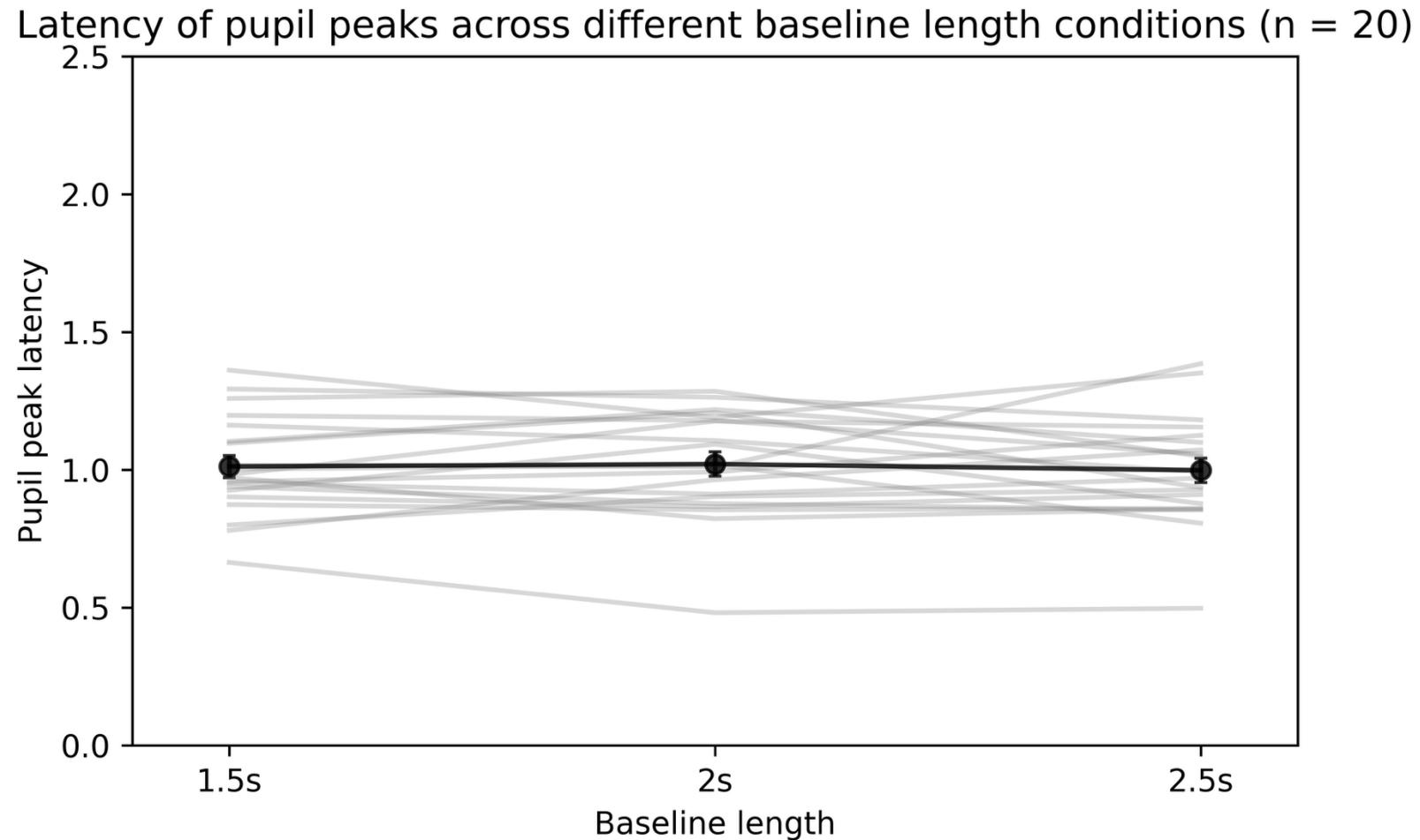
Pupil responses by condition



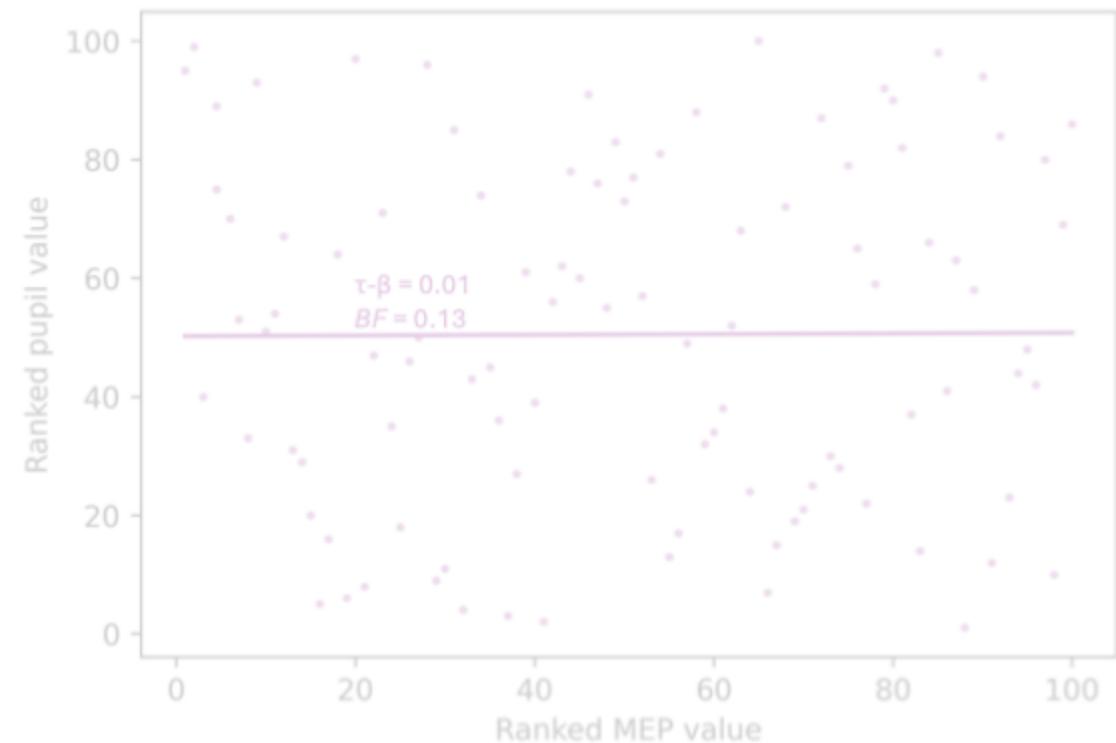
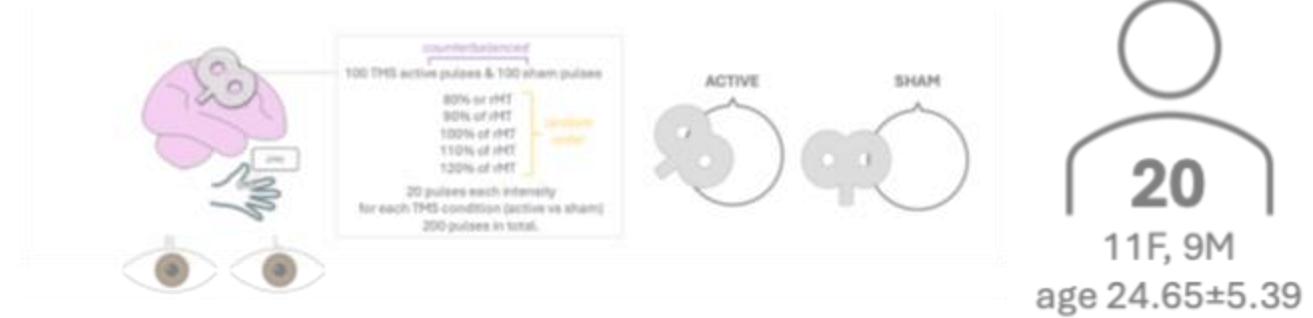
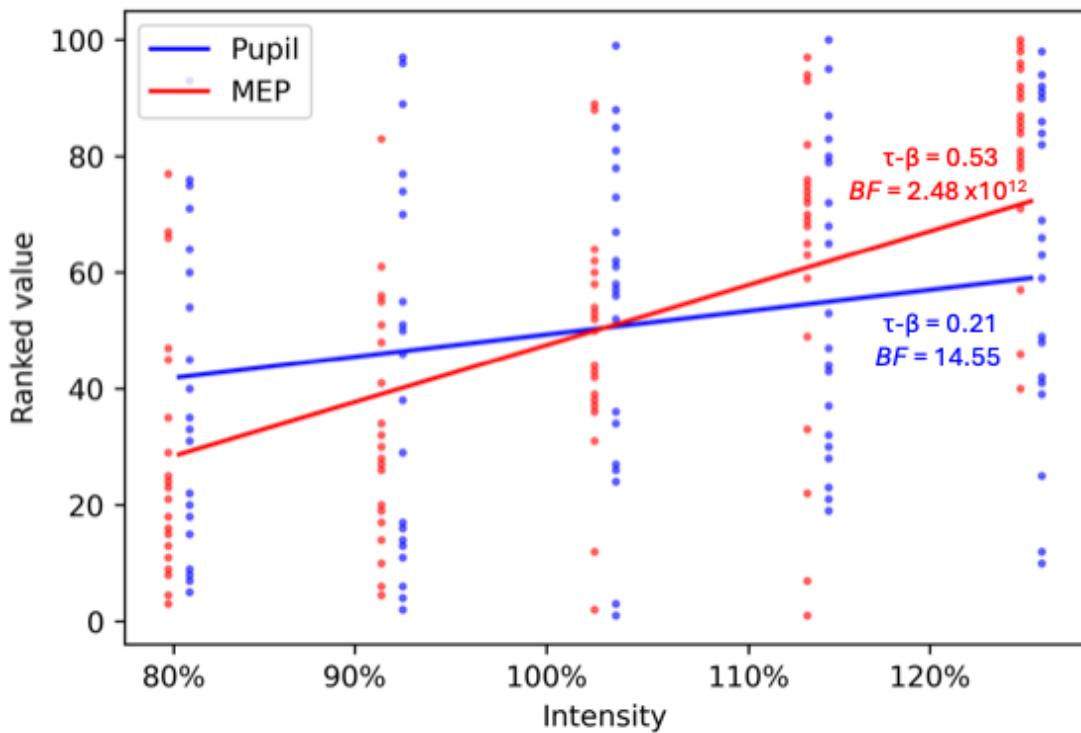
Control analyses by condition



Anticipation effects control

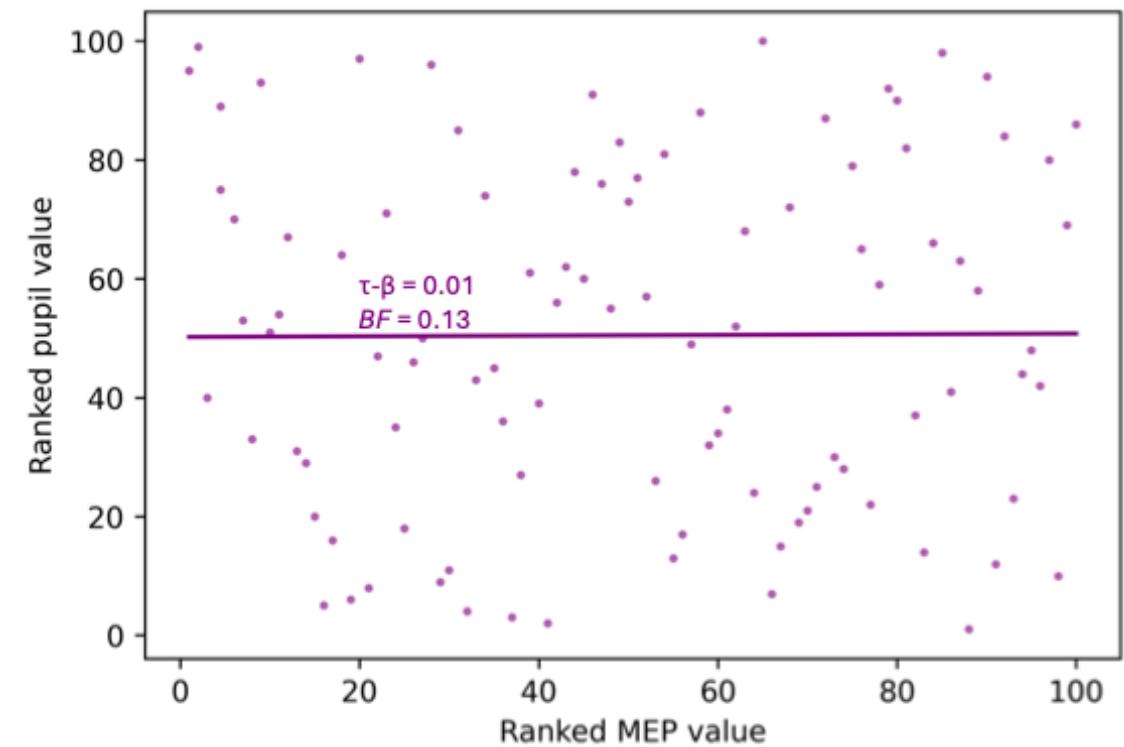
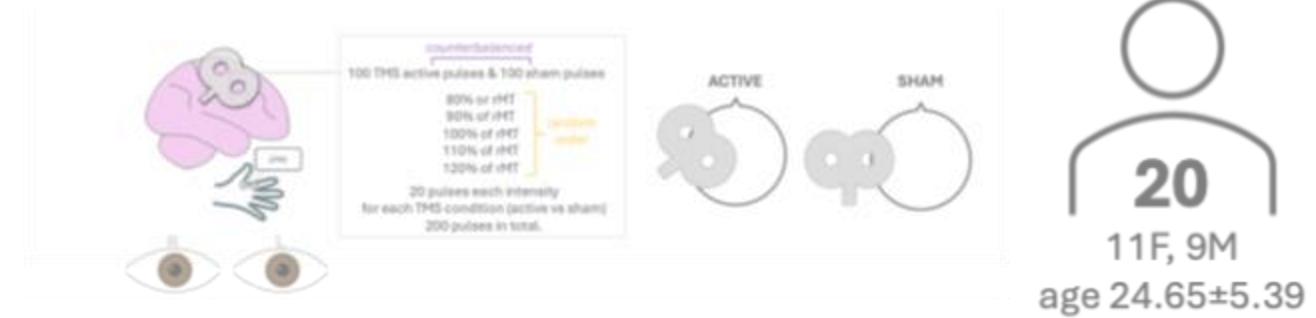
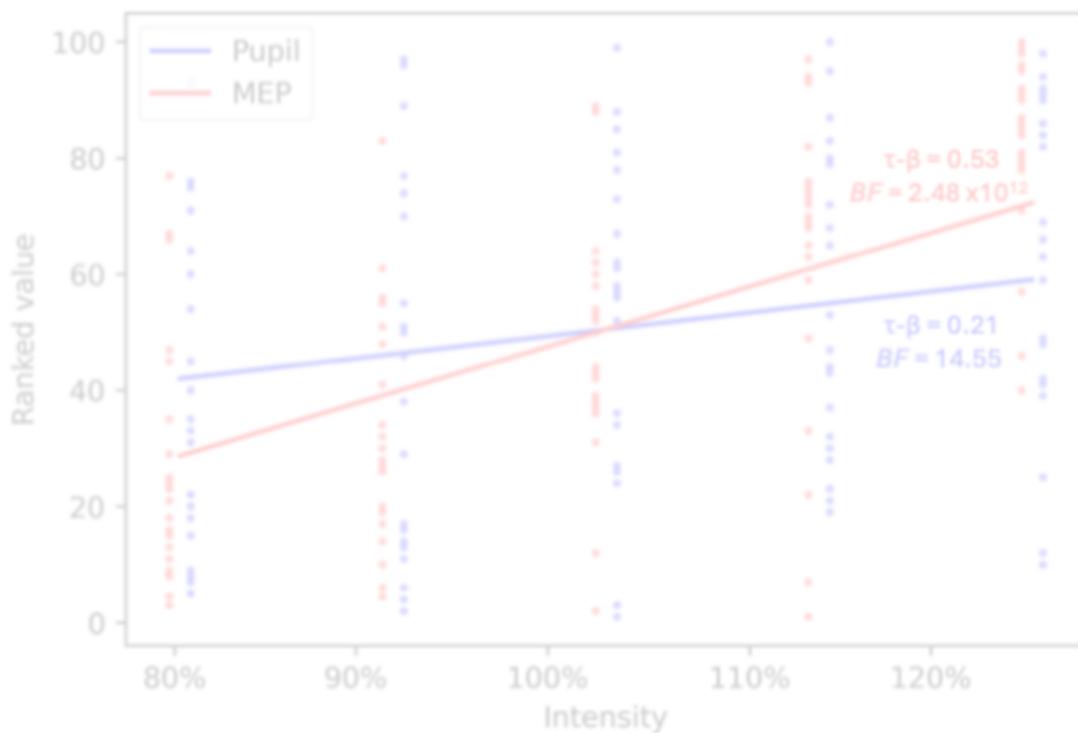


Are MEPs and pupils in a relationship?



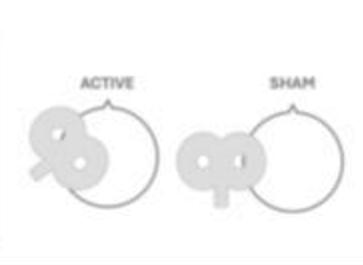
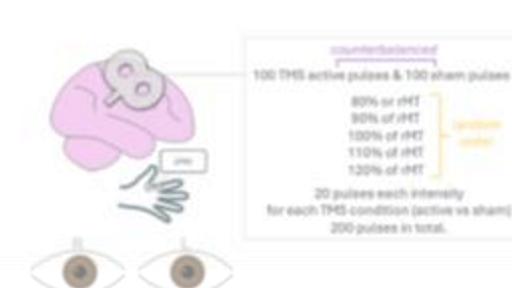
MEP: Motor Evoked Potential

Are MEPs and pupils in a relationship?

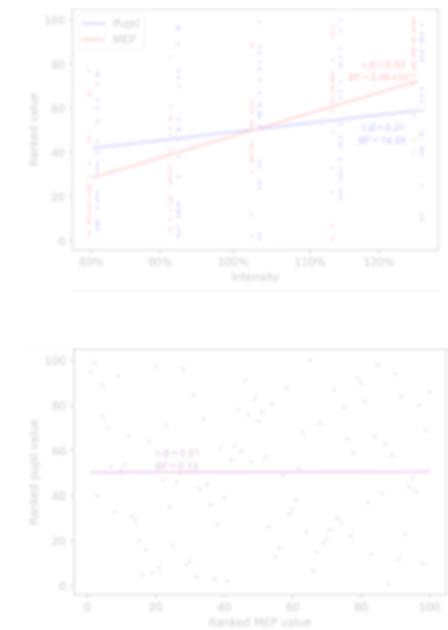
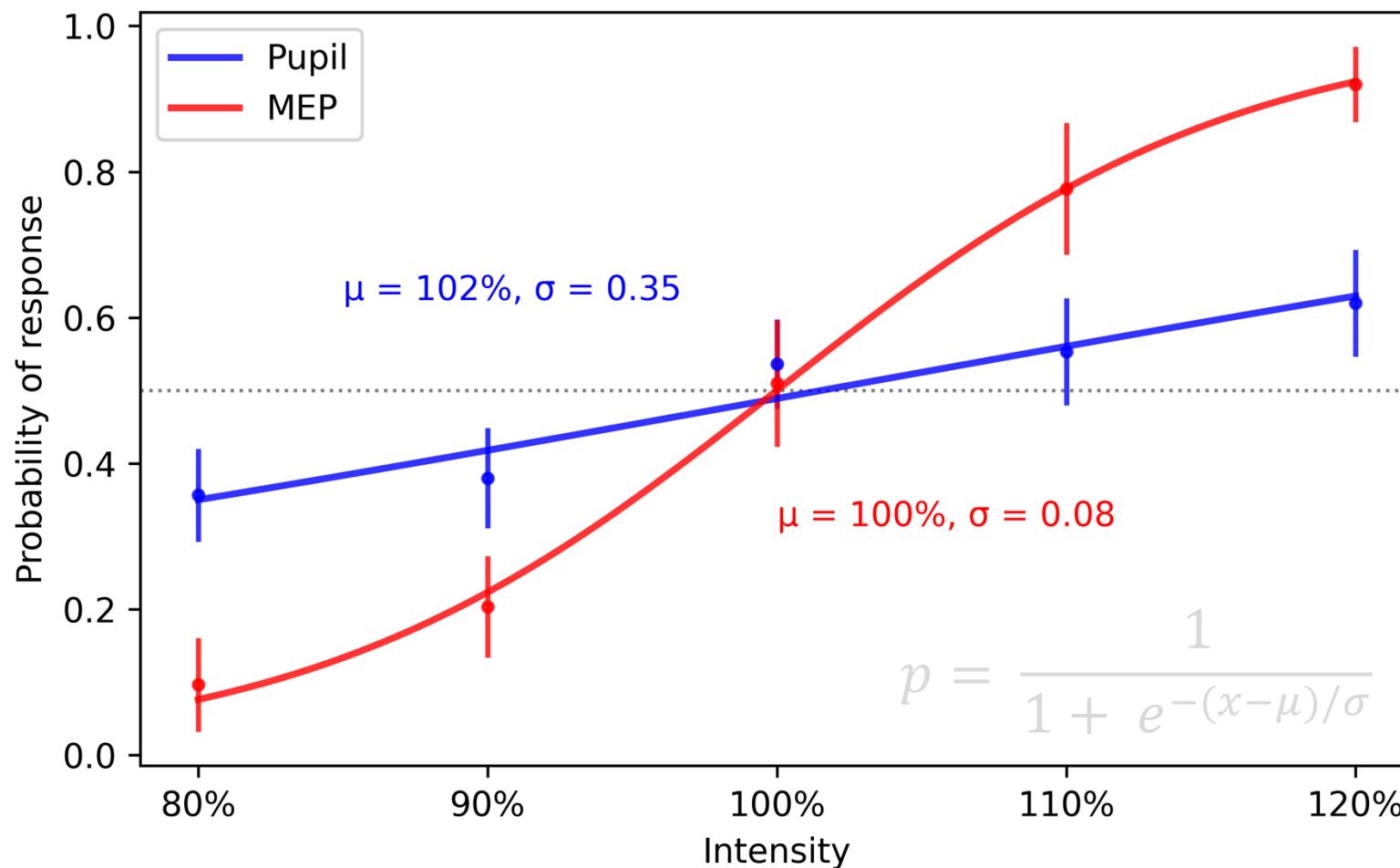


MEP: Motor Evoked Potential

Why did they break up?



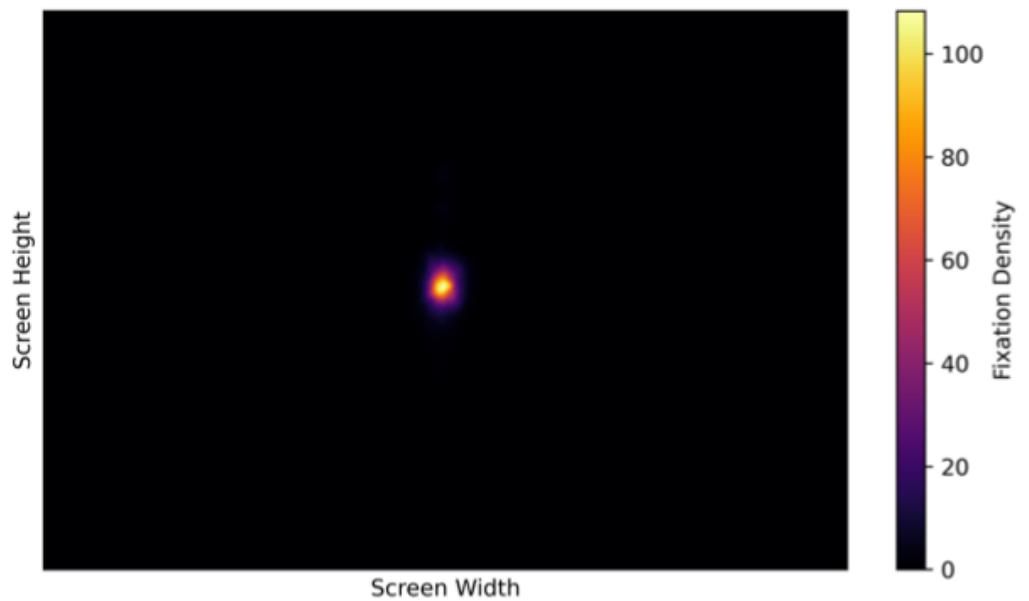
20
11F, 9M
age 24.65 ± 5.39



Fixations Exp2 & Exp3

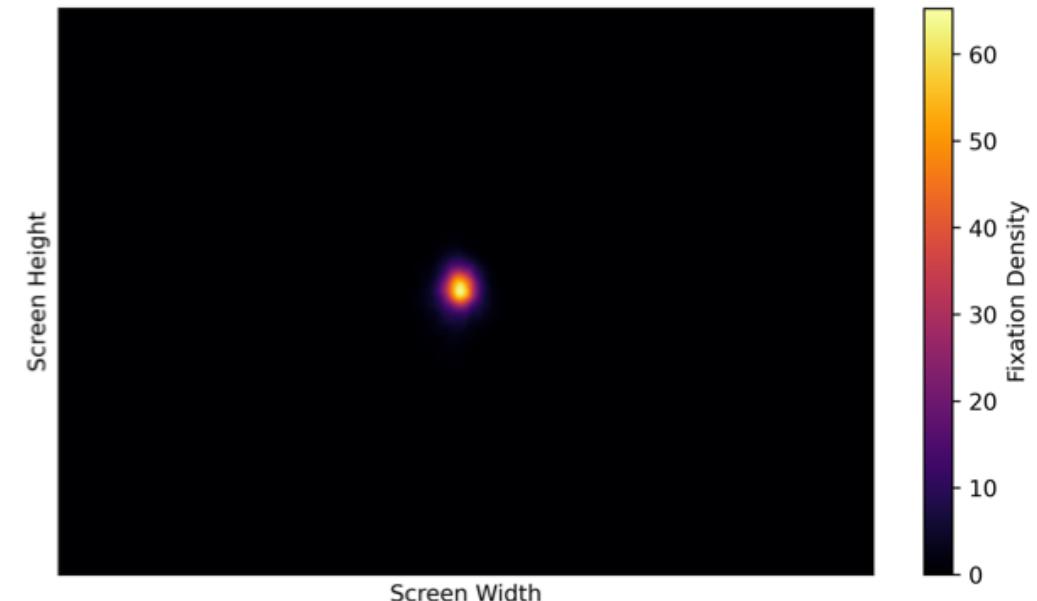
a

Experiment 2

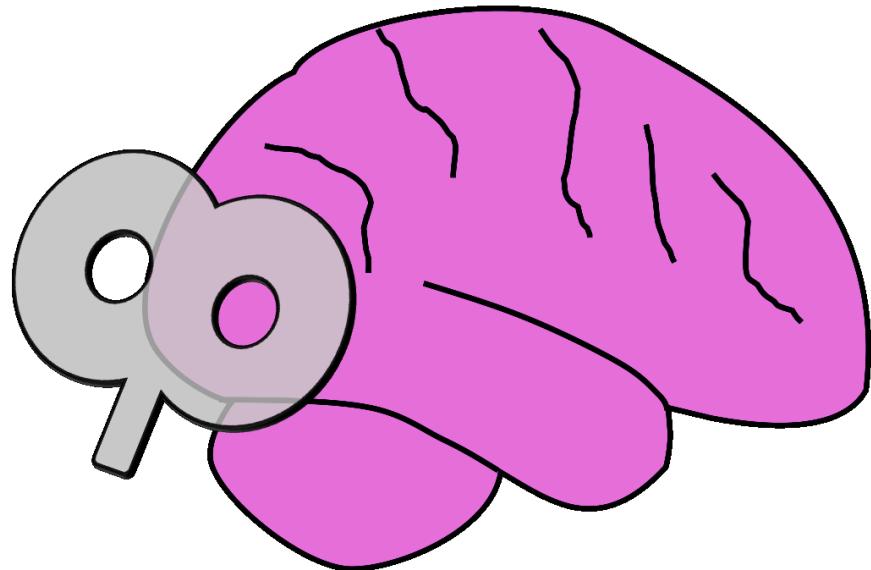


b

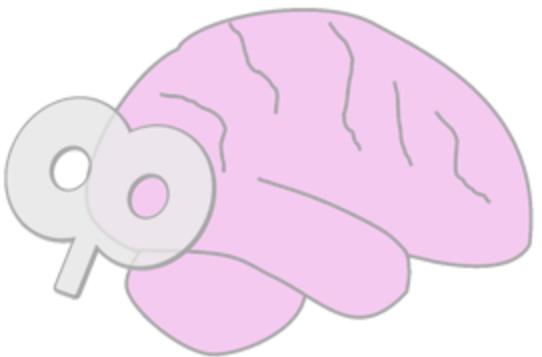
Experiment 3



What about alternatives?



What about alternatives?



But there are still problems...

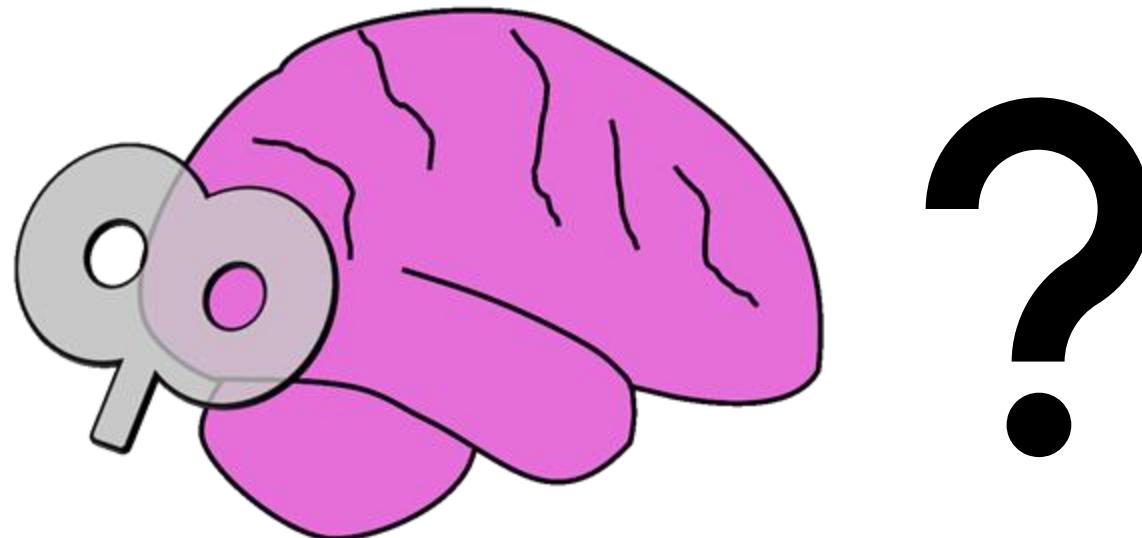
CORRESPONDENCE · Volume 16, Issue 1, P23-24, January-February, 2023

Open Access

One in four people fail to perceive phosphenes during early visual cortex transcranial magnetic stimulation

Phivos Phylactou  · Artemis Traikapi · Nikos Konstantinou

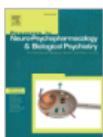
BRAIN
STIMULATION



PT and rMT

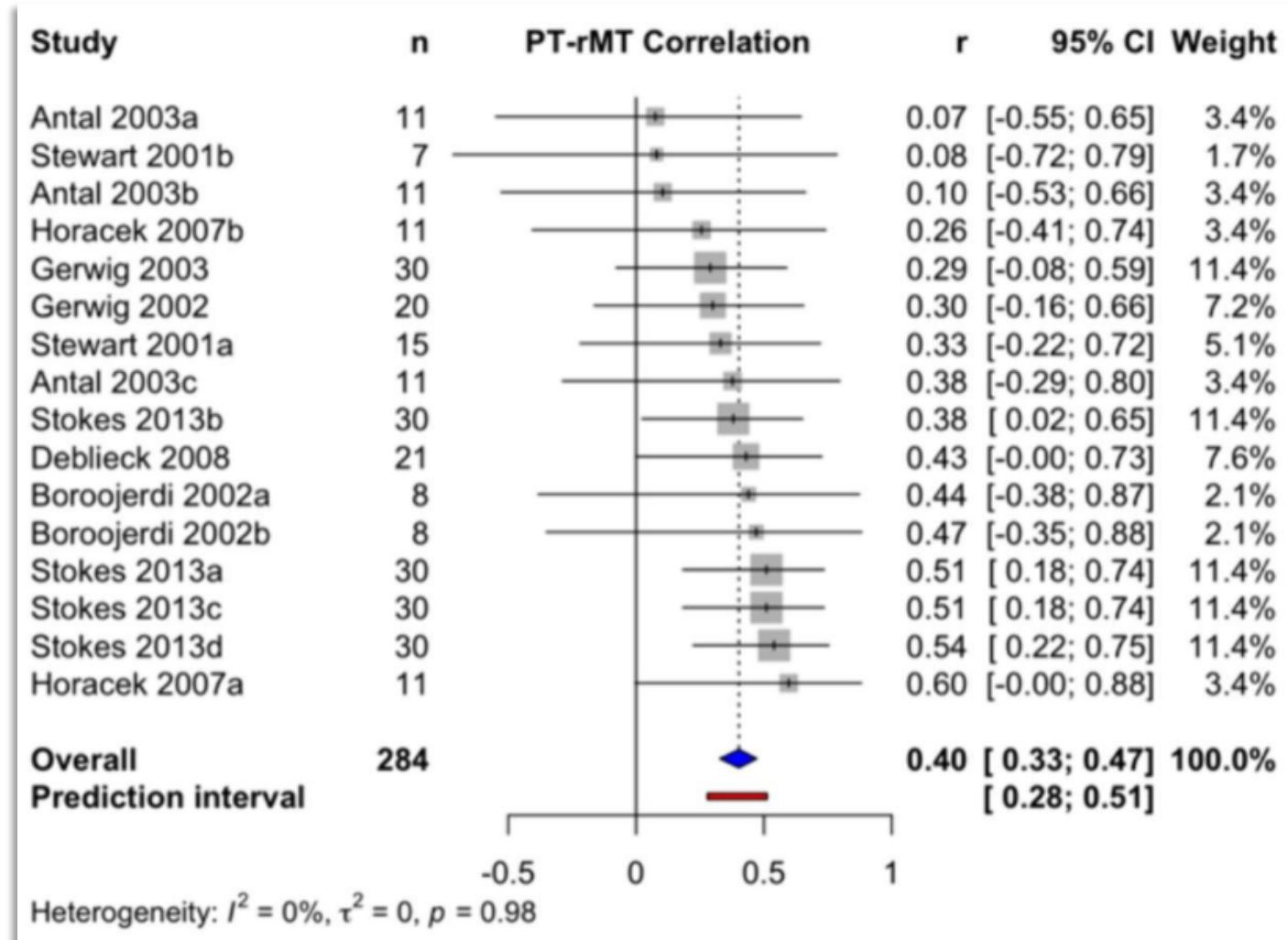


Progress in Neuro-Psychopharmacology and
Biological Psychiatry
Volume 133, 13 July 2024, 111020



Phosphene and motor transcranial magnetic stimulation thresholds are correlated: A meta-analytic investigation

P. Phylactou ^{a b}, T.N.M. Pham ^b, N. Narskhani ^b, N. Diya ^b, D.A. Seminowicz ^c,
S.M. Schabrun ^{a b}



PT: Phosphene Threshold; rMT: Resting Motor Threshold

PT and rMT

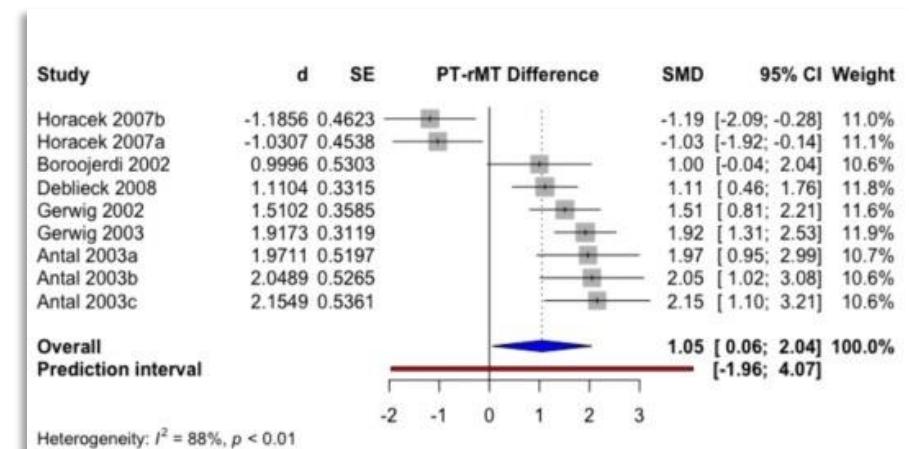
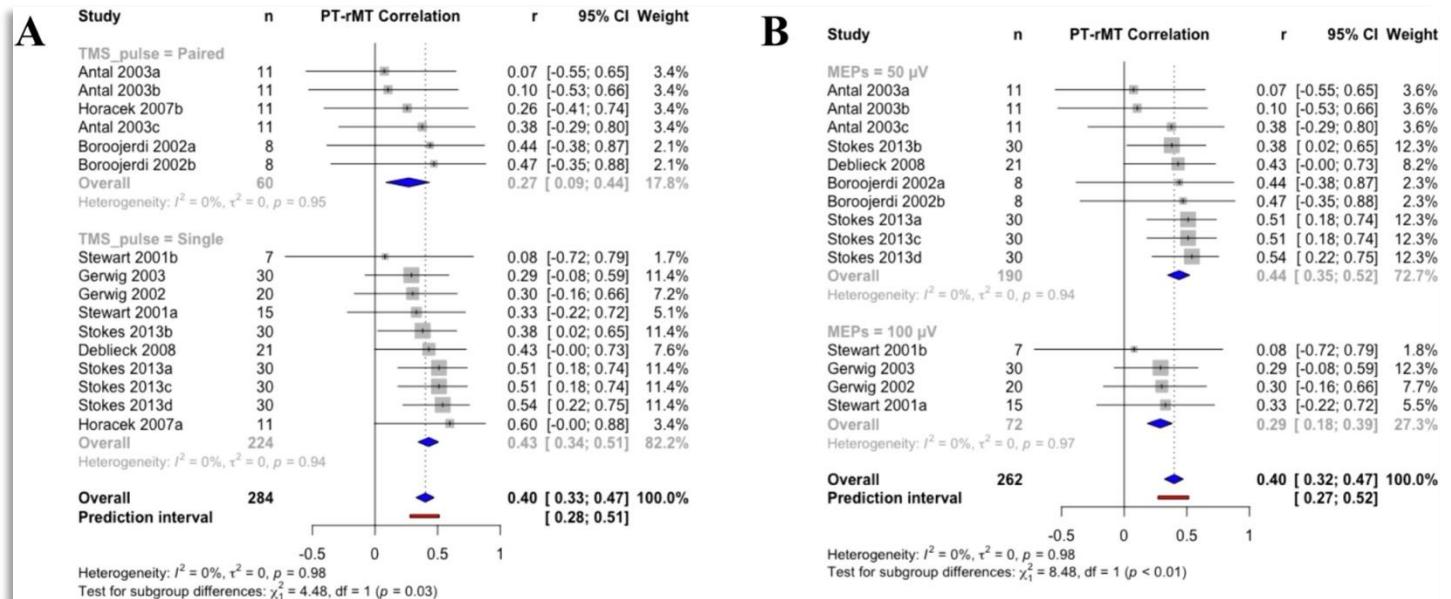


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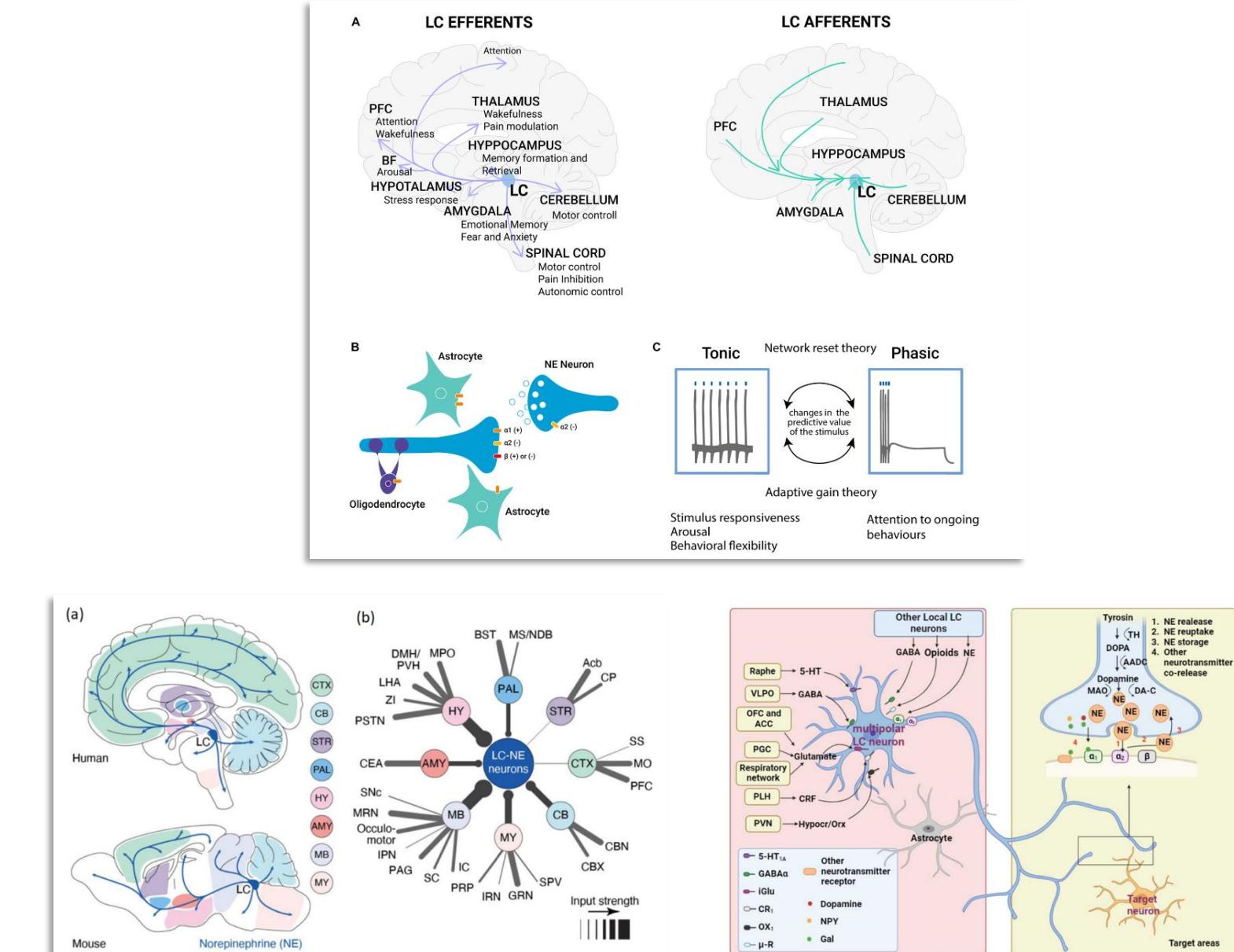
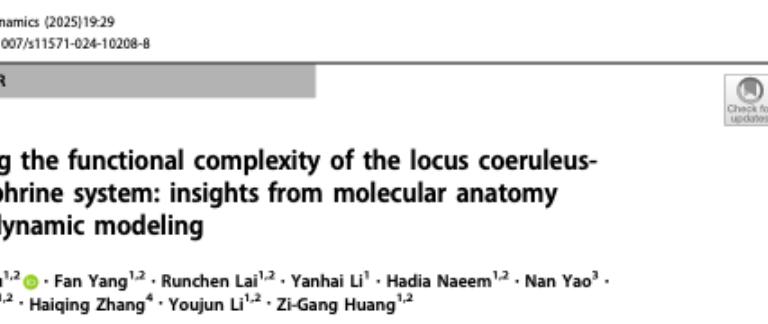
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S.M. Schabrun^{a b}



PT: Phosphene Threshold; rMT: Resting Motor Threshold

LC & NE



LC: Locus Coeruleus; NE: Norepinephrine