

# Educational Psychology Notes

- Educational psychology bridges the gap between learning theory and classroom practice. This reviewer focuses on how students learn and the psychological factors that influence academic success.
- **Learning Theories**
- Behaviorism, Cognitivism, and Constructivism—understanding different perspectives on knowledge acquisition.
- **Motivation & Affect**
- Intrinsic vs. extrinsic motivation, self-efficacy, and the role of emotions in learning.
- **Development Stages**
- Key theories of cognitive and psychosocial development (Piaget, Erikson) and their classroom implications.
- **Instructional Design**
- Effective teaching methods, differentiated instruction, and strategies for classroom management.