

Disclaimer

Please ensure you read and understand the following information prior to completing the medical assessment. The consultation should not take longer than 3-5 minutes to complete.

It is important that you answer all the questions correctly and honestly to allow the Pharma Health clinical team to assess your needs and ensure the treatment is safe and effective for you.

The information you provide us is treated with the utmost confidentiality & will be reviewed by a UK registered pharmacist prescriber. The questions listed in this medical assessment will help provide the pharmacist prescriber with an appropriate level of information to make an informed decision on whether the treatment is suitable for your condition.

Confirmation

By clicking “Continue”, you are confirming that you:

General

- Are 18 years old or above.
 - Are completing this questionnaire for yourself and to the best of your knowledge.
 - Understand that any treatment prescribed for you is for your personal use only.
 - Will disclose any serious illnesses or operations you have had.
 - Will disclose any medications (including prescription and non-prescription medications) you currently take.
 - Are happy for us to contact you if we have any queries about your condition.
 - Agree to follow any additional advice given by the Pharma Health clinical team.
 - Have read, understood and agreed to our Terms & Conditions, Privacy Notice and Terms of Sale.
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- Was assigned female at birth.
 - Understand that if used perfectly, both types are 99% effective, but in reality most women don't always take it exactly as instructed, so it's slightly less effective.
 - You must take the pill regularly for it to work effectively. There are other contraceptives such as implants or coils that don't need you to remember to take it on a daily basis.
 - Understand that the mini pill can help with heavy periods, but it can also cause irregular bleeding. Other possible side effects include sore breasts, mood changes and headaches.
 - Understand that the combined pill can make your periods lighter, less painful and more regular. They can

help with acne and reduce the risk of womb and ovarian cancers. Other possible side effects include spotting, feeling sick and breast pain.

- There's a small possible increase in the risk of breast cancer and cervical cancer with the combined pill, but these risks reduce in time after you stop taking it. There is also an increase in the risk of getting blood clots in the legs or lungs. It does however, reduce the risk of ovarian, womb and colon cancer
- Understand that if you're new to the pill or starting a new pill that you've not been on before, we recommend a 3 month supply so you can see if it suits you and if you get any side effects. If you're ordering a pill you're already taking or have used before, a 6 month supply may be more suitable.
- Will ensure that you have regular blood pressure checks with my GP. Your blood pressure must be checked before you start any contraception, then again 3 months after you start and then annually.

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