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## Human Activity Recognition: A Survey

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### Abstract

Human Activity Recognition (HAR) has been a challenging problem yet it needs to be solved. It will mainly be used for eldercare and healthcare as an assistive technology when ensemble with other technologies like Internet of Things(IoT). HAR can be done with the help of sensors, smartphones or images. In this paper, we present various state-of-the-art methods and describe each of them by literature survey. Different datasets are used for each of the methods wherein the data are collected by different means such as sensors, images, accelerometer, gyroscopes, etc. and the placement of these devices at various locations. The results obtained by each technique and the type of dataset are then compared. Machine learning techniques like decision trees, K-nearest neighbours, support vector machines, hidden markov models are reviewed for HAR and later the survey for deep neural network techniques like artificial neural networks, convolutional neural networks and recurrent neural networks is also presented.

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**Keywords:** Human Activity Recognition, Machine learning, Neural networks.

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### 1. Introduction

The field of Human Activity Recognition (HAR) has become one of the trendiest research topics due to availability of sensors and accelerometers, low cost and less power consumption, live streaming of data and advancement in computer vision, machine learning, artificial intelligence and IoT.

In HAR, various human activities such as walking, running, sitting, sleeping, standing, showering, cooking, driving, opening the door, abnormal activities, etc. are recognized. The data can be collected from wearable sensors or accelerometer or through video frames or images. HAR can be extensively used in medical diagnosis. For keeping track of elderly people, HAR can be used. Crime rates can be controlled using HAR by monitoring. The smart home environment can be created by the daily activity recognition. Driving activities can be recognized and lead to safe travel. Military actions can be recognized using HAR.

The paper is divided into various state-of-the-art methods for human activity recognition and the challenges for activity recognition. Section 2 describes various state-of-the-art methods. Section 2.1 describes the review and comparison of machine learning methods for HAR such as decision trees, K-nearest neighbours(KNN), support vector machines(SVM) and hidden Markov model(HMM). Section 2.2 describes neural network models such as artificial neural networks(ANN), convolutional neural networks(CNN) and recurrent neural networks(RNN). Fig. 1.(a) summarizes the techniques for HAR. At last, in section 3, the open issues and challenges for activity recognition are described. Finally, section 4 presents the conclusion.

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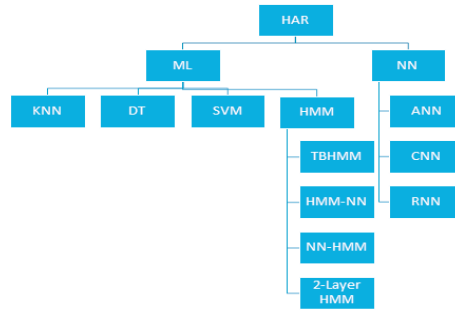


Fig. 1. (a) HAR state-of-the-art methods.

Fig 1. (a) Ref- ML: Machine Learning, NN: Neural Networks, KNN: K-Nearest Neighbour, DT: decision Tree, SVM: support Vector Machine, HMM: Hidden Markov Model, TBHMM: Threshold Based HMM, HMM-NN: HMM-Neural Networks, NN-HMM: Neural Networks-HMM, ANN: Artificial Neural Network, CNN: Convolutional NN, RNN: Recurrent NN.

## 2. State-of-the-art methods

### 2.1 Machine Learning Techniques:

Table 1. Summary of Decision Trees, K-Nearest Neighbours, and Support Vector Machine techniques

Reference + Method	Dataset	Model/Variation	Best Features	Accuracy		
				For test on sample set in %		For 10 fold cross-validation in %
[4] + Iterative Dichotomiser 3 Decision Tree (ID3 DT)	Through accelerometer of smartphones	Vector(activity, position)	Mean	73.72		51.82
		Position (decision tree for classification of the position of smartphone)	Fourier transforms coefficients.	79.56		61.31
		Action(classify activity-position independent)	Maximum value	88.32		80.29
[3] + K-Nearest Neighbour (KNN)	online activity recognition system working on Android platforms	K-nearest neighbour(KNN) classification algorithm	-	-		
		Clustered K-nearest neighbour	-	92		
[9] + Support Vector Machine (SVM)	Weizmann UIUC1	-	-	Discriminative Task		
				L1AO	L1AAO	L1SO
				100	100	100
				99.04	98.04	98.84
				Few Examples		
				FE-2	FE-4	FE-8
				66.67	70.24	100
				45.56	80.65	97.44
				99.04	98.04	98.84

#### 2.1.4 Hidden Markov Model

In [1], the author shows the HMM-based approach that uses threshold and voting to automatically segment and recognize complex activities.

Table 2. Summary Hidden Markov Model

Parameters	[1]	[2]																																																																																																																																																										
Dataset	Bulling et al. Chen et al. Anguita et al	Van Kasteren et al. Tapia et al.																																																																																																																																																										
Activities	<table><tr><td>Name</td><td>total of true labels (TT)</td><td>total of inferred labels(TI)</td></tr><tr><td>Walking</td><td>89.11</td><td>99.10</td></tr><tr><td>W.upstairs</td><td>93.21</td><td>97.34</td></tr><tr><td>W.dowstairs</td><td>97.62</td><td>81.19</td></tr><tr><td>Sitting</td><td>96.13</td><td>82.37</td></tr><tr><td>Standing</td><td>90.23</td><td>98.56</td></tr><tr><td>Lying down</td><td>86.59</td><td>95.88</td></tr><tr><td>Experiment</td><td colspan="2">Accuracy</td></tr><tr><td>No filter</td><td colspan="2">80.24</td></tr><tr><td>Filter</td><td colspan="2">79.53</td></tr><tr><td>Continuous</td><td colspan="2">81.21</td></tr><tr><td>Continuous and discrete</td><td colspan="2">88.75</td></tr></table>	Name	total of true labels (TT)	total of inferred labels(TI)	Walking	89.11	99.10	W.upstairs	93.21	97.34	W.dowstairs	97.62	81.19	Sitting	96.13	82.37	Standing	90.23	98.56	Lying down	86.59	95.88	Experiment	Accuracy		No filter	80.24		Filter	79.53		Continuous	81.21		Continuous and discrete	88.75		<table><tr><td rowspan="2">Name</td><td colspan="2">House-A</td><td colspan="2">House-B</td><td colspan="2">House-C</td></tr><tr><td>TT</td><td>TI</td><td>TT</td><td>TI</td><td>TT</td><td>TI</td></tr><tr><td>Breakfast</td><td>75.0</td><td>76.61</td><td>75.0</td><td>73.24</td><td>-</td><td>-</td></tr><tr><td>Brushing teeth</td><td>75.5</td><td>79.80</td><td>75.5</td><td>79.80</td><td>72</td><td>79.12</td></tr><tr><td>Dinner</td><td>78.0</td><td>79.75</td><td>78.0</td><td>75.00</td><td>-</td><td>-</td></tr><tr><td>Drinking</td><td>78.0</td><td>76.39</td><td>78.0</td><td>75.36</td><td>80</td><td>77.67</td></tr><tr><td>Leaving house</td><td>85.0</td><td>93.61</td><td>85.0</td><td>94.65</td><td>85</td><td>96.59</td></tr><tr><td>Others</td><td>50.0</td><td>33.99</td><td>60.0</td><td>36.23</td><td>50</td><td>26.67</td></tr><tr><td>Sleeping</td><td>80.5</td><td>93.38</td><td>80.5</td><td>84.55</td><td>80.5</td><td>75.09</td></tr><tr><td>Showering</td><td>77.0</td><td>74.90</td><td>77.0</td><td>79.96</td><td>76</td><td>78.75</td></tr><tr><td>Snack</td><td>72.0</td><td>86.64</td><td>-</td><td>-</td><td>65</td><td>74.71</td></tr><tr><td>Toileting</td><td>77.0</td><td>77.00</td><td>77.0</td><td>79.71</td><td>77</td><td>78.97</td></tr><tr><td>Dressing</td><td>-</td><td>-</td><td>80.0</td><td>89.38</td><td>75</td><td>90.36</td></tr><tr><td>Preparing BF</td><td>-</td><td>-</td><td>65.0</td><td>76.02</td><td>65</td><td>70.65</td></tr><tr><td>Preparing DN</td><td>-</td><td>-</td><td>66.0</td><td>76.74</td><td>65</td><td>70.65</td></tr><tr><td>Using dishwasher</td><td>-</td><td>-</td><td>76.0</td><td>83.51</td><td>-</td><td>-</td></tr><tr><td>Eating</td><td>-</td><td>-</td><td>-</td><td>-</td><td>75</td><td>72.81</td></tr></table>	Name	House-A		House-B		House-C		TT	TI	TT	TI	TT	TI	Breakfast	75.0	76.61	75.0	73.24	-	-	Brushing teeth	75.5	79.80	75.5	79.80	72	79.12	Dinner	78.0	79.75	78.0	75.00	-	-	Drinking	78.0	76.39	78.0	75.36	80	77.67	Leaving house	85.0	93.61	85.0	94.65	85	96.59	Others	50.0	33.99	60.0	36.23	50	26.67	Sleeping	80.5	93.38	80.5	84.55	80.5	75.09	Showering	77.0	74.90	77.0	79.96	76	78.75	Snack	72.0	86.64	-	-	65	74.71	Toileting	77.0	77.00	77.0	79.71	77	78.97	Dressing	-	-	80.0	89.38	75	90.36	Preparing BF	-	-	65.0	76.02	65	70.65	Preparing DN	-	-	66.0	76.74	65	70.65	Using dishwasher	-	-	76.0	83.51	-	-	Eating	-	-	-	-	75	72.81
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Recognition Models	Continuous Hidden Markov Model (cHMM) Multiple Class Support Vector Machine (MC-SVM)	Conditional Random Field (CRF) Hidden Markov Model (HMM) 2- Layer HMM Naïve Bayes																																																																																																																																																										
Preprocessing	A Median filter and a 3rd order lowpass Butterworth filter with 20Hz frequency.	They Clearly not represented any preprocessing required on binary temporal data. But they mentioned about three different feature representations: <div><div>1.</div><div>Raw. This feature uses the sensor data directly as it was collected from the sensor network. The value is 1 when the sensor fires and 0 otherwise.</div></div> <div><div>2.</div><div>Change Point (CP). This feature indicates when a sensor changes value. The value is 1 when a sensor state goes from zero to one or vice versa and 0 otherwise.</div></div> <div><div>3.</div><div>Last-Fired (LF). This feature indicates which sensor fired last. The sensor that changed state last continues to value 1 and changes to 0 when another sensor changes state.</div></div>																																																																																																																																																										
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## 2.2 Neural Network Techniques

### 2.2.1 Artificial Neural Network

In [8], the author describes a data acquisition module prototype developed by them, which gathers the data of the patient and recognizes abnormal status of the patient's health so that early treatment would be available.

For arm posture recognition,

- Input device: Accelerometer embedded in smart watch.
- Preprocessing: Filtering, normalization, feature extraction.

For body posture recognition.

- Input device: On chest.

A new dataset with different sets of accelerometer data and data from heart rate sensor was used to identify various activities in [8].

### 2.2.2 Convolutional Neural Network

In [6], the author describes human activity recognition through a very robust deep neural network technique that is convolutional neural network which can model the features effectively.

- Input device: Inertial Measurement Unit sensors and triaxial sensors.
- Placement of sensors: Two sensors each on left and right shank, two sensors centred on feet and one on lumbar region was placed.
- Sensor configuration: Single device, double device and triple device setups which used individual sensor data, in combination of two sensor data and adding third sensor data in combination of two respectively.
- Shape of window:  $(6(\text{no. of sensors}) \times 204)$ .

When observed, the combination of two or three sensors gave better results.

### 2.2.3 Recurrent Neural Network

Recurrent neural networks(RNN) recognizes the patterns which are separated by some intervals. Long Short Term Memory (LSTM) is a RNN architecture which models temporal sequences and has the capacity of memorizing the things. In [7], the author describes HAR using LSTM.

- Input device: Sensors embedded in houses at various locations.
- Data representation:
  - 1) Raw sensor data where the data from the sensor is directly used
  - 2) Last-fired sensor data which are the data received from the sensor that was fired last.

Configuration of LSTM was done as below:

Table 3. Summary of Above Methods

Reference + Dataset used + Implementation method	Activities classified	Network topology		Accuracy
		Parameters	Description	
[8] + Self - made dataset + ANN	Arm downwards Arm upwards Arm horizontal forward Arm horizontal backward Arm horizontal forward rotated upwards Arm horizontal forward rotated downwards	Network	2 layer Feedforward-Backpropagation	100%
		Activation function	Sigmoid	
		Input layer	3 neurons	
		Hidden layer	10 neurons	
		Output layer	6 neurons	
		Training algorithm	Levenberg-Marquardt	
		Performance evaluation	Mean squared error function	
[8] + Self - made dataset + ANN	Sitting Prone Left lateral recumbent Right lateral recumbent Supine	Network	2 layer Feedforward-Backpropagation	99.96%
		Activation function	Sigmoid	
		Input layer	3 neurons	
		Hidden layer	10 neurons	
		Output layer	5 neurons	
		Training algorithm	Levenberg-Marquardt	
		Performance evaluation	Mean squared error function	
[8] + Different dataset + ANN	Standing Supine Left lateral recumbent Right lateral recumbent Prone Walking (forward) Walking (backward) Running (forward) Running (backward)	Network	2 layer Feedforward-Backpropagation	99.08%
		Activation function	Sigmoid	
		Input layer	3 neurons	
		Hidden layer	10 neurons	
		Output layer	10 neurons	
		Training algorithm	Levenberg-Marquardt	
		Performance evaluation	Mean squared error function	
[6] + Otago Exercise dataset + CNN		Performance evaluation	5-fold cross validation	
		Three convolution layers with kernels of size	$3 \times 5$ , $2 \times 4$ and $2 \times 2$	
		Three max pooling layer with kernel size	$3 \times 3$ , $2 \times 2$ and $3 \times 2$	
		Three dense layers	500, 250 and 125 units	
		Activation function	ReLU function	
		Loss calculation	Cross entropy function.	
		Stochastic optimization method	Adam optimizer	
		Output layer Stochastic optimization method	m units, m: no. of activities in each group Adam optimizer	
		Batch size	1024	

### 3. Research gap and further challenges

- **During data collection:** If the data is to be collected through sensors, multiple sensors are to be worn by the person and the placement of sensors is an issue as it affects the results.
- **Feature extraction:** Extraction of principal features from sensor data is challenging.
- **Multiple persons:** If sensors are embedded in home environment, there can be multiple residents there and so to map the activities of multiple residents is a difficult task.
- **Time complexity and accuracy:** Different classification techniques give different time complexity and accuracy. It is frequently observed that if computational complexity of any classification model is less, it has somewhat poor accuracy as compared to the models where the accuracy is too good but computational complexity is less acceptable.
- **Real-time data:** Many results were calculated on the standard datasets which might vary when real-time dataset is used.
- **Multiple activities:** If the person performs more than one activity at the same time, recognition is difficult.
- **Vision based activity recognition:** With the live streaming of data and presence of crowd around, activity recognition may be difficult.
- **Location based activity recognition:** Outdoor locations can be traced through Global Positioning System (GPS) but indoor location is difficult to trace without embedding the sensors inside which creates multiple persons problem.
- **Sensor constraints:** We do not know if the sensor data is incorrect when faulty sensors are used.
- **Overfitting and underfitting:** Classification models like decision trees, neural networks can cause overfitting and SVM can cause underfitting when less training data is available. So, the method of implementation must be in accordance with the data.

### 4. Conclusion

In this survey, we carried out the comprehensive study of various tools and techniques which can be used in human activity recognition which included different machine learning algorithms and neural network techniques. The techniques were implemented on different datasets and they had varying observations depending upon the environmental conditions, type of data used such as accelerometer data, other sensor data, placement of sensors, methods of implementation. These techniques are compared on the basis of those contexts and also on the basis of computational complexities. Finally, challenges to human activity recognition are also presented. From this survey, we deduce that there is no single method which is best for recognition of any activity, hence in order to select a particular method for the desired application, one needs to take various factors into consideration and determine the approach accordingly. So, in spite of having numerous methods, some of the challenges still remain open and have to be resolved.

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