**Student Counseling Request Form**

**Confidentiality Notice:** All information submitted in this form will be kept confidential and will be used solely for the purpose of providing counseling services.

**1. Personal Information:**

**Full Name:**

**Grade:**

**2. Reason for Seeking Counseling:**

(Please check all that apply and briefly describe your concern if needed.)

* Stress/Anxiety
* Depression
* Relationship Issues
* Family Issues
* Academic Concerns
* Grief/Loss
* Self-esteem/Confidence Issues
* Substance Use/Abuse
* Trauma/Abuse
* Other (please specify):

**3. Please provide a brief description of your concerns:**

**4. How emergent is your need?**

* Emergency (need to be seen ASAP)
* Sooner than later (meet within a week)
* When you have time

**5. Additional Information (Optional):**

Is there anything else you'd like the counselor to know before your session?

**Student Counseling Service Referral Form**

**Signature of Referring Party: Date:**

**Student Information:**

Student Name:

Grade Level:

Date of Referral:

Referring Teacher/Staff/Parent:

Parent/Guardian Contact Information:

**Reason for Referral (Check all that apply):**

* Academic Concerns (e.g., low grades, difficulty focusing, learning difficulties)
* Behavioral Concerns (e.g., disruptive behavior, defiance, aggression)
* Emotional Concerns (e.g., anxiety, depression, mood swings)
* Social Concerns (e.g., difficulty making friends, bullying, isolation)
* Family Issues (e.g., divorce, loss, conflict, financial difficulties)
* Attendance Issues (e.g., frequent absences, tardiness)
* Other (Please specify):

**Brief Description of Concern:**

**Previous Interventions/Support Provided (if any):**

Parent Contact Date:

Classroom Accommodations Implemented:

Behavior Plan in Place:

Other (Please specify):

**Requested Support/Action Steps:**

* Individual Counseling
* Group Counseling
* Parent/Guardian Meeting
* Classroom Observation
* Referral to External Services (Therapist, Social Worker, etc.)
* Other (Please specify):

**Additional Comments**