

No one person can or should do it all on their own! Some ways to grow food and community:

compare notes: grow different things than your friends, and share!

find or start a community tool shed

Seeds are cheaper in bulk: set up a sharing club!

- History has many examples of folks helping each other out as part of political praxis. Some recent ones:
- Freedom Farm Coop, Famine Lou Hauser
- Free Breakfast Program
- Black Panther Party
- SF Food Conspirators
- Food Not Bombs
- Baulah Land Farm Project
- Community Gardens
- And more!

- Love some gardening chores but hate or can't do others? - Mutual aid circles to spread the load + help each person focus on their fave parts.
- designated seedling starters
- weed help crew
- season start + end parties
- opportunities for skill sharing
- feral foragers
- Seed savers
 - collecting
 - storing
 - organizing

"When we speak of the ills of the world - violence, poverty, injustice - we are not speaking conceptually; we are talking about things that happen to bodies." - Sonya Renee Taylor, The Body Is Not An Apology

"Ya gotta eat." - Friends and Grandparents Everywhere

Don't have space or spoons for a garden? You can still build food resilience in your communities!

help with transportation (picking up materials, transporting people, distributing abundance)



Growing Food Together

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Help with organizing

- plans
- tools
- food storage options
- community outreach
- sharing wisdom re: food justice + activism

Have space but not spoons? Find folks with spoons but not space!

Learn about your communities' needs... and respond!!

A very ~~partial~~ list of additional reading: Freedom Farms, Monica M. White Other Avenues Are Possible, Sacha Gott, The Food Activist Handbook, All! Below, Emergent Strategy, Adrienne maree brown, The Jugal Bandhu, Catriona Tudor Ziller, The wild with collective @ peron. me unceded Haudenosaunee land, April 2025

