

One thing that makes you a better friend

today's issue: Do you also give your friends advices without them asking?

->Yes. Unfortunately very often. So I will try this method in my next conversation with my friends.

1. provide

a. provide [prə`vaɪd] (v.) 撫養·贍養

-Our gender shouldn't decide who should provide for this family economically.

b. breadwinner [ˈbrɛdˌwɪnə] (v.) 掙錢養家的人

-Who is the breadwinner in your family?

c. supply [sə`plai] (v.) 供給·供應

*the law of supply and demand 供給與需求法則

-Are you **familiar with** the law of supply and demand?

d. issue [ˈɪʃjʊ] (v.) 發給·配給·核發

-In 2009, the government issued a **coupon** of three-thousands NTD for every **residents** in Taiwan and they hope to the economy.

e. give [gɪv] (v.) 給; 送給·給與

-This is the chance for you to give something back to the **community**.

2. advice 勸告·忠告

a. advice [əd`vaɪs] (n.) 勸告·忠告

-He gives very good advice. Maybe you should **turn to him**(向他求助).

b. opinion [əˈpɪnjən] (n.) 意見·見解

-Did I asked for your opinion?

c. suggestion [səˈdʒestʃən] (n.) 建議

-I have a suggestion for you. Just hear me out.

3. intention 意圖·目的

a. intention [ɪnˈtenʃən] (n.) 意圖·目的

-It's not my intention to **lie** to you.

-我不是故意要對你說謊。

b. aim [em] (v.) 瞄準·對準

-**Don't settle**. You've got to **aim for the stars(or moon)**.

-不要屈就，志向要遠大一點。

c. **mean well** (phr.) 心存好意

-Don't be mad. He mean well.

d. purpose [ˈpʊrəs] (v.) 目的·意圖

-What's your purpose in life?

4. **impulse** 衝動

a. **impulse** [ˈɪmpʌls] (n.) 衝動

-I'm so stressed out. I need to do some impulse buying after work.

b. **instinct** [ˈɪnstɪŋkt] (n.) 本能；天性；直覺

-I trust my instincts.

c. **urge** [ɜːdʒ] (n.) 強烈的慾望；衝動

-If you can't control your urges, you might as well be a savage.

d. **intuition** [ɪntjuˈɪʃən] (n.) 直覺

-My intuition is telling me something's wrong with this person.

5. need 需要；需求

a. need [niːd] (n.) 需要；需求

-I need your help. Could you come by my office at ten?

****needy** 很黏人

-She's really **needy**, and she's always seeking for attention.

b. **clingy** [ˈklɪŋɪ] (adj.) 黏著的；緊貼的；易黏的

-My boyfriend is surprisingly clingy.

I've noticed recently that I have a pattern. I offer **unsolicited advice** all the time when my friends have problems. And I know the intentions are good, because when we see someone we care about suffering, our impulse is to, like help and to fix them and to give them anything that they need.

我最近發現我有個習慣，當朋友有困難時，我每次都會自主給意見。我知道這個動機是好的，因為當我們看見在乎的人正在受苦，我們的直接反應就是幫助他們解決煩惱，並提供任何他們需要的東西。

