today's issue: What is one thing that you do (or could do) to use less plastic?

->I'm a Nature Lovers. I've notice that I drink too much drinks, so I think I can drink less in order to use less plastic, to save the earth.

1. Poverty 貧窮

- a. poverty [`pavətɪ] (n.) 貧窮
- -Ten percent of population is living in poverty.
- B. impoverished [im`pavəri[t] (adj.) 窮困的
- *be in poverty 貧窮的
- -This is an impoverished country.
- =This country is poor.
- c. needy [`nidɪ] (adj.) 貧窮的
- *more polite, can use it instead of poor.
- **the needy = poor people.
- -This charity helps needy families.
- 2. to be in the grip(s) of 在...之中
 - a. to be in the grip(s) of (phr.) 在...之中
 - -The city is in the grips of horrable horrible flood.
 - 這個城市被恐怖的水患影響。

- b. **get a grip** (on oneself) (phr.) 控制住(自己的)情緒
- -qet a grip!
- -get a grip on yourself!
- c. grip [grɪp] (n.) 緊握
- -Eddie is **grip** on the candy **tightened** when I try to take it away from him.
- 當我試圖將糖果拿走, Eddie 緊緊抓著它。
- 3. shelter 避風遮雨的地方
 - a. shelter [`[εltə] (n.) 避風遮雨的地方
 - -shelter is a basic need just like the water or foods.
 - b. sheltered [`ʃεltəd] (adj.) 掩蔽的;被保護的
 - -Someone is very sheltered.
- 4. security 安全感;保安
 - a. security [sɪ`kjʊrətɪ] (adj.) 安全感;保安
 - *national security 國家安危
 - -I'm worry about my finacial financial security.
 - b. safety [`seftɪ] (adj.) 安全
 - -The firefighters got everyone to <mark>safety</mark>.
 - -The factory has many safety measures in place.
 - 這個工廠有很多安全<mark>設施</mark>。

5. realm 領域

- a. realm [rɛlm] (n.) 領域
- *a field or an area about activity or interests or knowledge.
- -The realm of science.
- -The realm of law.
- -That's outside the realm of pacibility possibility.
- = It is impossible.

這不可能。(這超出的可能性的範圍之外)

- b. scope [skop] (n.) 範圍
- *an area that is cover by something.
- -That goal is beyond scope of project.
- 這不是我們的計畫所要討論的部分。 (這超出了我們計劃涵蓋的範圍)

Reportedly, 80 percent of ocean plastic is coming from those countries that have extreme poverty. And if you live in the grips of poverty concerned, always, about food or shelter or a sense of security, recycling—it's beyond your realm of imagination.

據報導,海洋塑膠有80%是來自極度貧窮的那些國家。如果你的生活十分貧窮,總是要擔心食物、避風遮雨的地方或安全感,那麼回收完全在你想像之外。