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Subject : Stop! That soy latte is killing you

Most people would say that soy is healthy for you, but they are deadly wrong. In fact, foods containing soy are some of the most deadly compounds that you can put in your body. The truth is that soy based foods contain phytoestrogens .

Once it gets in your body, phytoestrogen disrupts your adrenal glands, your thyroid gland, and could even cause infertility or breast cancer in women.

For men, too much estrogen is a nightmare. It affects your body's shape, your weight, your sex drive, and your fertility, too.

Moreover, estrogen is the hormone that tells your body--men and women both--to store fat.

Okay, here's the second and most important reason you should never eat soy products again.

Soy contains goitrogens, a substance that disrupts your thyroid gland, and your thyroid gland has a huge impact on your energy levels.

Now if you want to clean out this deadly product from your body, Gundry MD Vital Reds can help.

Just one glass a day and you will see some astonishing improvements: more energy, better mental clarity and cognition, better moods, the power to burn fat and start getting your weight under control.

Just click the button below to get started