

必修第二册

UNIT 1 CULTURAL HERITAGE

■ 派生词形写对

1. creative *adj.* 创造性的;有创造力的;有创意的 → creatively *adv.* 创造性地;有创造力地 → creativity *n.* 创造力;创造性 → create *vt.* 创造 → creation *n.* 创造;创作;作品
2. preserve *vt.* 保存;保护;维持 *n.* 保护区 → preservation *n.* 保护;保存 → preservative *n.* 防腐剂
3. application *n.* 申请(表);用途;运用;应用(程序) → app *n.* 应用程序;应用软件 → apply *vi. & vt.* 申请 *vt.* 涂;敷;应 用;使用 → applicant *n.* 申请人
4. promote *vt.* 促进;提升;推销;晋级 → promotion *n.* 晋升;推销;促进 → promotional *adj.* 推销的;广告宣传的 → promoter *n.* 发起者;赞助者;倡导者
5. mount *n.* 山峰 *vt.* 爬上;骑上 *vi.* 爬;登上 ④ 逐步增加;安排 → mounting *adj.* 上升的;增长的
6. balance *n.* 平衡;均匀 *vt.* 使平衡;立稳;比较;权衡 ④ 同等重视;相抵;抵消 → balanced *adj.* 均衡的;平衡的 → ④ unbalanced *adj.* 偏颇的;失衡的
7. proposal *n.* 提议;建议 → propose *vt.* 建议;提议
8. protest *n.* 抗议 *vi. & vt.* (公开)反对;抗议 → protester *n.* 抗议者, 反对者
9. likely *adj.* 可能的 *adv.* 可能地 → ④ unlikely *adj.* 不可能的 *adv.* 不可能地 → likelihood *n.* 可能;可能性
10. establish *vt.* 建立;创立 ④ 查实;确定;使……得到认可 → establishment *n.* 建立;确立 → established *adj.* 已确立的;著名的
11. limit *n.* 限制;限度 *vt.* 限制;限定 → limited *adj.* 有限的 → ④ limitless *adj.* 无限的 → limitation *n.* 限制;局限;限度
12. prevent *vt.* 阻止;阻碍;阻挠 → prevention *n.* 防止;预防 → preventive *adj.* 预防性的;防备的
13. loss *n.* 丧失;损失;丢失;亏损;去世;失败 → lose *vt.* 丢失;丧失;失去;输掉;浪费(时间);错过(机会) → lost *adj.* 迷路的;丢失的;无法再找到的 → loser *n.* (比赛的)输者,败者
14. contribution *n.* 捐款;捐赠;稿件;贡献 ④ 促成作用 → contribute *vi. & vt.* 捐助;捐献;投稿 ④ *vi.* 是……的原因之一 → contributor *n.* 撰稿人;捐款者;促成物
15. investigate *vi. & vt.* 调查;研究 → investigation *n.* 调查;研究 → investigator *n.* 调查者;侦查员 → investigative *adj.* 调查研究的;侦查的
16. conduct *n.* 行为;举止;管理方法 *vt.* 组织;安排;带领;传导 → misconduct *n.* 失职;行为不端 → conductor *n.* 指挥;导体 → conduction *n.* 传导
17. donate *vt.* (尤指向慈善机构)捐赠;赠送;献(血) → donation *n.* 捐赠;赠送;捐款 → donor *n.* 捐赠者;捐赠人
21. professional *adj.* 专业的;职业的 *n.* 专业人员;职业选手 → profession *n.* 职业;行业 → professionalise/-ize *vt.* 使职业化;使专业化
22. entrance *n.* 入口;进入 → enter *vi.* 进入 → exit *n.* 出口;通道 *vi. & vt.* 出去;离去
23. process *n.* 过程;进程;步骤 *vt.* 处理;加工 → processed *adj.* 加工的;处理的 → processor *n.* 加工者;处理器 → processing *n.* 加工;处理;审核
24. forgive *vt. & vi.* 原谅;宽恕 → forgiveness *n.* 宽恕;原谅 → forgiving *adj.* 宽容的 → forgave/forgiven/forgiving (过去式/过去分词/现在分词)
25. download *vt.* 下载 *n.* 下载;已下载的数据资料 → downloadable *adj.* 可下载的
18. disappear *vi.* 消失;灭绝;消亡 → ④ appear *vi.* 出现;露面 → reappear *vi.* 再次出现;重新出现 → appearance *n.* 出现;外貌;公开露面;演出
19. attempt *n. & vt.* 企图;试图;尝试 → attempted *adj.* 企图的;未遂的(用于名词前)
20. document *n.* 文件;公文;(计算机)文档 *vt.* 记录;记载(详情) → documentary *adj.* 文件的;纪实的 *n.* 纪录片
26. digital *adj.* 数码的;数字显示的 → digitally *adv.* 数码地;数字显示地 → digitise/-ize *vt.* 使数字化
27. image *n.* 形象;印象 → imagery *n.* 意象
28. further *adv.* 更远;进一步 *adj.* 更多的;更进一步的 ④ *vt.* 促进;增进 → far *adj.* 较远的;远的,远方的 *adv.* (距离)远,(时间)久;(程度)……得多

29. tradition *n.* 传统; 传统信仰或风俗 → traditional *adj.* 传统的 → traditionally *adv.* 传统上
30. quote *vt.* 引用; 举例说明 → misquote *vt.* 错误地引用 → quotation *n.* 引语; 引用
31. comparison *n.* 比较; 相比 → compare *vi. & vt.* 比较 → comparable *adj.* 可比较的; 类似的 → incomparable *adj.* 不可比拟的; 无比的 → comparative *adj.* 比较的; 相比的; 相对的
32. contrast *n. & vt.* 对比; 对照 → contrasting *adj.* 极不相同的, 迥异的
33. historic *adj.* 历史上著名(或重要的); 有史时期的 → history *n.* 历史 → historical *adj.* 历史上的; 有关历史的 → historian *n.* 历史学家
34. identify *vt.* 确认; 认出; 找到 → identification *n.* 识别; 鉴定; 确认 → identifiable *adj.* 可识别/辨认的 → unidentifiable *adj.* 无法辨认/识别的

■ 主题语块补全

A 组

1. cultural relics/heritage 文物/文化遗产
2. keep balance 保持平衡
3. give way to 让步; 被……取代; 屈服
4. run over 牺牲
5. be likely to 可能
6. take part in 参与; 参加
7. at the entrance to 在……入口处
8. within walking distance 步行可及
9. throughout ancient history 整个古代史
10. under the same roof 在同一屋檐下
11. emergency exit 紧急出口

B 组

12. establish a committee 成立委员会
13. make a proposal/proposals 提出建议
14. lead to protests 导致抗议
15. turn to 向……求助; 转向
16. raise funds 筹集基金
17. bring together 汇集
18. donate ... to ... 向……捐赠……
19. take down 拆解
20. put back together 重新组装
21. make sure 确保; 设法保证
22. prevent ... from ... 阻止; 不准

C 组

23. traditions and customs 传统与风俗
24. paper-cutting 剪纸
25. a key issue 关键的问题
26. symbolic meaning 象征意义
27. day and night 日日夜夜
28. all over the world 在世界各地
29. further promote awareness 进一步促进意识
30. a worthwhile trip 不虚此行
31. by contrast 相比之下
32. former experience 以前的经验
33. personal qualities 个人品质
34. in my opinion 依我看

■ 积累常诵——情感细节描写之“紧张”

<i>adj./adv.</i>	nervous, uneasy, tense, anxious, nervously	<i>n./v.</i>	nervousness, tension, anxiety, tremble, shake, stumble (结巴, 说错), stammer/stutter (结结巴巴地说)
eye, mouth, voice	①a nervous glance 紧张的一瞥; ②feel one's throat tight and one's mouth dry 感到喉咙发紧, 嘴里发干; ③clear one's throat nervously 紧张地清清嗓子; ④in a nervous voice 用紧张的声音; ⑤swallow hard 使劲咽了一下口水	heart, stomach	①pound/beat/race/thump wildly (心)怦怦直跳; ②have/with butterflies in one's stomach/one's stomach be full of butterflies 心里发慌; ③sb.'s heart be in/flies into one's mouth 心提到嗓子眼儿
hand	①hands shake/tremble 手发抖; ②palms sweat/palms grow sweaty 手心出汗	leg	legs tremble/shake 腿打颤

用表“紧张”的表达补全下面的微场景并背诵

微场景 13 主题“挑战自我”——演讲前和演讲时的“紧张”

As John stood on stage in front of a large audience, ①he cleared his throat nervously (他紧张地清了清嗓子, 副词). The sound echoed through the room, and he could feel all eyes were on him. ②In his nervousness, he swallowed hard (他紧张得使劲咽

了一下口水,介词短语). As he began to speak, ③his voice trembled slightly (他的声音有些颤抖,无灵主语句). The once-confident words seemed to quiver in the air, and he stumbled over his opening sentence. He took a deep breath, trying to compose himself. Despite the initial stumbles, John pressed on. With each passing moment, he found his rhythm and confidence. The nervousness that ④had overwhelmed (overwhelm) him gradually gave way to a sense of accomplishment as he connected with his audience and delivered a speech that left a lasting impression.

微场景 14 主题“挑战自我”——表演前的“紧张”

As I stepped onto the stage, ⑤my heart began to race and my palms grew sweaty (我的心开始狂跳,手心开始冒汗,无灵主语句). My mind went blank and ⑥my throat felt tight (我的喉咙发紧). The bright lights and the sea of faces staring back at me only added to my anxiety. I tried to take a deep breath and compose myself, but ⑦nervousness overwhelmed me (我紧张得不知所措,无灵主语句). The weight of the moment hung heavy in the air, and I knew that all eyes were on me.

UNIT 2 WILDLIFE PROTECTION

■ 派生词形写对

1. illegal adj.非法的;不合法的→illegally adv.非法地;不合法地→⑧ legal adj.合法的→legally adv.合法地
2. hunt vt. & vi.打猎;搜寻;追捕→hunting n.打猎→hunter n.猎人
3. alarm vt.使惊恐;使害怕;使担心 n.恐慌;警报;警报器→alarming adj.惊人的;使人惊恐的→alarmed adj.惊恐的;担忧的
㊁ 有警报装置的
4. rate n.速度;(比)率 vt.划分等级→rating n.等级;级别→underrated adj.被低估的
5. habitat n. (动植物的)生活环境;栖息地→habitable adj.适宜居住的→habitation n.居住
6. aware adj.知道;发觉;意识到;有……意识的→⑨ unaware adj.不知道的;没意识的→awareness n.意识;认识
7. endanger vt.使遭受危险;危害→endangered adj.濒危的→danger n.危险→dangerous adj.危险的
8. concern vt.涉及;让……担忧 n. [U]关心;担心;重要的事情→concerned adj.担心的;关心;涉及→⑩ unconcerned adj.冷淡的;不关心的→concerning prep.关于
9. living adj.居住的;活的;在用的 n.生活;生计→live vi.活着,存活;居住 vt. & vi.生活 adj.活的;现场直播的,现场表演的
10. adapt vi.适应 vt.使适应;使适合→adaptation n.适应;改编本→adaptable adj.能适应的→adaptability n.适应性;适应力→adaptive adj.适应的;有适应能力的
11. measure n.措施;方法;衡量;程度 vt.测量;度量;估量;衡量 linking v. (尺寸、长短、数量等的)量度为→measurement n.测量;尺寸→measurable adj.可测量的;显著的→measurably adv.显著地→measured adj.缓慢谨慎的;慎重的
12. authority n.官方;当权;权威→authoritative adj.权威性的;命令式的→authorise/-ze vt.授权
13. pressure n.压力;要求 vt.逼迫→press v.压,按;挤,推;将……塞进;催促 n.报刊;出版社;新闻界→pressed adj.紧缺的;压平的→pressing adj.紧急的;急迫的
14. extinct adj.已灭绝的→extinction n.灭绝
15. immediately adv.立刻 conj.一……就→immediate adj.立即的;接近的;直系的
16. reserve n. (动植物)保护区;储藏(量) vt.预订;预留;保留→reservation n.预订;保留(意见);保留地→reserved adj.寡言少语的;矜持的;预订的
17. observe vt.观察(到);注视 ㊁ 庆祝;遵守;说话;评论→observation n.观察;监视;评论→observer n.观察者;观测者;目击者→observance n.遵守;(节日的)纪念→observant adj.善于观察的
18. beauty n.美,美人;美好的东西→beautiful adj.漂亮的→beautify vt.美化;使美丽
19. remind vt.提醒;使想起→reminder n.引起回忆的事物;提醒人的事物
20. profit n.利润;利益→profitable adj.盈利的;有好处的
21. recover vi.恢复;康复 vt.找回;寻回→recovery n.恢复;复苏;重获
22. remove vt.去除;移开;脱去;免除→removal n.移走;搬迁;去除;免职;开除
23. intend vt. & vi.打算;计划;想要→intention n.打算;目的;意图→intentional adj.故意的;存心的→intentionally adv.故意地→⑪ unintentionally adv.无意地
24. threat n.威胁→threaten vt.威胁;危及→threatening adj.威胁的;恐吓的→threatened adj.受到威胁的;感到危险的

25. shoot *vt. & vi.* 射杀;射伤;发射;猎杀 ④冲,奔,扑,射,飞驰;突然把……投向;拍摄;射门;投篮→shot/shot (过去式/过去分词)→shooting *n.* 枪击;枪杀;拍摄
26. exist *vi.* 存在;生存→existence *n.* 存在;生存→existing *adj.* 现有的;现存的→existent *adj.* 存在的;实有的
27. harmony *n.* 和谐;融洽→harmonious *adj.* 和谐的→harmoniously *adv.* 和谐地
28. poster *n.* 海报→post *vt.* 张贴;公布;发帖子;寄 *n.* 邮递;职位;帖子
29. reduce *vt.* 减少;缩小;降低 ④使陷入(更坏的)境地;使沦落→reduction *n.* 减少;缩小;降低
30. neighbourhood *n.* 临近的地方;街区→neighbour *n.* 邻居;邻近的人/物;邻国
31. emotion *n.* 感情;情感;情绪→emotional *adj.* 感情的;情感的;情绪的;激动人心的
32. skin *n.* 皮;皮肤 *vt.* 剥皮;扒皮;削皮→skinny *adj.* 干瘦的;皮包骨的;紧身的
33. unusual *adj.* 特别的;不寻常的→usual *adj.* 通常的;寻常的;惯常的

■ 主题语块补全

A 组

1. save endangered species 拯救濒危物种
2. die out 灭亡;逐渐消失
3. at an alarming rate 以惊人的速度
4. on average 平均
5. mass extinction 大量灭绝
6. in danger of 有……的危险
7. on earth 究竟;到底
8. under pressure 在压力下;承受压力
9. under attack 受到攻击/抨击
10. aware of 意识到;知道
11. living space 生存空间

B 组

12. make out 看清;听清;分清
13. remind sb. of sb./sth. 使某人想起(类似的人或物)
14. take effective measures/action 采取有效措施
15. watch over 保护;照管;监督
16. day and night 日日夜夜;夜以继日
17. keep ... safe from attacks 保护……免受攻击
18. recover the population 恢复数量
19. exist in harmony with nature 与大自然和谐相处

C 组

20. powerful image 鲜明的图片
21. animal rescue centre 动物救助中心
22. search for 搜索;查找
23. when it comes to 提/说到……时
24. due to 由于;因为
25. put up posters 张贴海报
26. stir up emotions 激起情绪
27. concerned about 对……关切的;为……担忧的
28. adapt to 适应
29. make progress 取得进步

■ 积累常诵——情感细节描写之“欣慰、安心、温暖”

形容词/名词/动词	<i>adj.:</i> warm, relieved, reassuring, comforting <i>n.:</i> warmth, relief <i>v.:</i> warm, reassure (使……安心)	介词短语	①with/in relief 欣慰地; ②to one's great relief/much to one's relief 令某人很欣慰的是/令某人庆幸的是
松了口气	①breathe a sigh of relief; ②sigh with relief; ③give a sigh/gasp of relief; ④feel (a wave/sense/surge of) relief; ⑤with a huge sigh of relief 大松一口气	笑容	①a relieved/warm smile 宽慰/温暖的笑容; ②smile with/in relief 安心地笑; ③a reassuring/comforting smile 让人宽心的微笑
心暖	①warm one's heart 温暖某人的心; ②warmth filled one's heart 满心温暖	眼神	①exchange relieved glances 如释重负地彼此看了看; ②tears of relief welled up in one's eyes 欣慰的眼泪涌入双眼
感觉/全身	①feel a mixture of warmth and relief 感到既温暖又欣慰; ②(a wave of) relief/warmth+washed/flooded/came over/surged through/filled sb. 某人感觉欣慰/温暖		

用表“欣慰、安心、温暖”的表达补全下面的微场景并背诵

微场景 15 主题“志愿服务”——在施食处服务过程中的“欣慰、温暖”——2022·浙江高考续写片段

As they came in my direction, I put on my brightest and happiest smile. With a little nervousness, I began to distribute hamburgers with the meat, which were badly in need. But ①to my great relief/much to my relief (令我很欣慰的是), those homeless were in a quiet well-ordered queue, waiting for the food to be served. So hungry were some that they began to wolf the food after getting it, while some just took it away. What touched me was that hundreds left with friendly thanks. Indeed, one couldn't be judged by his clothes. Though my limbs were stiff, ②my heart was filled with warmth and joy (我的心里满是温暖和喜悦).

微场景 16 主题“人与动物”——狗狗失而复得后的“欣慰、温暖”

Upon seeing me, our lovely dog raced towards me. I couldn't hold back my tears. "It just came back by itself," my mother said gently. ③Hugging the dog with relief (欣慰地搂着狗,分词短语作状语), I apologized to my mother sincerely. "I am sure you have learned your lesson today," ④my mother said in a relieved voice (我的母亲如释重负地说). I played with the dog again. Despite the freezing weather outside, I felt ⑤a wave of warmth surging through me (我心中涌起一股暖流). It was on the day that I learned the value of responsibility.

UNIT 3 THE INTERNET

■ 派生词形写对

- 1.blog *n.* 博客 *vi.* 写博客 → blogger *n.* 博客作者;博主
- 2.chat *vi. & n.* 聊天;闲聊 → chatty *adj.* 爱闲聊的
- 3.update *vt.* 更新;向……提供最新信息 ④ *n.* 更新;最新消息 → updated *adj.* 最新的;现代化的
- 4.stream *vt.* 流播;流出 ④ *vi.* 流动 鱼贯而行;一个接一个地移动 *n.* 小河;溪流 → live-stream *vt. & n.* 实时流播;网络直播 → mainstream *n.* 主流 *adj.* 主流的
- 5.benefit *n.* 益处;优势 ④ *福利* *vt.* 使受益 *vi.* 得益于 → beneficial *adj.* 有益的;有利的
- 6.distance *n.* 距离;遥远;冷淡;疏远 ④ *vt.* 拉开距离;使疏远 → distant *adj.* 遥远的;疏远的 ④ 心不在焉的 → distantly *adv.* 遥远地;疏远地;恍惚地
- 7.inspire *vt.* 鼓舞;激励;启发思考 → inspired *adj.* 备受鼓舞的 → inspiring *adj.* 鼓舞人心的 → inspiration *n.* 鼓舞;灵感 → inspirational *adj.* 启发灵感的;鼓舞人心的
- 8.access *n.* 通道;(使用、查阅、接近或面见的)机会 *vt.* 进入;使用;获取 → accessible *adj.* 易进入的;易得到的;易使用的
- 9.convenient *adj.* 方便的;近便的 → convenience *n.* 方便 ④ 便利设施 → ④ inconvenient *adj.* 不方便的
- 10.resident *n.* 居民;(美国的)住院医生 *adj.* (在某地)居住的 → residential *adj.* 居住的;住宅的
- 11.province *n.* 省 → provincial *adj.* 省的 ④ 守旧的
- 12.surf *vt. & vi.* 浏览;冲浪 → surfing *n.* 冲浪运动;网上冲浪 → surfer *n.* 冲浪者;漫游者;网迷
- 13.network *n.* (互联)网络;网状系统;人际网 *vt.* 将……连接成网络;联播 *vi.* 建立工作关系 → networking *n.* 人际关系网
- 14.cash *n.* 现金;金钱 → cashier *n.* 出纳员;收银员
- 15.tough *adj.* 艰难的;严厉的 → toughly *adv.* 强硬地;坚强地 → toughness *n.* 强硬;坚韧 → toughen *vt. & vi.* (使)坚硬 *vt.* 使更坚强;加强
- 16.function *n.* 功能;作用;机能 *vi.* 起作用;运转 → functional *adj.* 实用的;运转的;功能的
- 17.confirm *vt.* 确认;使确信 → confirmation *n.* 确认 → confirmed *adj.* 成习惯的;根深蒂固的
- 18.press *vt.* 按;压;敦促;将……塞进;把……按入 *n.* 报刊;出版社;新闻界 → pressure *n.* 压力;要求 *vt.* 逼迫
- 19.privacy *n.* 隐私;私密 → private *adj.* 秘密的 → privately *adv.* 秘密地
- 20.theft *n.* 偷(窃);偷盗罪 → thief *n.* 贼 → thieves (*pl.*)
- 21.rude *adj.* 粗鲁的;无礼的 → rudely *adv.* 粗鲁地 → rudeness *n.* 粗鲁
- 22.familiar *adj.* 熟悉;熟知 → ④ unfamiliar *adj.* 不熟悉的 → familiarity *n.* 熟悉
- 23.account *n.* 账户;描述;解释 *v.* 认为是;视为 → accountant *n.* 会计员;会计师 → accountable *adj.* 负有责任,有说明义务
- 24.embarrassing *adj.* 让人难堪(尴尬;害羞)的 → embarrass *vt.* 使难堪;使尴尬 → embarrassment *n.* 尴尬 → embarrassed *adj.* 感到尴尬的
- 25.upset *adj.* 心烦的;苦恼的;沮丧的 *vt.* 使烦恼;使生气;搅乱;打乱;打翻;碰倒
④ *n.* 困扰;苦恼 → upset/upset/upsetting (过去式/过去分词/现在分词) → upsetting *adj.* 令人心烦意乱的

26.particular *adj.*特定的;特别的;讲究的 ④ *n.*细节,详情→*particularly adv.*特别;尤其

27.define *vt.*给……下定义;界定;解释→*definition n.*定义;解释

28.case *n.*盒;箱;情况;案件;病例 ④ 论据→*encase vt.*把……装箱(或围住、包起)

■ 主题语块补全

A 组

- 1.search engine 搜索引擎
- 2.stream videos 流播视频
- 3.chat online 在线聊天
- 4.surf the Internet 网上冲浪
- 5.update blog post 更新博文
- 6.look up information 查询信息
- 7.at a discount 打折
- 8.be familiar with 熟悉,熟知
- 9.keep track of 掌握……的最新消息;
了解……的动态
- 10.charity sale 慈善义卖

B 组

- 11.press the button 按下按钮
- 12.make life convenient 使生活方便
- 13.be stuck at home 被困在家
- 14.keep sb. company 陪伴某人
- 15.remove the distance 消除距离
- 16.go through tough times 度过艰难时期
- 17.bridge the digital divide 消除数字鸿沟
- 18.now that 既然;由于
- 19.have access to 可接近;可进入
- 20.in shape 状况良好

C 组

- 21.identity theft 身份盗窃
- 22.feel upset 感到心烦
- 23.make fun of 取笑;戏弄
- 24.be rude to 对……粗鲁
- 25.keep (...) in mind 牢记
- 26.in some cases 在某些情况下
- 27.practical tips 实用的忠告
- 28.click the link 点击链接
- 29.prove false 证明是错误的
- 30.be directed at 针对;对准
- 31.be targeted at teenagers 针对青少年

■ 积累常诵——情感细节描写之“尴尬、羞愧/耻”

形容词	embarrassed, awkward, ashamed, embarrassing	名词/动词	embarrassment, awkwardness, shame, embarrass
脸红	①one's face/cheeks burns/burn/be flushed/sb. blushes/flushes with embarrassment/shame 因尴尬/羞愧而脸上发烫/脸红/绯红; ②blood rushed to one's face/colour flooded one's face 脸通红; ③one's face turned red 脸变红	低头/垂眼	①hang/drop/lower/bow one's head in shame/embarrassment 羞愧/尴尬地低头; ②cast one's eyes down 垂下眼帘; ③lower/drop one's eyes/gaze 垂眼/垂下目光
声音/语调	①in an embarrassed voice/tone 用一种尴尬的声音/语气; ②hear the embarrassment/shame in one's voice 听到某人声音中的尴尬/羞愧; ③give an embarrassed cough 尴尬地咳了一声	场景	an awkward/embarrassed silence/moment/pause 尴尬的沉默/一瞬/停顿

用表“尴尬、羞愧”的表达补全下面的微场景并背诵

微场景 17 主题“个人成长”——承认自己限时的“尴尬、羞愧”

“I don't want to go,” I declared. ①I blushed and looked away, embarrassed (我脸红了,难为情地掉头看向别处,形容词作状语). I was wondering whether I had made the right decision when I looked up and met Dad's eyes. Dad asked me what on earth happened to me. ②Shame flushed my face (我羞红了脸). “I guess I was just too chicken. Sorry.” “Don't ever apologize for knowing your limits,” he said. “And don't ever let someone make you do something you're not comfortable with.” For a few stunned seconds, I let his words wash over me and sink in so that I would never forget them.

微场景 18 主题“蜕变成长”——遇见朋友时的“尴尬、羞耻”

Several days later, I caught sight of a familiar figure in the wheelchair, peering at my poster. It was Grace. ③Feeling my cheeks burning (感觉双颊发烫), I ④lowered/dropped my gaze (垂下目光), trying to escape her attention. But after a brief hesitation, I collected myself and edged towards her. When our eyes met, a faint smile flashed across her lips as if to comfort

me. ⑤A strong sense of shame mixed with awkwardness rooted me to the spot (一种混杂着尴尬的强烈羞耻感让我呆住了)。Grace looked into my eyes, saying firmly and affectionately, “Stay positive and never forget you are not alone.” Her words were like a warm stream flowing into my heart.

UNIT 4 HISTORY AND TRADITIONS

■ 派生词形写对

1. kingdom *n.* 王国;领域→king *n.* 君主;国王;佼佼者
2. chief *adj.* 最重要的;最高级别的 *n.* (公司或机构的)首领;酋长→chiefly *adv.* 主要地;首要地
3. puzzle *n.* 谜;智力游戏;疑问 *vt.* 迷惑;使困惑→puzzled *adj.* 困惑的;迷惑的→puzzling *adj.* 令人困惑的
4. belong *vi.* 应在(某处);适应;合得来→belonging *n.* 归属→belongings *n.* 所有物;财产
5. defence *n.* 防御;保卫→defend *vt. & vi.* 防御;保卫;(为……)辩护 *vt.* 辩解;防守→defensive *adj.* 防御的;戒备的→defender *n.* 防守队员;后卫;守卫者
6. surround *vt.* 包围;环绕;围住 ④ 喜欢结交;喜欢身边总有一→surrounding *adj.* 周围的→surroundings *n.* 周围的事物;环境
7. legal *adj.* 法律的;合法的→legally *adv.* 合法地→⑧ illegal *adj.* 违法的
8. evidence *n.* 证据;证明→evident *adj.* 明显的→evidently *adv.* 明显地
9. achievement *n.* 成就;成绩;达到→achieve *vt.* 取得;达到→achievable *adj.* 可完成的;可达到的
10. location *n.* 地方;地点;位置→locate *vt.* 找出……的位置;把……设置在→located *adj.* 坐落于;位于
11. fascinating *adj.* 极有吸引力的;迷人的→fascinate *vt.* 深深吸引;迷住→fascinated *adj.* 入迷的;极感兴趣的
12. individual *adj.* 单独的;个别的 *n.* 个人→individually *adv.* 单独地
13. philosophy *n.* 哲学→philosophical *adj.* 哲学的;处乱不惊的→philosophically *adv.* 哲学上
14. Confucius *n.* 孔子→Confucianism *n.* 儒家;儒学
15. generous *adj.* 慷慨的;大方的;丰富的→generosity *n.* 慷慨;大方
16. eager *adj.* 热切的;渴望的→eagerly *adv.* 急切地;热心地→eagerness *n.* 热切;渴望
17. charge *n.* 收费;指控;主管 *vt.* 收费;控告;充电 ④ *vt. & vi.* 猛冲;猛攻→recharge *vt.* 充电;恢复体力;恢复精力→charged *adj.* 带电的;高度兴奋的;紧张的
18. announce *vt.* 宣布;通知;声称→announcement *n.* 通告;布告;宣布;宣告→announcer *n.* 广播员,播音员,节目主持人
19. approach *n.* 方法;途径;接近;道路;路径;接洽 *vt. & vi.* 靠近 ④ *vt.* 接洽;对付;着手处理→approachable *adj.* 可接近的;和蔼可亲的;易理解的
20. ancestor *n.* 祖宗;祖先→ancestral *adj.* 祖先的;祖传的
21. greet *vt.* 问候;迎接→greeting *n.* 问候;招呼;迎接→greetings *n.* 贺词;问候语
22. crowd *n.* 人群;一群人;民众;(观)群众 *vt.* 挤满;使……拥挤 *vi.* 涌进;蜂拥而至;涌上(心头);涌入(脑海)→crowded *adj.* 拥挤的
23. poet *n.* 诗人→poem *n.* 诗→poetry *n.* 诗歌→poetic *adj.* 诗歌的;富有诗意的
24. roll *vi. & vt.* (使)翻滚;(使)滚动;(使)摇晃;发出持续的声音 *n.* 卷(轴);翻滚→rolling *adj.* 连绵起伏的
25. ocean *n.* 大海;海洋→oceanic *adj.* 海洋的;大海的;与海洋有关的
26. striking *adj.* 引人注目的;显著的→strike *n.* 罢工 *vt. & vi.* 报时;突击;侵袭;击打;撞 *vt.* 打动,给(某人以)印象;突然想到 *vi.* 罢工
27. custom *n.* 风俗;习俗;习惯→customs *n.* 海关

■ 主题语块补全

A 组

1. as well as 同(一样也);和;还
2. be crowded with 挤满……
3. be similar to 与……相似

B 组

11. belong to 属于
12. take over 接管
13. result in 导致

C 组

18. keep your eyes open (for) 留意;留心
19. a feast for the eyes 视觉盛宴
20. rolling hills 连绵起伏的群山

4.the <u>chief cause</u> 主要原因	14. <u>refer to ... as</u> 把……称为;认为是	21. <u>be dotted with cattle</u> 点缀着牛
5.a great <u>amount</u> of 大量的	15. <u>break away (from sb./sth.)</u> 脱离;背叛;逃脱	22. <u>be greeted with</u> 传入耳中/映入眼帘
6. <u>fascinating landscape</u> 迷人的风景	16. <u>join ... to ...</u> 把……和……连接或联结起来	23. <u>be eager to do sth.</u> 渴望做某事
7.a <u>battle</u> for survival 一场生死斗	17. <u>leave behind</u> 遗弃;留下;落下;遗忘	24.with a <u>roar</u> 随着一声怒吼
8.apply for the <u>position</u> 申请该职位		25. <u>all the way</u> 一路上;一直
9. <u>ensure</u> his success 确保他的成功		26. <u>experience local customs first-hand</u> 亲自体验当地风俗
10. <u>conquer</u> a fear 克服恐惧		

■ 积累常诵——情感细节描写之“后悔、内疚、自责”

形容词/副词	guilty, regretful, guiltily	名词/动词	guilt, regret
脸	①have guilt written all over one's face 满脸内疚; ②a guilty look on one's face 脸上露出惭愧的表情	笑/泪	①a regretful smile 歉意的微笑; ②regretful tears/tears of regret 悔恨的泪水; ③give a regretful smile 遗憾的笑
眼神	①a regretful/guilty look 遗憾/内疚的眼神; ②one's eyes be full of guilt/regret 眼里满是内疚/悔恨	声音	①in a regretful/guilty voice 用遗憾/后悔/内疚的声音; ②hear the regret/guilt in one's voice 听出某人声音中的遗憾/内疚
心	①feel guilty about 对……感到内疚; ②be full of/be consumed with guilt/regret 满心愧疚/悔恨; ③be overcome/consumed/overwhelmed/seized by feelings of guilt 愧疚难当	其他	①drown in feelings of guilt 沉浸在内疚感之中; ②much to one's regret/to one's great regret 令某人深感遗憾的是; ③with deep/great regret 很遗憾地; ④a feeling/wave of guilt/guilty feelings 内疚感

用表“后悔、内疚、自责”的表达补全下面的微场景并背诵

微场景 19 主题“校园生活”——同学之间产生矛盾后的“后悔、内疚、自责”

As Jeremy noticed Tamika's teary eyes, ①[a sense of guilt seized him](#) (他一阵内疚,无灵主语句). Jeremy stood frozen there, ②[with guilt written all over his face](#) (满脸内疚,with 复合结构). “What if Tamika would not forgive me for my rude remarks?” Miss Snowden smiled and encouraged him, “An apology never comes late.” Jeremy plucked up the courage and approached Tamika, apologizing in a low voice, “I shouldn't have said that. Sorry.”

微场景 20 主题“友谊”——和朋友发生矛盾后的“后悔、内疚、自责”

As I stared at Ann's face wet with tears, ③[guilt and regret flooded me in waves](#) (歉疚和后悔一阵阵涌上我的心头). She cast me an angry glance and cried, “How silly I am to befriend you!” Then, she stormed out before I could utter a word. ④[The regret and anger in her voice shocked me](#) (她声音中的悔恨和愤怒让我震惊). I froze, drowning in ⑤[feelings of guilt](#) (内疚感). If only I had not quarreled with her! ⑥[With regretful tears welling up in my eyes](#) (眼睛涌出悔恨的泪水,with 复合结构), I dashed downstairs to apologize to Ann.

UNIT 5 MUSIC

■ 派生词形写对

1. virtual *adj.*很接近的;事实上的;虚拟的→virtually *adv.*事实上;虚拟地
2. composition *n.*成分;(音乐、艺术、诗歌的)作品→compose *vt.*组成;作曲;创作 ④使镇静;使平静→composer *n.*作曲家→composure *n.*镇静
3. perform *vi. & vt.*表演 *vt.*履行;执行;做 ④*vi.*工作,运转(好/不好)→performance *n.*表演;演出;演技;表现;履行→performer *n.*表演者;演员
4. enable *vt.*使能够;使可能→able *adj.*有才能的;能;能够→ability *n.*能力

- 5.prove *vt.*证明;展现;证实 *linking v.*证明是→*proof n.*证明;证据→*proofs (pl.)*
- 6.original *adj.*原来的;独创的;原作的 *n.*原件;原稿;原作→*originally adv.*原来;起初→*originality n.*独创性;创意→*origin n.*起源;起因→*originate vt.*始创;起源
- 7.gradual *adj.*逐渐的;渐进的→*gradually adv.*逐渐地
- 8.ordinary *adj.*普通的;平凡的→*ordinarily adv.*普通地;平常地;通常地
- 9.stage *n.*(发展或进展的)时期;阶段;(多指剧场中的)舞台 ④*vt.*上演;举办;组织;筹划→*onstage adj. & adv.*舞台上(的)
- 10.phenomenon *n.*现象→*phenomena (pl.)*
- 11.energy *n.*能源;能量→*energetic adj.*精力充沛的;充满活力的→*energetically adv.*精力充沛地→*energize/-ise vt.*使充满热情;给……增添能量
- 12.piano *n.*钢琴→*pianist n.*钢琴家
- 13.capable *adj.*有能力的;有才能的→*capability n.*能力;才能
- 14.relief *n.*(焦虑、痛苦的)减轻或消除;(不快过后的)宽慰、轻松或解脱→*relieve vt.*解除;减轻→*relieved adj.*感到宽慰的;放心的;显得开心的
- 15.absorbed *adj.*被……吸引住的;专心致志的→*absorb vt.*吸收;使全神贯注→*absorption n.*吸收;全神贯注
- 16.unemployed *adj.*失业的;待业的→*unemployment n.*失业→⑤*employment n.*就业→*employ vt.*雇用→*employer n.*雇主→*employee n.*受雇者
- 17.romantic *adj.*浪漫的 *n.*浪漫的人→*romance n.*传奇色彩;浪漫氛围
- 18.aim *n.*目的;目标;瞄准 *vt. & vi.*力求达到;力争做到;瞄准 *vt.*目的是;旨在→*aimless adj.*漫无目的的→*aimlessly adv.*漫无目的地
- 19.equipment *n.*设备;装备→*equip vt.*配备;装备→*equipped adj.*装备齐全的;使有准备的,使有能力的
- 20.talent *n.*天才;天资;天赋→*talented adj.*有才能的;天才的
- 21.assume *vt.*以为;假设;认为 ④*承担(责任);(就)职;呈现;假装*→*assumption n.*假定;假设→*assuming conj.*假如
- 22.addition *n.*添加;加法;增加物→*additional adj.*附加的;额外的→*additionally adv.*此外→*add vt. & vi.*增加;添加→*added adj.*额外的
- 23.previous *adj.*先前的;以往的→*previously adv.*以前;先前
- 24.treatment *n.*治疗;对待;处理→*treat vt.*以……方式对待;把……看作;治疗;处理→*treated adj.*处理过的
- 25.satisfaction *n.*满足;满意;欣慰→*satisfy vt.*使满意→*satisfying adj.*令人满意的→*satisfactory adj.*令人满意的→*satisfied adj.*满意的
- 26.various *adj.*各种不同的;各种各样的→*variety n.*不同种类;多样化;品种→*vary vi.*变化;不同
- 27.repetition *n.*重复;重做→*repeat vt.*重复;重说;重写→*repetitive adj.*重复乏味的→*repeated adj.*重复的;反复发生的→*repeatedly adv.*重复地;一再
- 28.reaction *n.*反应;回应→*react vi.*作出反应;回应→*reactive adj.*反应的;回应的;能起化学反应的;易反应的
- 29.ache *vi. & n.*疼痛→*achy adj.*隐痛不止的→*aching adj.*疼痛的
- 30.impact *n.*巨大影响;强大作用;冲击力 *vt.*(对人或事物)有影响;撞击→*impactful adj.*有影响的;有效的

■ 主题语块补全

A组	B组	C组
1.classical music 古典乐	12.virtual choir 虚拟合唱团	22.the medicine of the mind 心灵的良药
2.stringed instrument 弦乐器	13.enable sb. to do 使某人能做	23.touch one's heart/soul 触动某人的心/灵魂
3.get absorbed in 全神贯注于	14.in addition (to sb./sth.) 除……以外(还)	24.give energy/encouragement 给予能量/鼓励
4.fall in love with 爱上	15.be capable of 有……的能力	25.a relief and cure for the disease 缓解并治疗
5.receive an award 获奖	16.aim for glory 力争荣誉	疾病
6.common phenomena 常见的现象	17.set sth. up 安装好(设备或机器)	26.get through (设法)处理;完成
	18.try out 参加……选拔(或试演)	27 relieve the ache 减轻疼痛

7.lean back in the chair 仰靠在椅背上	19.a sense of satisfaction 满足感	28.positive reaction 积极的反应
8.stand on stage 站在舞台上	20.from (then) on 从(那)时起	29.pay off 付清;取得成功
9.an ordinary day 普通的一天	21.have the opportunity to perform 有机会表演	30.be marked by 有……特征
10.draw up an outline 起草概要		31.have a(n) ...impact on 对……有影响
11.virtual reality 虚拟现实		

积累常诵——情感细节描写之“悲伤、沮丧”

形容词/ 副词	sorrowful, upset, frustrated, miserable, depressed, heart-broken, heavy-hearted, sadly, painfully	名词/ 动词	sorrow, sadness, grief, depression, sadden, sink vi.消沉, weep 哭泣, water 流泪, sob 啜泣, choke 哽咽
脸/眼睛	①sadness clouded one's face 一脸悲伤; ②sadness in one's eyes 眼里满是悲伤; ③one's eyes be filled with/full of sadness 眼里满是悲伤	心/ 情绪	①with a heavy/sinking/sorrowful/broken heart 心情沉重/难过/心碎; ②be down/low in spirits 情绪低落
声音	①in a sorrowful/sad tone/voice 伤心地说; ②sadness filled one's voice 声音里满是悲伤; ③hear the sadness/sorrow/grief in one's voice 听出某人声音里的悲伤	哭	①sob/weep with one's face buried in one's hands 掩面啜泣; ②cry one's eyes out 痛哭; ③cry one's heart out 悲痛欲绝; ④break down 忍不住哭起来; ⑤fight/hold back tears 抑制住泪水; ⑥in tears 流着泪

用表“悲伤、沮丧”的表达补全下面的微场景并背诵

微场景 21 主题“亲情感悟”——做早餐遇到困难时的“悲伤、沮丧”——新高考 I 卷续写

①Spotting the disappointment and sadness on the twins' faces (看到双胞胎脸上的失望和悲伤,分词短语作状语), their father frowned. Before he could question the kids, Jenna threw herself at him, ②tears welling up in her eyes and her voice choking (泪水夺眶而出,声音也哽咽了,独立主格), “Dad, we failed to prepare the breakfast for Mom!” Half surprised and half concerned, the father wiped away her tears and comforted, “Let's do it together.” At this, the twins' faces lit up with their heads nodding firmly. The next moment witnessed their efforts to make the breakfast and they eventually made it.

微场景 22 主题“克服挑战/困难”——学习遇到困难/挫折时的“悲伤、沮丧”

Despite her best efforts, Aliya consistently struggled with her math exams. Every time she received her results, ③a sense of sadness and despair enveloped her (悲伤和绝望的感觉笼罩着她,无灵主语句). She felt as if she was letting herself and her family down. Each disappointing grade seemed to chip away at her confidence, which ④filled her eyes with sadness and uncertainty (使她的眼里满是悲伤和不确定). Hanging over her was a dark cloud. She sat at the desk, staring into textbooks and exercises, ⑤motionless and heavy-hearted (一动不动,心情沉重,形容词短语作状语). ⑥An air of sadness could be sensed ten meters away (十米以外都能感觉到一种悲伤的气氛,夸张).