

# 简历

千世儒

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Gender: 男

## 教育背景

2021.09-2025.06

澳门科技大学

专业: 食品与营养科学

主修课程（已修）： 基础营养学，营养与人体生长发育和衰老 分析化学 食品化学与分析 食品毒理学 有机化学 生物化学及分子生物学 免疫学及微生物学 解剖生理学 食品研究与开发 公共营养及营养政策 营养健康教育 临床营养 营养与疾病 食品加工技术 中医营养食疗学 食品包装技术

### Educational Background

2021.09-2025.06 Macau University of Science and Technology

Major: Food and Nutritional Sciences

Major Courses (taken): Basic Nutrition, Nutrition and Human Growth and Aging Analytical Chemistry, Food Chemistry and Analysis, Food Toxicology, Organic Chemistry, Biochemistry and Molecular Biology, Immunology and Microbiology, Anatomy and Physiology, Food Research and Development, Public Nutrition and Nutrition Policy, Nutritional Health Education, Clinical Nutrition, Nutrition and Disease, Food Processing Technology, Traditional Chinese Medicine, Nutritional Therapeutics, Food Packaging Technology.

# 校园经历

1. 发表《Effects of Sugary Drinks (Sugar Substitutes) on the Human Body》于 2024 3rd International Conference on Biochemical Engineering and Environmentally Friendly Material, 并被 WEB OF SCIENCE 收录。
2. 在校期间，任职于艺术团舞台行政组，负责大小演出及讲座的幕后规划。
3. 积极参加各项医学相关讲座，如：澳门北京医科大学校友会，澳门特别行政区 2022 世界食品安全日食品安全专题讲座等。
4. 2023 年 7 月 19 日至 2023 年 8 月 19 日期间于陕西省西安市鄠邑区卫生健康局实习。
5. 2024 年 7 月 1 日至 2024 年 8 月 1 日期间于陕西省西安市鄠邑区市场监督管理局食品流通监管科实习

## Campus Experience

1. Published "Effects of Sugary Drinks (Sugar Substitutes) on the Human Body" in 2024 3rd International Conference on Biochemical Engineering and Environmentally Friendly Material" in 2024 3rd International Conference on Biochemical Engineering and Environmentally Friendly Material, which was accepted by WEB OF SCIENCE. 2.
2. During the school year, she worked in the stage administration team of the Art Ensemble, responsible for the behind-the-scenes planning of large and small performances and lectures.
3. Actively participated in various medical-related lectures, such as: Alumni Association of Beijing Medical University in Macau, Food Safety Lecture on World Food Safety Day 2022 in Macau SAR, etc.
4. July 19, 2023 to August 19, 2023, internship at Shanshan District Health and Wellness Bureau, Xi'an City, Shaanxi Province.
5. Internship at Food Distribution Supervision Section, Market Supervision Administration, Shuangyi District, Xi'an City, Shaanxi Province, between July 1, 2024 and August 1, 2024

# 技能

熟练掌握与专业相关的基础实验步骤及内容。

## 自我评价

1. 在校学习期间，熟练掌握相关基础知识及实验操作步骤。
2. 参加各类讲座论坛，对目前一些国家及地区的营养发展状况有一些基础了解。
3. 具备较强观察敏锐度，沟通能力及应变能力。

### Self-evaluation

1. During my study in school, I have mastered the relevant basic knowledge and experimental procedures.
2. Participate in various lectures and forums, and have some basic understanding of the current nutritional development in some countries and regions.
3. have strong observation sensitivity, communication ability and adaptability.