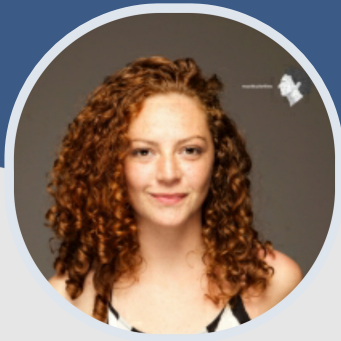











Tabitha de Jong



Personal Details

-  Tabitha de Jong
-  Savelsbos 2
1025BE Amsterdam
-  0031(0)640823526
-  tabithadejong654@gmail.com
-  Date of birth:
30 December 1993
-  Place of birth: Amsterdam
-  Gender: female
-  Nationality: Dutch/Canadian
-  Driving license: A, B

Languages

Nederlands	● ● ● ● ●
Engels	● ● ● ● ●
Frans	● ● ● ● ●
German	● ● ● ● ●

Hobbies and Interests

- leadership
- sports and movement
- coaching
- authentic communication development

Education

Fitness & Coaching Milo Education, Amsterdam www.miloeducation.nl	2020
Movement mobility Movement Based Athletics, Amsterdam www.movementbasedathletics.nl	2019
Atheneum Amsterdams Lyceum , Amsterdam	2006 - 2009

Courses

EREPS EREPS Level 3&4	2020
SHV Sociale Hygiëne Verklaring	2014
TEFL Certificate Teaching English as a Foreign Language	2013

Work Experience

Freelancer Inspiration Innovation, Amsterdam Specialist in hospitality/eventmanagement, accountmanagement, group fitness and dance workshops.	2016 - present
Mobility trainer Sqmgym , Amsterdam www.sqmgym.nl	2020
Kickbox fitness instructor ILoveKickBoxing, Vancouver www.ilovekickboxing.com	2019
Sales executive Bluestone, Utrecht	2016
Hostess Ziggy beach, Tulum, Mexico www.ziggybeachtulum.com	2015 - 2016
Restaurantmanager Studio Westerpark, Amsterdam	2014 - 2015
Hostess Rockbar, Koh Samui, Thailand	2013 - 2014
English teacher Pra wang Highschool, Cang Rai, Thailand	2013 - 2014
Waitress	2013

Norcenni Girasole, Toscane, Italie

www.norcennigirasole.net

Animator and sports teacher

2012

Animawork, Kos, Griekenland

www.animawork.com

Fundraiser

2011 - 2012

Greenpeace, Amsterdam

www.greenpeace.org

Animator and hospitality employee

2011

Domaine de la Porte, Frankrijk

www.domainedelaporte.com