Initial Scan Exam (ISE) Palpation summary (4 T's)

Functional tests

Region	Functional Test	Findings (pain/ROM)

☐ Shoulder (Apiey's superior/interior	□ Shoulder	er (Apley's superior/inferior
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- □ Elbow (flexion/extension)□ Wrist/hand (hand shake/grip)

- Regional Functional Tests □ Hip (squat & rise)
- □ Knee (squat & rise)
- ☐ Ankle (squat & rise, heel/toe walk)
- □ C-spine (shoulder check, up/down)
- □ T-spine (flexion/extension)□ L-spine (squat & rise, touch toes)