☑ Chec CC & significant history:	Regional Examina ck normal, circle & describe abnorm	nal	Insurance:			date:
Fracture screen (tuning fork, percussion, tor	rsion test, grip strength): W	NL, □ Refe	r for X-ray:			
Inspection: WNL	Palpation: 🛭 WM	NL, texture	, tenderness, pair	referral		
Development: □ good, □ fair, □ poor □ Antalgia:	Palpation L	_ R I	Palpation	L F		Rìght Left
Antalgia: Skin (bruising, scars):	Medial epicondyle		Common exten. tendo			\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \
Asymmetry:	Ulnar groove		Anconeus			
Observation □ WNL L R	Med. collateral ligament		Brachioradialis			
	Common flexor tendon		Extensor carpi ulnaris			(SS) (SS) /
-lead tilt	Flexor carpi ulnaris	1	Extensor carpi rad lon	gus		
Head rotation	Palmaris longus		Extensor carpi rad bre	vis		1/11// \ \ \ \ \ \
Shoulder high	Flexor carpi radialis	1	Extensor digitorum			
Shoulder rounded	Pronator teres		Supinator			{
Humerus rotated	Biceps tendon		Triceps tendon			<i>{ </i>
Elbow flexed	Head of radius		Triceps muscle			
Elbow hyperextended	Radial tunnel		Olecranon			
/algus forearm	Lateral epicondyle	(Olecranon bursa		17	
/arus forearm	Lat. collateral ligament	(Cubital fossa		8	MULH HUNN
Forearm pronated	Lat. supracondylar ridge	1	Brachialis			III. MIL
orearm supinated						980
land/finger deformity						
Vacaular Saraan MAII	Neurologic: DV	VNL L R		opedic:		
Vascular Screen: □ WNL Pulses (0-4) L R				ity L	□ W N	Lateral epicondylitis L Book lift test Cozen's
Pulses (0-4) L R	Reflexes (0-5), □ WNL Biceps (C5)		Instabil Valgus str	ity L ess (0°) ess (30°)		Lateral epicondylitis L Book lift test
Pulses (0-4) L R Brachial pulse	Reflexes (0-5), Biceps (C5) Brachioradialis (C6)		Instabil Valgus str	ity L ess (0°) ess (30°) ess (0°)		Lateral epicondylitis L Book lift test Cozen's
Pulses (0-4) L R Brachial pulse Radial pulse	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength	L R	Instabil Valgus str Valgus str Varus stre Varus stre	ity L ess (0°) ess (30°) ess (0°) ess (30°)	. R	Lateral epicondylitis L Book lift test Cozen's Mill's
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL	L R	Instabil Valgus str Valgus str Varus stre Varus stre	ity L ess (0°) ess (30°) ess (0°)		Lateral epicondylitis L Book lift test Cozen's Mill's
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors	L R	Instabil Valgus str Valgus str Varus stre Varus stre	ity L ess (0°) ess (30°) ess (30°) ess (30°) ess (30°)	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors	L R	Instabil Valgus str Valgus str Varus stre Varus stre Medial ep	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cicondylitis L Cozen's	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy L
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.)	L R	Instabil Valgus str Valgus str Varus stre Varus stre R Medial ep	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow)
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.)	L R	Instabil Valgus str Valgus str Varus stre Varus stre R Medial ep Reverse 0 Reverse 0	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist)
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial)	L R	Instabil Valgus str Varus stre Varus stre Varus stre Reverse C Reverse C	ity L ess (0°) ess (30°) ess (30°) ess (30°) siscondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Femperature ROM & Joint Play: WNL Pain at end ROM:	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse 0 Reverse 0 Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion:	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse 0 Reverse 0 Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test
Pulses (0-4) L R Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: Active Passive	Reflexes (0-5), □ WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), □ WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse 0 Reverse 0 Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion:	Reflexes (0-5), Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Prachial pulse Radial pulse Planar pulse Blanch test Allen's test Femperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°)	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial) Pronator teres (median)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Ulnar pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°) Extension (0°)	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial) Pronator teres (median) Supinator (radial)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Planch test Puller's test Pemperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Plexion (150°) Extension (0°) Pronation (90°)	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachioradialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist extensors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial) Pronator teres (median) Supinator (radial) Finger flexors (median/ulnar)	L R	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Radial pulse Blanch test Allen's test Temperature ROM & Joint Play: WNL Pain at end ROM: Abnormal motion: ROM Active Passive L R L R Flexion (150°) Extension (0°) Supination (90°) Pronation (90°)	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial) Pronator teres (median) Supinator (radial) Finger flexors (median/ulnar) Finger extensors (radial) Girth*, WNL Mid arm	L F	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Property of the	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist extensors (radial) Wrist abductors (median/ulnar) Wrist abductors (median/radial) Pronator teres (median) Supinator (radial) Finger flexors (median/ulnar) Finger extensors (radial) Girth*, WNL Mid arm Elbow	L F	Instabil Valgus str Valgus str Varus stre Varus stre Reverse C Reverse C Reverse b Reverse b	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F
Pulses (0-4) Brachial pulse Radial pulse Ra	Reflexes (0-5), WNL Biceps (C5) Brachioradialis (C6) Triceps (C7) General grip strength Motor (0-5), WNL Shoulder flexors Shoulder extensors Biceps brachii (musc.) Brachialis (musc.) Brachialis (radial) Triceps brachii (radial) Wrist extensors (radial) Wrist flexors (median/ulnar) Wrist abductors (median/radial) Wrist adductors (ulnar/radial) Pronator teres (median) Supinator (radial) Finger flexors (median/ulnar) Finger extensors (radial) Girth*, WNL Mid arm	L F	Instabil Valgus str Valgus str Varus stree Varus stree Reverse 0 Reverse 0 Reverse b Reverse b Serial #	ity L ess (0°) ess (30°) ess (0°) ess (30°) ess (30°) cocondylitis L cozen's dill's eook lift	. R	Lateral epicondylitis L Book lift test Cozen's Mill's Kaplan's test Neuropathy Tinel's (elbow) Tinel's (wrist) Elbow flexion test Pronator stretch test R L R L F

Signature:

Date:

Each item should be utilized as a diagnostic option based on the patient's presenting symptoms and the clinical discretion of the examiner. Every procedure does not have to be performed on every patient. Patient information contained within this form is considered strictly confidential. Reproduction is permitted for personal use, not for resale or redistribution.

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