

## # New York City: A Culinary, Sporting, and Natural Adventure

### ## OVERVIEW:

New York City, a global hub of culture, history, and innovation, offers

#### \*\*Places to visit:\*\*

- \* \*\*Yuka Restaurant:\*\* All-you-can-eat sushi restaurant with high-quality food.
- \* \*\*Jeffrey's Grocery:\*\* Excellent seafood restaurant in the West Village.
- \* \*\*Miss Korea BBQ:\*\* Authentic Korean BBQ experience.
- \* \*\*SriPraPhai Thai Restaurant:\*\* Known as the most authentic Thai restaurant in NYC.
- \* \*\*Russ & Daughters:\*\* Best breakfast and brunch spot in NYC.
- \* \*\*Yankee Stadium:\*\* Home of the New York Yankees.
- \* \*\*Citi Field:\*\* Home of the New York Mets.
- \* \*\*Central Park Trails:\*\* Trails for walking, running, and hiking.
- \* \*\*Inwood Hill Park:\*\* Hiking trails and natural scenery in upper Manhattan.

### ## Itinerary:

#### ### Day 1: Arrival and Midtown Delights

- \* \*\*Morning (9:00 AM):\*\*
  - \* Arrive at your accommodation in Midtown Manhattan. Check in and settle in.
- \* \*\*Late Morning (11:00 AM):\*\*
  - \* Head to \*\*Russ & Daughters\*\* (127 Orchard St) for a quintessential NYC breakfast.
  - \* \*Reason:\* Considered the best breakfast and brunch spot in the city.
  - \* \*Budget:\* \$25-40
- \* \*\*Afternoon (1:00 PM):\*\*
  - \* Explore \*\*Central Park Trails\*\*. Start near the south entrance and walk towards the lake.
  - \* \*Reason:\* Perfect for a relaxing walk in the heart of the city.
  - \* \*Budget:\* Free
- \* \*\*Late Afternoon (4:00 PM):\*\*
  - \* Visit \*\*Yankee Stadium\*\* (1 E 161st St, Bronx) for a tour. Explore the grounds and stadium.
  - \* \*Reason:\* Must-visit for baseball fans.
  - \* \*Budget:\* \$25-35
- \* \*\*Evening (7:00 PM):\*\*
  - \* Dinner at \*\*Miss Korea BBQ\*\* (10 E 32nd St). Enjoy an authentic Korean BBQ.
  - \* \*Reason:\* Highly recommended for its authentic Korean BBQ.
  - \* \*Budget:\* \$40-60
- \* \*\*Night (9:00 PM):\*\*
  - \* Enjoy a leisurely walk through Times Square.
  - \* \*Budget:\* Free

#### ### Day 2: Downtown Exploration and Seafood

- \* \*\*Morning (9:00 AM):\*\*
  - \* Breakfast at a local café near your accommodation.
  - \* \*Budget:\* \$15-25
- \* \*\*Late Morning (10:30 AM):\*\*
  - \* Explore the Financial District and visit the 9/11 Memorial & Museum.
  - \* \*Budget:\* \$30-40
- \* \*\*Lunch (1:00 PM):\*\*
  - \* Head to the West Village and dine at \*\*Jeffrey's Grocery\*\* (172 W 4th St).

- \* \*Reason:\* Known for its excellent seafood and oyster happy hour
- \* \*Budget:\* \$35-55
- \* \*\*Afternoon (3:00 PM):\*\*
- \* Walk the Brooklyn Bridge for stunning views of the Manhattan skyline
- \* \*Budget:\* Free
- \* \*\*Late Afternoon (5:00 PM):\*\*
- \* Explore DUMBO in Brooklyn, known for its cobblestone streets and views of the Manhattan skyline
- \* \*Budget:\* Free (unless you decide to buy something)
- \* \*\*Evening (7:30 PM):\*\*
- \* Dinner in Little Italy. Lombardi's Pizza (32 Spring St) is a great choice
- \* \*Budget:\* \$30-45

### Day 3: Queens Culinary Adventure

- \* \*\*Morning (9:00 AM):\*\*
- \* Breakfast at your accommodation or a nearby cafe.
- \* \*Budget:\* \$15-25
- \* \*\*Late Morning (11:00 AM):\*\*
- \* Travel to Queens via the subway (take the 7 train).
- \* \*Budget:\* Subway fare (\$2.75)
- \* \*\*Lunch (12:30 PM):\*\*
- \* Lunch at \*\*SriPraPhai Thai Restaurant\*\* (39-69 61st St, Woodside)
- \* \*Reason:\* Known as the best and most authentic Thai restaurant
- \* \*Budget:\* \$25-40
- \* \*\*Afternoon (2:30 PM):\*\*
- \* Explore Flushing Meadows Corona Park, home to the Unisphere and Queens Museum
- \* \*Budget:\* Free (museum entry may have a fee)
- \* \*\*Late Afternoon (5:00 PM):\*\*
- \* If the Mets are playing at home, go to \*\*Citi Field\*\* (123-01 R
- \* \*Reason:\* Great for baseball fans.
- \* \*Budget:\* \$30-100+ depending on the game/tour
- \* \*\*Evening (8:00 PM):\*\*
- \* Dinner in Jackson Heights, known for its diverse South Asian cuisine
- \* \*Budget:\* \$20-35

### Day 4: Upper Manhattan and Sushi

- \* \*\*Morning (9:00 AM):\*\*
- \* Breakfast at a local deli.
- \* \*Budget:\* \$10-20
- \* \*\*Late Morning (10:30 AM):\*\*
- \* Travel to the northern tip of Manhattan and explore \*\*Inwood Hill Park\*\*
- \* \*Reason:\* A great option for those seeking a more rugged hiking experience
- \* \*Budget:\* Free
- \* \*\*Lunch (1:00 PM):\*\*
- \* Picnic lunch in Inwood Hill Park. Pack some sandwiches and snacks
- \* \*Budget:\* \$15-25
- \* \*\*Afternoon (3:00 PM):\*\*
- \* Visit The Cloisters, a branch of the Metropolitan Museum of Art
- \* \*Budget:\* \$30 (suggested donation)
- \* \*\*Evening (6:30 PM):\*\*
- \* Dinner at \*\*Yuka Restaurant\*\* (1557 2nd Ave). Enjoy all-you-can-eat sushi
- \* \*Reason:\* Recommended by locals for its great value and quality

\*     \*Budget:\* \$35-50  
\*     \*\*Night (8:30 PM):\*\*  
\*         Enjoy a relaxing evening in your accommodation.

### ### Day 5: Departure

\*     \*\*Morning (9:00 AM):\*\*  
\*         Enjoy a final New York breakfast at a café near your accommodat  
\*         \*Budget:\* \$15-25  
\*     \*\*Late Morning (10:30 AM):\*\*  
\*         Last-minute souvenir shopping or visit a museum you missed.  
\*         \*Budget:\* Variable  
\*     \*\*Lunch (1:00 PM):\*\*  
\*         Grab a quick lunch before heading to the airport.  
\*         \*Budget:\* \$15-25  
\*     \*\*Afternoon (3:00 PM):\*\*  
\*         Travel to the airport for your departure.

### ## Weather Forecasts:

\*     \*\*Day 1:\*\* Sunny with a high of 75°F.  
\*     \*\*Day 2:\*\* Partly cloudy with a high of 78°F.  
\*     \*\*Day 3:\*\* Chance of rain in the afternoon, high of 72°F. \*Bring a  
\*     \*\*Day 4:\*\* Mostly sunny, high of 70°F.  
\*     \*\*Day 5:\*\* Sunny, high of 76°F.

### ## Packing Tips:

\*     \*\*Clothing:\*\* Comfortable walking shoes, layers (t-shirts, sweaters  
\*     \*\*Essentials:\*\* Sunscreen, insect repellent, reusable water bottle,  
\*     \*\*Other:\*\* Camera, binoculars (for baseball games and park views),

### ## Budget Breakdown (Estimates):

\*     \*\*Accommodation (5 nights):\*\* \$1000 - \$2500 (depending on the hotel  
\*     \*\*Food:\*\* \$300 - \$500  
\*     \*\*Activities:\*\* \$150 - \$300  
\*     \*\*Transportation:\*\* \$50 - \$100 (subway, taxis)  
\*     \*\*Souvenirs/Shopping:\*\* Variable  
\*     \*\*Total Estimated Budget:\*\* \$1500 - \$3400+ (excluding flights)

\*\*Note:\*\* This is an estimated budget and can vary depending on your sp

Enjoy your trip to New York City!