Reflection On "The Power of ePortfolio Development to Foster Reflective and Deeper Learning in an Online Graduate Adult Education Program" by Di Silvestro & Nadir

While reading the article by Di Silvestro & Nadir (2021), I found some of the feedback from students to be interesting, particularly in relation to the discovery of additional strengths and skills outside of the formal academic study. I find myself able to relate to the following quote from one student in a profound way, as I am aware of my ability to lack focus and direction at times:

"My e-portfolio contains the story of a person who was lacking in direction and guidance, but now has enough of both to proceed, to continue learning, and to be successful. I am surprised that I have the confidence to say that".

From reading the article, it appears that creating an e-portfolio will be a good way of focusing my learning and being able to reflect on the journey that I am making with this. This was unexpected to me as my understanding prior to reading this article was that it would just be a tool used for my academic leaders to judge my progress, whereas now I understand that it is just as important for me to do so, not only in terms of academic progress, but also personal and professional progress. Di Silvestro and Nadir (2021) sum this up well, stating that "Students frequently mentioned that the ePortfolio process enabled them to find new inner strengths, including, as previously mentioned, a gained self-confidence, as well as

perseverance, a new sense of identity, becoming more self-sufficient and an appreciation for collaboration".

<u>References</u>

Di Silvestro, F., & Nadir, H. (2021). The Power of ePortfolio Development to Foster Reflective and Deeper Learning in an Online Graduate Adult Education Program. Adult Learning, 32(4), 154-164.

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