Title: A Day at the Beach

Paragraph 1: The sun was shining brightly as I walked along the sandy beach. The waves were crashing against the shore, and seagulls were soaring overhead. I found a nice spot under a shady tree and spread out my towel.

Paragraph 2: I took out my book and started to read, but I couldn't help but be distracted by the beautiful scenery. I watched as children built sandcastles and played in the waves.

Inline Shape 1: 

Paragraph 3: After a while, I decided to take a swim in the ocean. The water was refreshing and cool. I floated on my back and looked up at the blue sky.

Paragraph 4: As I swam closer to the shore, I saw a group of dolphins playing in the waves. It was a magical sight. I watched them for a while, mesmerized by their grace and agility.

Paragraph 5: When I got out of the water, I was feeling refreshed and energized. I built a sandcastle of my own and decorated it with seashells.

Inline Shape 2: