The Process

Defects of Character



All human beings have these to some effect

For Alcoholics – these defects are so strong they stop us from being who we want to be

THE DEFECTS	MEANING
SELFISH	Lacking consideration for other people; concerned chiefly with one's own personal profit or pleasure.
DISHONEST	We have lost the ability to be totally honest with ourselves or others and when we are, we usually hurt other people or ourselves, usually by opening our mouths
SELF-SEEKING	Concern for oneself before others. It's all about me.
FRIGHTENED	Afraid or anxious
INCONSIDERATE	Acting without consideration; thoughtless; rash

We have many types of character defects and the ones above are our core basic defects.

Please understand that everyone has character defects, they are natural.