**HARM DONE TO OTHERS & SEXUAL CONDUCT**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Who did I hurt | List each thing I did to hurt them | Which of the basic instincts do these fears affect? | | | | | | | What should I have done instead? |
|  |  | Self Esteem | Pride | Emotional Security | Financial | Ambitions | Personal Relations | Sex Relations | This is where we also start planning and changing our behaviour towards other people. |
| Friend Carl | I beat him up |  |  |  |  |  |  |  |  |
| Mum | I stole money from her |  |  |  |  |  |  |  |  |
| Coca Cola | I stole a box of coca cola |  |  |  |  |  |  |  |  |
| Girl Friends – Karla, Robin, Mary | I had other relationships whilst I was with them |  |  |  |  |  |  |  |  |
| Employer -Talbot | I took time off pretending I was sick when I wasn’t |  |  |  |  |  |  |  |  |