

LA1780 Assignment 2

Q) How do you do timepass? Explain what timepass means to you and to your cohort.

As a pre-final year student in college, campus life is very eventful and hectic. Between all the academic work, rushing to meet deadlines, etc, free time is precious. I like to spend my free time, i.e do timepass, in various different ways, and there never seems to be enough time to do 'timepass'.

On campus, I love spending time with my friends, just hanging out and discussing the most trivial things. We would game together at-times, or just go on walks around the campus. Spending quality time with friends is essential to one's growth and development in life. And having a good friend circle with friends having similar goals and ambitions is very helpful and motivating. During the evenings, I like going to play Table Tennis with my friends, as it provides some much needed physical activity for my body. I also like going swimming and/or cycling during the early morning if I happen to get up. Playing chess online and solving chess puzzles is also something that I enjoy doing when I am bored. In the afternoon, after the taxing morning classes and a good lunch, I like to take a short nap and catch up on some much needed sleep. It tends to boost my productivity, and it keeps me energetic for the remaining activities of the day. I enjoy listening to music while chilling in my room. It sets a calm and peaceful atmosphere for my mind to relax and refresh itself. One of my favourite methods for 'timepass' is reading, as there are countless amazing works out there that can transport you to beautiful fantasy worlds with very compelling storylines. And another huge plus is that you can read while listening to music! And thanks to our mobile phones, we can read at literally any time and any place, for

example while waiting in queues, travelling in public transports, laying in our beds, etc. Reading requires way lesser commitment than other forms of media content such as watching TV shows, movies, etc. Hence reading is my go to when I have some time to kill. That being said, when having an extended period of free time on my hands, I love binge watching shows, animes, movies, etc at long stretches in a row.

In conclusion, I view 'timepass' as what I do during my free time (or while procrastinating many important tasks I should be doing) to pass the time and relieve my boredom, and which does not directly relate to my growth academically. Timepass is very crucial to my cohort as it helps me recharge for my academic commitments, while also helping me grow in other ways, such as socialising helps my mental health, sports keep me fit, reading improves my knowledge and vocabulary, sleep refreshes me, and so on. However I would also like to point out that wasting time by doing 'timepass' on social media like Instagram is very harmful to my cohort, as it just eats up my time, and in the process making me procrastinate more, reducing my attention span and very adversely affecting my productivity.