



DEFTDIGITS
GUITAR LESSONS

128 Strumming Patterns

This is an excerpt from the *128 Strumming Patterns* course text. This PDF contains the 128 patterns only. The full course includes playalong videos for all 128 patterns and additional advice on the following topics:

- Strumming Technique
- 8 Steps to Learn a Strumming Pattern
- The 2 Most Common Patterns
- 3/4 Time
- Swing Feel
- Modifying Patterns on the Fly
- Using Strumming Patterns to Create Riffs
- Bass Notes, Chucks, Mutes

In the course, I will guide you through all 128 strumming patterns, but you will gain so much more in the process. This training will make your sense of rhythm more intuitive across all musical instruments and genres. You will be able to manipulate strumming patterns by sound and feel, creating variations on the fly. You will be able to hear and play rhythms that work in a song without thinking about the exact strums or having someone else tell you how to strum it.

If you are interested in purchasing the full course, I'd like to offer you a **15% discount** as a thank you for taking the first step in downloading this PDF. Just click the link below to claim your discount:

https://courses.deftdigits.com/courses/128-strumming-patterns/?coupon_code=PDFTHANKS

Cheers!
Joe

Level 1

1: D
1 2 3 4

2: D D
1 2 3 4

3: D U D
1 and 2 3 4

4: D D D
1 2 3 4

5: D D U D
1 2 and 3 4

6: D U D U D
1 and 2 3 and 4 4

7: D U D D
1 and 2 3 4

9: D
1 D
2 D U D
3 and 4

10: D
1 D U D
2 and 3 4

11: D
1 D U D
2 and 3 4

12: D U D U D
1 and 2 2 and 3 4

13: D U D
1 and 2 3 4

14: D U D
1 and 2 3 and 4 4

15: D U D U D
1 and 2 3 and 4 4

Level 2

8: D D D D
1 2 3 4

Level 3

16: D
1 D
2 D
3 D
4

17: D
1 D
2 D
3 and 4

18: D
1 D
2 D
3 D
4

19: D U D
1 and 2 3 4

28: D U D U D
1 and 2 and 3 and 4

20: D D
1 and 2 3 4

29: D U D D
1 and 2 3 4

21: D D
1 and 2 3 4

30: D U D U D
1 and 2 and 3 and 4

Level 4

Level 6

22: D U U D U D
1 and 2 and 3 and 4

31: D D
1 and 2 3 and 4

23: D U D U U D
1 and 2 and 3 and 4

32: D U D
1 and 2 3 and 4

24: D D U U D
1 and 2 and 3 and 4

33: D D U
1 and 2 and 3 4

25: D U U D D
1 and 2 and 3 4

34: D U D U
1 and 2 and 3 4

26: D U U D U D
1 and 2 and 3 and 4

Level 7

Level 5

35: D D D U
1 and 2 and 3 and 4

27: D U D D
1 and 2 and 3 4

36: D D D U
1 and 2 and 3 and 4

37: D U D
1 and 2 3 and 4

46: D U D U
1 and 2 and 3 and 4

38: D U D U D U
1 and 2 and 3 and 4

47: D U D
1 and 2 and 3 and 4

Level 8

39: D U D
1 2 3 and 4

48: D U D
1 and 2 and 3 and 4

40: D U D
1 2 and 3 and 4

49: D U D
1 and 2 and 3 and 4

41: D U D
1 2 and 3 4

50: D U D
1 and 2 and 3 and 4

42: D U D
1 and 2 and 3 4

Level 10

43: D U D
1 and 2 3 4

52: D U D
1 2 3 and 4

44: D U D
1 and 2 3 and 4

53: D U D
1 2 and 3 and 4

Level 9

45: D U D
1 2 3 and 4

54: D U D
1 2 and 3 and 4

55: D U D
1 and 2 and 3 and 4

56: D U D U U
1 and 2 and 3 and 4

57: D U D U
1 and 2 3 and 4

Level 11

58: D U
1 2 3 and 4

59: D U U
1 2 and 3 and 4

60: D U
1 2 and 3 4

61: D U U
1 and 2 and 3 4

62: D U
1 and 2 3 4

63: D U U
1 and 2 3 and 4

64: D U U U
1 and 2 and 3 and 4

Level 12

All of the remaining patterns use a transition upstrum on the “and” of 4. When this strum is present, start by going through all the steps without it. Then, while playing, allow it to happen softly, between chords, as if by accident. You will end up hitting open strings, muted strings, or an incomplete chord on that final upstrum while the following downstrum lands clearly on the new chord.

65: D U
1 2 3 4 and

Level 13

66: D D D D U
1 2 3 4 and

67: D D D U D U
1 2 3 and 4 and

68: D D U D U D U
1 2 and 3 and 4 and

69: D D U D D D U
1 2 and 3 4 and

70: D U D U D D U
1 and 2 and 3 4 and

71: D U D
1 and 2 D 3 D 4 U and 82: D U
1 and 2 2 and 3 3 and 4 U and

72: D U D
1 and 2 D 3 U D 4 U and 83: D
1 2 U D 3 D 4 U and

73: D U D U D U D U and
1 and 2 and 3 and 4 and 84: D
1 2 U D 3 U D 4 U and

74: D
1 2 D 3 D 4 U and 85: D U
1 and 2 3 4 and D 3 D 4 U and

75: D
1 2 D 3 U D 4 U and 86: D U
1 and 2 2 3 and 4 D 4 U and

76: D
1 D 2 3 D 4 U and 87: D
1 D 2 3 U D 4 U and

77: D U D
1 and 2 3 D 4 U and 88: D U
1 and 2 D 3 U D 4 U and

78: D U U D U D U and
1 and 2 and 3 and 4 and 89: D
1 D 2 U and 3 D 4 U and

79: D U D U U D U and
1 and 2 and 3 and 4 and 90: D U
1 and 2 D 3 U D 4 U and

80: D
1 D 2 U D 3 U D 4 U and 91: D
1 2 3 U D 4 U and

81: D U U D
1 and 2 and 3 D 4 U and 92: D
1 2 U D 3 U D 4 U and

93: D U D U
 1 2 and 3 4 and

103: D U D D
 1 and 2 3 4 and

94: D U U D
 1 and 2 and 3 4 and

104: D D D U
 1 2 3 4 and

95: D U D U
 1 and 2 3 4 and

105: D D D U D
 1 2 3 and 4 4 and

96: D U D U D U
 1 and 2 3 and 4 and 4 and

106: D D D U D U
 1 2 and 3 4 and

Level 14

97: D D D U
 1 2 3 4 and

107: D D D U D U
 1 and 2 3 and 4 4 and

98: D D D U
 1 2 3 4 and

108: D D D U D U
 1 and 2 3 and 4 4 and

99: D U D U
 1 and 2 3 4 and

110: D D D U D U
 1 2 and 3 4 and

100: D D D U
 1 2 3 4 and

111: D D D U
 1 2 and 3 4 and

101: D D U D
 1 2 and 3 4 and

112: D D U D
 1 and 2 3 4 and

102: D U D U D
 1 and 2 and 3 4 and

113: D U D D
 1 and 2 3 4 and

114: D U D U U
1 and 2 3 and 4 and

122: D U U
1 2 and 3 and 4 and

115: D U U D U U
1 and 2 and 3 and 4 and

123: D U U
1 2 and 3 and 4 and

116: D D U U
1 2 3 and 4 and

124: D U U
1 2 and 3 and 4 and

117: D D U U
1 2 and 3 and 4 and

125: D U U
1 and 2 and 3 and 4 and

118: D D U U
1 2 and 3 and 4 and

126: D U U
1 and 2 and 3 and 4 and

119: D U D U
1 and 2 and 3 and 4 and

127: D U U
1 and 2 and 3 and 4 and

120: D U D U
1 and 2 and 3 and 4 and

128: D U U
1 and 2 and 3 and 4 and

121: D U D
1 and 2 and 3 and 4 and

Need Some Extra Help?

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Or you can type in **courses.deftdigits.com**, enroll in *128 Strumming Patterns*, and enter the coupon code PDFTHANKS at checkout.

Cheers!

Joe