

### Rhythm Object 1

id: 1

name: Basic Downstroke

pattern: ↓ ↓ ↓ ↓

time\_signature: 4/4

subdivision: quarter notes

density: low

energy: low

complexity: beginner

feel: steady / folk

suggested\_tempo: 70–100 BPM

best\_for:

- folk
- slow pop

practice\_tip:

“Lock each downstroke directly to the beat. Focus on timing, not volume.”

### Rhythm Object 2

id: 2

name: Folk Rock Basic

pattern: ↓ ↓ ↑ ↓ ↓

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: medium

complexity: beginner

feel: pop / folk

suggested\_tempo: 80–110 BPM

best\_for:

- pop
- acoustic
- singer-songwriter

practice\_tip:

“Keep upstrokes lighter than downstrokes for clarity.”

### Rhythm Object 3

id: 3

name: Pop 8th Groove

pattern: ↓ ↓ ↑ ↓ ↑ ↓ ↑

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: medium

complexity: beginner–intermediate

feel: flowing / pop

suggested\_tempo: 85–115 BPM

best\_for:

- pop
- acoustic covers

practice\_tip:

“Maintain constant hand motion, even during silent strokes.”

### Rhythm Object 4

id: 4

name: Classic Pop Strum

pattern: ↓ (↓ ↑) ↓

time\_signature: 4/4

subdivision: 8th notes  
density: medium  
energy: medium  
complexity: beginner  
feel: relaxed / pop  
suggested\_tempo: 75–105 BPM  
best\_for:  
• pop ballads  
• Turkish pop  
practice\_tip:  
“Accent the first downstroke of each bar.”

#### Rhythm Object 5

id: 5  
name: Pop Rock Driver  
pattern: ↓ ↓ ↓ ↑ ↓  
time\_signature: 4/4  
subdivision: 8th notes  
density: medium  
energy: medium–high  
complexity: beginner  
feel: driving / rock  
suggested\_tempo: 90–120 BPM  
best\_for:  
• pop rock  
• upbeat songs  
practice\_tip:  
“Lean slightly into beats 2 and 4 for groove.”

#### Rhythm Object 6

id: 6  
name: Essential Pop Groove  
pattern: ↓ (↓↑) (↓↑)  
time\_signature: 4/4  
subdivision: 8th notes  
density: medium  
energy: medium  
complexity: beginner–intermediate  
feel: modern pop  
suggested\_tempo: 85–110 BPM  
best\_for:  
• radio pop  
• acoustic pop  
practice\_tip:  
“Relax your wrist and avoid over-accenting upstrokes.”

#### Rhythm Object 7

id: 7  
name: Campfire Classic  
pattern: ↓ ↓ ↑ ↓ ↑  
time\_signature: 4/4  
subdivision: 8th notes  
density: medium  
energy: medium  
complexity: beginner  
feel: easy-going

suggested\_tempo: 80–100 BPM

best\_for:

- sing-along
- campfire

practice\_tip:

“Use light palm muting if it feels too busy.”

#### Rhythm Object 8

id: 8

name: Rock Eighths

pattern: ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓

time\_signature: 4/4

subdivision: 8th notes

density: high

energy: high

complexity: beginner

feel: straight rock

suggested\_tempo: 100–130 BPM

best\_for:

- rock
- punk-pop

practice\_tip:

“Think like a drummer—consistent and aggressive.”

#### Rhythm Object 9

id: 9

name: Syncopated Pop

pattern: ↓ ↑ ↓ ↓ ↑ ↓

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: medium

complexity: intermediate

feel: groovy / syncopated

suggested\_tempo: 85–110 BPM

best\_for:

- pop
- funk-pop

practice\_tip:

“Focus on accents rather than speed.”

#### Rhythm Object 10

id: 10

name: Ballad Flow

pattern: ↓ (↓↑) ↓ (↓↑)

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: low–medium

complexity: beginner

feel: smooth / emotional

suggested\_tempo: 65–90 BPM

best\_for:

- ballads
- slow pop

practice\_tip:

“Strum closer to the neck for a warmer tone.”

#### Rhythm Object 11

id: 11

name: Indie Pop Pulse

pattern: ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

time\_signature: 4/4

subdivision: 8th notes

density: high

energy: medium

complexity: intermediate

feel: indie / modern

suggested\_tempo: 95–120 BPM

best\_for:

- indie
- alternative

practice\_tip:

“Control dynamics—avoid hitting every stroke equally.”

#### Rhythm Object 12

id: 12

name: Soft Groove Pop

pattern: ↓ ↑ (↓↑) ↓

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: medium

complexity: beginner–intermediate

feel: laid-back

suggested\_tempo: 80–105 BPM

best\_for:

- acoustic pop

practice\_tip:

“Ghost weaker beats slightly for groove.”

#### Rhythm Object 13

id: 13

name: Singer-Songwriter Core

pattern: ↓ ↓ ↑ ↓ ↑

time\_signature: 4/4

subdivision: 8th notes

density: medium

energy: medium

complexity: beginner

feel: intimate

suggested\_tempo: 75–100 BPM

best\_for:

- solo acoustic
- vocal-driven songs

practice\_tip:

“Let vocals lead—keep guitar supportive.”

#### Rhythm Object 14

id: 14

name: Pop Drive Sync

pattern: ↓ (↓↑) ↓ ↑

time\_signature: 4/4  
subdivision: 8th notes  
density: medium  
energy: medium–high  
complexity: intermediate  
feel: dynamic pop  
suggested\_tempo: 90–115 BPM  
best\_for:  
• energetic pop  
practice\_tip:  
“Stay loose; tension kills groove.”

Rhythm Object 15  
id: 15  
name: Universal Pop Strum  
pattern: ↓ ↓↑ ↓↑↑  
time\_signature: 4/4  
subdivision: 8th notes  
density: medium  
energy: medium  
complexity: intermediate  
feel: mainstream pop  
suggested\_tempo: 85–110 BPM  
best\_for:  
• pop  
• acoustic covers  
• live performance  
practice\_tip:  
“Feel the groove first, pattern second.”