6 Mobile Apps That Will Transform Your Day (Free)

so in today's video we'll be looking at all the most useful most interesting and just generally speaking best apps you can have on your phone and let me tell you that researching this video was actually genuinely surprising to me I have to admit that mostly I spend my days on my computer either here in the studio at the desktop or I have a Macbook that I like to take to coffee shops to work from there but now that I've spent some time with some of these apps that I'm about to show you I'm actually excited to show you what's possible because I wasn't even aware myself for some applications and specific use cases as just way better to use the phone so let me show you all the best apps that me and the team found after looking at over different applications and I'll be honest we judge these very harshly here's the criteria that we came up for to feature in this video first up every app on this list needs to be available on both IOS and Android secondly it needs to be free to test so in the middle of this video you can just pause download the app have a look at it and move on and then see if it works for you as with most AI apps some of the best features hide behind a pay wall that's just how it is but every app in this video will be free to use initially thirdly as I'm sitting in Portugal Europe here it needs to be accessible in Europe This criteria didn't eliminate any apps but anything that's super new and just rolling out and maybe it's only available in the iOS store in the US won't be considered here but don't worry at the end of the video I'll have some honorable mentions that are platform or region specific that you might want to consider and lastly and maybe most importantly every single one of the apps that I featured today had for me personally a wow effect while using it what I mean by that is that the usage of the app motivated me to actually use the app more in the future now this is a very high bar as all I do is spend time with some of these applications and to be honest this last point is why this is not the best apps available today it's just a few that really caught my interest I'll be using more and as you're following this channel chances are your interest might just align with mine let's start with the very first one and this one is called order and it transcribes voice notes now if you're in touch with AI enthusiasts you might have seen one of these otter Bots inside of one of your calls they're usually called to transcribe calls and then summarize the meetings but the mobile app and the use case I'm about to show you is actually something Wild different and this is a use case that I've been told about many times before but to be fair I never really did this myself what am I talking about it's recording your thoughts in an unstructured Manner and then asking questions on top of what you were talking about so I ran into this use case multiple times while talking to various AI users across the internet but also in real life but one that really stood out to me was a friend of mine called Olf also known as AI solopreneur on Twitter and when we were hanging out during an AI conference a few months back he actually pointed out to me that he loves to go for walks every single day and he just speaks throughout the entire walk people around him think he's actually talking to somebody on the phone with his earpods but no he actually just records his thoughts in an application like this and look it doesn't have to be utter AI this is just a free well sort of free version you have up to minutes that you can transcribe for free and then once you have a transcription you can

actually talk to it you can prompt it so again you just go out for a walk you brain dump all of your ideas thoughts concerns whatever you might have on your mind all of your anxieties you can put into hear you speak them out they get transcribed and then you can start prompting on top of it or just get a summary or action list from it so the use case I'm kind of promoting here is not using this as a meeting summarizer but to organize whatever you might have in your head with a free AI powered app now let me briefly show you how this worked in practice and again we tested various apps this is the one we like most all I'll do is click this record button and here we go so I'll just brain dump everything that is on my mind right now so tomorrow we have to rework the guide workflow and assign a manager to to it so we're always month ahead of schedule then the day after that all right I think that's good enough for now that's about a minute worth of recording as you can see everything is beautifully transcribed in here and I could just go over here and go to UT chat and I could prompt it now this is the interesting part I want to share a keyword here with you that I find myself using regularly within chat GPT and therefore it will also work in this cuz it's essentially a cat GPT wrapper with a transcription function right and the keyword is nonobvious so if a go in here and ask what are some non- obvious recommendations you could make to me I had a little typo I'll just correct that I'll send this and now it will give you a response let's have a look based on a meeting context provided I do not have enough information to make any non obvious recommendations to you eigor Pagani it only contains a brief transcript okay fair enough so for this you need a lot of context because everything in here was pretty obvious but nevertheless I would like you to consider that prompt I use it a lot on academic papers or articles that I run through llms let me show you another one that might be more useful here I'll say what are my responsibilities for the rest of the week week assign tax to them to categorize them all right and now it should briefly look at my transcript and get me the responsibilities I would love to see a list of everything I talked about in that minute okay and that doesn't work we won't edit this out I'll just recopy the message and send it again see if it works this time it seems to be a little stuck okay I guess I'll close it and open it again oldest it trick in the books oh there you go it actually did work on the first try just didn't display it to me for whatever reason but there we go rework the guide workflow with the tag workflow records two YouTube videos one video explaining r no it's ra G but that's okay call your grandma because it's her birthday celebration personal now I've been told that the real power of this workflow unfolds if you dump minutes of thoughts into it and with the free plan here you can do that look we just used up minutes in the live testing of this right now and the nice thing is you don't even have to prompt it you can but you don't have to because if I go over to the summary I actually have all action items from my brain dump here isn't this wonderful I can just check them off copy them over and then there's even an extend list with the details like add missing links to last week's short recording checklist that's almost correct anyway I'm going to start using this regularly actually in the community we designed a challenge which we call Touch grass challenge we're going to ask all community members to do 10,000 steps a day and journal with AI like this every single day let's see how that goes but nevertheless I think this is something you should really give a shot let me just tell you that as an online entrepreneur I find this use case very very enticing there's a lot going on in all times in here okay next up we'll be looking at character Ai and you might have heard of this application but chances are if you're watching this channel you're not exactly the target audience because the typical viewer of this channel actually sits in the US is male and is around years old character AI has a very different target audience it's a lot of

teenagers and gen Z but the numbers are wild on it and they have an incredible phone application so just in case you're not aware character AI is this website that allows you to talk to different Bots that have personalities and you might have heard of it a few months ago look an April it had million monthly visitors okay and if that was ridiculous enough last month in June the heck that is insane while these numbers might not be entirely accurate look at that open has million monthly visitors character AI is literally the only tool that gets anywhere close to open AI it's incredible it's mostly us and it's mostly to while not capturing the teenage demographic right most of them will have stated that they're while they're not and it's 50/50 male female for the advantage it's female and I love that it's great to have have your ladies but in this case it's really 50/50 meaning all young people are enjoying this and you can try it out yourself by the phone app which might arguably be the best experience when talking to some of these characters because the voice function in this thing is insane and I don't say that lightly this is probably the best voice chat that you can get out of an AI companion or app that I'm aware of today so if you log in you're presented with this menu of various chatbots and there's some really weird ones here on the homepage I mean there's a lesbian neighbor with million chats I guess so I guess you see what kind of Direction this might be going in but let's just look at the featured ones and let's have a quick chat with gigachad okay you can give him a call okay let's call Giga Chad what's up gigachad how you doing today hi I am good thank you for asking just the usual you know waking up at in the morning destroying my muscles at the gym and eating my breakfast a healthy breakfast is important after all yeah of course you are gigachad um tell me how is your dating life right now I can't wait to hear this response thanks for that brother my dating life is going great women adore me I am a perfect alpha male after all they want to be with a man like me have any dating tips Giga Chad what should I be doing I spent most of my time in front of the computer though that might be a problem indeed brother you should limit the time you spend in front of the computer also avoid porn if you watch it limit your time online and focus on being more productive you should work on yourself brother go to the gym start a new hobby you'll be better in no time all right thanks Giga Chad there you go and now you can see the chat in text form but I think this is quite incredible it really does feel like a phone call the voices are decent they're good enough you can interrupt it with the tap of a button which doesn't work as well in the chat GPT app as of right now although the voice mode is still good it's just not the new one we'll talk about that in a second here when we talk about the cad gbt y but this is really interesting and let me tell you from my personal and also the teams testing everyone kind of agrees it's easy to see why some people get addicted to this and I truly do believe that there is some value in trying this out for yourself and getting a feeling for how it is to talk to a AI companion like this I guess you can talk to gigachad you can talk to your favorite characters you can talk to Albert Einstein whatever you might want to do and I love that the voice mode is a phone call I'm calling Albert right now what's up how have you been been a minute my being has been in a state of constant curiosity and contemplation as I am still of course it has all right I think you see the point and with a giga Trend like this happening online right under our eyes I think it is well worth experimenting with something like character AI on your phone it's free for you to try out and actually this one is also free to use they have a Pro Plan but you really don't need it for this functionality available on both IOS and Android all across the world and it did have this wow effect on me that's why it's in this list okay let's move on let's do the obvious one which is chat GPT and I won't spend too much time on this I'll just talk about the parts of using it on the

phone that I would actually recommend because I myself actually have been using this app regularly and I got to say out of all the llm apps this is the best one they have the most features it's seamless if you build gpts on desktop you can use them on mobile which I absolutely love and you can easily transition between the conversations for example here I was manipulating some data for my accounting and I could just continue prompting here upload anything use the transcription like so use the voice chat like so again I do have to to point out that this is not the new voice assistant some people are still confused by that they said it's coming in fall and the number one thing by which you could tell the new voice assistant is if you can interrupt it while it speaks which right now is not the case nevertheless the voice is really good and the transcription is excellent It's whisper it's state-ofthe-art you can upload files from your phone photos directly of your phone like so and you get all the customization features so they literally brought everything that matters from the desktop app to your phone and you can just seamlessly switch between these two I also noticed that they add add the memory function to my phone so let me just briefly talk about that I think if you're a beginner user memory is a great idea it will autosave some custom instructions to the context of your chats meaning if you tell it the name of your company or the company you work at it will save that in memory and next time you refer to your company it will be aware of all these things the only problem is that there's no context switching so everything that is in memory gets saved there at once and if I want to switch for my work life to my person life can't really do that with memory I kind of have to raise all of it that's why I'm still a fan of customizing chat PT with custom instructions which you can do in here customize chat talked about this a million times but I still have a personalized set that I'd use on an everyday basis and I usually just have it on if you're interested in some presets for that by signing up to the newsletter you get and in the shop you can buy more but that is really the app there's a few new things here like it corrects your spelling automatically you can change the voice and about a month or two back they added this background conversations feature which allows it to leave the app and still use the voice features within so you could do something like start a new conversation turn on this transcription feature and lock your phone and now you could go walk like this and kind of redo the thing inside of order in here you will like some of the automatic features but maybe you have a cat GPT plus subscriptions and you can just do this indefinitely now when I unlock my phone it's still recording it's still transcribing isn't this just great all right that's a cat GPT app and I got to say in certain aspects cloud is better like code generation or many people prefer the tone but when it comes to the app it's not even close the chat GPT app is really fantastic both on the free tier and on the paid tier and I have been using it and we'll keep using it it's really good to have all the World Knowledge on the go okay so next up I want to talk about po because it's sort of a power user version of chat GPT well I guess it depends on what use case you talk about but it really is chat GPT with more options if you're not familiar PO is a website that offers various chatbots that are sort of like gpts and access to various models the difference to chat gpts they let developers plug in various models so you can find open source models like Lama free or if you want to just switch to Claude and Gemini you can easily do this within one interface that's why I'm saying it's sort of a power user version of chat GPT you just get all of these options and you get to play with it on the go plus the store here is actually even more varied than the GPT store I find because they open up so many possibilities with various models and then the Bots kind of reflect that so you get a lot of variety here you can play with a lot of bots it's sort of a combination of gpts

and character.

a but I think the most interesting thing here is the access to these various models so if you want to use claw 3. Sonet on the go you can do that very simply if you want to try GPT mini that just recently came out I just click here and I have access to it immediately and this is all in the free version now they do have a premium tier which you will need to access some of the more premium features but let me show you a cool thing here and some of you might notice but Lama free The open- Source model if the billion version runs on grock chips you get the fastest inference time in relation to Quality outputs in the market so if I go in here and say something like write me an essay about penguins it will run Lama 370b on grock chips and the inference should be like this don't let me down okay see we didn't even edit it and the whole thing has been generated this is really impressive I don't know if you're going to be impressing anybody who's not a AI nerd like you and me I guess but I don't know to me that inference speed is really impressive and then you can get more in here ideogram we talked about this before this is really good at creating text inside of images Aha and here was the subscription okay fair enough so not all of these are accessible but as you can see many are I have free messages left so you can give this a shot see if this is something for you and I guess I could create a Whole minute video about all the various bots in here and the use cases for them I would just recommend you explore this yourself if this tickles your fancy is that a term I don't usually use that term why not feels right here so there you are all the image generation models are on here too here you can get a little peak of what is available to you inside of Po and that is all I got for this segment now let's talk about notion Ai and the recent AI upgrades they actually made and by the way I saved a really interesting and unique one for the last spot in this video coming up right after notion but let me briefly talk about some of the upgrades they kind of silently made here at least me and the team were not aware of the fact that they for example readed how search works inside of notion it's actually incredible now all right so here I'm inside of the app and there's a bunch of different ways AI is integrated into notion hour I'll be showing you my two or three favorite ways that I actually use regularly so first things first there's this new chatbot feature which is pretty straightforward it's gbd4 with all of the knowledge that you have inside of notion now that can be a lot depending on how you use notion I personally am a power user as you know I just really like to have everything organized and Stor in one place I use it for my personal life like to-dos and reminders but I also manag to YouTube video research and production inside of notion and everything that relates to the community all the challenges events the guides that we pump out every single week everything is managed within otion we have different flows for them we have different databases with different views different automations they relate to each other they work together my forms all feed back into notion it is just the brain of my entire business and life essentially so why do I say all that because I want you to be aware of the fact that if you put something into this box it's going to be looking over all of it so if you want to get the most out of this feature I would either recommend limiting the search of something like only the community Pages here and then you can do that or you could even create various notion accounts as the base plan that works for most people is free you could just have your private life in one and your work life in another and then search over that but just be aware of the fact that by default this is going to be looking into every single page every single database that you have in this notion account with that being said let's actually look for something concrete so I'm just going to go ahead and look for Gen free here the state-of-the-art video generator that

came out a few weeks ago and let's see what this does so as you can see first it pulls up all the references and then it uses GPT to give me a response in combination with those references there's actually matches so let's see what they include and I'll subjectively tell you if these are relevant okay one of them is the description of a video this was a newsuk can use video where we actually featured JRE so this is perfect the link there is featured then we have various shorts that we published relating to genre so this is good too I wonder why pulled up this claw-free one this one is a little off topic but everything else here looks great man it even found the tier list that we put together for all the various AI tools like video tools image tools llm models llm platforms and yeah here it is Runway gen free I love that it found that in there by the way we put all of this together for the community this is kind of a new thing that we're planning every month we want to keep all of these updated but not just with our knowledge also with the community knowledge so finally there can be one source of Truth on the internet on which tools are best to use anyway I'm really glad notion found this document in here and at the top we have the summary so just by me telling it genre it gives me a synopsis of all the different docs it found Advanced AI video generation tool released by Runway high quality videos from text prompts or images aha that's wrong images they actually just added today my notion doesn't know of that yet significant Improvement many examples it's been used for advertising and visual effects that's all great so this is a fantastic answer I bet you could imagine the potential of this if you have an ocean account that is purely set up for your business just like this you can talk to all the do doents in a heartbeat on the go this is really great so let me show you the second AI feature that I really use often here and that's these AI summaries okay so this is our use case database this is basically our research for the news you can use show and the community this is really where we first discover a lot of new AI tools on the internet so at this point I'm lucky enough to have a team of researchers helping me with this just because the AI space is so wild but all the data that goes into this database can be a little overwhelming there's different links and use cases and details on the pricing and when it's released and different researchers contribute to the database so every researcher does it a bit differently now what I can do here in the end is add a column which is named AI summary and this is something I really learned to love you could just go in here and with the tap of a button it writes a summary of everything that it has in here and on this first one it just says no content because look if I scroll over there's probably no content in the page yeah there you go openi 64k output I didn't add any details yet that just happened I just quickly added it before this recording let me do one more there you go mid Journey is now live offering significant improvements and image quality coherence text along with new upscaling and personalization models that's perfectly accurate and it just pulled out from all the information and links that it had across this research page now you could even go up here and say autofill all pages and in the click of a button it will do this for every single line it might take a minute but right now it's autofilling all pages in here matter of fact it might not have to do that because most of them have been filled before anyway you see the point and Beyond the summary they also have a translation and keywords feature where it just automatically comes up and categorizes your database by keywords that the AI invents and then that's the same thing it looks at all the other context in the line of the database and it comes up with keywords that are fitting I think this is really great and translation is kind of an obvious one if you need a translation you can quickly access it here so look none of these are revolutionary features it's a chatbot that can chat with files it's very smart and targeted Integrations of AI summaries or

translations but it's just so powerful when you combine it with the right type of data because we're just not at a point in time where a corporation can take all of data and dump it into a chatbot and just talk to it that's just not feasible it's too much but on a personal level where you use something like notion to manage either your life or your business or whatever else you're up to these little Integrations are actually meaningful and I find myself using them and having them on the go and having a little bot that knows about everything that you worked on over the past years is pretty powerful especially considering that the free tier of notion has everything most users need all right then as the last tool today this is actually one that I haven't been using regularly I test it now and I will be using more moving forward because they have an incredible mobile app the name of this one is called recast and this one I discovered inside of the AI Advantage Community through a recommendation from Gart thank you so much Gart for showing me this Gart is an educator and academic in the UK and he has been using apps like this to teach his students how to use Ai and tend them with their learning not to replace it and particularly we once had this discussion about feeding academic papers to Ai and how it doesn't really work inside of chat GPT and he shared what he actually does is use this little lab which also is free to try and what you can do here is ADD various sources it can be a website it can be a Blog article it can be email essay or a PDF and much more I guess and it turns it into interactive voice podcast so for example I set up this app right now to give me the daily news in a succinct form where it sounds more like a podcast rather than just an article being read out so for example this one America's on the brink of an unemployment Fiasco instead of minutes I only need minutes to read this and I can just hit play and see what I get here this is a recast of the word piece America is on the brink of an unemployment Fiasco from Insider let's listen in after years of the pandemic America's labor market was a bright spot that helped Drive the country's economic boom however recent indicators suggest that the job market may be losing steam with data showing Rising unemployment rates and surveys finding businesses being less optimistic about hiring that's a cause for concern because once unemployment starts to rise so as you can see these changing voices with the intonation and the storytelling with it is way easier to consume than just an article that is read out loud in one voice I just personally find myself really enjoying this form of content consumption I'll be using this more and more I think I'll give this a sub and I'll see how it works for me over the next month I just love it cuz news are such a big part of my everyday routine especially AI related news I made it my current life's mission to soak it all in and all these papers that come out I can just feed into here listen to them and then make an educated decision if I want to read more about it is this going to replace all the rich detail that you get from a properly written academic paper no but is it better than running it for cat GPT and then just briefly looking over the summary absolutely and it's also more fun you could load multiple recasts into here and go for a walk and then just listen to them what's up with me and these walks I guess I'm kind of projecting some of my personal habit forming recently onto this video I just spend way too much time at the computer and I figured I need to get out more and walk a little bit but then with things like this I can still keep kind of interacting with the material I want to consume I can listen to recast I can capture my faults with OT or chat GPT and then come back and have it all organized maybe I can even automate it for it to be saved in notion and then searchable with AI as you can see all of these skills stack they combined ideally they become a part of your workflow your everyday life and they make things easier for you and I think that's the case for all of these apps so I hope this was useful and before we round it out I

have to make some honorable mentions because as mentioned the criteria here was pretty strict but there's actually three apps that I would like to point out that just stood out during the testing and one of them is the Gemini app yes gini by Google the model is pretty good everybody kind of knows that I mean right now General sentiment is CLA and chpt are the best and that is probably true but in first spot it's usually Gemini and their phone app is actually incredible only problem is it's not available on iOS it's an Android only application but it integrates super well with various Services you can link it to Google maps you can link it to your Gmail you can link it to YouTube and pull in the data right from there you can talk to your Gmail inbox right from your phone that's pretty cool functionality and something worth considering if you're using Gemini two more here on my list one of them is sunno AI now this one and udio are the best AI music generators in the market right now and I would love to try this I would love to use this I would love to integrate this into kind of my life maybe weekends maybe creating a spontaneous song one with some friends could be a great use case not everything with AI has to be productivity driven creative apps like this are super fun to me but it's not accessible in Europe up yet that's why I didn't make it into the video and then the last one is actually the Labs app they have excellent voices and this is sort of an alternative to recast where it just reads out the article for you if you want but that's pretty much all I got for today I hope you found some of these interesting I'm certainly going to be using all of these more and more in my daily workflows let's see what sticks them on from here on out if there's another app that belongs on the list in your opinion leave a comment otherwise you should check out the Weekly Newsletter because every week we feature one application that we think is worth your time so if you like the selection CH are you love the app of the week section in the Weekly Newsletter because we created In The Same Spirit as the criteria in this video links in the description I hope you have a wonderful day and I'll see you soon