

**Problem statement:** A comprehensive resource for mental health awareness in schools doesn't exist.

**Why?** If not for the lack of accessible information and programs tailored to students, educators, and parents, many are unaware of the mental health challenges students face.

**So then what?** Maybe we could research existing resources and identify gaps in awareness and support.

**So then what?** I could develop a program or platform that provides educational materials, tools, and resources specifically designed for schools to raise awareness about mental health issues.

**Problem restated:** A dedicated platform for mental health resources and awareness in schools doesn't exist.

**Problem statement:** While some mental health resources are available, there are none specifically tailored to the school environment that effectively engage students and reduce stigma.