



**METABOLIC, ENDOCRINE, AND GENITOURINARY PATHOBIOLOGY**

# Hyperglycemia Induces Tear Reduction and Dry Eye in Diabetic Mice through the Norepinephrine— $\alpha_1$ Adrenergic Receptor—Mitochondrial Impairment Axis of Lacrimal Gland



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Dry eye syndrome is a common complication in diabetic patients with a prevalence of up to 54.3%. However, the pathogenic mechanisms underlying hyperglycemia-induced tear reduction and dry eye remain less understood. The present study indicated that both norepinephrine (NE) and tyrosine hydroxylase levels were elevated in the lacrimal gland of diabetic mice, accompanied by increased Fos proto-oncogene (c-FOS)<sup>+</sup> cells in the superior cervical ganglion. However, the elimination of NE accumulation by surgical and chemical sympathectomy significantly ameliorated the reduction in tear production, suppressed abnormal inflammation of the lacrimal gland, and improved the severity of dry eye symptoms in diabetic mice. Among various adrenergic receptors (ARs), the  $\alpha_1$  subtype played a predominant role in the regulation of tear production, as treatments of  $\alpha_1$ AR antagonists improved tear secretion in diabetic mice compared with  $\beta$ AR antagonist propranolol. Moreover, the  $\alpha_1$ AR antagonist alfuzosin treatment also alleviated functional impairments of the meibomian gland and goblet cells in diabetic mice. Mechanically, the  $\alpha_1$ AR antagonist rescued the mitochondrial bioenergetic deficit, increased the mitochondrial DNA copy numbers, and elevated the glutathione levels of the diabetic lacrimal gland. Overall, these results deciphered a previously unrecognized involvement of the NE- $\alpha_1$ AR-mitochondrial bioenergetics axis in the regulation of tear production in the lacrimal gland, which may provide a potential strategy to counteract diabetic dry eye by interfering with the  $\alpha_1$ AR activity. (*Am J Pathol* 2023, 193: 913–926; <https://doi.org/10.1016/j.ajpath.2023.03.015>)

Diabetes mellitus (DM) is a chronic multisystem disease, which involves major complications largely influenced by hyperglycemia.<sup>1</sup> According to the International Diabetes Federation, 537 million people experienced diabetes worldwide in 2021.<sup>2</sup> DM is mostly associated with specific pathology of the retina, renal glomerulus, and peripheral nerves.<sup>3–5</sup> Dry eye is a significant complication of diabetes, with a reported prevalence of up to 54.3%.<sup>6,7</sup> In the clinic, dry eye has been a more common complaint than corneal symptoms in diabetes.<sup>8</sup> Lacrimal glands (LGs) are exocrine organs that secrete the aqueous layer of the tear film, which is essential for lubrication and protection of the eye.<sup>9,10</sup>

However, to date, the pathologic changes of LGs in diabetic dry eye remain to be fully understood.

The LG is distributed mainly by autonomic nerves (including sympathetic and parasympathetic branches) and sensory nerves.<sup>11</sup> Overwhelming evidence indicates that LG

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secretion is primarily controlled by the parasympathetic branch of the autonomic nervous system.<sup>12–14</sup> Electrical stimulation of the superior cervical sympathetic ganglion and exogenous delivery of sympathomimetics stimulate protein secretion.<sup>15,16</sup> However, the physiological role of the sympathetic innervation of the lacrimal gland has been questioned because its function is not altered in rabbits when innervation from the superior cervical ganglion is interrupted.<sup>17</sup> Recently, a study by Jin et al<sup>18</sup> using an elegant experimental murine model has confirmed that the sympathetic system is not involved in tear secretion. Furthermore, sympathetic neuronal activation is well known in diabetes, including its role in triggering myeloid progenitor proliferation and differentiation, and antagonizing insulin-stimulated muscle glucose disposal, resulting in increased cardiovascular complications.<sup>19–22</sup> However, the involvement of sympathetic stimulation in LGs and the interactions between LGs and sympathetic neurotransmitter norepinephrine (NE) in diabetes mellitus remain poorly understood.

The current study indicated a previously unreported regulation of diabetic dry eye by the NE- $\alpha_1$  adrenergic receptor (AR) axis. Hyperglycemia induced NE release, suggesting the involvement of NE in diabetic dry eye. Sympathetic nerves pass through the superior cervical ganglion and are distributed around the face where the LG is located.<sup>18,23</sup> NE accumulation in LGs can be surgically and chemically eliminated by superior cervical sympathectomy and administration of 6-hydroxydopamine (6-OHDA), which is a neurotoxin that depletes peripheral sympathetic neurons.<sup>18,22</sup> Herein, the intervention with NE generation improved hyperglycemia-induced tear reduction and dry eye severity, including LG inflammation and corneal condition. Furthermore, LG expressed high amounts of  $\alpha_1$  and  $\beta$  ARs. By using several clinically available  $\alpha_1$ AR blocker drugs, including prazosin, alfuzosin, terazosin, and doxazosin, and  $\beta$ AR blocker drug propranolol,<sup>24,25</sup> the adaptor  $\alpha_1$ AR was found to protect LG and ocular surface homeostasis from hyperglycemia. Mechanistically,  $\alpha_1$ AR antagonist alfuzosin rescued the mitochondrial bioenergetic deficit in diabetic LGs, accompanied by revertible mitochondrial DNA (mtDNA) copies, glutathione (GSH) levels, and mitochondrial morphologic changes. These important findings may help establish potential strategies to counteract tear reduction and diabetic dry eye by manipulating sympathetic activity.

## Materials and Methods

### Animals

Adult male C57BL/6 mice (aged 6 to 8 weeks) were purchased from SPF Biotechnology Co, Ltd (Beijing, China). After a week of domestication, all mice were designated into two groups [namely, the control group ( $n = 10$ ) and the DM group ( $n = 100$ )]. Type 1 DM was generated by i.p. injection of 50 mg/kg streptozotocin (STZ; Sigma-Aldrich, St. Louis, MO) for 5 days. Mice with a blood glucose

level of  $>16.7$  mmol/L 1 week after the last injection were considered eligible diabetic mice. After 16 weeks of the final injection of STZ, diabetic mice were sacrificed and collected for this study. Animal experiments followed the Association for Research in Vision and Ophthalmology's Statement for Use of Animals in Ophthalmic and Vision Research and were approved by the Ethics Committee of Shandong Eye Institute (Qingdao, China).

### Drug Treatments

After 16 weeks of STZ-induced diabetic treatment, mice were divided into diabetic vehicle control group ( $n = 20$ ), DM + 6-OHDA group ( $n = 10$ ), DM + prazosin group ( $n = 10$ ), DM + propranolol group ( $n = 10$ ), DM + alfuzosin group ( $n = 10$ ), DM + terazosin group ( $n = 10$ ), and DM + doxazosin group ( $n = 10$ ), and treated with the following drugs. The 6-OHDA hydrobromide [75 mg/kg body weight (BW), dissolved in 0.1% ascorbic acid solution; Sigma] was administered intraperitoneally every day for 4 days. Mice received 0.1% ascorbic acid solution as vehicle control. Prazosin (1 mg/kg BW; HY-B0193; MCE, Shanghai, China) and propranolol (10 mg/kg BW; HY-B0573B; MCE) dissolved in double-distilled water were administered intraperitoneally every day for 7 days. Alfuzosin hydrochloride tablets (5 mg/kg BW; Lunan BETTER Pharmaceutical Co, Ltd, Shandong, China), prazosin hydrochloride tablets (5 mg/kg BW; Shanghai Xinyi Medicine Co, Ltd, Shanghai, China), terazosin hydrochloride tablets (5 mg/kg BW; Shanghai Abbott Pharmaceutical Co, Ltd, Shanghai, China), and doxazosin mesylate tablets (5 mg/kg BW; Pfizer Pharmaceuticals LLC, New York, NY) dissolved in double-distilled water were administered orally for 7 days. Mice received double-distilled water as vehicle control.

### Superior Cervical Ganglionectomy

Diabetic mice were randomly divided into the superior cervical ganglionectomy (SCGx) group ( $n = 10$ ) and the sham surgery group ( $n = 10$ ). Mice were anesthetized with sodium pentobarbital (50 mg/kg) and placed in the supine position. Small straight scissors were used to carefully incise 2 cm of the cervical skin of the mice above the submandibular gland. The superior cervical ganglion adjacent to the carotid artery located at the medial side of the submandibular gland was excised, and the incised site was sutured. The sham group was obtained by exposing but not removing the superior cervical ganglion (SCG).

### Tear Production Measurement

Tear secretion was determined by using the cotton thread test with standardized phenol red-impregnated cotton threads (30059010; Jingming, Tianjin, China). The evaluation of tear secretion was conducted by inserting a thread

under the lower eyelid for 20 seconds. The length of the wet portion was measured in millimeters.

### Corneal RB Staining and Scores

Corneal Rose Bengal (RB) staining was used to visualize and quantify dry eye—related tear film impairment.<sup>26</sup> After adding 5  $\mu$ L of 1% RB solution (330000; Sigma) to the middle of the lower eyelid, the results were recorded on a cornea diagram and graded. For grading, each cornea was considered in four quadrants, and staining scores were evaluated in each as follows: 0, without staining; 1, punctate staining; 2, continuous staining covering 50% area; 3, continuous staining covering 50% area but not confluent; and 4, confluent staining.

### Histochemical and Immunohistochemical Staining

The LGs were fixed in 10% formalin for 24 hours and dehydrated in ethanol (50%, 70%, 80%, 90%, and 100%) for 30 seconds. LGs were then washed in xylene and embedded in paraffin to make sections (7  $\mu$ m thick). Immunohistochemical staining was performed by incubating LG sections with goat anti-CD45 antibody (ab10558; Abcam, Cambridge, MA) overnight at 4°C; then, sections were incubated with secondary antibodies and visualized using an AEC detection kit (AEC-0038; MXB, Fujian, China), according to the manufacturer's instructions. The images were captured using a light microscope (Nikon, Tokyo, Japan). For hematoxylin and eosin staining, LG sections were stained with hematoxylin and eosin, and images were captured with a microscope (Nikon). Acinar cell areas were analyzed by using ImageJ software version 1.53a (NIH, Bethesda, MD; <http://imagej.nih.gov/ij>) after obtaining three random histologic areas of each section from the LG tissue of each mouse. Each group consisted of three mice.

### Real-Time PCR

The total RNA of the cornea, LG, and meibomian gland (MG) was isolated by using the TransZol Up Plus RNA kit (ER501-01; TransGen Biotech, Beijing, China). cDNA was synthesized with HiScript III RT SuperMix (R323-01; Vazyme, Nanjing, China). The PCR primers are shown in Table 1. Real-time PCR was performed using ChamQ Universal SYBR qPCR Master Mix (Q711-02; Vazyme). Relative gene expression was calculated using the comparative  $\Delta$  cycle threshold ( $C_T$ ) method that involves  $C_T$  values of a housekeeping gene and  $\beta$ -actin mRNA levels normalized to control levels.

### Norepinephrine and Acetylcholine Analysis

To assess NE content in LGs, the LGs were homogenized and sonicated in assay buffer (0.01 N HCl, 1 mmol/L EDTA, and 4 mmol/L sodium metabisulfite), and cell debris was

**Table 1** Mouse Primer Sequences Used for Real-Time PCR

Primer name	Primer sequence
IL-6	F: 5'-ACCACTCCCAACAGACCTGTCT-3' R: 5'-CAGATTGTTTTCTGCAAGTGCAT-3'
IL-10	F: 5'-CAGAGAAGCATGGCCAGAA-3' R: 5'-CACCTTGGTCTTGGAGCTTATTAAA-3'
TNF- $\alpha$	F: 5'-ACAAGGCTGCCCCGACTAC-3' R: 5'-TGGGCTCATACCAGGGTTTG-3'
TH	F: 5'-GGCTTCTCTGACCAGGCGTAT-3' R: 5'-TGCTTGTTATTGGAAGGCAATCTC-3'
NeT	F: 5'-AACTTCAAGCCGCTCACCTA-3' R: 5'-ATGACATAGGCAGGGACCAG-3'
VMAT2	F: 5'-CGAGTGCAGCCAGAAAGTCA-3' R: 5'-CATGGTCTCCATCATCCAGATG-3'
$\beta$ -Actin	F: 5'-ACGGCCAGGTCATCACTATTG-3' R: 5'-AGAGGTCTTTACGGATGTCAACGT-3'
Elovl3	F: 5'-TGGACCTGATGCAACCCCTATG-3' R: 5'-TGAAGCTCTTCCGCGTTCTC-3'
SOAT1	F: 5'-AGCAAGATGAAGCCAGAAAAA-3' R: 5'-CATCGAAGTGGCACCCTAACT-3'
DHCR24	F: 5'-GCTGCGAGTCGGAAAGTACAA-3' R: 5'-CAGCCAATGGAGTTACGAA-3'
HMGCR	F: 5'-AAAATAAACCAACCCCGTAACC-3' R: 5'-CTTCGTCCAGACCCAAAGGA-3'
Nrf2	F: 5'-AGGCCAGTCCCTCAATAGC-3' R: 5'-CGGTAGTATCAGCCAGCTGCTT-3'
H0-1	F: 5'-CACAGATGGCGTCACTTCGT-3' R: 5'-TTGCCAACAGGAAGCTGAGA-3'
Adra1a	F: 5'-CTGCCATTCTTCTCGTGAT-3' R: 5'-GCTTGAAGACTGCCCTTCTG-3'
Adra1b	F: 5'-CGGACGCCAACCACTACTT-3' R: 5'-AACACAGGACATCAACCGCTG-3'
Adra1d	F: 5'-GGGACCGCTACTAGGTTGGAA-3' R: 5'-ACATACACGCGGCAGTACATG-3'
Adra2a	F: 5'-GTGACACTGACGTGGTTTG-3' R: 5'-CCAGTAACCCATAACCTCGTTG-3'
Adra2b	F: 5'-CCCTGCCTCATCATGATTCT-3' R: 5'-GTCCATTAGCCTCTCCGACA-3'
Adra2c	F: 5'-TCATCGTTTTTCACCGTGGTA-3' R: 5'-GCTCATTGGCCAGAGAAAAG-3'
Adrb1	F: 5'-CTCATCGTGGTGGTTAACGTG-3' R: 5'-ACACACAGCACATCTACCGAA-3'
Adrb2	F: 5'-GGGAACGACAGCAGCATTCTT-3' R: 5'-GCCAGGACGATAACCGACAT-3'
Adrb3	F: 5'-GGCCCTCTCTAGTTCCAG-3' R: 5'-TAGCCATCAAACCTGTTGAGC-3'

Adra, adrenoceptor alpha; Adrb, adrenoceptor beta; DHCR24, 24-dehydrocholesterol reductase; Elovl3, ELOVL fatty acid elongase 3; F, forward; HMGCR, 3-hydroxy-3-methylglutaryl-CoA reductase; H0-1, heme oxygenase-1; NeT, norepinephrine transporter; Nrf2, nuclear factor erythroid 2—related factor 2; R, reverse; SOAT1, sterol O-acyltransferase 1; TH, tyrosine hydroxylase; TNF- $\alpha$ , tumor necrosis factor- $\alpha$ ; VMAT2, vesicular monoamine transporter-2.

pelleted by centrifugation at 12,000  $\times$  g for 10 minutes at 4°C to take the supernatant. The concentration of NE in LGs was detected by an NE enzyme-linked immunosorbent assay kit (KA3836; Abnova, Taiwan, China), and the concentration

was determined according to the manufacturer's instructions. The acetylcholine level in LGs was detected by an acetylcholine enzyme-linked immunosorbent assay kit (CEA912Ge; Cloud-Clone Corp., Wuhan, China). LGs were homogenized using phosphate-buffered saline (PBS) buffer and were centrifuged at  $12,000 \times g$  for 10 minutes at  $4^{\circ}\text{C}$  to remove debris. Acetylcholine levels were measured in the supernatant by following the manufacturer's instructions. All tissue samples were normalized to total tissue protein concentration and determined using the BCA Protein Assay kit (P0012; Beyotime, Shanghai, China), according to the manufacturer's instructions.

### Western Blot Analysis

The total protein of LGs was extracted by using radio-immunoprecipitation assay buffer (Beyotime), and the protein samples were separated on SDS polyacrylamide gels and transferred to polyvinylidene difluoride membranes (Millipore, Billerica, MA). After blocking in 5% bovine serum albumin for 1 hour, the blots were incubated with rabbit anti-tyrosine hydroxylase (TH; AB152; Millipore) or anti-choline acetyltransferase (ab178850; Abcam) overnight at  $4^{\circ}\text{C}$ , and incubated with horseradish peroxidase-conjugated goat anti-rabbit secondary antibody (SA00001-2; Proteintech, Wuhan, China) or horseradish peroxidase-conjugated anti- $\beta$ -actin antibody (HRP-60008; Proteintech) for 1 hour at room temperature. The blots were then visualized by enzyme-linked chemiluminescence using the electrochemiluminescence kit (Millipore) and CD-touch (Bio-Rad, Hercules, CA). Finally, the image intensity was calculated with Image Lab 5.2.1 software (Bio-Rad).

### Immunofluorescence Staining

For immunofluorescence staining, LGs, MGs, eyes, and adnexa were embedded in TissueTek OCT compound (Sakura, Torrance, CA) and cut into sections ( $7\ \mu\text{m}$  thick) using a microtome. Sections were fixed in 4% paraformaldehyde at room temperature for 10 minutes and then washed three times with PBS for 5 minutes each. The sections were permeabilized with 0.2% Triton for 5 minutes. The tissue sections were then blocked with 10% normal horse serum for 1 hour at room temperature and incubated with the following primary antibodies overnight at  $4^{\circ}\text{C}$ : mouse anti-TH antibody (MAB7566; RD, Minneapolis, MN), rabbit anti-Fos proto-oncogene positive (c-FOS) antibody (ab222699; Abcam), rabbit anti-peroxisome proliferator-activated receptor (PPAR)- $\gamma$  antibody (ab45036; Abcam), and rabbit anti-mucin 1 (Muc1) antibody (ab45167; Abcam). Subsequently, the sections were incubated with fluorescein-conjugated secondary antibody for 2 hours at room temperature: Alexa 488 or 594 labeled goat anti-mouse IgG or goat anti-rabbit IgG (Invitrogen, Waltham, MA). After washing with PBS, the sections were incubated with DAPI for 5

minutes to stain the cell nuclei. The tissues were imaged with a fluorescence microscope (Zeiss, Oberkochen, Germany).

### Oil Red O Staining

The frozen sections of the MGs were fixed in 4% paraformaldehyde for 10 minutes and washed in PBS for 5 minutes, and then stained for 10 minutes in freshly prepared oil red O solution. Sections were washed in PBS for 5 minutes, counterstained with hematoxylin, and mounted in 90% glycerol. Images were captured with a microscope (Nikon).

### Periodic Acid-Schiff Staining

The paraffin sections of the eyes and adnexa were stained by using a periodic acid-Schiff staining kit (MST-8038; MXB, Fuzhou, China) following the manufacturer's instructions. The stained sections were then imaged using a virtual microscope (Nikon). The number of goblet cells filled with conjunctival mucin was counted from six eyes in each group.

### Mitochondrial Respiration Analysis

The Seahorse XFp Flux Analyzer and XF Cell Mito Stress Test Kit (Seahorse Bioscience, Billerica, MA) were used to measure the metabolic profiles of the LG. The oxygen consumption rate was determined using the Seahorse XFp Flux Analyzer. Key parameters of mitochondrial respiratory function were measured by using a Seahorse XF Cell Mito Stress Test Kit, as described previously.<sup>26</sup>

### mtDNA Copy Number Analysis

Total DNA was extracted from the LGs by using the EasyPure Genomic DNA Kit (EE101-11; TransGen Biotech, Beijing, China). mtDNA copy number was measured by PCR using primers for cytochrome c oxidase I (COX1), NADH dehydrogenase (ND)1, ND6, and  $\beta$ -globin (Hbb-b1) (Table 2). HBB1 was selected as an internal reference gene in nuclear DNA analysis. The mtDNA copy number was calculated as the ratio of mtDNA/nuclear DNA.<sup>26,27</sup>

### Measurement of Mitochondrial and Cytosolic GSH

Mitochondrial and cytosolic proteins were isolated from the LGs by using a Tissue Mitochondria Isolation Kit (C3606; Beyotime). During centrifugation, the supernatant was collected as the cytosol portion, whereas the mitochondrial pellet was lysed in a mitochondria-specific buffer. The GSH content of the harvested samples was immediately analyzed. Mitochondrial and cytosolic GSH was measured using a Total Glutathione Assay kit (S0052; Beyotime) following the manufacturer's protocol.



**Table 2** Primer Sequences Used in Mitochondrial DNA Copy Number Analysis

Primer name	Primer sequence
Hbb-b1	F: 5'-GGACCCAGCGGTACTTTGATAG-3' R: 5'-TGGCAAAGGTGCCCTTGA-3'
COX1	F: 5'-GGACCCAATTCTCTACCAGCAT-3' R: 5'-TGCTCATACTATTCCTATATAGCCGAAA-3'
ND1	F: 5'-CCCTACCAATACCACACCCATT-3' R: 5'-GGGCTACGGCTCGTAAGCT-3'
ND6	F: 5'-CATACATCAACCAATCTCCCAAAC-3' R: 5'-GACTGCTATAGCTACTGAGGAATATCCA-3'

COX1, cytochrome c oxidase I; F, forward; Hbb-b1,  $\beta$ -globin; ND, NADH dehydrogenase; R, reverse.

### Dihydroethidium Staining

Freshly prepared LG frozen slices were incubated with 3  $\mu$ mol/L dihydroethidium (S0063; Beyotime) in a humidified chamber and protected from light in a 37°C incubator for 30 minutes. The sections were then incubated with DAPI for 5 minutes. Labeling was imaged with a fluorescence microscope (Zeiss). The fluorescence intensity was calculated using ImageJ software version 1.53a.

### Electron Microscopy Analysis

After the indicated treatment, LGs were cut into 1-mm<sup>3</sup> blocks and first fixed in 2.5% prechilled glutaraldehyde. The samples were then examined using a JEM-1200EX transmission electron microscope (JEOL, Tokyo, Japan). ImageJ software version 1.53a was used to measure the mitochondrial size and mitochondrial density.

### Statistical Analysis

All data were generated from at least three independent experiments. Statistical analyses were performed with GraphPad Prism 8 software (GraphPad Software, San Diego, CA) and SPSS19.0 software (SPSS Inc., Chicago, IL). All data were expressed as means  $\pm$  SD. Statistical analysis was performed using the unpaired *t*-test and one-way analysis of variance. Values were considered statistically significant if *P* < 0.05.

## Results

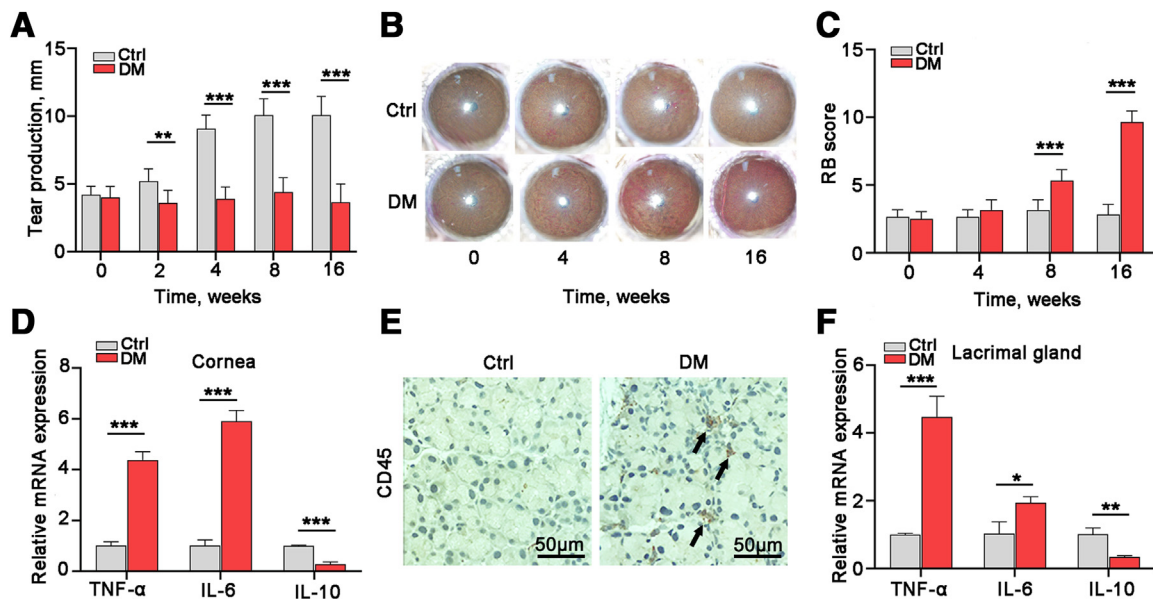
### Hyperglycemia Causes Tear Reduction and Dry Eye in Diabetic Mice

To determine the characteristics of dry eye in chronic hyperglycemic conditions, an STZ-induced model of type 1 DM mice was established. Mice were observed at regular time points of 0, 2, 4, 8, and 16 weeks after STZ i.p. injection. Compared with the control group, the blood glucose level in the DM group was much higher within 2 weeks, and

the body weight of the DM group showed a gradual decrease over 2 weeks ([Supplemental Figure S1](#)), indicating a successful animal model of DM. Meanwhile, tear production decreased to 62%, 44%, 36%, and 34% at 2, 4, 8, and 16 weeks, respectively, in diabetic mice compared with normal mice ([Figure 1A](#)). Subsequently, corneal RB staining was performed to detect the corneal epithelium defect. There were no statistical differences during 0 and 4 weeks; however, at 8 and 16 weeks, the RB score increased by 1.6-fold and 3.3-fold compared with the control group ([Figure 1, B and C](#)). In addition, because hyperglycemia caused by type 1 DM can lead to a systemic inflammatory response,<sup>28,29</sup> inflammatory infiltration of the cornea and LG was evaluated. As shown in [Figure 1, D and F](#), the real-time PCR arrays indicated that proinflammatory factors tumor necrosis factor- $\alpha$  and IL-6 were significantly increased and anti-inflammatory cytokine IL-10 was markedly decreased. In addition, positive staining of CD45 (a pan-leukocyte marker) was detected in LG of diabetic mice ([Figure 1E](#)). Likewise, hematoxylin and eosin staining showed that the LG acinar cell area ratio was significantly reduced in diabetic mice, accompanied by a significant increase in inflammatory cell infiltration (mainly monocytes) ([Supplemental Figure S2](#)). These findings confirmed establishment of a successful diabetic dry eye model and allowed for further investigation of the change in NE release during the progression of dry eye.

### Hyperglycemia Promotes NE Release in the Lacrimal Gland

The parasympathetic cholinergic system is the principal regulator of LG protein and fluid secretion.<sup>11</sup> First, the study measured parasympathetic nerve activity in response to hyperglycemia. The content of acetylcholine, a parasympathetic neurotransmitter, was highly reduced in the LG of diabetic mice. This was accompanied by the down-regulation of choline acetyltransferase, an enzyme responsible for acetylcholine synthesis ([Supplemental Figure S3](#)). These data were consistent with previous findings that blocking the parasympathetic stimulation of LG contributes to the loss of tear-secreting ability.<sup>18</sup> Next, the study explored the involvement of the sympathetic neurotransmitter NE in diabetic dry eye. Interestingly, NE levels were elevated in diabetic LGs, indicating sympathetic activation ([Figure 2A](#)). The expression of noradrenergic markers was measured to further verify the enhanced NE release.<sup>30</sup> Hyperglycemia caused the induction of TH, norepinephrine transporter, and vesicular monoamine transporter-2 ([Figure 2B](#)). Similarly, TH protein expression levels in diabetic LGs were much higher than in normal controls ([Figure 2, C and D](#)). Because the LG sympathetic nerve originates from the SCG,<sup>31</sup> whether increased NE production in the LG was accompanied by neuronal activation of the SCG was explored next. c-FOS, a marker of neuronal activation in SCG neurons, was immunostained and



**Figure 1** Diabetes mellitus (DM)—impaired tear production and dry eye onset in mice. **A:** Tear production of control (Ctrl) and diabetic mice at 0, 2, 4, 8, and 16 weeks after streptozotocin (STZ) injection. **B** and **C:** Corneal Rose Bengal (RB) staining and score of Ctrl and DM mice after 0, 4, 8, and 16 weeks of i.p. STZ injection. **D:** Comparisons of the expressions of the inflammatory cytokine tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), IL-6, and IL-10 mRNA in the corneas at 16 weeks of DM mice and age-matched Ctrl mice. **E:** Immunohistochemical staining of CD45 in lacrimal glands (LGs) at 16 weeks of DM mice and age-matched Ctrl mice. **Arrows** indicate positive staining. **F:** Comparisons of the expressions of inflammatory cytokine TNF- $\alpha$ , IL-6, and IL-10 mRNA in the LGs at 16 weeks of DM mice and age-matched Ctrl mice. Data are shown as means  $\pm$  SD (**A**, **C**, **D**, and **F**).  $n = 3$  to 10 mice per group (**A–F**). \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ . Scale bars = 50  $\mu$ m (**E**).

analyzed. A significant increase in immunoreactivity for c-FOS in SCG cells was observed in diabetic mice compared with their controls (Figure 2, E and F). Collectively, the present findings indicated that reduced tear secretion in diabetic mice was not determined merely by parasympathetic activity but by the involvement of the sympathetic nervous system.

### Surgical and Chemical Sympathectomy Ameliorates Tear Reduction and Diabetic Dry Eye

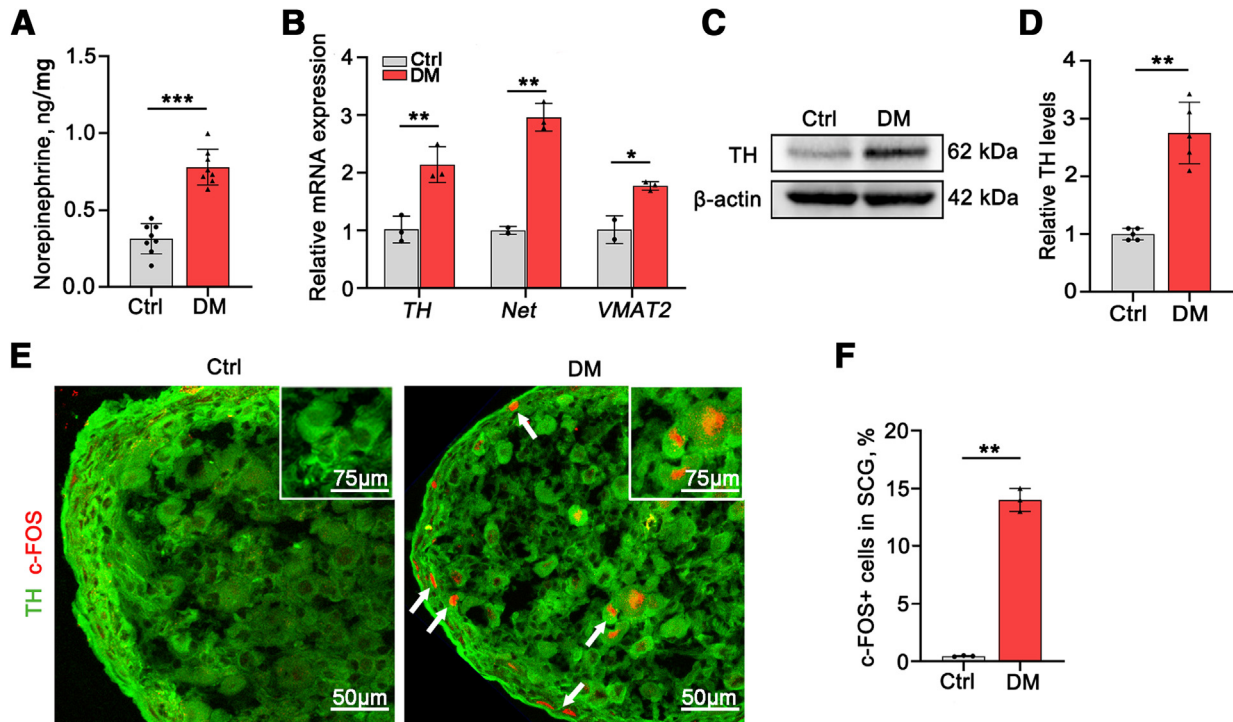
To test whether NE was responsible for dry eye in diabetic mice, two strategies to reduce the source of LG NE in diabetic mice were tested: chemical denervation using 6-OHDA, a selective neurotoxin for peripheral sympathetic nerves; and physical denervation by SCGx (Figure 3A). A marked reduction of NE in LG was observed in the 6-OHDA and SCGx treatment groups compared with diabetic mice ( $0.59 \pm 0.11$  versus  $0.04 \pm 0.01$  versus  $0.05 \pm 0.01$  ng/mg) (Figure 3B). TH protein expression levels in LG were much lower compared with the diabetic group (Supplemental Figure S4, A and B), and a significant decrease in SCG cells immunoreactive for c-FOS was observed in the treatment group compared with the diabetic group (Supplemental Figure S4, C and D).

The effects of 6-OHDA and SCGx treatment on dry eye at 16 weeks were investigated in diabetic mice. Treatment with 6-OHDA and SCGx was protective in the diabetic model, as shown in Figure 3C, with tear production

increasing 1.75-fold and 1.7-fold, respectively, compared with the diabetic group after 7 days of treatment. In addition, denervation of the sympathetic nervous system improved the corneal epithelium defect and response to inflammation (Figure 3, D–F). For LGs, weaker immunostaining for CD45 and attenuated obvious inflammation were observed after blocking the source of NE (Figure 3, G and H). Together, these data indicated that the reduction in the NE content in the LG of diabetic mice could relieve tear secretion and symptoms of diabetic dry eye, such as ocular epithelium defect and LG inflammation.

### $\alpha_1$ AR Antagonist Improves Tear Reduction and Dry Eye in Diabetic Mice

Because NE binds to the ARs and mediates a cascade of cellular responses,<sup>21</sup> AR expression was studied in the LGs of mice. Real-time PCR results showed that mice LGs expressed a large amount of  $\alpha_{1A}$ ,  $\alpha_{1D}$ ,  $\beta_1$ , and  $\beta_2$ AR (Figure 4A). After i.p. injection of prazosin (an  $\alpha_1$ AR antagonist) and propranolol (a  $\beta$ AR antagonist) in diabetic mice, the blockade of  $\alpha_1$ AR resulted in increased tear secretion, whereas blockade of  $\beta$ AR did not affect tear secretion (Figure 4B). Subsequently, a series of clinically selective oral  $\alpha_1$ AR antagonists were used in diabetic mice, including prazosin, alfuzosin, terazosin, and doxazosin,<sup>24</sup> to determine the effect of  $\alpha_1$ AR antagonists. As shown in Figure 4C, all types of  $\alpha_1$ AR antagonists increased tear



**Figure 2** Sympatho-adrenergic activation of the lacrimal gland (LG) in diabetic mice. **A:** Enzyme-linked immunosorbent assay of LG norepinephrine concentrations in control (Ctrl) mice and mice with diabetes mellitus (DM). **B:** Comparisons of the mRNA expressions of tyrosine hydroxylase (TH), norepinephrine transporter (Net), and vesicular monoamine transporter-2 (VMAT2) in LGs of Ctrl and DM mice. **C:** Western blot analysis to detect TH in LGs of Ctrl and DM mice. **D:** Quantification of the TH protein in LGs of Ctrl and DM mice. **E:** Immunofluorescence staining of the superior cervical ganglion (SCG) for TH (green) and Fos proto-oncogene (c-FOS; red) of Ctrl and DM mice. **White arrows** point to positive staining. **Insets:** Highly magnified sections. **F:** Quantification of c-FOS<sup>+</sup> cells in SCG of Ctrl and DM mice. Data are shown as means  $\pm$  SD (**A**, **B**, **D**, and **F**).  $n = 3$  to 8 mice per group (**A**–**F**). \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ . Scale bars: 50  $\mu$ m (**E**, main images); 75  $\mu$ m (**E**, insets).

secretion, whereas the effect of alfuzosin on increasing tear production was more stable.

Corneal RB staining and the RB score were significantly reduced after 7 days of alfuzosin treatment compared with untreated diabetic eyes (Figure 4, D and E). Alfuzosin treatment suppressed corneal tumor necrosis factor- $\alpha$  and IL-6 expression and increased IL-10 expression (Figure 4F). Immunofluorescence staining and real-time PCR were used to detect the expression of LG inflammation. As shown in Figure 4G, the immunostaining for CD45 immune cells decreased after alfuzosin treatment. Lower mRNA levels of proinflammatory genes tumor necrosis factor- $\alpha$  and IL-6, and higher mRNA levels of anti-inflammatory factor gene IL-10, were found after alfuzosin treatment (Figure 4H). Therefore, these data indicated that  $\alpha_1$ AR played the predominant role in the regulation of tear production in LG, and  $\alpha_1$ AR antagonist could increase tear secretion, reduce LG inflammation, and reduce ocular surface damage in diabetic mice.

### Targeted Inhibition of $\alpha_1$ AR Alleviates the Dysfunction of Diabetic Ocular Surface

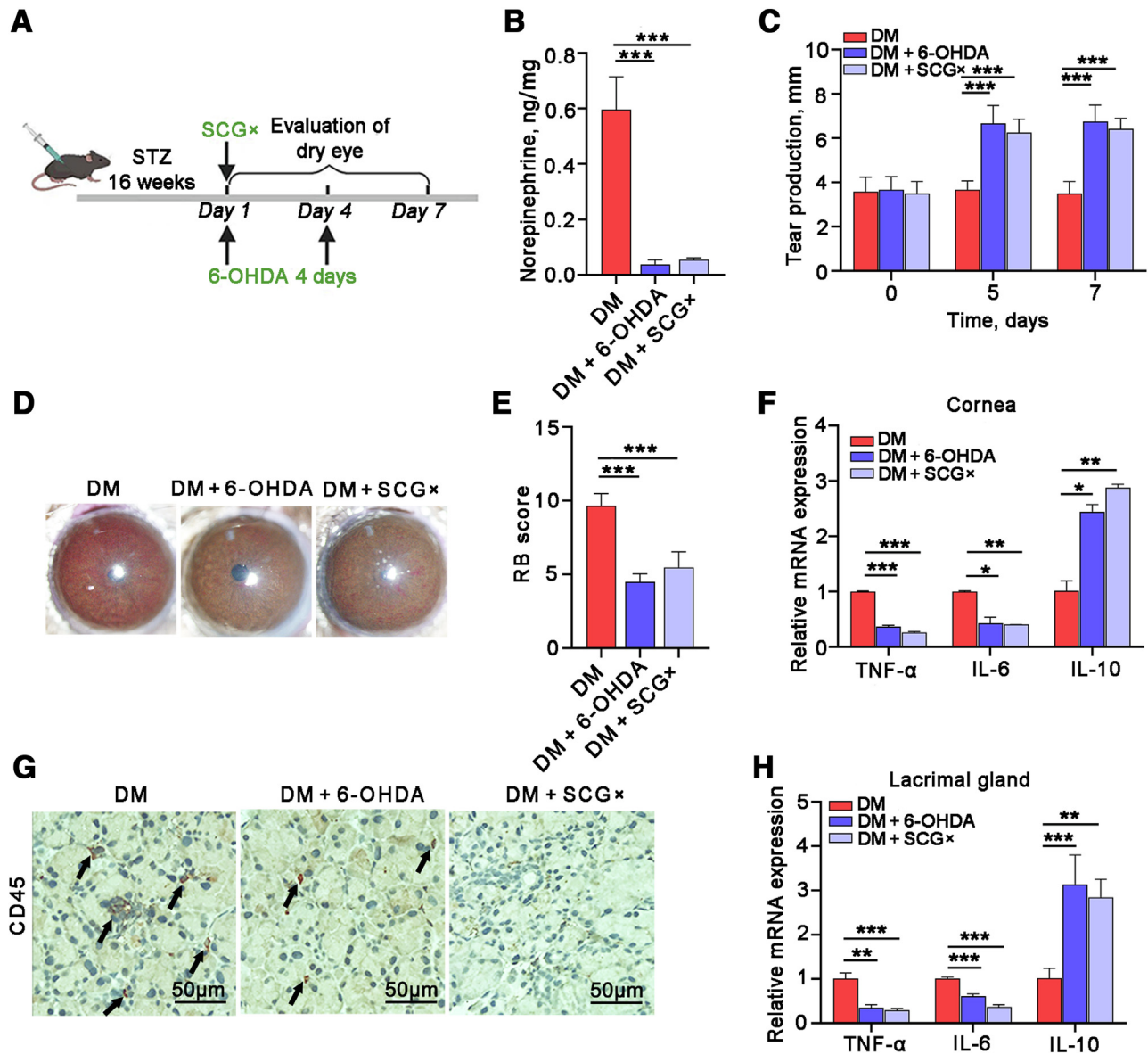
Tear components were secreted from the LG, MG, corneal epithelium, and conjunctival epithelium in humans.<sup>32</sup> Whether the physiological functions of MG and the

conjunctiva were affected by alfuzosin in diabetic mice was studied next.

Meibomian lipids synthesized by acini are essential to maintaining the integrity and health of the ocular surface.<sup>33</sup> Lipid metabolism disorder is one of the most common characteristics of meibomian gland dysfunction.<sup>34</sup> The oil red O staining was used to clarify the distribution of lipids in MG tissues and revealed more condensed staining in the acini of the alfuzosin-treated group than in the untreated diabetic group (Figure 5A). PPAR- $\gamma$ , as the main subtype of the PPAR family, is important in cell differentiation and various metabolic processes, especially lipid and glucose homeostasis.<sup>35</sup> Immunofluorescence staining for PPAR- $\gamma$  showed both cytoplasmic and nuclear staining, whereas alfuzosin-treated mice showed an increase in PPAR- $\gamma$  fluorescence intensity (Figure 5B). Guo et al<sup>36</sup> have reported reduced expression of lipid synthesis–related genes in diabetic MGs. Real-time PCR revealed significantly up-regulated ELOVL fatty acid elongase 3 (Elovl3), sterol O-acyltransferase 1 (SOAT1), 24-dehydrocholesterol reductase (DHCR24), and 3-hydroxy-3-methylglutaryl-CoA reductase (HMGCR) mRNA expression after alfuzosin treatment in diabetic MG (Figure 5C).

Periodic acid–Schiff staining indicated that the number of conjunctival goblet cells was significantly increased by twofold ( $15.79 \pm 4.11$  versus  $30.01 \pm 9.61$  cells/100  $\mu$ m)





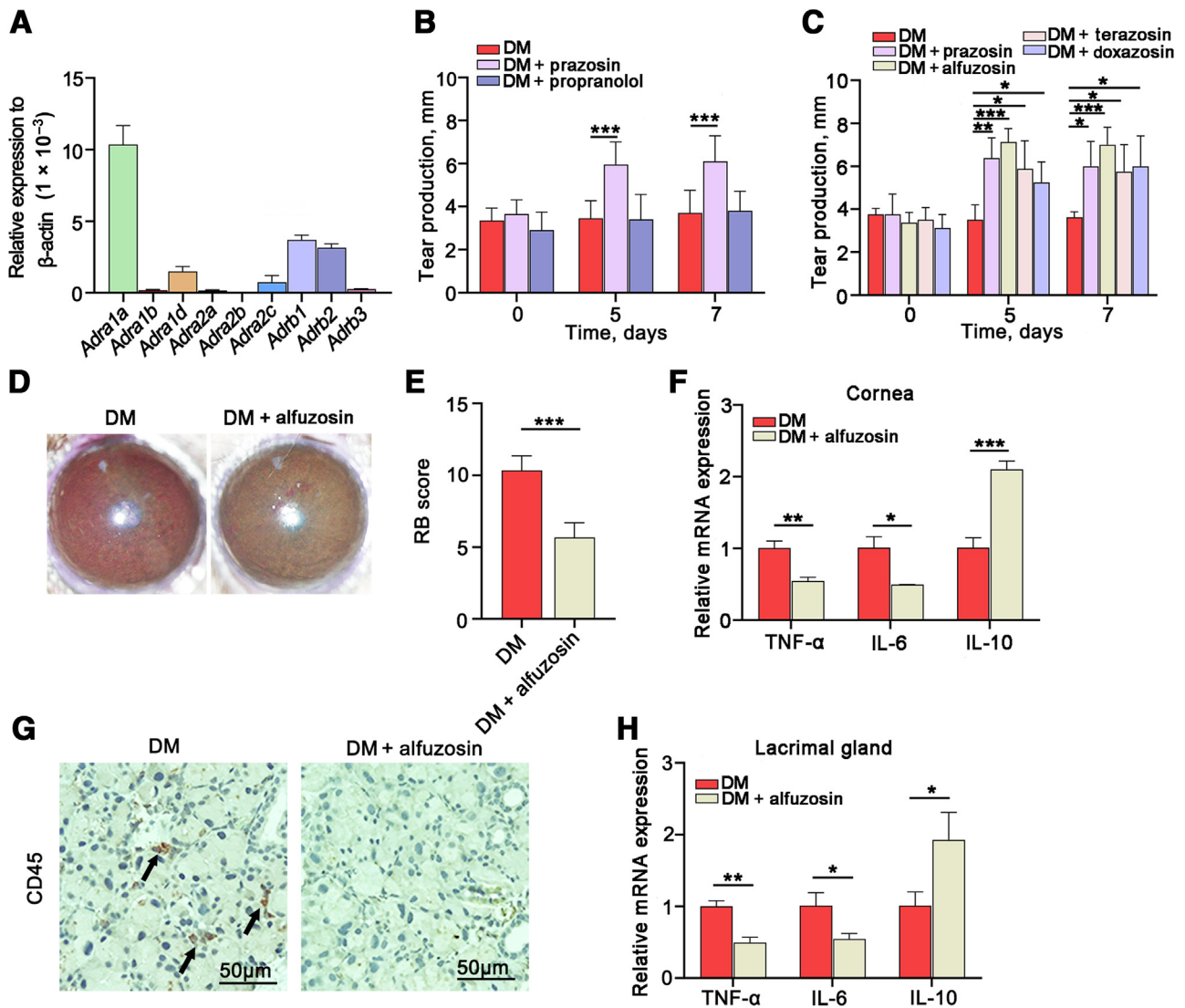
**Figure 3** Effects of norepinephrine (NE) elimination on tear production and diabetic dry eye. **A:** Diabetic mice were subjected to different models of sympathetic neuronal ablation. 6-Hydroxydopamine (6-OHDA) hydrobromide was administered intraperitoneally every day for 4 days. **B:** Effect of 6-OHDA or superior cervical ganglionectomy (SCGx) treatment on NE concentrations in lacrimal gland (LG) of mice with diabetes mellitus (DM). **C:** Tear volume production in DM mice was measured on days 5 and 7 after 6-OHDA or SCGx treatment. **D** and **E:** Corneal Rose Bengal (RB) staining and scoring were performed in DM mice treated with 6-OHDA or SCGx for 7 days. **F:** Expression of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), IL-6, and IL-10 mRNA in the cornea of DM mice treated with 6-OHDA or SCGx for 7 days. **G:** Immunohistochemical staining of CD45<sup>+</sup> cells in the LGs of DM mice treated with 6-OHDA or SCGx for 7 days. **Black arrows** point to positive staining. **H:** Quantification of the amounts of TNF- $\alpha$ , IL-6, and IL-10 mRNA expressed in LGs after 7 days of 6-OHDA or SCGx treatment in DM mice. Data are shown as means  $\pm$  SD (**B**, **C**, **E**, **F**, and **H**).  $n = 3$  to 6 mice per group (**B–H**). \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ . Scale bars = 50  $\mu$ m (**G**). STZ, streptozotocin.

(Figure 5, D and E) in alfuzosin-treated groups compared with the untreated DM mouse group. Conjunctival sections were stained by immunofluorescence for Muc1, which marked mucins,<sup>37</sup> and the expression of Muc1 was increased in the alfuzosin treatment group compared with the untreated DM group (Figure 5F). These data suggested that alfuzosin may alleviate diabetes-related damage to the MG and conjunctiva, thus relieving dry eye associated with diabetes.

### Alfuzosin Improves the Mitochondrial Bioenergetic Deficit of Diabetic Lacrimal Gland

Previous studies have shown that hyperglycemia-induced severe mitochondrial bioenergetic deficit of LG contributes to the early onset of dry eye in DM mice.<sup>26</sup> To evaluate the influence of alfuzosin on diabetic LGs, diabetic and alfuzosin-treated diabetic LGs were collected for the analysis of mitochondrial activity, mtDNA copy number, GSH

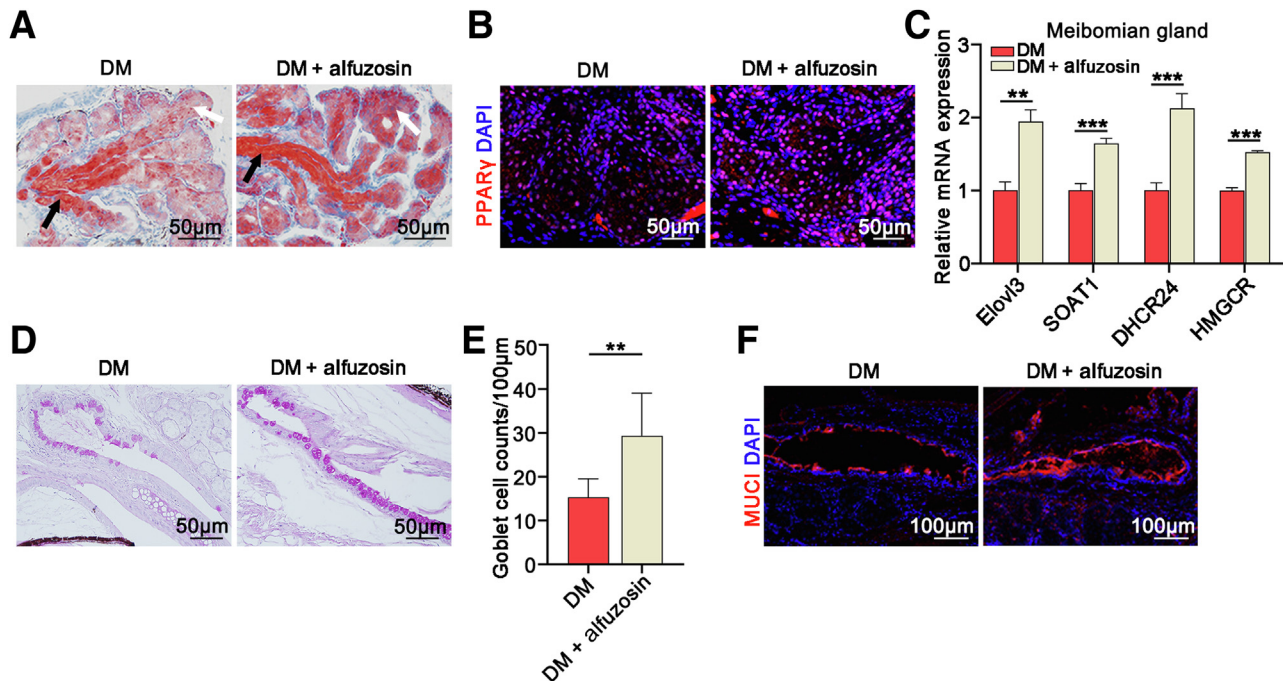




**Figure 4** Regulation of  $\alpha_1$  adrenergic receptor (AR) antagonist in tear reduction and diabetic dry eye. **A:** Relative expression of AR mRNA in the lacrimal glands (LGs) of mice. **B:** Tear production after prazosin (an  $\alpha_1$ AR antagonist) or propranolol (a  $\beta$ AR antagonist) treatment in mice with diabetes mellitus (DM). **C:** Tear production after a series of  $\alpha_1$ AR antagonist treatment of DM mice. **D** and **E:** Changes in corneal Rose Bengal (RB) staining and score after alfuzosin treatment in DM mice. **F:** Changes in the relative expression of inflammatory factor tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), IL-6, and IL-10 mRNA in the cornea after alfuzosin treatment in DM mice. **G:** Immunohistochemical staining of CD45 in LG after alfuzosin treatment in DM mice. **Black arrows** point to positive staining. **H:** Quantification of mRNA levels of the inflammatory cytokines TNF- $\alpha$ , IL-6, and IL-10 expressed by alfuzosin-treated LGs in DM mice. Data are shown as means  $\pm$  SD (**A–C**, **E**, **F**, and **H**).  $n = 3$  to 10 mice per group (**A–H**). \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ . Scale bars = 50  $\mu$ m (**G**).

level, reactive oxygen species (ROS) level, and antioxidant factors. The oxygen consumption rate was measured by using the Seahorse XFp Analyzer. Alfuzosin-treated LG cells assumed a significant increase in basal, ATP-linked, maximal respiration and nonmitochondrial oxygen consumption, but not in proton leak or reserve capacity, compared with untreated DM mice (Figure 6, A and B). Furthermore, alfuzosin treatment alleviated enhanced mitochondrial fission and decreased mitochondrial size caused by hyperglycemia (Supplemental Figure S5). In addition, the relative numbers of mtDNA copies of COX1, ND1, and ND6 per Hbb-b1 of alfuzosin-treated LGs were increased

compared with untreated DM mice (Figure 6C). Consistently, the mitochondrial glutathione level showed a 50% increase, whereas the cytosolic GSH level did not show significant change after alfuzosin treatment (Figure 6D). Oxidative stress due to ROS overproduction plays a fundamental role in diabetes.<sup>38</sup> Mitochondria are the main source of ROS, and the mitochondrial structure can be damaged by excessive ROS.<sup>39</sup> Dihydroethidium was used to detect ROS production *in situ*. ROS decreased in LGs after alfuzosin treatment (Figure 6, E and F). Moreover, the mRNA expression of major intracellular free radical scavengers, including nuclear factor erythroid 2-related factor 2



**Figure 5** Influence of  $\alpha_1$  adrenergic receptor (AR) antagonist on diabetic meibomian gland (MG) dysfunction and conjunctival goblet cells. **A:** Oil red O staining of the MG after alfuzosin treatment or mice with diabetes mellitus (DM). **Black arrows** indicate the MG duct, and **white arrows** indicate the MG acinus. **B:** Immunofluorescence staining of peroxisome proliferator-activated receptor (PPAR)- $\gamma$  in MG from alfuzosin-treated and DM mice. **C:** Relative mRNA expression of lipid metabolism-related enzymes ELOVL fatty acid elongase 3 (Elovl3), sterol O-acyltransferase 1 (SOAT1), 24-dehydrocholesterol reductase (DHCR24), and 3-hydroxy-3-methylglutaryl-CoA reductase (HMGCR) in MG of alfuzosin-treated and diabetic mice. **D** and **E:** Periodic acid–Schiff staining and goblet cell number in conjunctiva of mice in the alfuzosin treatment groups and DM groups. **F:** Immunofluorescence staining of mucin 1 (Muc1) in mice conjunctiva after alfuzosin treatment or DM mice. Data are shown as means  $\pm$  SD (**C** and **E**).  $n = 3$  to 6 mice per group (**A–F**).  $^{**}P < 0.01$ ,  $^{***}P < 0.001$ . Scale bars: 50  $\mu$ m (**A**, **B**, and **D**); 100  $\mu$ m (**F**).

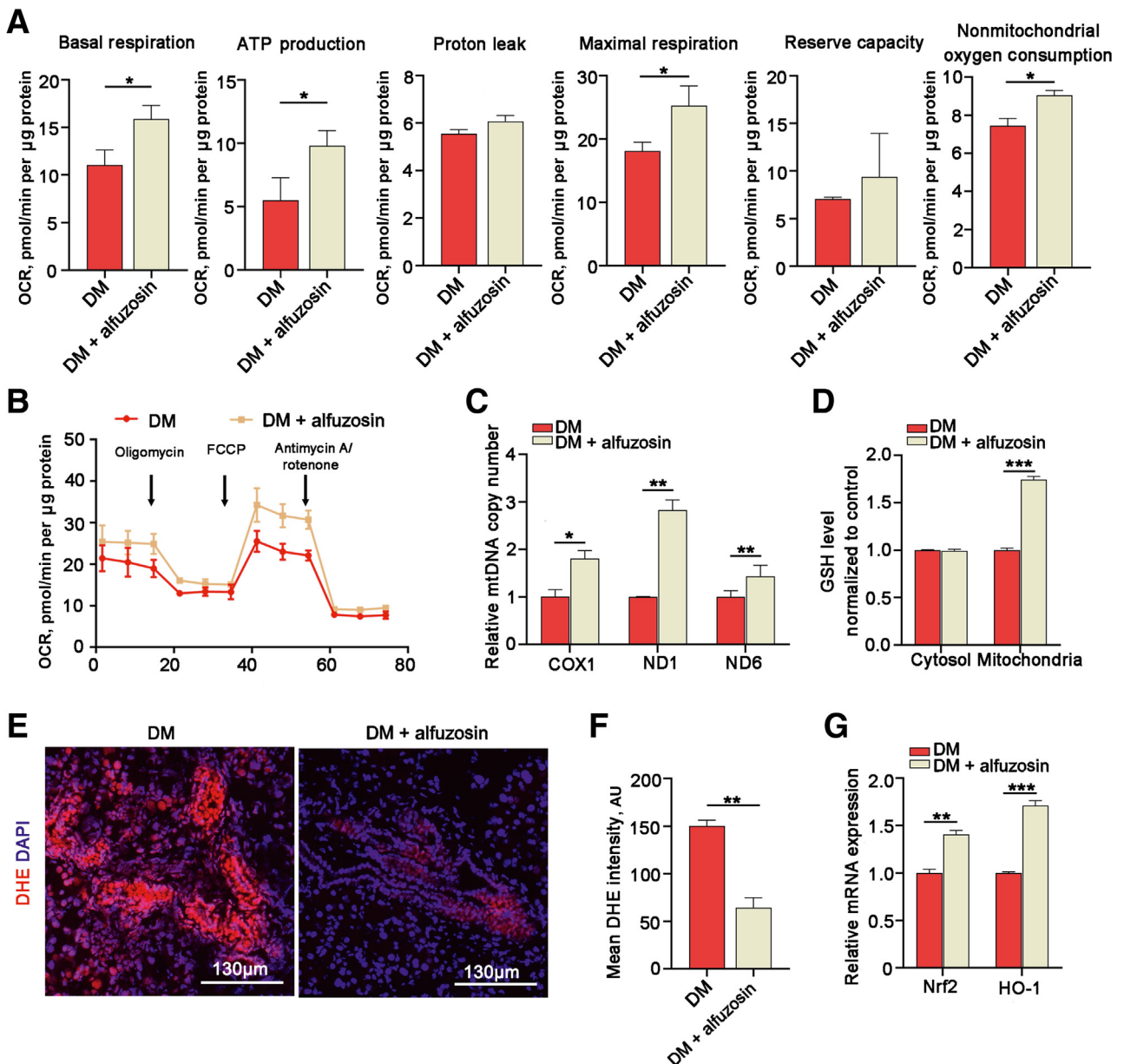
and heme oxygenase-1, was partially recovered in the diabetic LG after alfuzosin treatment (Figure 6G). These data suggest that alfuzosin might alleviate diabetic dry eye by reducing mitochondrial dysfunction and oxidative stress in diabetic LG.

## Discussion

In recent years, diabetic dry eye has steadily increased in incidence and has become a significant factor in human mental and physical health.<sup>6,7</sup> Efforts to understand the molecular mechanisms that underlie tear reduction and dry eye have been challenging. Here, the study evaluated the release of the sympathetic neurotransmitter NE and the role of the NE- $\alpha_1$ AR-mitochondria axis in LGs in the pathogenesis of diabetic dry eye. Unlike previous reports showing that NE and phenylephrine (an  $\alpha_1$ AR agonist) induce significant protein secretion from LG *in vitro*,<sup>40–42</sup> the study showed, for the first time, that in diabetic mice,  $\alpha_1$ AR antagonist alfuzosin ameliorated tear reduction and dry eye severity, including corneal epithelial barrier function, lacrimal and corneal inflammation, as well as impairments of MG and density of conjunctival goblet cells. Alfuzosin exhibited a role in the mitochondrial bioenergetics of LG

restoration, which is linked to mitochondrial dysfunction in the early stages of dry eye.<sup>26</sup> In general, this study indicated that elevated neurotransmitter NE in diabetic LG is a pathogenic factor for diabetic dry eye and suggested that modification of  $\alpha_1$ AR activity may prevent or treat diabetic dry eye.

Chronic sympathetic activation favors the development of diabetes-related end-organ damage, including endothelial dysfunction, cardiac hypertrophy, and renal impairment.<sup>43,44</sup> Pharmacologic inhibition of the sympathetic nervous system is regarded as a goal in the therapeutic approach to diabetes.<sup>45</sup> Previous studies have shown that a series of tissues related to the ocular surface, including the LG, MG, and conjunctiva, are impaired in hyperglycemia.<sup>26,36</sup> Furthermore, the study innovatively demonstrated that hyperglycemia promoted sympathetic nerve activity in LG and SCG, whereas depletion of NE or blockade of NE- $\alpha_1$ AR pathway alleviated LG inflammation, MG dysfunction, and loss of goblet cells. More importantly, the safety and efficacy of alfuzosin have been well assessed for the treatment of male prostatic hyperplasia,<sup>46</sup> making alfuzosin a potential treatment for diabetic LG. Whether alfuzosin and artificial tears work synergistically, independently, or mutually exclusively in the treatment of dry eye remains elusive and deserves further investigation.



**Figure 6**  $\alpha_1$  Adrenergic receptor (AR) antagonist repaired mitochondrial bioenergetics of diabetic lacrimal gland. **A** and **B**: Mitochondrial functions of lacrimal gland (LG) cells were evaluated with the Seahorse XFp Analyzer. After the measurement of basal oxygen consumption rate (OCR), ATP-linked respiration and proton leak were determined after oligomycin injection (1.5  $\mu$ mol/L final), maximal respiration was determined after injection of trifluoromethoxy carbonyl cyanide phenylhydrazine (FCCP) (0.5  $\mu$ mol/L), reserve capacity was measured as the difference between maximal and basal respiration, and all parameters were calculated subtracting nonmitochondrial respiration. **C**: Relative mitochondrial DNA copy numbers of cytochrome c oxidase I (COX1), NADH dehydrogenase (ND)1, and ND6 per  $\beta$ -globin (Hbb-b1) in LGs of mice with diabetes mellitus (DM) treated with alfuzosin. **D**: Glutathione (GSH) levels in the cytosolic and mitochondrial pools of LG cells in DM mice treated with alfuzosin. **E** and **F**: Immunofluorescence staining of dihydroethidium (DHE) in LGs of alfuzosin-treated DM mice. **G**: Relative expression of nuclear factor erythroid 2-related factor 2 (Nrf2) and heme oxygenase-1 (HO-1) mRNA of alfuzosin-treated diabetic LGs. Data are shown as means  $\pm$  SD (**A–D**, **F**, and **G**).  $n = 3$  mice per group (**A–G**). \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ . Scale bars = 130  $\mu$ m (**E**). AU, arbitrary unit.

NE released from sympathetic nerves can activate  $\alpha_1$ ,  $\alpha_2$ , or  $\beta$ AR signaling pathways, depending on the target tissue. Using video microscopy, Szarka et al<sup>47</sup> observed that NE initiated a rapid and robust fluid secretory response in isolated mouse LG ducts which was completely blocked by  $\alpha_{1D}$ AR antagonist BMY-7378. Similarly, Dartt and Hodges<sup>16</sup> found that in isolated rat LG acini,  $\alpha_1$ AR agonist

stimulated protein secretion.<sup>48</sup> Apart from the generally accepted decisive role of  $\alpha_{1D}$ AR *in vitro*, little is known about the direct effect of  $\alpha_1$ AR regulation of LG function *in vivo* and under pathologic circumstances. This study detected significantly elevated levels of NE in LG during diabetic dry eye progression. Further screening experiments demonstrated, for the first time, that selective



inhibition of the  $\alpha_1$ AR-mediated pathway promoted tear secretion. Stimulation of the  $\alpha_1$ AR promotes salivary secretion.<sup>49</sup> However, repeated administration of  $\alpha_1$ AR agonist phenylephrine in mice causes a significant decrease in salivary protein concentration.<sup>50</sup> Similarly, this study showed that LG with diabetes was exposed to long-term sympathetic activation, leading to tear reduction through  $\alpha_1$ AR. In addition, it compared the expression of AR genes in LG. Real-time PCR array was used to show that the expression of  $\alpha_{1A}$ AR was the highest, followed by  $\beta$ AR and  $\alpha_{1D}$ AR. This finding provides novel information on the role of  $\alpha_{1A}$ AR in LG function.

Mitochondrial energy has been proposed as a mechanism underlying the action of alfuzosin, because mitochondrial dysfunction is a common mechanism of diabetic complications.<sup>51,52</sup> Tight regulation of mitochondrial activity is critical for glandular tissue homeostasis, including the pancreas, salivary glands, and mammary glands.<sup>53–55</sup> *In vivo* and *in vitro* studies have demonstrated that ROS overproduction and oxidative stress are potential mechanisms of dry eye disease.<sup>56,57</sup> Oxidative stress causes mitochondrial damage, which affects mitochondrial function. As such, alterations in mitochondrial structure and mitochondrial function are associated with metabolic disorders in which oxidative stress appears to be a key factor.<sup>58</sup> In addition, severe mitochondrial dysfunction of the LGs may lead to the early onset of diabetic dry eye, and topical application of mitochondria-targeted antioxidants SkQ1 and SS31 attenuated the severity of diabetic dry eye.<sup>26</sup> It is suggested that alleviating mitochondrial dysfunction provides a new strategy for the treatment of dry eye disease. The current findings indicated that alfuzosin has a significant restorative effect on mitochondrial function and deepened our understanding of the role of the NE- $\alpha_1$ AR-mitochondria axis in general homeostasis. Further insight into the impact of alfuzosin on cell functions in LGs may inform the development of improved treatments for diabetes dry eye.

Collectively, the study demonstrates the influence of the NE- $\alpha_1$ AR-mitochondria axis on the development of the dry eye in the type 1 DM mouse model. In the future, diabetic dry eye might be alleviated by blocking the source of NE and  $\alpha_1$ AR antagonism, and the present findings might lead to further novel treatment strategies.

## Author Contributions

S.Z. performed experiments, interpreted the data, and wrote and revised the manuscript; Q.W. and M.Q. analyzed data and wrote the manuscript; Q.C., X.B., and Z.Z. performed animal experiments; and L.X. and Q.Z. designed the study, managed funding, and supervised the work. All authors read and agreed on the final version of the article to be submitted and published.

## Supplemental Data

Supplemental material for this article can be found at <http://doi.org/10.1016/j.ajpath.2023.03.015>.

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