Database Software and Database Creation Scripts

https://github.com/Tame-Name/Android-Application

Data Model

Relationship

A user is required and each user can have zero to many meals

User table

User ID (primary)
Name (string)
Age (int)
Height inches (int)
Weight (int)

Meals table

Meal ID (primary)
User ID (foreign)
Name (string)
Description (string)
Calories (int)
Protein (int)
Fat (int)
Carbs (int)